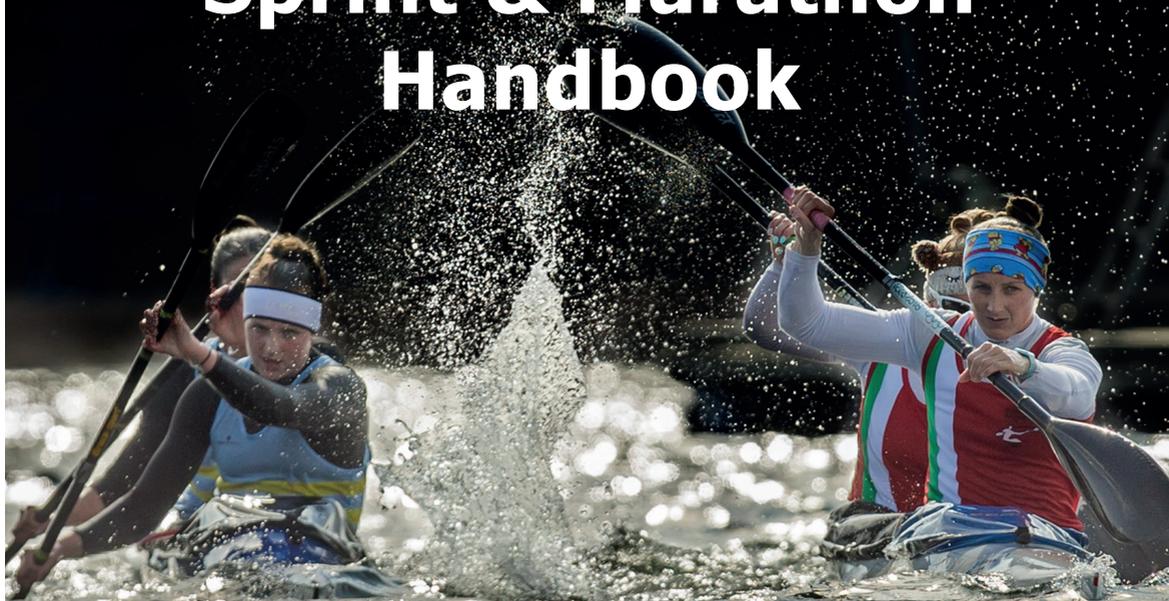


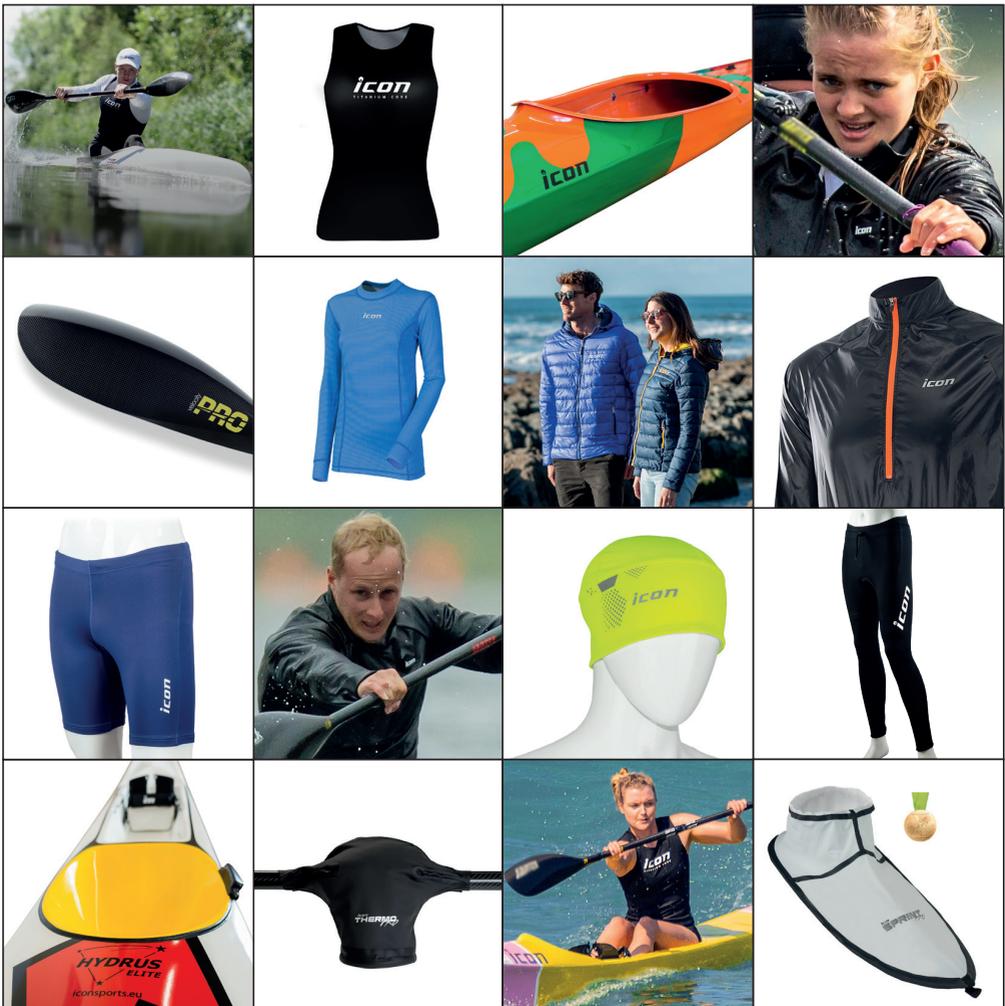
2023 Canoe Sprint & Marathon Handbook



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Handbook Editor Diane Bates

FOREWORD – SPRINT RACING COMMITTEE CHAIR

Attracting more paddlers at grassroots level and encouraging them to learn skills and discover a love for paddling and racing with friends is a Sprint Racing Committee ambition.

For 2023 in addition to the National Regattas at HPP, the SRC has set the target of supporting Clubs to run a total of ten new individual local regattas to help increase opportunities for all paddlers to learn new skills and gather exciting paddling experiences. We hope that Clubs running existing regattas will now choose to come under the SRC umbrella in 2023. The Committee is encouraging new host clubs to create their own schedule of events with imaginative race formats to suit their home water and their paddlers. There are no prescriptive rules set out by the SRC: there's no need for timing systems (first past the post if there are heats is fine) or for clubs to be constricted by traditional formats. Relay races, elimination races, races where paddlers start at opposite ends of course, 2K K2 races, side by side sprints over a distances as short as 50m in K1, K2 and K4, even surf ski sprints at sea around a buoy are all formats that have been proposed by Clubs and all fit the broad and inclusive criteria set by the SRC of creating events that help develop sprint skills and a deep love of paddling that is likely to sustain paddlers through any thin times in their competitive journey or coaching life. These events could be on a summer evening with a barbecue, a Saturday afternoon or even over a series of evenings. There could be as few as two lanes on a canal. The SRC will do all it can to support new Clubs to overcome the individual challenges they will each face in holding an event for the first time. Do get in touch if you would like to hold an event and require more information, resources or any kind of help.

The first ever BUCS Sprint Competition will take place in Norwich in March 2023. (British Universities and Colleges Sports). Thanks to the BC Events Team whose support has been outstanding.

The Junior Development Squad (JDS) which is the first ever collaboration between the SRC / MRC and Talent Department has held multiple events with an emphasis on crew boat development including a Summer Camp and continues with a flourishing program in 2023. Another squad - a new elite junior squad organised through an SRC collaboration with Home Nations will be launched in 2023 helping to bring together all our GB elite juniors (including those from the Home Nations) for weekends of training and includes innovative and inclusive ideas such as encouraging home stays with home club paddlers for those travelling distances to attend.

In 2023 the Sprint World Championships in Duisburg in August represents major opportunities for 2024 Olympic qualification for para and sprint athlete places including all sprint K4 qualification and we send our best wishes for all those training and racing with GB Olympic aspirations. May your determination and positive mindset inspire all those watching from the many paddling pathways.

A huge thank you to those on the Sprint Racing Committee, the Regatta Committee as well as all the officials and volunteers who give up their time entirely voluntarily to help run the sprint side of the sport both nationally and locally at clubs, as well as to parents whose commitment to support their children can be close to a full time job.

FOREWORD – SPRINT RACING COMMITTEE CHAIR

The Community owe you all a debt of thanks. And a debt of thanks too, to all paddlers of all abilities and ages who never stop inspiring. To the BC Events and Publicity Team and BC Support staff who have really thrown their organisational weight behind the SRC. And a mention of our thanks to Cathy Wynne who has handed the SRC secretary baton on to Philip Miles after eighteen years. She has put in many, many hours of work behind the scenes.

And finally, a moment to say goodbye to James Smythe who passed away in the spring and to David Green who passed away in September 2022. James's unique spirit, his persuasive and visionary approach coupled with his deep joy of paddling (and his desire to help others share that joy) often delivered with a cheeky smile was, and is, an inspiration to so many. We miss you James - but you are still very much with us when we push off from the bank.

David Green was someone who shaped the sport in this country with an incredible contribution through so many roles over a lifetime; from his involvement with the Long Distance Committee, to National Team Manager to innovative designer at Kirton Kayaks. He always had a smile and a story and was great company. His love and commitment to the sport have put him, and his wife Molly firmly in this country's canoe Royal Family.

Tim Scott
December 2022

CLUB ABBREVIATIONS

4AS	Newark 4 As Canoe Club	LON	Longridge Canoe Club
ABF	Aberfan Canoe Club	LOU	Loughborough University
ACU	Army Canoe Union	MAD	Macclesfield & District Canoe Club
ADS	Addlestone Canoe Club	MAI	Maidstone Canoe Club
ANK	Anker Valley Canoe Club	MAL	Malton and Norton Canoe Club
AVN	Avon Canoe Club	MDN	Meridian Canoe Club
BAD	Barking and Dagenham Canoe Club	MER	Mercia Canoe Club
BAN	Banbury & District Canoe Club	MLO	Marlow Canoe Club
BAS	Basingstoke Canal Canoe Club	MVR	Manvers Waterfront Boat Club
BCC	Belfast Canoe Club	NAI	Naim Kayak Club
BEJ	Bourne End Junior Sports Club	NBY	Newbury Canoe Club
BOA	Bradford on Avon Canoe Club	NMC	North Merchiston
BPR	Burton Phoenix Racers	NOR	Norwich Canoe Club
BPS	Broadland Paddle Sport	NOT	Nottingham Kayak Club
BRE	Brecon Canoe Club	NSK	North East Sea Kayak
BRI	Bristol Canoe Club	OSC	Ocean Sports Club
BRK	Break Out Canoe Club	OXU	Oxford University Canoe & Kayak Club
BRY	Bryanston School Canoe Club	PAN	Pangbourne Canoe Club
BSF	Bishops Stortford Canoe Club	PEN	Pennine Canoe Club
BTH	Bath Canoe Club	PIN	Pinkston Panthers
BUR	Burton Canoe Club	PNZ	Penzance Canoe Club
CAM	Cambridge Canoe Club	POO	Poole Harbour Canoe Club
CDF	Cardiff Bay Kayakers	PPL	Paddleplus
CEL	Celbridge Canoe Club	PRA	Paddlesport Racers Association
CHE	Chester Sailing & Canoeing Club	PUT	Putney Bridge Canoe Club
CKP	Cokethorpe School Kayak Club	RAF	Royal Air Force Canoe Association
CLM	Chelmsford Canoe Club	RDG	Reading Canoe Club
CNI	Canoe Northern Ireland	RIC	Richmond Canoe Club
DCP	Dyffryn Conwy Canoe Club	RLS	Royal Leamington Spa Canoe Club
DEV	Devizes Canoe Club	RMK	Royal Marines Kayak Club
DUD	Duddon Canoe Club	RNP	Royal Navy Paddle Sports Club
EAL	Ealing Canoe Club	ROY	Royal Canoe Club
ELM	Elmbridge Canoe Club	RUN	Runcom Canoe Club
ERN	Erne Paddlers	SHK	The Sharks
ESK	Edinburgh Schools Kayak	SHP	Shropshire Paddlesport Club
EXE	Exeter Canoe Club	SKR	Strathclyde Kayak Racing Club
FLA	Fladbury Paddle Club	SLP	Salmon Leap Canoe Club
FOR	Forth Canoe Club	SOL	Solihull Canoe Club
FOX	Falcon (Oxford)	SOR	Soar Valley Canoe Club
FOY	Fowey River Canoe Club	SOU	Southampton Canoe Club
GAI	Gailey Canoe Club	SOW	Special Olympic Wales
GLO	Gloucester Canoe Club	SPS	Scottish Performance Squad
GLS	Glanford & Scunthorpe Canoe Club	STO	Stoke Racers
GLW	Glasgow Kayak Club	SUT	Sutton Bingham & District Canoe Club
HAS	Hastings and District Canoe Club	SWA	Swansea Kayak Club
HEM	Hemel Hempstead Canoe Club	SWY	Stomoway
HEN	Henley Canoe Club	TAM	Tamar Valley Nomads
HER	Hereford Kayak Club	TAU	Taunton Canoe Club
HUN	Huntingdon Canoe Club	TON	Tonbridge Canoe Club
HYM	Herts Young Mariners Base	TRE	Trentham Canoe Club
ICH	Ichthus Canoe Club	TRU	Truro Canoe Club
IDS	Irish Development Squad	TTN	Thomastown Paddlers
IPS	Ipswich Canoe Club	UKF	United Kingdom Armed Forces
KCC	Kilcullen Canoe Club	VIK	Viking Kayak Club
KIM	Kimbolton School Canoe Club	WCP	West Coast Paddlers
KIN	Kingston Kayak Club (Hull)	WCR	Winchester & District Canoe Club
KIR	Kirkcaldy Canoe Club	WEY	Wey Kayak Club
LAK	Lakeland Canoe Club	WIN	Windsor and District Canoe Club
LBZ	Leighton Buzzard Canoe Club	WOK	Wokingham Canoe Club
LDN	London Tideway Boat Club	WOL	Wolverhampton Canoe Club
LEA	Leaside Canoe Club	WOP	Wear Whoppers
LEE	Lee Valley Paddlesports Club	WOR	Worcester Canoe Club
LIN	Lincoln Canoe Club	WRC	White Rose Canoe Club (Leeds)
LKR	Linlithgow Kayak Racing	WYC	Wiltshire Youth Canoe Club

CLUB COLOURS

4AS
4AS Newark



ABF
Aberfan



ACU
Army Canoe Union



ADS
Addlestone



ANK
Anker Valley



AVN
Avon



BAD
Barking & Dagenham



BAN
Banbury & District



BAS
Basingstoke Canal



BCC
Belfast



BEJ
Bourne End Juniors



BOA
Bradford on Avon



BPR
Burton Phoenix



BPS
Broadland Paddle



BRE
Brecon



BRI
Bristol



BRK
Break Out



BRY
Bryanston



BSF
Bishop's Stortford



BTH
Bath



CLUB COLOURS

BUR
Burton



CAM
Cambridge



CDF
Cardiff



CEL
Celbridge



CHE
Chester



CKP
Cokethorpe



CLM
Chelmsford (sprint)



CLM
Chelmsford



CNI
Canoe N. Ireland



DCP
Dyffryn Conwy



DEV
Devizes



DUD
Duddon



EAL
Ealing



ELM
Elmbridge



ERN
Erne Paddlers



ESK
Edinburgh Schools



EXE
Exeter



FLA
Fladbury



FOR
Forth



FOX
Falcon Oxford



CLUB COLOURS

FOY
Fowey



GAI
Gailey



GLO
Gloucester



GLS
Glanford & Scunthorpe



GLW
Glasgow



HAS
Hastings



HEM
Hemel Hempstead



HEN
Henley



HER
Hereford



HUN
Huntingdon



HYM
Herts Young Mariners



ICH
Ichthus



IDS
Irish Devt. Squad



IPS
Ipswich



KCC
Kilcullen



KIM
Kimbolton



KIR
Kirkcaldy



LBZ
Leighton Buzzard



LDN
London Tideway



LEA
Leaside



CLUB COLOURS

LEE
Lee Valley



LIN
Lincoln



LKR
Linlithgow



LON
Longridge



LOU
Loughborough



MAD
Macclesfield



MAI
Maidstone



MER
Mercia



MLO
Marlow



MVR
Manvers



NBY
Newbury



NMC
North Merchiston



NOR
Norwich



NOT
Nottingham



OSC
Ocean Sports Club



OXU
Oxford University



PAN
Pangbourne



PEN
Pennine



PIN
Pinkston Panthers



PNZ
Penzance



CLUB COLOURS

POO
Poole



PPL
Paddleplus
Leicester



PUT
Putney Bridge
LONDON
CANOE CLUB



RAF
Royal Air Force



RDG
Reading



RIC
Richmond



RLS
Royal Leamington Spa
CANOE CLUB



RNP
Royal Navy



ROY
Royal



RUN
Runcorn



SHK
Sharks



SHP
Shropshire



SLP
Salmon Leap
CANOE CLUB



SOL
Solihull



SOR
Soar Valley



SOU
Southampton



SOW
Special Olympics Wales



SPS
Scottish Performance Squad



STO
Stoke Racers



SUT
Sutton Bingham



CLUB COLOURS

SWA
Swansea



TAM
Tamar Valley



TAU
Taunton



TON
Tonbridge



TRE
Trentham



TRU
Truro



TTN
Thomastown



UKF
United Kingdom Armed Forces



VIK
Viking



WCR
Winchester



WEY
Wey Kayak



WIN
Windsor



WOK
Wokingham



WOL
Wolverhampton



WOP
Wear Whoppers



WOR
Worcester



WYC
Wiltshire Youth Club



To register new club colours please contact:
Colour Registration – Louise Clive
Email: Regatta.Clubcolours@britishcanoeing.org.uk

STANDARDS FOR RACING

BAND 1	BAND 2	BAND 3	BAND 4
Men A Kayak	Men B Kayak	Men C Kayak	Men D Kayak
	Masters A Kayak	Men B Canoe	Men C Canoe
	Boys A Kayak	Masters B Kayak	Masters C Kayak
	Men A Canoe	Boys B Kayak	Boys C Kayak
	Women A Kayak	Boys A Canoe	Boys B Canoe
		Women B Kayak	Women C Kayak
		Women Masters A	Women Masters B
		Girls A Kayak	Girls B Kayak
			Women A Canoe

HC	MARATHON DIVISIONS	1000m	500m	200m (secs)	KAYAK						CANOE			
					MEN	MASTERS MEN	BOYS	WOMEN	MASTERS WOMEN	GIRLS	MEN	BOYS	WOMEN	GIRLS
		3.26	1.36	35.00	Mens K1 Olympic Time									
0	1	3.30	1.38	35.66	Wch									
1		3.34	1.40	36.33	A									
2		3.38	1.42	37.00										
3		3.42	1.44	37.66										
4		3.46	1.46	38.33										
5	2	3.50	1.48	39.00	B	A	A	Wch						
6		3.54	1.50	39.66				Wch						
7		3.58	1.52	40.33				A						
8		4.02	1.54	41.00				A						
9		4.06	1.56	41.66				A						
10	3	4.10	1.58	42.33	C	B	B	B	A	A	B	A		
11		4.14	2.00	43.00										
12		4.18	2.02	43.66										
13		4.22	2.04	44.33										
14		4.26	2.06	45.00										
15	4	4.30	2.08	45.66	D	C	C	C	B	B	C	B		
16		4.34	2.10	46.33										
17		4.38	2.12	47.00										
18		4.42	2.14	47.66										
19		4.46	2.16	48.33										

* Wch - Average World Championship Winning Time

BAND 5	BAND 6	BAND 7	BAND 8
Masters D Kayak	Boys D Canoe	Women D Canoe	Girls D Canoe
Men D Canoe	Women C Canoe	Girls C Canoe	Regional regattas
Boys D Kayak	Women Masters D	Regional regattas	recommended for others
Boys C Canoe	Girls B Canoe	recommended for others	
Women D Kayak	Girls D Kayak		
Women B Canoe			BAND 9
Girls A Canoe			Intermediate Boys
Women Masters C			Intermediate Girls
Girls C Kayak			

HC	MARATHON DIVISIONS	1000m	500m	200m (secs)	KAYAK						CANOE			
					MEN	MASTERS MEN	BOYS	WOMEN	MASTERS WOMEN	GIRLS	MEN	BOYS	WOMEN	GIRLS
20	5	4.50	2.18	49.00		D	D	C	B	B	D	C	A	
21		4.54	2.20	49.66										
22		4.58	2.22	50.33										
23		5.02	2.24	51.00										
24		5.06	2.26	51.66										
25	6	5.10	2.28	52.33			INTERMEDIATE BOYS	D	C	C		D	B	A
26		5.14	2.30	53.00										
27		5.18	2.32	53.66										
28		5.22	2.34	54.33										
29		5.26	2.36	55.00										
30	7	5.30	2.38	55.66			INTERMEDIATE BOYS		D	D			C	B
31		5.34	2.40	56.33										
32		5.38	2.42	57.00										
33		5.42	2.44	57.66										
34		5.46	2.46	58.33										
35	8	5.50	2.48	59.00			INTERMEDIATE BOYS			INTERMEDIATE GIRLS			D	C
36		5.54	2.50	59.66										
37		5.58	2.52	60.33										
38		6.02	2.54	61.00										
39		6.06	2.56	61.66										
40		6.10	2.58	62.33										
41		6.14	3.00	63.00										
		-	3.30	-	Minimum Time for Lightning A									
		-	4.00	-	Minimum Time for Lightning B									

STANDARDS FOR SPRINT RACING

PROMOTIONS IN SPRINT CLASSES

Promotion decisions are taken on times achieved in National Regatta heats or finals.

The STANDARDS FOR RACING charts (pages A11 & A12) contains guideline times for all three sprint distances and classes. The Times on the chart assumes perfect weather and water conditions, that is, warm air and water with a steady and gentle following wind that just ruffles the surface.

Account is made for any variation in conditions from race to race. Performances are affected by the conditions at the time of each race, these may vary throughout each day. Cold water and head winds make times slower.

In order to assess whether a course is running fast or slow, the Promotions Team constantly monitor water and weather conditions and the times achieved by paddlers. They then refer to the column on the left of the STANDARD FOR RACING chart marked HC, the handicap (or points) are used to determine by **how** much to adjust the times to a slower (or faster) time for each set of results.

Adjustments to the required times for promotion make the process as fair as possible but may lead to the application of different 'target' times from heat to heat, or heat to final.

Points to note:

- **Each class is graded separately.** Slower classes may have a bigger adjustment than faster classes (because slower paddlers are more adversely affected by poorer conditions). For example, on a day where the course is very slow the following HC adjustments may be made:
Class A 10 points: Class B 11 points: Class C 12 points: Class D 13 points
 - One race cannot directly be compared with another.
 - Achieving a faster time than a paddler in a higher class will not necessarily result in promotion to that class, neither will beating a higher ranked paddler in an age group competition.
 - Promotions are possible from 1000m, 500m or 200m races.
 - Promotion to an A class requires qualifying times over two out of the three distances 1000m, 500m or 200m

Promotion times identified by the Promotions Team are not actioned unless ratified by the National Rankings Officer, Peter Gorman (see GOR1- pages G22-23) and will come into effect after publication in the National Regatta Official Results.

All Event Schedules are published as provisional information and may be amended nearer the time of the regatta

	British Canoeing Sprint Racing National Regatta Including Selection events for Paracanoe and Seniors									
	National Sprint Racing Regatta National Water Sports Centre, Holme Pierrepont Country Park, Nottingham Saturday 15 th – Sunday 16 th April 2023 Paddler registrations close Sunday 26th March 2023 Entry closing date Friday 31st March 2023									
Short Code	Class	Sunday races are shaded								
PARACANOE		200m								
KMKL1	Men KL1 Kayak	^S K1	^S K1	^S K1						
KMKL2	Men KL2 Kayak	^S K1	^S K1	^S K1						
KMKL3	Men KL3 Kayak	^S K1	^S K1	^S K1						
KWKL1	Women KL1 Kayak	^S K1	^S K1	^S K1						
KWKL2	Women KL2 Kayak	^S K1	^S K1	^S K1						
KWKL3	Women KL3 Kayak	^S K1	^S K1	^S K1						
VMVL1	Men VL1 Va'a	^S V1	^S V1	^S V1						
VMVL2	Men VL2 Va'a	^S V1	^S V1	^S V1						
VMVL3	Men VL3 Va'a	^S V1	^S V1	^S V1						
VWVL1	Women VL1 Va'a	^S V1	^S V1	^S V1						
VWVL2	Women VL2 Va'a	^S V1	^S V1	^S V1						
VMVL3	Women VL3 Va'a	^S V1	^S V1	^S V1						
NATIONAL SPRINT		200m			500m			1000m		5K
MOK + MU23	Senior Men Kayak				^S K1	^S K2	^S K4	^S K1		^S K1
WOK + WU23	Senior Women Kayak				^S K1	^S K2	^S K4	^S K1		^S K1
CMO + CMU23	Senior Men Canoe				^S C1	^S C2		^S C1		^S C1
CWO + CWU23	Senior Women Canoe	^S C1			^S C1	^S C2				^S C1
MAK	Men A Kayak	K1			K1			K1		
MBK + MVAK	Men B + Masters A	K1			K1	K2		K1		K4
MCK + MVBK	Men C + Masters B	K1			K1	K2		K1		K4
MDK + MVC/D	Men D + Masters C/D	K1			K1	K2			K2	K4
WAK	Women A Kayak	K1			K1			K1		
WBK + WVAK	Women B + W Masters A	K1			K1	K2	K4	K1		
WCK + WVBK	Women C + W Masters B	K1			K1	K2	K4	K1		
WDK + WVCK	Women D + W Masters C/D	K1			K1	K2	K4		K2	
MA/BK + MVAK + WA/BK/WVAK	Mixed [#] Men A/B/Masters A + Women A/B/W Masters A					K2				
MCK/MVBK + WCK/WVBK	Mixed [#] Men C/Masters B + Women C/W Masters B					K2				
MDK/MVC/DK + WDK/WVC/DK	Mixed [#] Men D/Masters C/D + Women D/W Masters C/D					K2				
BAK	Boys A Kayak				K1			K1		
BBK	Boys B Kayak				K1	K2	K4	K1		K2
BCK	Boys C Kayak	K1			K1	K2	K4			K2
BDK	Boys D Kayak	K1			K1	K2	K4			K2
GAK	Girls A Kayak	K1			K1			K1		
GBK	Girls B Kayak	K1			K1	K2	K4	K1		
GCK	Girls C Kayak	K1			K1	K2	K4			K2
GDK	Girls D Kayak	K1			K1	K2	K4			K2
BA/BK + GA/BK	Mixed [#] Boys + Girls A/B					K2				
BC/DK + GC/DK	Mixed [#] Boys + Girls C/D					K2				
CABC	Canoe A/C								C1	C2
CCDM/CCDW	Senior C/D Canoe	C1			C1	C2		C4		
CABCDB/CABCDG	Junior A/D Canoe	C1			C1	C2				
INTERMEDIATE SERIES		200m			500m					
BIK	Boys Intermediate					K1		K2		
GIK	Girls Intermediate					K1				
MINI SPRINT SERIES		200m			500m					
MLA	Mini Kayak + Lightning A	K1				K2		K4		
LTB	Lightning B	K1				K2		K4		
PADDLE-ABILITY		200m			500m					
PAD	Paddle-Ability	K1	K1			K1		K1		
PAD	Paddle-Ability					K1		K1		

Mixed[#] = 1 male + 1 female

S = Selection event:

All Event Schedules are published as provisional information and may be amended nearer the time of the regatta

 <p>NATIONAL SPRINT REGATTAS</p>	<p align="center">British Canoeing Sprint Racing National Regatta Including Selection events for Paracanoe, Under 23 and Juniors</p> <p align="center">Open & British, Paracanoe, Under 23 and Junior National Championships plus, the British SUP Sprint Championships</p> <p align="center">National Water Sports Centre, Holme Pierrepont Country Park, Nottingham</p> <p align="center">Saturday 3rd – Sunday 4th June 2023</p>										
	Paddler registrations close					Sunday 14 th May 2023					
	Entry closing date					Friday 19 th May 2023					
Sunday events are shaded											
Short Code	Class										
STAND UP PADDLE BOARD			200m								
SUPM	SUP Men		SUP								
SUPW	SUP Women		SUP								
PARACANOE			200m								
KMKL1	Men KL1 Kayak		SNK1	SNK1	SNK1						
KMKL2	Men KL2 Kayak		SNK1	SNK1	SNK1						
KMKL3	Men KL3 Kayak		SNK1	SNK1	SNK1						
KWKL1	Women KL1 Kayak		SNK1	SNK1	SNK1						
KWKL2	Women KL2 Kayak		SNK1	SNK1	SNK1						
KWKL3	Women KL3 Kayak		SNK1	SNK1	SNK1						
VMVL1	Men VL1 Va'a		SNV1	SNV1	SNV1						
VMVL2	Men VL2 Va'a		SNV1	SNV1	SNV1						
VMVL3	Men VL3 Va'a		SNV1	SNV1	SNV1						
VWVL1	Women VL1 Va'a		SNV1	SNV1	SNV1						
VWVL2	Women VL2 Va'a		SNV1	SNV1	SNV1						
VMVL3	Women VL3 Va'a		SNV1	SNV1	SNV1						
NATIONAL SPRINT			200m			500m		1000m		5k	
MU23	Men U23 Kayak					SNK1	SNK2	SNK4	SNK1	SNK2	SK1
BU18K	Boys Under 18 Kayak					SNK1	SNK2	SNK4	SNK1	SNK2	SK1
BU16K	Boys U16 Kayak					SNK1			SNK1		
BU14K	Boys U14 Kayak					NK1	NK2	NK4	NK1	NK2	
WU23	Women U23 Kayak		SNK1			SNK1	SNK2	SNK4	SNK1		SK1
GU18	Girls Under 18 Kayak		SNK1			SNK1	SNK2	SNK4	SNK1		SK1
GU16K	Girls U16 Kayak		SNK1			SNK1			NK1		
GU14K	Girls U14 Kayak		NK1			NK1	NK2	NK4		NK2	
MU23+WU23	Mixed# U23 Kayak						SNK2				
BU18/16+GU18/16	Mixed# U18/16 Kayak						SNK2				
CMU23	Canoe Men U23					SNC1	SNC2	SNC4	SNC1	SNC2	SC1
CBU18 + CBU16	Canoe Boys U18/U16					SNC1	SNC2	SNC4	SNC1	SNC2	SC1
CWU23	Canoe Women U23		SNC1			SNC1	SNC2	SNC4	SNC1		SC1
CGU18 + CGU16	Canoe Girls U18/U16		SNC1			SNC1	SNC2	SNC4	SNC1		SC1
CMU23 + CWU23	Mixed# U23 Canoe						SNC2				
CBU18/16 + CGU18/16	Mixed# U18/16 Canoe						SNC2				
CU14B + CU14G	U14 Canoe mixed		NC1	NC2		NC1	NC2	NC4			
MAK	Men A Kayak					K1	K2	K4	K1	K2	
MBK + MVAK	Men B +Masters A Kayak					K1	K2	K4	K1	K2	
MCK + MVBK	Men C +Masters B Kayak					K1	K2	K4	K1	K2	
MDK + MVD/DK	Men D +Masters C/D Kayak					K1	K2	K4		K2	
WAK	Women A Kayak		K1			K1	K2	K4			
WA/BK + WVAK	Women B + W Masters A		K1			K1	K2	K4	K1		
WCK + WVBK	Women C+ W Masters B		K1			K1	K2	K4		K2	
WDK + WVC/DK	Women D+ W Masters C/D		K1			K1	K2	K4		K2	
CABCD + CABCD	Canoe A-D		C1			C1	C2			C2	
INTERMEDIATE SERIES			200m			500m					
BIK	Boys Intermediate					K1	K2				
GIK	Girls Intermediate			K2		K1	K2				
MINI SPRINT SERIES						500m					
MLA	Mini + Lightning A					K1	K2	K4			
LTB	Lightning B					K1	K2	K4			
PADDLE - ABILITY			200m			500m					
PAD	Paddle-Ability (Sat)		K1	K1		K1	K1				
PAD	Paddle-Ability (Sun)					K1	K1				

S = Selection events: **Mixed#** = 1 male + 1 female. **N** = Open & British National Sprint Racing Championship events, allows non-UK paddlers to compete for Championship medals which are awarded, regardless of nationality or the number of entries, to the first three boats. **N.B.** The British National Champion title and National trophies will be awarded to the best placed British competitor.

All Event Schedules are published as provisional information and may be amended nearer the time of the regatta

Short code	Class	Sunday races are shaded		Monday races in white text					
		200m		500m		1000m	5km		
NATIONAL SPRINT REGATTAS		British Canoeing Sprint Racing National Regatta Including selection events for Seniors & Junior crew boats Open & British National Seniors and Masters' Championships National Water Sports Centre, Holme Pierrepont Country Park, Nottingham Saturday 1st – Sunday 2nd + Monday 3rd & *Tuesday 4th July 2023 Paddler registrations close Sunday 11th June 2023 Entry closing date Friday 16th June 2023							
MOK/MU23	Senior Men Kayak	SNK1		SNK1	*SNK2	SNK4	*SNK1	SNK2	SK1
WOK/WU23	Senior Women Kayak	SNK1	SNK2	*SNK1	*SNK2	SNK4	SNK1		SK1
MOK/U23+WOK/U23	Senior Mixed# Kayak				SNK2				
CMO/CMU23	Senior Men Canoe	SNC1		SNC1	*SNC2		SNC1		SC1
CWO/CWU23	Senior Women Canoe	*SNC1	SNC2	SNC1	*SNC2		SNC1		SC1
CMO/CMU23 + CWO/CWU23	Senior Mixed# Canoe				SNC2				
MO34	Masters O34 Kayak	NK1		NK1	NK2		NK1		NK4
MO44	Masters O44 Kayak	NK1		NK1	NK2		NK1		
MO54	Masters O54 Kayak	NK1		NK1		NK4	NK1	NK2	
MO64	Masters O64 Kayak	NK1		NK1				NK2	
WO34	Women Masters O34 Kayak	NK1		NK1	NK2	NK4		NK2	
WO44	Women Masters O44 Kayak	NK1		NK1	NK2				
WO54	Women Masters O54 Kayak	NK1		NK1	NK2	NK4		NK2	
WO64	Women Masters O64 Kayak	NK1		NK1	NK2				
BAK	Boys A Kayak	K1		K1	K2	SK4	K1	SK2	
BBK	Boys B Kayak	K1		K1	K2		K1		
BCK	Boys C Kayak	K1		K1	K2	K4	K1		
BDK	Boys D Kayak	K1		K1	K2	K4		K2	
GAK	Girls A Kayak	K1		K1	SK2	SK4	K1		
GBK	Girls B Kayak	K1		K1					
GCK	Girls C Kayak	K1		K1	K2	K4	K1		
GDK	Girls D Kayak	K1		K1	K2	K4		K2	
CBA/B/C/D	Junior Boys Canoe	C1		C1	C2			SC2	
CGA/B/C/D	Junior Girls Canoe	C1	C2	C1	SC2				
PARACANOE		200m							
KMKL1	Men KL1 Kayak	K1	K1						
KMKL2	Men KL2 Kayak	K1	K1						
KMKL3	Men KL3 Kayak	K1	K1						
KWKL1	Women KL1 Kayak	K1	K1						
KWKL2	Women KL2 Kayak	K1	K1						
KWKL3	Women KL3 Kayak	K1	K1						
VMVL1	Men VL1 Va'a	V1	V1						
VMVL2	Men VL2 Va'a	V1	V1						
VMVL3	Men VL3 Va'a	V1	V1						
VWVL1	Women VL1 Va'a	V1	V1						
VWVL2	Women VL2 Va'a	V1	V1						
VWVL3	Women VL3 Va'a	V1	V1						
INTERMEDIATE SERIES		200m		500m					
BIK	Boys Intermediate Kayak		K2	K1	K2				
GIK	Girls Intermediate Kayak			K1					
MINI SPRINT SERIES		200m		500m					
MLA	Mini Kayak + Lightning A	K1			K2	K4			
LTB	Lightning B	K1			K2	K4			
PADDLE-ABILITY		200m		500m					
PAD	Paddle-Ability (Sat)	K1	K1	K1	K1				
PAD	Paddle-Ability (Sun)			K1	K1				

* = A Selection event subject to a 'best of three' race format, the third 'race off', if required will be held on Tuesday 4th July.

S = Selection events. SN = Selection event with only heats on Sunday, 1st & 2nd finals on Monday.

SN# = Selection event with heats and 1st final on Saturday, 2nd final on Sunday. Mixed# = 1 male + 1 female

N = Open & British National Sprint Racing Championship events, allows non-UK paddlers to compete for Championship medals which are awarded, regardless of nationality or the number of entries, to the first three boats.

N.B. The British National Champion title and National trophies will be awarded to the best placed British competitor.

Event Schedules are published as provisional information and may be amended nearer the time of the regatta

 <p>NATIONAL SPRINT REGATTAS</p>	British Canoeing Sprint Racing National Regatta with the Andrew Bonham Memorial C4 event										
	The National Inter-Club MacGregor Paddle Challenge Regatta, the Inter-Services Championship, and the Andrew Bonham Memorial C4 Event National Water Sports Centre, Holme Pierrepont Country Park, Nottingham Saturday 2nd – Sunday 3rd September 2023										
	Paddler registrations close					Sunday 13 th August 2023					
Entry closing date					Friday 18 th August 2023						
Short Code	Class	Sunday's races are Shaded									
INTER SERVICES		200m			500m			1000m			
ISM	Inter Services Men	K1			K1	K2	K4	K1	K2	K4	
ISW	Inter Services Women	K1	K2	K4	K1	K2	K4				
CANO	Andrew Bonham Memorial Event							C4			
NATIONAL SPRINT		200m			500m			1000m			
MAK	Men A Kayak	K1			K1	K2	K4	K1			
MBK/MVAK	Men B + Masters A Kayak	K1			K1	K2	K4	K1			
MCK/MVBK	Men C + Masters B Kayak	K1			K1	K2	K4	K1			
MDK/MVCK	Men D + Masters C Kayak	K1			K1	K2	K4			K2	
MVDK	Masters D Kayak	K1			K1	K2	K4			K2	
MBK/MVAK+ WBK/ MVAK	Mixed# Mens B+ Masters A + Women B + W Masters A					K2					
MDK/MVCK+ WDK/WVCK	Mixed# Men D + Masters C + Womens D + W Masters C					K2					
WAK/WBK/WVAK	Womens A/B + W Masters A	K1	K2		K1	K2	K4				
WCK/WVBK	Womens C + W Masters B	K1		K4	K1	K2					
WDK/WVCK	Womens D + W Masters C	K1			K1	K2				K2	
WVDK	Womens Masters D	K1		K4	K1	K2					
BAK	Boys A Kayak	K1			K1	K2	K4	K1			
BBK	Boys B Kayak	K1			K1	K2	K4	K1			
BCK	Boys C Kayak	K1	K2		K1		K4			K2	
BDK	Boys D Kayak	K1	K2		K1		K4				
BAK/BBK + GAK/GBK	Mixed# Boys A/B + Girls A/B					K2					
BCK+ GCK	Mixed# Boys C + Girls C					K2					
BDK + GDK	Mixed # Boys D + Girls D					K2					
GAK	Girls A Kayak	K1	K2		K1	K2	K4				
GBK	Girls B Kayak	K1	K2		K1						
GCK	Girls C Kayak	K1	K2		K1		K4			K2	
GDK	Girls D Kayak	K1	K2		K1		K4				
CWO	Canoe A to D – Females	C1	C2		C1	C2					
CMO	Canoe A to D – Male	C1			C1	C2				C2	
PARACANOE		200m									
KMKL1	Men KL1 Kayak	K1	K1								
KMKL2	Men KL2 Kayak	K1	K1								
KMKL3	Men KL3 Kayak	K1	K1								
KWKL1	Women KL1 Kayak	K1	K1								
KWKL2	Women KL2 Kayak	K1	K1								
KWKL3	Women KL3 Kayak	K1	K1								
VMVL1	Men VL1 Va'a	V1	V1								
VMVL2	Men VL2 Va'a	V1	V1								
VMVL3	Men VL3 Va'a	V1	V1								
VWVL1	Women VL1 Va'a	V1	V1								
VWVL2	Women VL2 Va'a	V1	V1								
VMVL3	Women VL3 Va'a	V1	V1								
INTERMEDIATE SERIES		200m			500m						
BIK	Boys Intermediate Kayak		K2		K1	K2					
GIK	Girls Intermediate Kayak				K1						
MINI SPRINT SERIES					500m						
MLA	Mini Kayak + Lightning A				K1	K2	K4				
LTA	Lightning B				K1	K2	K4				
PADDLE – ABILITY		200m			500m						
PAD	Paddle-Ability – Sat	K1	K1		K1	K1					
PAD	Paddle-Ability – Sun				K1	K1					

Mixed# = 1 male + 1 female

NATIONAL SPRINT REGATTAS 2023



Date	British Canoeing Sprint Racing National Regattas	Paddler Registration closing date	Entry closing date
15th – 16th April	British Sprint Racing National Regatta Including selections for Paracanoe and Seniors	Sunday 26th March	Friday 31st March
3rd – 4th June	Open & British Paracanoe, Under 23 and Junior National Championships Regatta, plus the British SUP Sprint Championships Including selections for Paracanoe, Under 23's and Juniors	Sunday 14th May	Friday 19th May
1st – 2nd July (+ Mon 3rd selections)	Open & British Masters and Senior National Championships Regatta Including selection for Senior and Olympic Hope Juniors crew boat	Sunday 11th June	Friday 16th June
2nd – 3rd September	The National Inter-Club MacGregor Paddle Challenge Regatta, the Inter-Services Championship, and the Andrew Bonham Memorial C4 Race	Sunday 13th August	Friday 18th August

Sprint Racing National Regattas are held in accordance with British Canoeing Sprint Racing Competition Rules and the National Regatta Terms/Conditions of Participation.

Venue for all National Regattas: - **National Water Sports Centre, Holme Pierrepont Country Park, Adbolton Lane, Nottingham NG12 2LU** - situated just off the main A52 road from Nottingham to Grantham. It is signposted on all main roads leading into Nottingham. **Phone Number:** 0115 9821212

The National Water Sports Centre charge for onsite parking for each day during a regatta weekend via an Automatic Vehicle Registration Number Plate Recognition system.

Accommodation:

Bed & Breakfast is available on site at the N.W.S.C – all rooms are en-suite.

Campsite, run by N.W.S.C, situated across the road from the course with all the usual campsite facilities. Book rooms or camping online: [NWSC \(nwscnotts.com\)](http://nwscnotts.com)

Hotels The website at [Welcome to Nottinghamshire, UK - Home of Robin Hood \(visit-nottinghamshire.co.uk\)](http://www.welcome-to-nottinghamshire.co.uk) lists many hotels, B & Bs, farmhouses etc. across a wide price range.

Refreshments and snacks are available on site.

National Regatta Guides, Event Schedules, Timetables, Start lists and Programmes as pdf files, will be available on the SRC website for each regatta on: [Upcoming Events – Canoe Sprint Racing UK](#)

Only Registered Paddlers can enter a British Canoeing National Sprint Racing Regatta. Paddler Registration closes 5 days before the national regatta's entry deadline.

National Regatta Entries are made by Club/Squad Team Leaders via the Online Entry System on <http://canoesprint.britishcanoeing.org.uk>

NATIONAL SPRINT REGATTAS 2023



Guidelines for entry to National Regattas.

See pages A11 & A12 in the Handbook for the 'Standards for Racing' chart for the entry level times to race at a National Regattas. All the ability classes listed together in a band have the same fastest and slowest standard and handicap (HC) times. The times in between indicate how the times might change depending on the Handicap applied to allow for the weather conditions.

See an explanation of the promotion process on page A13

National Regatta, minimum time standards are monitored; **Penalty Points can be awarded** to paddlers not achieving the minimum national regatta standard times in the slowest classes. Allowance will be made for the prevailing weather conditions.

The Sprint Registration Scheme is a unique database for registering sprint clubs and paddlers, accessed on: <http://canoesprint.britishcanoeing.org.uk>.

Team Leaders require a secure login to access the database and submit entries. Request your login password, by emailing regatta.chair@vol.britishcanoeing.org.uk

Team Leaders when **first registering their paddlers** must ensure that each paddler has achieved the BC 2 Star or Paddle Explore qualification or have **paddling competency** equivalent to these awards.

Only competitors who are members of clubs affiliated with a National Federation and are **current members of that National Federation. Such as CWales, SCA, CANI or British Canoeing 'On the water' membership**, can participate in a National Regatta. The only exceptions are Mini Sprint or Intermediate and Junior D paddlers who are Club Associate members of a BC affiliated club. The BC Club associate membership number is used to register these juniors. When the juniors are promoted, to Junior 'C' or above, they must become an 'On the water' member of British Canoeing.

Team Leaders are responsible for updating the Paddler Registration database with the junior's 'On the Water' BC number.

Ranking List: Not all registered paddlers in the Paddlers Database are shown in the Ranking List. The Ranking List (Section D) is intended as a 'working' list and includes registered paddlers who entered a National Regatta during the last three years or those considered likely to race in the current season.

Paddle Database: The Regatta Committee holds paddler information in a secure database for the purpose of organising and running regattas. This information includes names, gender, DOB, club and/or squad, ability and age classes. The system also holds data on entries and will in time hold results. Secure access to this database is provided to Regatta administrators for the purpose of organising these regattas, team or squad leaders who can only see the paddler records for their club or squad. Data is exported from this database for the annual handbook, for the timing system at the national regattas, and very occasionally for analysis to support the development of sprint racing. Timing data from the timing system is also used within the live results and live draws system during regattas.

We are guided by the 7 principles of GDPR, <https://ico.org.uk/for-organisations/guide-to-the-general-data-protection-regulation-gdpr/principles/>. We do not pass on any personal data to 3rd parties.

NATIONAL SPRINT REGATTAS 2023



Information for each National Regatta is uploaded on to the SRC website as pdf files to download or print on: [Upcoming Events – Canoe Sprint Racing UK](#)

Online live start lists are available on: <http://canoesprint.britishcanoeing.org.uk>

Boats: there is no storage available onsite. It is entirely the owners' responsibility to ensure all their equipment is used with care, handled or moved around the venue safely and stored securely.

All boats must have adequate and visible buoyancy to keep the boat afloat when filled with water and to support the weight of the paddler(s). Competitors will be disqualified from a race or incur penalty points if they compete in a boat with insufficient buoyancy.

All canoes and kayaks are required to have a number slot on the centre line to the afterdeck of the boat and to comply with the minimum Weight Regulations. Boats are checked by 'Boat Control' at all national regattas. Scales are available at 'Boat Control' on which to check the weight of a boat before racing.

Lane Numbers: Paddlers/clubs require their own white lane numbers (1-9). Sets are available for sale from the Information Desk.

Entries must conform with British Canoeing Sprint Racing Competition Rules (pages C16 – C35) and National Regatta Conditions/Terms of Participation (pages B9 – B14) See also Team Leaders' Responsibilities on page B8 and Notes for Canoe classes.

Team Leaders are responsible for the prompt payment of all entry fees immediately entries are submitted.

There will be no late entries accepted after the entry deadline.

Regatta Event Fees: Will be reviewed annually: For 2023 fees are as follows:

Group	K1/C1	K2/C2	K4/C4
Senior Events:	£10.00	£20.00	£40.00 per boat
Junior Events:	£10.00	£20.00	£40.00 per boat
	Mini Kayaks + Lightning K1	Hody style K2	Rocket K4
Mini Sprints:	£10.00	£20.00	£40.00 per boat

Please note there is no charge for the hire of the SRC K4's / C4's. Boats can be booked at any time during a National Regatta when Regatta Officials are at the K4 Boat house.

In the event of inclement and/or windy conditions the organisers may at their discretion cancel or postpone races or insist on the wearing of buoyancy aids.

An Orange flag will be displayed on the flagpole by the Finish Tower when buoyancy aids are compulsory for any (or all) classes of paddlers.

NATIONAL SPRINT REGATTAS

SUMMARY OF TEAM LEADERS' RESPONSIBILITIES

PRE-REGATTA – At the Club and when submitting entries

- Update any changes of Team Leader and/or Deputy Team Leader, including contact details for both, via the Online Entry System.
- Discuss any plans to change the club's racing colours with the Club Colours Official on Regatta.ClubColours@vol.britishcanoeing.org.uk
- Ensure the club you are representing is affiliated to British Canoeing, SCA, CANI or CW.
- Ensure all paddlers you register have achieved the relevant standards (time and proficiency) to compete at National Regattas.
- Ensure paddlers hold current 'On The Water' British Canoeing, or full SCA, CW or CANI membership before submitting their entries.
- Update paddler information as required via the Online Entry System.
- Ensure that paddlers understand the BC Sprint Racing Competition Rules and the Terms/Conditions of Participation at National Regattas.
- Encourage paddlers to purchase their own Canoe Sprint Handbook.
- Advertise the National Regattas to club members.
- Submit the regatta entries via the Online Entry System by the closing date and **arrange prompt payment of the race fees.**
- Check the timetable for clashes and problems. Check the regatta Start Lists to ensure all your entries are shown correctly.
- Check for and pass on to your club members any additional/altered rules, safety information, COVID-19 requirements or other changes notified via the Team Leaders meeting, Programme or Regatta Bulletins.

BEFORE THE START OF RACING

- Ensure paddlers and their boats are adequately prepared for the conditions.
- Ensure that all paddlers are aware of and comply with all safety measures.
- Check that boats have sufficient and visible additional buoyancy to keep the boat floating level with the surface of the water and able to support the crew when capsized.
- Attend the online Team Leaders' meeting to check the club's entries and any crew changes or deletions submitted electronically before the meeting have been accepted.
- Note late entries are not accepted.
- Advise paddlers of any changes and/or alterations to the programme.

DURING COMPETITION

- Ensure paddlers arrive on time for their races, wearing club colours which are visible and with the correct lane number.
- Ensure that K4s/C4s, if required, are booked in advance. There is no charge for Boat hire.
- Be available during the competition to act on behalf of your club regarding further crew changes or deletions.
- Be available during the competition to answer queries or receive notification of disqualifications, problems or protests involving paddlers from your club.
- Collect from, and promptly return to, the Information Desk all Long Distance Race Numbers. A deposit of £10.00 is required.

AFTER THE REGATTA

- Share the Official Results with your club members
- Advise your club paddlers of any promotions or demotions

NATIONAL SPRINT REGATTAS

Terms/Conditions of Participation

1. Team Leader Appointment

- a) Clubs need to register in advance the name of their Team Leader (and if you wish, a nominated Deputy or Assistant), to receive a password for the Online Entry System, accessible via <https://canoesprint.britishcanoeing.org.uk>
- b) If the registered Team Leader is unable to attend a regatta, they should nominate and provide contact details for a Temporary Team Leader for that regatta, while making the online entries for the regatta.

2. Communication

The Organising and Competition Committees will only communicate with Team Leaders (or their nominated deputies/temporary team leader)

3. Safety

3.1 Team Leaders are responsible for the safety of their club members and should ensure:

- a) Paddlers are suitably dressed for the weather, water and race conditions.
- b) All attendees from their club, comply with all Health and Safety and COVID-19 restrictions which may be in place.
- c) Paddlers are able to perform basic capsize drills and are briefed on what to do when approached by an umpire boat.
- d) Paddlers can swim at least 50 metres in clothing without a personal floatation device.
- e) Boats must have sufficient buoyancy to float level with the surface of the water whilst supporting the crew when capsized. Boats inherent buoyancy must be supplemented by additional and visible fixed flotation material or by the provision of sealed bulkheads.
- f) All competitors are in possession of a lifejacket or buoyancy aid that conforms to the standard BS EN ISO 12402-5".
- g) Paddlers are aware that the Competition Committee may at their discretion cancel or postpone racing or insist on the wearing of buoyancy aids. Whenever buoyancy aids are compulsory (for defined classes of paddlers, or all), an **Orange flag** will be displayed on the flagpole by the Finish tower.

3.2 In the event of an electrical storm paddlers must leave the course immediately.

A public address announcement will be made, and umpire boats will ring a bell or a klaxon. Racing will not recommence until deemed safe by the Competition Committee.

4. Club Colours

4.1. The Paddler's registered club colours must be worn and be visible when competing.

- a) For crew boats where more than one club is represented, paddlers must wear the club colours for the club they are registered with.
- b) Clubs racing for the **first time at a National Regatta** may request exemption by applying to the Club Colours Official on Regatta.ClubColours@vol.Britishcanoeing.org.uk to arrange a limited period when the club's competitors can wear a plain white shirt with no markings. The club must register colours within this limited period.

5. Entries.

- a) Team Leaders must submit online entries before the entry deadline. No late entries are accepted
- b) Team Leaders are responsible for the **prompt payment of entry fees. Payment must be made** either by a bank direct transfer, by phone to the BC Office (using a credit or debit card) or by posting a cheque to the BC Office, payments to arrive at least seven days before the regatta.
- c) Entries made without the correct fees being paid before the regatta can be charged an additional £5 per seat as a late payment surcharge.
- d) Telephone entries will not be accepted.

NATIONAL SPRINT REGATTAS

Terms/Conditions of Participation

5. Entries Cont'd

- e) Unless advised otherwise, the Entry Closing Date is 10 pm on the Friday, two weeks before the event, as detailed on the Event Schedule.
- f) Entries will not be accepted after the Entry Closing Date.
- g) No refund of race fees will be made in the event of cancellation of part or the whole of the competition, for whatever reason.

If you require more information or assistance, please email either:
regatta.chair@vol.britishcanoeing.org.uk for a password for logging in to the Online Entry System, or for technical queries with the system; or
regatta.chiefofficial@vol.britishcanoeing.org.uk for queries regarding the rules or the events.

6. Notes on Classes

a) Kayak competitors are divided into Men and Women; these two subdivisions are then further divided by age into groups Masters (over 34yrs), Seniors, and Juniors (under 18yrs), They are then further divided into age and/or ability classes, as shown on the Standards for Sprint Racing (pages A11 to A12).

b) Masters; the first year a paddler can compete in a Masters' event is the year of their thirty fifth birthday (35th) providing they are **not** currently ranked in Mens A or Womens A in which case, irrespective of their age, they cannot compete in Masters events. On a regatta-by-regatta basis a Master may elect to race as a Senior.

c) Canoe paddlers are divided into Men and Women. These two subdivisions being further divided into two age groups Senior and Junior. They are then divided into age and/or ability classes as shown on the Standards for Sprint Racing (pages A11 to A12).

Note: Canoe races: Athletes will be seeded from regatta to regatta and placed in the most appropriate seeded finals, separated by gender. Juniors and Seniors will be combined in seeded Finals, except when there are Canoe National Championship events or for international selections. The genders may be combined when entries are low.

d) Promotions/Demotions within ability classes will be based on improvement/decline in standard of performance during the regatta while allowing for any changing weather conditions. **Note:** See page A13 for more information on how promotions are calculated. **Promotions** once ratified by the SRC Ranking Officer will be notified as part of the Official Results published after the regatta and will take effect at the next regatta. **Demotions** proposed by the SRC Ranking Officer will be notified to the club's Team Leader for the club's agreement or comments/reasons to reconsider the proposed demotion.

e) When applying for registration, the time submitted is the time recorded for a 500m test/race, so that new paddlers can be classified in the class best suited to their ability. Beginners **do not** automatically start in the "D" group.

f) The charts 'Standards for Sprint Racing' on pages A11 & A12 demonstrate the way in which the subdivision bands are made according to speed. The ability classes shown together in a band have the same fastest and slowest standard times. The times in between indicate how the times might change depending on the Handicap applied to allow for the weather conditions. In classes where paddlers cannot be demoted, Penalty Points may be awarded if the minimum standards for National Regattas are not achieved.

g) Combined Events - To facilitate programming, the Organising Committee reserves the right to combine classes in any distance at any regatta.

h) Paddlers, can ONLY race in their designated class for all single (K1 and C1) events. Exceptions may be made only at the request of a national coach.

NATIONAL SPRINT REGATTAS

Terms/Conditions of Participation

6. Notes on Classes Cont'd

i) Competitors may only race in a 'Standards for Sprint Racing time band' above their designated K1/C1 class (racing up) in crew boats, but only when at least 50% of the crew boat is of the designated class. The following exceptions apply: -

- i) Men or Boys may not paddle in Women or Girls races
- ii) Seniors or Masters may not paddle in Junior races
- iii) Seniors or Juniors may not paddle in Masters races

The timetabling of races cannot allow for racing out of class in crew boats

7. Open and National Championships:

Age classes	Born between	Age class abbreviations
Junior paddlers will race in the following Age Classes		
Under 14	2009 or later	BU14 GU14 CBU14 CGU14
Under 16	2007-2008	BU16 GU16 CBU16 CGU16
Under 18	2005-2006	BU18 GU18 CBU18 CGU18
A junior paddler promoted to Senior status on ability may for National Championships and selection events, race in his/her junior age group.		
Senior paddlers will race in the following Age Classes		
Under 23	2000-2004	MU23 WU23 CMU23 CWU23
Senior	1999 or earlier	MOK WOK CMO CWO
Masters paddlers will race in the following Age Classes		
Over 34	1979-1988	MO34 / WO34
Over 44	1969-1978	MO44 / WO44
Over 54	1959-1968	MO54 / WO54
Over 64	1958 or earlier	MO64 / WO64
Paracanoe paddlers will race in the following classification groups		
Paracanoe	Kayak	KMKL1 KMKL2 KMKL3 KWKL1 KWKL2 KWKL3
Paracanoe	Va'a	VMVL1 VMVL2 VMVL3 VVVL1 VVVL2 VVVL3

8. Before Team Leaders meeting: Check your Programme

a) Team Leaders should check the digital version of the Regatta Programme, as soon as it is published, to identify any issues that require resolution at or before the Team Leaders' Meeting.

Note. You may find it useful to print a copy of your entries for this purpose as the meeting goes very quickly and leaves no time for hesitation.

b) The Organising Committee will do its best to arrange the programme so that all races in each class are scheduled to give a minimum rest period of 40 minutes between races. Any competitor racing in crew boats above their designated class or in two designated classes i.e. both kayak and canoe, cannot expect the programme to accommodate this situation.

9. Team Leaders' Meeting

a) The Team Leaders' Meeting will be a virtual meeting on the Tuesday evening before the regatta. If the meeting cannot be completed in a reasonable time it will be adjourned and the time of the reconvened meeting announced.

b) Only a club's nominated Team Leader can submit deletions (fees of deleted entries are not refundable) or crew changes online before the Team Leaders' Meeting.

c) The Team Leader is responsible for payment of all entry fees relating to their club. Failure to pay on time could incur a surcharge of an additional £5 per seat.

NATIONAL SPRINT REGATTAS

Terms/Conditions of Participation

8. Before Team Leaders meeting Cont'd

d) Procedure for Team Leaders' Meeting:

- i) Team Leader, to sign in virtually on arrival using the chat function of the online meeting.
- ii) Meeting will commence promptly at the announced time.
- iii) Health & Safety, or COVID-19 restrictions and any Technical announcements will be made by the Chief Official.
- iv) If there are any objections to the programmed order of events, these must be raised at this stage by a Team Leader. Team Leaders should indicate they wish to speak via the 'raised hand' function, then wait until their name is called.

e) Deletions and crew changes:

- i) Deletions (fees of deleted entries are not refundable) and crew changes to be submitted electronically before the meeting.
- ii) The Chief Judge will call out in order each set of heats (or finals if there are no heats). Events will be dealt with in race order.
- iii) Team Leaders who have submitted amendments are then able to confirm their crew changes have been allowed and deletions actioned. Any queries, Team Leaders should indicate they wish to speak via the 'raised hand' function, then wait until their name is called. They should then clearly state the race number, lane number, club and the competitors name(s) of the entry they wish to question.

10. Lane Numbers

- a) All boats must be fitted with a Number slot on the centre aft line of the boat and the correct lane number board must be displayed in all races.
- b) Races of 1000m or less require a Lane number. Sets of numbers 1-9, are available for sale from the Information Desk.
- c) For races over 1000m in length, long distance race number boards are obtained from the Information desk by Team Leaders. A deposit of £10 will be charged and £5 deducted from the deposit for any numbers lost or not returned.

11. Crew Names

- a) Notification of any late deletions or if allowed changes to crew names, must be made using the online form at least 60 minutes before the race.
- b) Crew boats without notification of a full set of names may be allowed to start the race but will not appear in the results, nor will they go forward to the next round of the competition.
- c) Paddlers who take the place of other paddlers without the proper 'change of crew' online notification being accepted, will incur one penalty point for each paddler in the boat and the boat may be disqualified from the event.

12. K4/C4 Hire

- a) K4s/C4s for hire will be stored on racks outside the boathouse at the end of the course.
- b) K4s/C4s must not be put down on the ground and crews must not sit in the K4s/C4s except when they are on the water.
- c) Young paddlers must be supervised by a responsible adult when launching and recovering the boats. The Organising Committee reserves the right for the Boathouse Official to refuse a boat to any youth crew that is not accompanied by an adult.
- d) Check your boat before you use it. If it is not in order or damaged, please report the fact to the Official so that you are not accountable for any loss or damage.

NATIONAL SPRINT REGATTAS

Terms/Conditions of Participation

12. K4/C4 Hire Cont'd

e) C4s/K4s can be booked for any race during the day as soon as the boathouse is open, and the Boathouse Official is present.

f) The fixings for the K4 seats are not supplied, crews must supply their own wingnuts and toggles when they report to collect the boat they have booked.

g) Crews must use the allocated boat or risk disqualification from the race.

h) Plastex or Nelo K4s will only be allocated to Senior or Junior A, or combined A/B, class, or international selection races.

13. Protests & Disqualifications

a) Notification of disqualification will only be made to the Club's Team Leader or his/her nominated deputy. Failure to notify a disqualification does not invalidate the disqualification.

b) Protests and appeals to the Competition Committee can only be made by the Club's named Team Leader (or previously notified deputy) within the permitted time limits.

Note: While every effort is taken to do so it is impossible to adequately umpire all races in every regatta. Where infringements are observed these will be reported to the Competition Committee who will, when necessary, inform the offending paddler's Team Leader. Not all infringements may be observed by Officials, Team Leaders have a responsibility to explain this situation to paddlers who could become frustrated by what might seem to be an arbitrary system of justice.

14. National Regatta Draws and Results

The lane draws for Finals, following the heats of an event and the Unofficial Results, are available online during the regatta from www.regattaresults.org.uk. Please wait at least 15 mins after the last heat before checking details of lane draws for resultant finals. The Official Results, including promotions, will be available as soon as possible after the event from www.canoeracing.org.uk/sprint/

15. Car Parking

a) Team Leaders MUST take an active part to see that club members observe the vehicle parking lines and any COVID-19 social distancing rules for vehicles, that may be applied.

Access for emergency vehicles must NOT be impeded.

Particular attention should be paid to the access road in the vicinity of the Centre Buildings.

Note: The access road and pontoon on the seating side of the tower is a **No Parking Area**.

b) Parked cars must not obstruct the launching access for K4s to the concrete pontoons in front of the boathouses.

c) Owners should park their vehicles within the marked designated parking areas, responsibly, safely and without causing obstruction at all times.

d) At certain times during a competition it may become necessary for safety reasons to restrict movement of vehicles on all, or parts of the access roads around the course. Notice will be given if this is required

NATIONAL SPRINT REGATTAS

Terms/Conditions of Participation

16. System for junior Club Associate membership of a British Canoeing Affiliated Club

a) A junior club associate member need not be a full member of BC in order to race in the Mini Sprint Series, Intermediate Series and Junior D Classes provided they are a member of a BC affiliated club. The membership number used for sprint registrations is the paddler's club associate number

b) When promoted to class 'C' or above, the junior must become an 'On The Water' member of British Canoeing in their own right. **Team Leaders are responsible for ensuring that newly promoted junior C paddlers become a BC 'On The Water' member and update the Online Entry System database with the junior's new BC number before submitting any further entries for that paddler.**

17. 'Tiddly Winks' and Boards

Coloured counters (known affectionately as Tiddly Winks) are awarded for the first three places in all Final 1s in the Junior, Mini Sprint and Intermediate classes. These awards can be collected from the Information desk. Also, available, at a cost of £6.50, is a small wooden board on which the self-adhesive counters can be mounted for posterity!

18. All National Regattas are held in accordance with British Canoeing Sprint Racing Competition Rules and these National Regatta Terms/Conditions of Participation.

British Canoeing Sprint Regatta "Liability" Statement

Canoeing and Kayaking are assumed-risk water-contact sports. Participation in these sports carries an inherent risk of injury to competitors and damage to property.

Participants should be aware of the risks involved in these sports and are responsible for their own actions and their involvement in these sports. **In all cases competitors compete entirely at their own risk.**

The Regatta Organisation, the Sprint Racing Committee, and British Canoeing exclude liability for any loss or damage that may occur to competitors or property during participation in canoeing and kayaking to the fullest extent permitted by law.

All competitors must be current full members of SCA, CW, CANI or an On The Water British Canoeing member, except for juniors ranked in Girls D, Boys D, Girls Intermediate or Boys Intermediate and 'Lightning A' or 'Lightning B' who can compete as Club Associate members of BC affiliated clubs. Regatta Entries are accepted on the basis that each competitor and Parent / Guardian of a junior, is aware of and has accepted the above conditions. Team Leaders are to ensure that all their club competitors are aware of and accept the above statements.

In the event of unsuitable weather conditions, the organisers may at their discretion cancel or postpone races or insist on the wearing of buoyancy aids. An Orange flag will be displayed on the flagpole by the Finish Tower to indicate that buoyancy aids are compulsory for any (or all) classes of paddlers.

NATIONAL SPRINT REGATTAS

Disciplinary Procedures

Offences Incurring Penalty Points

The Chief Official as Chair of the Competition Committee has the final discretion for all disciplinary matters of a minor nature, under the operation of a penalty points system (see Rule 31 of the British Canoeing Sprint Racing Competition Rules). The Competition Committee may issue penalty points to paddlers in respect of the following offences that are considered to be detrimental to the efficient operation of regattas and / or potentially hazardous.

Code Infringement

- C Racing in incorrect colours
- N Racing with incorrect or missing number
- Z Failure to observe water zoning procedures
- S Unauthorised substitution for another paddler
- F Failure to report, having qualified, for a final
- D Conduct during racing likely to cause injury or damage to equipment
- L Use of offensive language
- U Underweight boat (see note 1)
- R Failure to report to Boat Control immediately (see note 2)
- B Insufficient buoyancy (see note 3)
- T Race times below minimum Sprint Standards of Racing for National Regattas (see note 4)

Notes

1. Weights must be properly fixed to the boat or seat. Stones in a bag loose in a boat or any other temporary system will not be accepted.
2. Boats required by Boat Control will be notified shortly after the finish of the race. The required boats' lane numbers will be displayed on the pontoon by the Finish Line and the lane numbers will be announced by Commentary.
3. Boats buoyancy will be checked. Penalty points will be applied, or competitors can be disqualified from a race if Officials find a boat has been on the course without visible additional buoyancy (or fixed bulkheads).
4. Applicable only to the slowest classes for each group, i.e. when paddlers can't be demoted, (Mens D, Masters D, Womens D, Women Masters D, Boys D & Girls D)

Accumulation of Penalty Points and Penalty Fines

1. When a paddler accumulates a total of 4 or more penalty points, he / she is liable for a fine of £10 per point in excess of 3 points.
2. Fines are to be paid at the Regatta Information Desk
3. **A paddler liable for a fine cannot race until the fine has been paid.**
4. Penalty points are accumulated over 4 consecutive regattas and are not restricted to a single year. Thus, for example, penalty points incurred in the last regatta of the year will remain active until the start of the 4th regatta of the following year.

Notification

Team leaders may be notified when a penalty point has been issued to a paddler from his / her team. A record of all the active penalty points is listed at the end of the official results for each regatta.

Disciplinary Matters of a More Serious Nature.

In respect to all other disciplinary matters the Chief Official, Competition Committee and the Competition Jury must act as described in the Sprint Racing Competition Rules which include penalties in accordance with British Canoeing Rules or Disciplinary Regulations.

N.B. A reported incidence of dissent / abuse towards a Regatta Official, another competitor or their equipment, or a spectator must be treated as conduct prejudicial to the interests of the sport and dealt with under British Canoeing Disciplinary Regulations.

NATIONAL REGATTA OFFICIALS AND VOLUNTEERS

The organising and running of our National Regattas are implemented entirely by volunteers. Several officials work throughout the year in Pre-Regatta groups that liaise with the Sprint Racing Committee, the Performance Department and HPP Centre, they also update club colours, and paddler registrations. These officials also follow up issues that arise during and at the end of the season.

We have an IT team who manage the development of the software for online entries, online results and the preparation of the official results. Live streaming is also being developed with professional external input.

Your National Regattas only run smoothly because of the people who volunteer their time on the day. These volunteers are mainly parents of current and ex paddlers. They are all supporting a discipline that is developing the young paddlers of today for the future. Without the help of **new volunteers** our regattas will eventually, not function as smoothly as they do at present. Our existing team often work solidly throughout the weekend without breaks. You are probably not aware of this, but that is why we always need more help.

We are continually asking clubs for more assistance to help run our increasingly popular regattas. No experience or special skills are required. Each person is a small cog in a large wheel, which makes each area manageable. Working as a team is important along with a sense of humour and commitment to the time you are able to offer. Just half a day helping, whether morning or afternoon, would support and develop our team. We also need First Aiders to work on a rota basis as part of the team led by a full-time paramedic who takes overall responsibility for reporting accidents. All clubs have qualified First Aiders who could help with this important service.

Interested? Please contact Ann Hoile by email or at the Information Cabin during the regattas. You are invited to come and sit alongside experienced officials to find out what is involved. Whilst learning on the job we also organise a 'Workshop' day where we meet to catch up on developments for the year ahead. Developing the number of officials to increase the knowledge and experience is a highly important area.

Stop Press: Please read below.

For any club that enters ten or more paddlers, you are expected to provide at least one volunteer to help run the regatta. We are happy for volunteers from smaller clubs too of course. The following clubs already provide Regatta Volunteers:

ADL. ANK. BAN. CLM. EAL. GAI. LBZ. LKR. NOR. NOT. RDG. RIC. RLS. ROY. SOU. TON. WEY.

If your club is not listed, please consider who could help us this year.

The Regatta Volunteer's Inter Club Award. All volunteers will earn points. One point for each half day worked. Once a minimum of 8 points has been accumulated, they will be transferred to the volunteers nominated club. Points will also be awarded for attending an Officials workshop.

NATIONAL REGATTA ICF OFFICIALS

Officials who have gained experience in key areas can go on to take the International Canoe Federation (ICF) Technical Officials Examination (ITO). This enables them to officiate at International Regattas. These officials must have worked a minimum of 50% of the regatta days during the current year to qualify to apply to be nominated for an international appointment. Regatta officials interested in knowing more about the ICF Examination please contact the Chief Official.

The following Officials have all gained International Canoe Federation ITO status.

Phil Caisley, Paul Edwardes, Sara Edwardes, Martin Hook,
Steve Jones, Liz McGown, Adam Miles, Cathy Wynne.

NATIONAL SPRINT REGATTAS 2023



**NATIONAL
SPRINT
REGATTAS**

Intermediate Sprint Kayak (U14) Series

Boys Intermediate Kayak (BIK) and Girls Intermediate Kayak (GIK)

Following the review of the Intermediate races in 2022, it has been agreed to further develop the Intermediate Series by introducing K2 events over 200m and 500m for Intermediate paddlers.

These classes allow paddlers who are under 14 and have not yet reached the qualifying time for D classes but do meet the times for the Intermediate classes, 500m: K1: 2:46 for boys and 3.00 for girls to race K1 and K2 events at National Regattas.

It is the club's team leader's/coach's responsibility to make sure that their paddlers have achieved BC 2 Star or Paddle Explore qualification or have the paddling competency equivalent to that award and are confident and competent to paddle down the HPP course in a sprint K1.

Intermediate Series races do not count towards the MacGregor National Inter-Club Challenge.

These classes will support: - U12s when they are too fast for the Mini Sprint Series; U12 age paddlers who are already racing sprint K1s; U14 paddlers who have outgrown the Mini Sprint Series and new U14 paddlers. This series is designed to provide a transition into D classes.

For this event:

- Any sprint K1 boat may be paddled.
- Boys must be able to paddle 500m in a minimum of 2:46 and the K1 races will be all Boys events

NATIONAL SPRINT REGATTAS 2023

- Girls must be able to paddle 500m in a minimum of 3.00 and the K1 races will be all Girls events
- Existing Lightning paddlers may enter the event providing they have reached the required time in a sprint K1 and their team leaders' have registered them in the database with this K1 time as BIK or GIK.
- This year, juniors registered in the **Intermediate classes** will be able to race together in K2s for the new Intermediate K2 events.
- Intermediate paddlers could paddle K4 in the D classes as long as at least 2 of the crew are registered as Girls or Boys D.
- All **Intermediates** must always wear a buoyancy aid when they are on the water. The buoyancy aids must conform to the standards of BS EN ISO 12402-5.
- Once they have achieved the time for a Junior D class they will be promoted and will not be allowed to race in the Intermediate classes
- Junior D class paddlers who are under 14 are not allowed to enter the Intermediate class

SERIES POINT SCORING

The BIK and GIK Series, will run K1s over 500m and K2s over 200m and 500m at each of the four national regattas. Individual paddler points will be awarded for each Intermediate event during the season, with double points being awarded at the National MacGregor Inter-Club Regatta.

Points: Final One, paddlers will be awarded; 1st place scores 10 points, 2nd place scores 9 points etc. down to 10th place where everyone after that scores 1 point.

Medals will be awarded to the overall series winners, 1st, 2nd & 3rd boy and girl, at the September National Regatta.

At each regatta, Tiddly Winks will be awarded for 1st, 2nd & 3rd places in Final One.

The Intermediate classes trial will continue this year and a review will then be undertaken to determine future developments.

THE MINI SPRINT SERIES 2023

The Mini Sprint Series will be run alongside all the National Sprint Regattas held at Holme Pierrepont in Nottingham during 2023.

The Mini Sprint series has been specifically developed to suit the needs of **U12 paddlers** who have chosen this discipline at this time. It is part of the Paddlesport foundation which helps them progress into whichever discipline they may eventually choose. The programme has taken into account that full sized K1s, K2s and K4s are too large for the majority of 9 to 12 year old, and require personalised fittings to ensure safety on the HPP water conditions. Together, Canoe England's Paddlesport Participation Programme and British Canoeing Sprint Racing Committee formed the Mini Sprint Series. This had evolved from the Lightning series that was originally only a K1 event. As a weekend competition it provides racing experience on the National course so that the paddlers can have a smooth transition into the Intermediate and Junior Class D events.

The aim of the series is:

- To introduce young paddlers to the venue.
- To develop experience of sprint competition at a national event.
- To develop teamwork.
- To provide an opportunity to develop competitive paddling skills.
- To provide motivation to progress through to the main classes.
- To meet and make friends with paddlers from other clubs.
- **To enable young paddlers to have fun and become confident, competitive sprint race paddlers.**

Team leaders notes on entries and kayaks

This year we are happy to announce the introduction of mini kayaks alongside Lightning boats in the LTA (renamed Mini) class only. Lightning B will remain unchanged, competing with Lightning boats only.

Please note the changes to Lightning A class:

- **LTA class to be renamed MINI to reflect that paddlers may use a Mini-kayak or Lightning boats.**
- **MINI time bands to match existing LTA time bands, which remain unchanged.**
- Promotion from the Mini class to BIK or GIK will be based on paddlers achieving the minimum time for Intermediates.
- **MINI class to be allowed to use mini-kayak specified boats in addition to Lightning boats, but not full-sized racing boats.**
- Following a review of current mini-kayak specifications from several suppliers, boats should not exceed 4.2m in length (self-regulated) and that there will be no minimum weight.
- The paddlers will compete over 200m and 500 m in K1s, at alternate regattas, with heats and finals on the main regatta course.
- **The 200m events will be held at the 1st and 3rd regattas and 500m events will be held at the 2nd and 4th regattas.**
- Hody-style K2s and Rocket K4 will remain at 500m at all regattas, with heats and finals on the main regatta course.
- The cost per seat is exactly as other junior paddling categories.
- **Please ensure you enter your paddlers in the correct category, which is based on time, not age. Only Lightning kayaks are to be paddled in the LTB K1 events.**
- Clubs should bring their own Hody-style K2. If using a make other than Hody please inform the Chief Official before the event. Regatta.ChiefOfficial@vol.britishcanoeing.org.uk

THE MINI SPRINT SERIES 2023

- Rocket K4s only will be used and can be supplied by the SRC. Clubs may bring and use their own Rockets.
- Please note, participation certificates will be available for the Team Leader to collect at each regatta from the Information Cabin.

When booking a K4

The Team Leader who books the whole K4, is responsible for the entry fees for any unnamed seats, when combining with paddlers from other clubs, same as with all other classes. Any changes to your entry can be made via the Online Crew Change form prior to the Team Leader's meeting. Further changes for entered crews may be made by a Team leader, up to 1 hour before the race, using the Online Crew Change form, providing all paddlers and team leaders know of the changes.

Mini Sprint Cup Series

This series is a whole season competition and the **Marsport Trophy** will be awarded at the final regatta to the club with the most points. Individual paddler points will also be awarded for each event during the season, with double points being awarded at The MacGregor Inter-Club Regatta.

Mini Sprint Cup Rules 2023

- Points are accumulated at each event leading to a final at the September Regatta.
- **Mini Sprint points do not count towards The MacGregor Inter-Club points.**
- At the MacGregor Regatta the Mini sprints receive double points for their paddling and these go towards the Mini Sprint Cup competition which runs separately from the main Inter-Club Competition.
- The Mini Sprint Cup includes overall prizes for both male and females in each category and an overall club prize. Details are as follows:

Entry Conditions

To enter the Mini Sprint Series the young people must be under 12 on 1st January 2023 and have achieved at least Paddle Explorer standard. They must be able to paddle a K1 Lightning over 500m in less than 4 minutes. **Before placing entries, it is the club coach's responsibility to ensure that their paddlers are competent and confident to paddle at HPP.**

Categories

- (MINI) for those who can complete 500m in under 3 minutes 30 seconds
- (LTB) for those who complete 500m between 3 minutes 30 seconds and 4 minutes

Entries

- All entry fees are per seat and will be entered with your club's main regatta entries.
- **Please read notes on entering Rocket K4**

Events

K1 Saturdays with K2 and K4 on Sundays at all regattas

Points Scoring

All National Mini Sprint winners (individual) are awarded as stated below. These scores are added to their Mini Sprint Inter Club score.

THE MINI SPRINT SERIES 2023

All points scored will count only towards The Mini Sprint Team and individual events.

At the National Regattas in K1, K2 and K4.

- 1st place scores 10 points, 2nd place scores 9 points etc. down to 10th place where everyone after that scores 1 point, the total number of points scored across K1, K2 and K4 will be added together to determine the results at each regatta. For the K2/K4 races the same points scoring system will be used i.e. the winning crew will receive 10 points **for each paddler**.

At the Inter-Clubs Regatta in K1, K2 and K4

- 1st place scores 20 points, 2nd place scores 19 points etc. down to 20th place where everyone after that scores 1 point, the total number of points scored across K1, K2 and K4 will be added together to determine the results. For the K2/K4 races the same points scoring system will be used i.e. the winning crew will receive 20 points **for each paddler**.

Team Event

The team points scoring system is based on the club's results at each regatta. These are then added to their Mini Sprint Inter Clubs points score.

Prizes:

- At each regatta Tiddly Winks will be awarded for 1st, 2nd & 3rd places **in the K1 Final One only** of each category and for the three fastest K2/4 crews in each category within the Mini Sprint series.
- Medals will be awarded to the overall series winners - 1st, 2nd, 3rd male and female. The Marsport Trophy will be awarded to the Club that has accrued the most combined category points.
- All participants will be awarded a Certificate each month they enter. These are available for collection by the Team Leader from the Information Cabin.
- Boards to mount the sticky backed Tiddly Winks may be purchased from the information Cabin for £6.50.

Promotions

- Promotion from Mini Sprint Category LTB to Mini will be based on K1 500m times.
- **Promotions from group B to A will automatically be done at the 2nd regatta. The best set of existing regatta points will be carried through and added to the paddler's points gained in A.**
- Promotion into Boys D and Girls D is based on normal regatta entry guidelines. This is only done after a discussion with the team leader.

When a paddler is too old to participate in the Mini Sprint Series, **they do not automatically move to Intermediate or D classes.** Paddlers must reach the required standard. See the Standards Charts on **pages A11 and A12.** **They will be allowed to paddle in D Class crew boats, with established D Class paddlers. 50% of the crew must be registered D class paddlers.**

New Intermediate Class for under 14.

For this event paddlers must be registered as Intermediate Class and have reached the required standard. Please refer to **pages A10 and A11 for the required times.**

Details about the Intermediate Class can be found on Page B17-18

PADDLE-ABILITY

Paddle-Ability is the term used by British Canoeing to describe all Paddlesport activity for disabled people. The term focuses on a person's ability to take part in Paddlesport rather than their disability. British Canoeing encourages and supports anyone with any disability or impairment to participate in competition in specific Paddle-Ability events and mainstream competitions. Specific Paddle-Ability events are held at National Regattas in Nottingham from April to September. Racing is based on ability (in time bands).

Eligibility

- Paddle-Ability competition is open to any paddler with a disability/impairment or long-term disabling illness. This can be physical, sensory, or intellectual. **
- Competition will be divided by age (Junior and Senior) and gender.
- A Junior competitor is someone aged under 18 years on the 1st of January of the year in which the event takes place.
- Competition with a large number of younger paddlers, organisers may divide the competition further and provide an under 14 category, i.e., under 14 years on the 1st of January of the year in which the event takes place.

** If proof is needed, especially for those impairments which are "invisible", for example, Cystic fibrosis, Epilepsy, ADHD and ASD, a variety of documents may be submitted by the paddler. These include GP or Consultant letters, DLA or PIP papers, and SEN statements.

Boats and Equipment

- Competitors may race in any standard racing Kayak (K1 or K2), Canoe or Va'a
- Competitors may race in any straight-line running boat, which may be suitable as a beginner's racing boat which may be more stable than a standard racing boat.
- Any physical adjustment may be made to the boat, which is required to meet the competitors' additional needs. For example, an outrigger may be placed on a standard racing kayak to aid stability if needed.
- Any adjustment may be made to a paddle or buoyancy aid to meet the competitors' additional needs.

Boats and Equipment Cont'd

- A Kayak may be raced with or without a rudder, and a rudder may be immobilised if required. However, a Canoe or Va'a must be raced without a rudder.
- Any athlete wishing to be considered for Paracanoe racing, must have a National Paracanoe Classification, and must compete in a boat which meets the Paracanoe dimensions.

Safety

- Buoyancy aids that meet the minimum standard of BS EN ISO 12402-5. must be worn by all competitors under the age of 18, and by all competitors who do not have a strong swimming ability.
- Escort boats may be provided to assist competitors to the start line.

PADDLE-ABILITY

- Escort boats may follow the race down the course, but the support paddler must not coach the competitor. Support paddlers must not cross the finish line until **all** competitors have finished.
- Escort boats will be expected to wear yellow escort bibs.
- All boats must have suitable buoyancy (see Sprint Rules 11.1). It is the responsibility of the coaches and team leaders to ensure that there is adequate buoyancy in their competitors' boats.

Paddle-Ability events are available for: K1: 200m, 500m K2: 200m, 500m,
V1: 200m, 500m.

The National Regattas which have Paddle-Ability events can be seen [on this link](#)

Entries for National Regattas must be submitted, in advance (at least two weeks), with other club entries via the Club Team Leaders. If your club does not already have an appointed Sprint team leader, please contact:

Gregory.vanheerden@britishcanoeing.org.uk

The full Paddle-Ability rules can be seen [on this link](#)

The Paddle-Ability with Para Time Bands for 200m can be seen [on this link](#)

More information about Paddle-Ability can be seen [on this link](#)

More information about Paracanoe Classifications can be seen [on this link](#)

Paddle-Ability Sprint Time bands 200 metres				
Band	Kayak Men	Kayak Men Junior	Kayak Women	Kayak Women Junior
A+	0.52	1.06	1.12	1.20
A	1.00	1.14	1.20	1.30
B	1.06	1.22	1.30	1.44
C	1.14	1.36	1.44	1.54
D	1.22	1.48	1.54	2.06
E	1.36	2.00	2.06	2.18
F	1.48	2.12	2.18	2.30
Paddle-Ability Sprint Time bands 500 metres:				
Band	Kayak Men	Kayak Men Junior	Kayak Women	Kayak Women Junior
A+	2.15	2.45	2.40	3.00
A	2.30	3.05	3.00	3.20
B	2.45	3.30	3.20	3.45
C	3.05	4.00	3.45	4.20
D	3.30	4.30	4.20	4.45
E	4.00	5.00	4.45	5.15
F	4.30	5.30	5.15	5.45

The MacGregor Paddle Challenge



John MacGregor M.A., Trinity College, Cambridge; (1825-1892) Barrister-at-Law, Captain of the Royal Canoe Club, through his extremely popular books and magazine articles from 1865 to 1892, practically invented the sport of canoeing (or kayaking).

The beginning of recreational canoeing can be traced directly to an Englishman, called John MacGregor, in the middle of the nineteenth century. He was a man with a penchant for boat design and exploration, who developed his craft based on the Eskimo Kayak, which he named *Rob Roy*. He took the boat on long journeys along the rivers and across the lakes of Europe, lecturing and writing about his travels as he went. His tales attracted quite a following and soon there were many kayaks in Great Britain based on his kayak design that is still referred to as a *Rob Roy*.

Canoes are the larger category under which kayaks fall: while all kayaks are canoes, not all canoes are kayaks. Paddlers in kayaks sit with their legs stretched out in front of them and canoeists generally paddle from a kneeling position. Most canoes are open hulled; while kayaks have covered decks. Canoe paddles are typically single bladed, while kayak paddles are double ended.

Some might say these differences occur because of the type of water available, but a look at the evolution of British canoeing culture during the past one hundred and twenty years would suggest that the major changes are due to those who have written and taught, coupled with the availability of canoes or kayaks.

The first period from 1865 evolved from the founder of British canoeing, John MacGregor. His book, *A Thousand Miles in the Rob Roy Canoe*, fired the imagination of the Victorians. The '*Rob Roy*' was a stable kayak, went in a straight line and had a large cockpit. Made of wood, it was easy to handle and a boat in which any beginner would have felt safe. In this period, wooden canoes were imported and were used for family outings and touring, the limitation to the growth was the cost of the wooden craft.

The second period from the 1930s to the 1950s is identified with the wooden frame and canvas kayaks and the start of the BCU Coaching Scheme. Percy Blandford wrote books and produced a host of designs for the Scout movement, which brought canoeing to a much wider number of people. The low cost, make-it-yourself PBK (Percy Blandford Kayak) designs, were, like the '*Rob Roy*', stable, went in a straight line, and had large cockpits. The British Canoeing Coaching Scheme was started in the 1950s by John Dudderidge. The original proficiency tests were designed around the use of the open cockpit straight-line kayak.

The third period, which had a massive impact on both the expansion and the change in direction of British canoeing culture started around the early 1960s, when in 1962, the BCU appointed its first Director of Coaching, Oliver Cock, giving added drive to what was to become a very powerful teaching scheme. For various reasons, the Coaching Scheme became more and more interested in rough water canoeing. At the same time, glass reinforced plastic became available. Moulds were produced for the home builder and the designs reflected the interest in rough water. Thousands of kayaks were produced with rockered hulls and small cockpits. By 1980, the Coaching Scheme had 3,000 members almost all teaching in the close fitting cockpit kayak. So powerful had that culture become that, if the word 'canoeing' is mentioned to almost anyone in Britain, their immediate image would be that of a young man or woman strapped into a kayak, wearing a crash helmet and wetsuit, performing turns and rolls on rapidly moving rivers. This was a great image for the adventurous teenager but daunting for many others who might wish to paddle. Indeed, a far, far cry from the canoeing of MacGregor.

MacGregor spent part of his youth in Halifax, Nova Scotia, where his father was stationed in the 1830s in a fort. He may have picked up some canoeing experience there.

The MacGregor Paddle Challenge

Reading his books, one notices he carried in his canoe a number of religious tracts (in a movement called "Muscular Christianity") written in the local language and was always ready to hand them out. He did not travel on Sundays but did lecture on his travels and gave much of the profits to charities, especially to boys in the inner cities.

He published accounts of several other canoe cruises, including one to Scandinavia and another to Jordan and Egypt. The appendix to that book gives some construction details for his canoe designs.

His wooden split paddles were presented to Royal Canoe Club in 1959. Subsequently these were used as the trophy at the 1977 BCU National Inter-Club Sprint Racing Regatta, being first presented to the winning club, Fladbury and still fought over annually. A full list of winners can be found on page C15.

The MacGregor Paddle Challenge is a National Inter-Club Sprint Racing competition for competitors register in a national sprint 'standards for racing' ability class.

Scoring for the MacGregor Paddle Challenge.

1. Clubs will gain 5 points to their score for promotion accredited to a Junior (A to D), Masters (A to D) or Senior (A to D) ability class paddlers from their club since and including the previous MacGregor regatta.
2. Clubs will have deducted from their score, penalty points accrued by a Junior (A to D), Masters (A to D) or Senior (A to D) ability class paddler from their club since and including the previous MacGregor regatta.
3. The scoring at the Inter-Club Regatta will be on the following basis:
A Club will score its best results from: Junior (A to D), Masters (A to D) or Senior (A to D) ability class paddlers.
 - 12 K1/C1 results in all finals
 - 6 K2/C2 results in all finals
 - 3 K4/C4 results in all finals

Points will be awarded on the following basis provided there are at least three crews participating: First 20 points, second 19 points, third 18 points and so on.

4. Other rules:
 - a. Composite crews, with members from more than one Club, do not score points.
 - b. At least 50% of the crew must be registered in the class in which they are racing. i.e. 2 paddlers in a K4 or 1 paddler in a K2. Crews may be made up with paddlers from a lower ability band with the following exceptions:
 - i. Men may not paddle in Women's races.
 - ii. Boys may not paddle in Girls' races.
 - iii. Seniors or Masters may not paddle in Junior races.
 - iv. Seniors or Juniors may not paddle in Masters races
 - c. No one may enter any singles class other than their designated class as registered on the Paddler Database. Exceptions may be made at the request of a national coach.

BRITISH CANOEING HOLME PIERREPONT COURSE RECORDS

2022

OPEN

		Crew	Country	Time	Date
K1	500m	Tom Lusty	GBR	1:38:93	08/07/18
K2	500m	Tom Lusty/ Lewis Fletcher	GBR	1:31:29	06/06/21
K4	500m	J Bowley/D Johnson/L Fletcher /M Robinson	GBR	1:23:53	07/05/17
C1	500m	A Volkov	URS	1:52:36	19/06/83
C2	500m	Sarus/Hjdu	HUN	1:43:01	19/06/83
C4	500m	Train/Thomas/Lane/Yurkwick	GBR	1:42:28	17/05/98
K1	1000m	Tom Lusty	GBR	3:31:51	06/06/21
K2	1000m	Paul Wycherley/Ben Farrell	GBR	3:16:63	14/04/07
K4	1000m	B Farrell/S Hastings/P Wycherley /A Daniels	GBR	2:59:33	10/05/09
C1	1000m	S Antipov	URS	4:01:28	10/07/77
C2	1000m	Train/Train	GBR	3:37:24	01/01/81
C4	1000m	Hoffman/Tackas/Jakab/Salanki	HUN	3:38:95	08/08/89
Women					
		Crew	Country	Time	Date
K1	500m	Rachel Cawthorn	GBR	1:49:94	03/07/15
K2	500m	Lani Belcher/ Angela Hannah	GBR	1:42:96	19/04/16
K4	500m	J Walker/L Sawers/R Cawthorn /A Edmonds	GBR	1:35:94	15/04/12

BRITISH CANOEING HOLME PIERREPONT COURSE RECORDS

2022

DOMESTIC SENIOR

Men	Crew	Club	Time	Date
K1 200m	Liam Heath	WEY	34:03	18/04/21
K2 200m	Liam Heath/Jon Schofield	ORS	32:31	19/04/16
K4 200m	J Clark/K Vansomeran/I Wynne /D Roeser	ORS	32:20	16/05/98
K1 500m	Tom Lusty	SOL	1:38:93	08/07/18
K2 500m	Tom Lusty/ Lewis Fletcher	ORS	1:31:39	06/06/21
K4 500m	J Bowley/D Johnson/L Fletcher /M Robinson	ODP	1:23:53	07/05/17
K1 1000m	Tom Lusty	SOL	3:31:51	06/06/21
K2 1000m	Paul Wycherley/Ben Farrell	ORS	3:16:63	14/04/07
K4 1000m	B Farrell/S Hastings/P Wycherley /A Daniels	ORS	2:59:33	10/05/09
C1 200m	Chris Calvert	FLA	41:59	07/05/16
C2 200m	M Lane/S Crowther	ORS	38:35	04/06/94
C4 200m	Crowther/Crowther/Yurkwick/Lane	ORS	36:98	05/06/99
C1 500m	Matthew Lawrence	LBZ	1:55:65	17/04/11
C2 500m	Iain Weir/ Joseph Hayman-Joyce	ODP	1:46:55	04/06/16
C4 500m	Train/Thomas/Lane/Yurkwick	ORS	1:42:28	17/05/98
C1 1000m	Eric Jamieson	WEY	4:01:54	16/07/92
C2 1000m	S Train/A Train	FLA	3:27:24	01/07/94
C4 1000m	E Jamieson/R Williams/S Train /A Train	GBR	3:44:80	08/07/89
Women				
Women	Crew	Club	Time	Date
K1 200m	Jessica Walker	ROY	40:41	28/04/19
K2 200m	Train/Train	ORS	38:27	13/05/00
K4 200m	Dallaway/Dresser/Thorogood/Train	ORS	36:62	02/07/95
K1 500m	Rachel Cawthorn	WEY	1:49:94	03/07/15
K2 500m	Lani Belcher/Angela Hannah	ORS	1:42:96	19/04/16
K4 500m	J Walker/L Sawers/R Cawthorn /A Edmonds	ORS	1:35:94	15/04/12
K1 1000m	Rachel Cawthorn	WEY	3:56:54	10/05/10
K2 1000m	Louisa Sawers/Abigail Coulson	ORS	3:47:75	22/07/06
C1 200m	Katie Reid	IND	47:59	28/04/18
C2 200m	Katie Reid/Isabel Evans	SPS/LIN	45:88	04/09/21
C1 500m	Katie Reid	SPS	2:11:91	04/09/21
C2 500m	Chloe Bracewell/Afton Fitzhenry	LIN/BCC	2:04:91	17/04/21

BRITISH CANOEING HOLME PIERREPONT COURSE RECORDS

2022

DOMESTIC JUNIOR Records starting from 2015

U18 Men		Crew	Club	Time	Date
K1	200m	Daniel Atkins	RDG	36:70	29/06/19
K2	200m	T Thomson/N Dembele	NTS	34:53	05/06/16
K4	200m	No U18 Event		--	--
K1	500m	Ieuan James	FOR	1:43:38	05/06/16
K2	500m	I James/C Smith	NTS	1:33:95	05/06/16
K4	500m	I James/ C Smith/N Dembele/T Thomson	NTS	1:25:76	08/05/16
K1	1000m	Magnus Gregory	LON	3:40:02	04/06/16
K2	1000m	M Gregory/L Harding	LON	3:22:36	04/06/16
K4	1000m	M Gregory/L Harding/T Thomson/M Littlewood	NTS	3:06:27	04/06/16
C1	200m	Adrian Meikle-Briggs	RIC	45:51	05/06/16
C2	200m	B Phillips/A Meikle-Briggs	RIC	44:91	05/09/15
C4	200m	No U18 Event		--	--
C1	500m	Ben Phillips	RIC	2:01:75	08/05/16
C2	500m	B Phillips/A Meikle-Briggs	NTS	1:54:46	04/06/16
C4	500m	No U18 Event		--	--
C1	1000m	Ben Phillips	RIC	4:18:75	05/06/16
C2	1000m	B Phillips/A Meikle-Briggs	RIC	3:56:64	05/06/16
C4	1000m	No U18 Event		--	--
U18 Women		Crew	Club	Time	Date
K1	200m	Deborah Kerr	SKR	42:56	03/07/15
K2	200m	G Carmichael/K Hipkins	LON	41:18	07/07/18
K4	200m	No U18 Event		--	--
K1	500m	Deborah Kerr	SKR	1:54:87	03/07/15
K2	500m	R Myburgh/A Dale	NTS	1:51:75	05/06/16
K4	500m	E Dale/Z Clark/R Kneen/F Duffield	FOX/ROY/FOR/NOR	1:42:03	08/07/18
K1	1000m	Samantha Martyn	WEY	4:08:29	08/07/18
K2	1000m	E Russell/L Wong	CLM/RIC	4:08:39	04/06/16
C1	200m	Alix Aitchison	NOT	53:89	29/06/19
C2	200m	A Aitchison/C Carey	IND	52:04	13/05/18
C1	500m	Georgina Pryor	LEE	2:30:90	05/06/16
C2	500m	A Aitchison/C Carey	NOT	2:14:00	28/04/19

BRITISH CANOEING HOLME PIERREPONT COURSE RECORDS

2022

DOMESTIC PARACANOE Records starting from 2015

Men Kayak	Class	Crew	Time	Date
200m	KL3	Rob Oliver	40:55	04/06/16
200m	KL2	Dave Phillipson	42:54	18/04/21
200m	KL1	Ian Marsden	48:66	29/04/19
Women Kayak				
Women Kayak	Class	Crew	Time	Date
200m	KL3	Laura Sugar	46:51	06/06/21
200m	KL2	Charlotte Henshaw	47:86	03/06/22
200m	KL1	Jeanette Chippington	54:49	04/06/16
Men Va'a				
Men Va'a	Class	Crew	Time	Date
200m	VL3	Jack Eyers	47:63	03/07/21
200m	VL2	Stewart Clark	57:71	29/06/19
200m	VL1	No event	--	--
Women Va'a				
Women Va'a	Class	Crew	Time	Date
200m	VL3	Charlotte Henshaw	57:72	29/06/19
200m	VL2	Emma Wiggs	55:20	03/07/21
200m	VL1	No event	--	--

SPRINT RACING PERPETUAL TROPHIES

The following Trophies are awarded annually by the Sprint Racing Committee:

Men's Kayak

Ken and Eileen Phillips Memorial Trophy					
Winner Men's A K1 200m at National Championship Event					
2012	Edward McKeever	BOA	2018	Lewis Fletcher	LKR
2013	Edward McKeever	BOA	2019	Stelian Naftanaila	NOT
2014	Liam Heath	WEY	2020	No event	
2015	Kristian Reeves	ADS	2021	Daniel Atkins	RDG
2016	Kristian Reeves	ADS	2022	Ben Gallagher	FOR
2017	Jonathan Schofield	SOR			
Unwin Bowl					
To the winner of the Senior A Men's K1 10,000 m at the National Championship Event					
1981	Richard Lewis	GAI	1991	Ivan Lawler	ELM
1982	Alan Williams	ROY	1992	Ivan Lawler	ELM
1983	Alan Williams	ROY	1993	Grayson Bourne	ELM
1984	Alan Williams	ROY	1994	Grayson Bourne	ELM
1985	No event		1995	Grayson Bourne	ELM
1986	Jeremy West	ROY	1996	Ivan Lawler	ELM
1987	Grayson Bourne	ROY	1997	No event	
1988	Grayson Bourne	ROY	1998	James Block	NOT
1989	Grayson Bourne	ROY	1999	Greg Slater	LIC
1990	Graham Burns	ELM	2000	No event	
Reassigned – Winner Men's A K1 500m at National Championship Event					
2001	Timothy Brabants	ELM	2012	Andrew Daniels	RDG
2002	Timothy Brabants	ELM	2013	Edward Rutherford	ELM
2003	Richard Darby Dowman	ELM	2014	Daniel Johnson	CLM
2004	Edward McKeever	BOA	2015	Jonathan Boyton	ROY
2005	Ian Wynne	ROY	2016	Jonathan Boyton	ROY
2006	Edward McKeever	BOA	2017	Tom Lusty	SOL
2007	Edward McKeever	BOA	2018	Tom Lusty	SOL
2008	Tim Brabants	NOT	2019	Tom Lusty	SOL
2009	Ben Brown	ELM	2020	Not events	
2010	Keith Moule	CLM	2021	Daniel Johnson	CLM
2011	Jonathon Boyton	ROY	2022	Daniel Johnson	CLM

SPRINT RACING PERPETUAL TROPHIES

Men's Kayak continued

Farnham Cup					
To the winner of the Senior A Men's K1 1000m at the National Championship Event					
1981	Neil Robson	FLA	2002	Timothy Brabants	ELM
1982	Kevin Smith	WAR	2003	Richard Darby Dowman	ELM
1983	Kevin Smith	WAR	2004	Timothy Brabants	NOT
1984	Grayson Bourne	ROY	2005	Peter Almasi	ELM
1985	Kevin Smith	WAR	2006	Ben Farrell	ELM
1986	Grayson Bourne	ROY	2007	No event	
1987	Grayson Bourne	ROY	2008	Ben Farrell	ELM
1988	Ivan Lawler	ELM	2009	Jonathon Boyton	ROY
1989	Grayson Bourne	ELM	2010	Tim Pendle	NOR
1990	Grayson Bourne	ELM	2011	Jonathon Boyton	ROY
1991	Grayson Bourne	ELM	2012	Timothy Brabants	ROY
1992	Patrick Holmes	RIC	2013	Jonathan Boyton	ROY
1993	Graham Burns	ELM	2014	Paul Wycherley	WEY
1994	Grayson Bourne	ELM	2015	Jonathan Boyton	ROY
1995	David Smith	ELM	2016	Jonathan Boyton	ROY
1996	Ivan Lawler	ELM	2017	Tom Lusty	SOL
1997	Ross Sabberton	NOR	2018	Tom Lusty	SOL
1998	Timothy Brabants	ELM	2019	Tom Lusty	SOL
1999	Matthew Foulger	NOT	2020	Not event	
2000	Richard Darby Dowman	ELM	2021	Daniel Johnson	CLM
2001	Timothy Brabants	ELM	2022	Daniel Johnson	CLM

Dexter Trophy					
For the best Senior B performance at the National Championship Regatta					
1981	Richard Lucas	GAI	2000	David Duff	RAF
1982	Russell Jones	FLA	2001	Stuart West	WOR
1983	Roland Lucas	RIC	2002	Stuart West	WOR
1984	Peter Evans	LIN	2003	Mark Hoile	ROY
1985	Paul Gadd	RIC	2004	Paul Prestwood	GAI
1986	Trevor Melham	ROY	2005	Jonathon Schofield	SOR
1987	Peter Maycock	EXE	2006	Jonathan Simmons	WEY
1988	Simon Horsley	NBY	2007	Joe Surrage	BSF
1989	Gavin Turrell	RIC	2008	Brett Irvine	RIC
1990	Brian Saunt	ADL	2009	Pip Ede	RDG
1991	Roger Masters	ROY	2010	Ben Bradshaw	NOR
1992	Chris Dorrell	TON	2011	Paul Yates	WEY
1993	Ed Shaw	ROY	2012	Jonathan Tye	WOR
1994	Paul Evans	HER	2013	Mark Ressel	ROY
1995	Matthew Enoch	NOT	2014	Lewis Duffield	CLM
1996	Gary Shaw	ELM	2015	Stelian Naftanaila	NOT
1997	Paul Enoch	NOT	2016	Lewis Fletcher	LKR
1998	Malcolm Starkey	FOX	2017	Andras Kovacs	WEY
1999	David Coulson	RDG	2018	Nicky Cresser	NOT
			2019	Andras Kovacs	WEY
Reassigned 2020: For the best Men Under 23's performance at the National Championship Event					
2020	No events		2022	Philip Miles &	RLS
2021	Charlie Smith	LBZ		Charlie Smith	LBZ

SPRINT RACING PERPETUAL TROPHIES

Masters' Kayak

The James Cup					
To the winning crew of the Under 18 K4 6000m at the National Championship Event					
1981	Evans/Brevitt Slater/Morley	LIN/LIC STA	1987	Barnett/Unsted Farnham/Taylor	ELM/GAI
1983	Piercey/McLachlan Rainsford/Bradley	RLP/RLS	1988	Lodge/Hutton Richardson/Wynne	EXE/ANK ROY/TON
1984	Adams/Bibby Burns/Miller	ROY/MER ELM	1990	Slater/Bradbury Yates/Ilson	LIC ADL/WOR
1985	Crawford/Adams Rust/Topham	GAI/ARM LBZ/WAR	1991	Richardson/Wynne Slater/Jenson	ROY/TON LIC/RIC
1986	Gibbins/Livsey Boxshall/Elliott	EXE/RLP	1992	Jenson/Slater Sargeant/Smith	ORS
Reassigned – Winning crew of the Veteran K4 at the National Championship Event					
2001	Davies/Hawthorn Parker/Grandy	WOR	2012	Kent/Hinves Willis/Rance	SOU
2002	Davies/Hawthorn Parker/Saunders	WOR	2013	O'Cuinn/Vida/ Soregi/Domonkos	RIC
2003	Grimwood/Oliver Oliver/Brookes	LIN/RUN	2014	Bird/Parker/ Tricketts/Rogers	WOR/CHE
2004	Adams/Martin/ England/Hall	BSF	2015	Irvine/Murray Martin/Soregi	RIC
2005	Adams/Martin Terry/Jordan	BSF LBZ/MAI	2016	Enoch/Norfolk Livsey/Cresser	NOT
2006	Illidge/Marnell Brookes/Swallow	RUN/CHE	2017	Enoch/Belbin Butler/Cresser	NOT
2007	Littlewood/Mason Nadal/Bagshaw	NOT	2018	Enoch/Jones Butler/Cresser	NOT
2008	Kent/Nicholson/ Willis/Rance	SOU	2019	A Buff/D Grimsey J Hinves/R Kent	SOU
2009	Phillips/Bird/ West/Trickett	WOR	2020	No event	
2010	Escott/Lewis/ Darling/Missen	BOA	2021	J Butler/M Enoch /N Jones/ S Walsh	NOT
2011	Bird/Brookes Blackman/Rodgers	WOR/RUN	2022	J Butler/M Enoch/ N Jones/S Walsh	NOT

Women's Kayak

Lendenkamp Trophy					
Winner Women's A K1 200m at National Championship Event					
2012	Rachel Cawthorn	WEY	2018	Rachel Cawthorn	WEY
2013	Rachel Cawthorn	WEY	2019	Emily Lewis	WOR
2014	Rachel Cawthorn	WEY	2020	No event	
2015	Leanne Brown	MAI	2021	Emily Lewis	WOR
2016	Lizzie Broughton	RIC	2022	Emily Lewis	WOR
2017	Angela Hannah	BAN			

SPRINT RACING PERPETUAL TROPHIES

Women's Kayak continued

Bruce Lucas Trophy					
To the winner of the Women's A K1 6000m at the National Championship Event					
1984	Anne Plant	LIC	1992	Alison Thorogood	NEW
1985	Anne Plant	LIC	1993	Andrea Dallaway	ELM
1986	Susie Perrett	RLP	1994	Andrea Dallaway	ELM
1987	Susie Perrett	RLP	1995	Alison Thorogood	NEW
1988	Susie Perrett	RLP	1996	Anna Hemmings	ELM
1989	Susie Perrett	RLP	1997-		
1990	Hilary Dresser	ROY	2000	No event	
1991	Andrea Dallaway	ELM	2001	Anna Hemmings	ELM
Reassigned – Winner of Women's A K1 500m at the National Championship Event					
2002	Beth Campbell	NOT	2014	Jessica Walker	ROY
2003/4	No event		2015	Jenny Swallow	CHE
2005	Abigail Coulson	RDG	2016	Hayleigh Mason	NOT
2006	Abigail Coulson	RDG	2017	Rachel Cawthorn	WEY
2007	Abigail Coulson	RDG	2018	Rachel Cawthorn	WEY
2008	Louisa Sawers	ELM	2019	Emily Lewis	WOR
2009/10	No event		2020	No event	
2011	Jenna Hawkey	EXE	2021	Lizzie Broughton	RIC
2012	Rachel Cawthorn	WEY	2022	Emily Lewis	WOR
2013	Rachel Cawthorn	WEY			

Femina Trophy					
Most meritorious Senior Women's A performance at the National Championship Regatta					
1981	Sue Hornby	WES	1999	Alison Thorogood	LEA
1982	Lesley Smither	LEA	2000	Abigail Cattle	RDG
1983	Lesley Smither	LEA	2001	Rebecca Hunter	ROY
1984	Debbie Watson	LBZ	2002/9	No event	
1985	Susie Perrett	RLP	2010	Victoria Towers	NOT
1986	Susie Perrett	RLP	2011	No event	
1987	Angela Dawson	ADL	2012	Rachel Cawthorn	WEY
1988	Susie Perrett	RLP	2013	Rachel Cawthorn	WEY
1989	Sandra Troop	NOT	2014	Rachel Cawthorn	WEY
1990	Hilary Dresser	ROY	2015	Rebeka Simon	ELM
1991	Andrea Dallaway	ELM	2016	Emily Lewis	WOR
1992	Alison Thorogood	NEW	2017	Emily Lewis	WOR
1993	Andrea Dallaway	ELM	2018	Rachel Cawthorn	WEY
1994	Hilary Dresser	RIC	2019	Emily Lewis	WOR
1995	Becky Train	FLA	2020	No event	
1996	Alison Thorogood	NEW	2021	Lizzie Broughton	RIC
1997	Tricia Davey	RIC	2022	Emily Lewis	WOR
1998	Becky Train	FLA			

SPRINT RACING PERPETUAL TROPHIES

Women's Kayak continued

Lee & Joan Davies Memorial Trophy					
For the best Women's B performance at the National Championship Regatta					
1998	Kerry Watts	NOR	2009	No event	
1999	Laura Blair	LEA	2010	Hannah Brown	BOA
2000	Elizabeth Homes	CHE	2011	Hannah Brown	BOA
2001	Jackie Eastwood	RIC	2012	Coral Birkhill	LON
2002	Beth Campbell	NOT	2013	Phoebe Ayres	WEY
2003	Beth Campbell	NOT	2014	Amy Ward	ELM
2004	Joanne Bates	ELM	2015	Sophie Rooney	BAN
2005	Anna Hemmings	ELM	2016	Amy Turner	BAN
2006	Hayleigh Mason	NOT	2017	Ava Dale	FOX
2007	Hayleigh Mason	NOT	2018	Melissa Johnson	CLM
2008	Claire Spencer	HER	2019	Melissa Johnson	CLM
Reassigned 2020: For the best Women's Under 23's performance at the National Championship Event					
2020	No events		2022	Zoe Clark	ROY
2021	Emma Russell	CLM			

The Boulogne Cup					
To the winning crew of the Women's A K4 500m at the National Championship Event					
1981	Perrett/Hornby	RLP/WES	1997	Cattle/Jones	ORS
	Perrett/Crawley	NEW		Bale/Hannon	
1982	Perrett/Smither	RLP/LEA	1998	Davey/Train	RIC/FLA
	Craske/Crawley	FLA/NEW		Gilby/Thorogood	ELM/LEA
1983	Smither/Parker	LEA/NOT	1999	Train/Campbell	ORS
	Craske/Crawley	FLA/NEW		Bapty/Thorogood	
1984	Smither/Lawler	LEA/ELM	2007	Braithwaite/Hawkey	ORS
	Perrett/Watson	LIC		Sawers/Cawthorn	
1985	Plant/Clough	RLP/LIN	2008/11	No event	
	Perrett/Troop		2012	Edmonds/Walker/	ORS
1986	Lawler/Perrett	ELM/RLP		Cawthorn/Sawers	
	Crawley/Plant		2013	No Event	
1987	Thorogood/Lawler	NEW/ELM	2014	Walker/Cawthorn/	ORS
	Dawson/Eastwood	ROY/ELM		Sawers/Hannah	
1988/9	No event		2015	Belcher/Brown	ORS
1990	Dresser/Dallaway	ELM		Mason/Brown	
	Lawler/Barry		2016	No event	
1991	Dallaway/Davey	ORS	2017	Cawthorn/Lewis	WEY/WOR
	Troop/Thorogood			Simon/Walker	ELM/ROY
1992	Dallaway/Davey	ORS	2018	Brown/Lewis	WYC/WOR
	Thorogood/Troop			Russell/Turner	CLM/BAN
1993	Dresser/Gilby	ORS	2019	Burgess/Farrant	
	Dallaway/Bennett			Martyn/Thompson	WEY
1994	Thorogood/Green	ORS	2020	No events	
	Hemmings/Gilby		2021	Z Clark/E Dale/	ROY/FOX/
1995	Hardy/Cheyne	ORS		F Duffield/A Freeman	NOR/RIC
	Train/McGee		2022	D Kerr/E Lewis/	
1996	Gilby/Hemmings	ELM/WEY		R Simon/E Russell	ORS
	Hynds/Burns				

SPRINT RACING PERPETUAL TROPHIES

Boy's Kayak

Henry Thelen Trophy					
Winner Boys Under 18 K1 200m at National Championship Event					
2012	Matthew Bowley	BPR	2018	Ben Gallagher	FOR
2013	Lewis Duffield	CLM	2019	Daniel Atkins	RDG
2014	Jordi Eccles	ANK	2020	No events	
2015	Ieuan James	FOR	2021	Jon Pirmuhamedov	RIC
2016	Ieuan James	FOR	2022	Ben Cabrera	FOY
2017	Ieuan James	FOR			

Rhodes Trophy					
To the winner of the Under 18 K1 500m at the National Championship Event					
1981	Nicholas Gregory	WAR	2002	Liam Heath	WEY
1982	Michael Smith	SHE	2003	Edward Cox	WEY
1983	Toby Mundy	TON	2004	Ben Brown	ELM
1984	Steven Adams	ROY	2005	Matthew Guy	LBZ
1985	Mark Adams	ARM	2006	Robert Beer	ELM
1986	James Butler	NOT	2007	Tom Hide	ADS
1987	Ian Livesey	EXE	2008	Tom Simmons	BOA
1988	Chris Dorrell	TON	2009	Tom Simmons	BOA
1989	Simon Ricketts	ANK	2010	Mark Clive	GAI
1990	Paul Slater	LIC	2011	Matthew Bowley	BUR
1991	Paul Slater	LIC	2012	Daniel Johnson	CLM
1992	Paul Slater	LIC	2013	Sean Redmond	LGW
1993	Stephen Tingay	LBZ	2014	Edmund Haws	WEY
1994	Andrew Morgan	FLA	2015	Noah Dembele	LEA
1995	Daniel Greaves	LEA	2016	Ieuan James	FOR
1996	Phillip Murphy	GAI	2017	Ieuan James	FOR
1997	Damian Chapman	NOT	2018	Philip Miles	RLS
1998	Craig Watt	ELM	2019	Philip Miles	RLS
1999	Owen Peake	BOA	2020	No events	
2000	Andrew Kelly	ELM	2021	Zavier Hives	SOU
2001	Simon Fennemore	WEY	2022	Harry Freeland	RDG

Barry Murray Trophy					
Winner Boys Under 18 K1 1000m at National Championship Event					
2016	Magnus Gregory	LON	2020	No event	
2017	Luke Shaw	NOR	2021	Zavier Hives	SOU
2018	Philip Miles	RLS	2022	Harry Freeland	RDG
2019	Philip Miles	RLS			

SPRINT RACING PERPETUAL TROPHIES

Girl's Kayak

Phillips Plate					
Winner Girls Under 18 K1 200m at National Championship Event					
2012	Amy Ward	ELM	2018	Enya Dale	FOX
2013	Rebeka Simon	ELM	2019	Zoe Clark	ROY
2014	Deborah Kerr	SDS	2020	No events	
2015	Deborah Kerr	SKR	2021	Kristina Armstrong	LKR
2016	Emma Brockway	LKR	2022	Honor Lewis	WEY
2017	Rachel Kneen	FOR			

The Dennis Smith Trophy					
To the winner of the Girls A K1 500m at the National Championship Event					
1990	Tricia Davey	RIC	2007	Jessica Walker	ROY
1991	Helen Gilby	ELM	2008	Maria Middlehurst	ADS
1992	Sue Bennett	FLA	2009	Jenny Swallow	CHE
1993	Emily Ormerod	RIC	2010	Katherine Trotter	ELM
1994	Lucy Hardy	FLA	2011	Emily Lewis	WOR
1995	Rachel Train	FLA	2012	Amy Ward	ELM
1996	Sarah Griffith	FLA	2013	Rebeka Simon	ELM
1997	Jenny Lumb	LBZ	2014	Deborah Kerr	SDS
1998	Elaine Appleby	LBZ	2015	Deborah Kerr	SKR
1999	Abigail Cattle	RDG	2016	Ava Dale	FOX
2000	Jenny Spencer	HER	2017	Florence Duffield	NOR
2001	Rosalind Bates	ELM	2018	Emma Russell	CLM
2002	Zara Dale	ELM	2019	Kate Hipkins	LON
2003	Shuna Braithwaite	SDS	2020	No event	
2004	Tara Nutt	ELM	2021	Grace Anderson	NOT
2005	Louisa Sawers	ELM	2022	Honor Lewis	WEY
2006	Claire Spencer	HER			

SPRINT RACING PERPETUAL TROPHIES

Junior

Jones Cup Junior Racing Canoeist of Year					
Voted for by members of the Junior Olympic Racing Squad: sponsored by Rowland Jones					
1981	Nicholas Gregory	WAR	2002	Liam Heath	WEY
1982	David Battershell	WEY	2003	Edward Cox	WEY
1983	Gregory Slater	LIC	2004	Paul Wycherley	WEY
1984	Susie Perrett	RLP	2005	Allen Spencer	HER
1985	Gary Quittenton	LIN	2006	Rachel Cawthorn	WEY
1986	Andrea Dallaway	LIC	2007	Tom Hide	ADS
1987	Paul Enoch	NOT	2008	Jessica Walker	ROY
1988	Jason Wilson	ANK	2009	Dean Terry	WEY
1989	Simon Ricketts	ANK	2010	Marton Simon	ELM
1990	Tony Richardson	ROY	2011	Katherine Trotter	ELM
1991	Tricia Davey	RIC	2012	Marton Simon	ELM
1992	Anthony Crowther	FLA	2013	Rebeka Simon / Amy Ward	ELM
1993	Stuart Crowther	FLA	2014	Edmund Haws	WEY
1994	Timothy Brabants	ELM	2015	Deborah Kerr	SKR
1995	Paul Darby Dowman	ELM	2016	Magnus Gregory	LON
1996	Daniel Golder	BAN	2017	Ieuan James	FOR
1997	Abigail Cattle	RDG	2018	Emma Russell	CLM
1998	Richard Darby Dowman	ELM	2019	Daniel Atkins	RDG
1999	Richard Darby Dowman	ELM	2020	No events	
2000	Richard Darby Dowman	ELM	2021	Zavier Hinves	SOU
2001	Jenny Spencer	HER	2022	Kristina Armstrong	LKR

Men's Canoe

Dewar Cup					
Winner Men's A C1 200m at National Championship Event					
2012	Richard Jeffries	NOT	2018	Iain Weir	BAN
2013	Richard Jeffries	NOT	2019	Joseph Hayman-Joyce	WEY
2014	Richard Jefferies	NOT	2020	No event	
2015	Christopher Calvert	FLA	2021	Thomas Lambert	LIN
2016	Christopher Calvert	FLA	2022	Ben Phillips	RIC
2017	Dmitrijs Bogdanovs	FOX			

Doug Saxby Trophy					
To the winner of the Senior A C1 500m at the National Championship Event					
1999	Stephen Train	FLA	2013	Marko Csokasi	RIC
2000	Stephen Train	FLA	2014	James Styan	FLA
2001	Karl Yurkwich	RLS	2015	James Styan	FLA
2002	Matthew Lawrence	LBZ	2016	Iain Weir	BAN
2003/4	No event		2017	Iain Weir	BAN
2005	Matthew Lawrence	LBZ	2018	George Caines	NOT
2006	Matthew Lawrence	LBZ	2019	Arthur Leech	RIC
2007	Matthew Lawrence	LBZ	2020	No event	
2008/10	No Event		2021	Thomas Lambert	LIN
2011	James Train	FLA	2022	Jonathon Jones	FLA
2012	Matthew Lawrence	LBZ			

SPRINT RACING PERPETUAL TROPHIES

Men's Canoe continued

Sidney Rowe Cup					
To the winner of the Senior A C1 1000m at the National Championship Event					
1979	W Reichenstein	IRV	1999	Stephen Train	FLA
1980	W Reichenstein	IRV	2000	Stephen Train	FLA
1981	Stephen Train	FLA	2001	Anthony Crowther	FLA
1982	Marcus Gohar	RIC	2002/4	No event	
1983	Marcus Gohar	RIC	2005	James Train	FLA
1984	Andrew Train	FLA	2006	Matthew Lawrence	LBZ
1985	Andrew Train	FLA	2007/10	No event	
1986	Andrew Train	FLA	2011	Matthew Lawrence	LBZ
1987/8	No event		2012	Matthew Lawrence	LBZ
1989	Andrew Train	FLA	2013	James Train	FLA
1990	No event		2014	James Styan	FLA
1991	Andrew Train	FLA	2015	James Styan	FLA
1992	Stephen Train	FLA	2016	Iain Weir	BAN
1993	Andrew Train	FLA	2017	Iain Weir	BAN
1994	Stephen Train	FLA	2018	Nerijus Budrikis	WOR
1995	Eric Jamieson	WEY	2019	Arthur Leech	RIC
1996	Derek Hall	RDG	2020	No event	
1997	Stephen Train	FLA	2021	Jonathan Jones	FLA
1998	Stephen Train	FLA	2022	Arthur Leech	RIC

Women's Canoe

Sam Rippington Trophy					
Winner Women's Senior C1 200m at National Championship Event					
2016	Chloe Bracewell	HPP	2020	No event	
2017	Katie Reid	HPP	2021	Katie Reid	FOR
2018	Chloe Bracewell	IND	2022	Katie Reid	FOR
2019	Emily Hewitt	SOU			

Girl's Canoe

Skinner's Salver					
For the best performance by a Female Junior C1 at the National Championships					
2011	Emily Hewitt	SOU	2018	Alix Aitchison and	IND
2012	Emily Hewitt	SOU		Charlotte Carey	IND
2013	Emily Hewitt	SOU	2019	Alix Aitchison	NOT
2014	Emily Hewitt	SOU	2020	No events	
2015	Georgina Pryor	LEE	2021	Ella Kendal and	NOT
2016	Ruth Bennett and	FLA		Hannah Page	NOT
	Lydia Downing-Clarke	FOR	2022	Hannah Page	NOT
2017	Ruth Bennett	FLA			

SPRINT RACING PERPETUAL TROPHIES

Boy's Canoe

Adjutants Cup					
To the winner of the Under 18 C1 500m at the National Championship Event					
1981	Andrew Train	FLA	1992	Thomas Love	RLS
1982	Michael Train	FLA	1993	Jonathon Love	RLS
1983	Warren Ashman	FLA	1994	Karl Yurkwich	RLS
1984	Miles Broadbent	FLA	1995	Karl Yurkwich	RLS
1985	Jonathan Summers	EXE	1996	Jonathon Love	RLS
1986	Paul Parker	WYR	1997	Toby Shipway	LBZ
1987	Mark Parsloe	FLA	1998	Matthew Lawrence	LBZ
1988	Mark Parsloe	FLA	1999	Toby Shipway	LBZ
1989	Alex Martin	FLA	2000	Matthew Lawrence	LBZ
1990	Alex Martin	FLA	2001	Lee Watson	RLS
1991	Thomas Love	RLS			
Reassigned – Male Junior Paddler with best C1 performance at the National Championship Event					
2002	James Train	FLA	2013	Marko Csokasi	RIC
2003	Simon Avery	FLA	2014	Ben Phillips	RIC
2004	James Train	FLA	2015	Ben Phillips	RIC
2005	Gareth Hunt	FLA	2016	Adrian Meikle-Briggs	RIC
2006	James Styan	FLA	2017	Arthur Leech	RIC
2007	Iain Weir	BAN	2018	Thomas Lambert	LEE
2008	Iain Weir	BAN	2019	Thomas Lambert	LEE
2009	Iain Weir	BAN	2020	No events	
2010	Adam Stannard	RLS	2021	George Bell	FLA
2011	Marko Csokasi	RIC	2022	Owen Chisholm	RIC
2012	Max Jamieson	WEY			

Canoe

The Andrew Bonham Memorial Award		
500m C4 Memorial Race		
2019	M Lawrence/J Styan/R Weir/I Weir	LBZ/FLA/BAN/BAN
2020	No event	
2021	M Gohar/C Mavra/B Philips/J Berzilla	Richmond CC
2022	Q Laws/A Sarkisyan/ Z Veale A Makaibuskui	RIC/RIC/RIC/CDF

Paracanoe

Jonathon Broome Memorial Trophy					
Paracanoe Men's Kayak A					
2013	Ian Marsden	TRE			
Reassigned – Paracanoe Athlete of the Year as voted for by the athletes and staff of the British Canoeing Paralympic programme					
2015	Jonny Young	IND	2019	Charlotte Henshaw	IND
2016	Tim Lodge	WEY	2020	Rob Oliver	SOL
2017	Tim Lodge	WEY	2021	Stuart Wood	BTH
2018	Emma Wiggs	IND	2022	Jack Evers	IND

SPRINT RACING PERPETUAL TROPHIES

Inter-Club Competition

MacGregor Paddle			
For the winning club at the Inter-Club Championship Regatta			
1977	Fladbury Paddle Club	2000	Elmbridge Canoe Club
1978	Fladbury Paddle Club	2001	Elmbridge Canoe Club
1979	Fladbury Paddle Club	2002	Elmbridge Canoe Club
1980	Fladbury Paddle Club	2003	Elmbridge Canoe Club
1981	Fladbury Paddle Club	2004	Leighton Buzzard C.C.
1982	Fladbury Paddle Club	2005	Elmbridge Canoe Club
1983	Richmond Canoe Club	2006	Wey Kayak Club
1984	Richmond Canoe Club	2007	Leighton Buzzard Canoe Club
1985	Fladbury & Lincoln – Joint Winners	2008	Wey Kayak Club
1986	Fladbury Paddle Club	2009	Wey Kayak Club
1987	Richmond Canoe Club	2010	Reading Canoe Club
1988	Lincoln Canoe Club	2011	Reading Canoe Club
1989	Richmond Canoe Club	2012	Reading Canoe Club
1990	Richmond Canoe Club	2013	Norwich Canoe Club
1991	Elmbridge Canoe Club	2014	Richmond Canoe Club
1992	Fladbury Paddle Club	2015	Richmond Canoe Club
1993	Richmond Canoe Club	2016	Chelmsford & Wey – Joint Winners
1994	Fladbury Paddle Club	2017	Richmond Canoe Club
1995	Wey Kayak Club	2018	Norwich Canoe Club
1996	Wey Kayak Club	2019	Wey Kayak Club
1997	Elmbridge Canoe Club	2020	No event
1998	Elmbridge & Wey – Joint Winners	2021	Richmond Canoe Club
1999	Richmond Canoe Club	2022	Richmond Canoe Club

Marsport Trophy			
For the winning club of the Mini Sprint Series			
2009	Lincoln Canoe Club	2016	Norwich Canoe Club
2010	Leighton Buzzard Canoe Club	2017	Linlithgow Kayak Racing Club
2011	Leighton Buzzard Canoe Club	2018	Wiltshire Youth Canoe Club
2012	Royal Leamington Spa CC	2019	Wiltshire Youth Canoe Club
2013	Royal Leamington Spa CC	2020+21	No events
2014	Norwich Canoe Club	2022	Nottingham Kayak Club
2015	Norwich Canoe Club		

National Regattas Inter-Club Medal Competition			
Club with highest number of medal winners over the year			
2018	Norwich Canoe Club	2021	Nottingham Kayak Club
2019	Norwich Canoe Club	2022	Nottingham Kayak Club
2020	No events		

Regatta Volunteers Inter-Club Award			
Club with most Volunteer points			
2019	Leighton Buzzard Club	2022	Leighton Buzzard Canoe Club
2020 + 21	No events		

BRITISH CANOEING SPRINT RACING COMPETITION RULES



Issue date: 1 January 2023

Introduction

The purpose of this document is to provide the Rules that govern:

- a) Sprint Racing (named Canoe Sprint by the International Canoe Federation)
- b) The conduct of that Racing

It follows as closely as possible the wording and sequence of the International Canoe Federation Canoe Sprint and Paracanoe Competition Rules taking effect from 1st January 2023. However, it also contains some additional regulations or changes to those rules as determined from time to time by the British Canoeing Sprint Racing Committee. Where there is ambiguity, or these rules are unclear, the ICF ruling should be applied and will take precedence.

The following words, acronyms and abbreviations are referred to in this document:

- BC** **British Canoeing** (the Governing Body for Canoeing in Great Britain)
BOA **British Olympic Association** (the National Olympic Committee for Great Britain)
CW **Canoe Wales**
CANI **Canoe Northern Ireland**
ICF **International Canoe Federation**
IOC **International Olympic Committee**
NF **National Federation**
NOC **National Olympic Committee**
SCA **Scottish Canoe Association**
SRS **Sprint Racing Section of BC** (responsible to BC for the control of Sprint Racing competitions in canoes and kayaks over distances up to and including 5000 metres)
SRC **Sprint Racing Committee** (elected by the Sprint Racing Section to carry out the objectives of the Section on a day-to-day basis).
RC **Regatta Committee** (a sub-committee of the SRC responsible for organising and conducting National Championships and other competitions on behalf of BC)

Aims and Definition of Sprint Racing

The aim of a canoe sprint competition is for people to race each other in kayaks and canoes over a clearly defined unobstructed course in the shortest possible time according to the rules. The course should be as flat and still as can be obtained. Although the course length may be any distance up to and including 5,000 metres and competition organised for any craft, the official events and distances recognised by BC and ICF are the following:

For men and women:	K1, K2, K4, C1, C2, C4	200, 500 and 1000 metres
	K1, K2, K4, C1, C2	5000 metres
For some Junior events:	K1, K2, K4, C1, C2	2500 metres
Paracanoe, men and women Kayak:	KL1, KL2, KL3	200 metres
Paracanoe, men and women Va'a:	VL1, VL2, VL3	200 metres

BRITISH CANOEING SPRINT RACING COMPETITION RULES

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BRITISH CANOEING SPRINT RACING COMPETITION RULES

Part I - GENERAL REGULATIONS

There are three levels of competition – International, National Status and Club/Regional

1. INTERNATIONAL COMPETITIONS

- 1.1 The ICF has ruled that all International Competitions must take place in accordance with the ICF Canoe Sprint Competition Rules. All competitions organised by either BC or a BC Club are considered international if competitors of a foreign country are invited to participate.
- 1.2 These competitions must be supervised or managed by at least two accredited officials in possession of valid ICF Canoe Sprint Official cards.
- 1.3 Foreign Nationals (Complies with ICF GR 3).
 - 1.3.1 No member of a foreign Federation or club may compete or be invited to compete in an open or national competition within the United Kingdom without permission from the RC.
 - 1.3.2 Only athletes who are members of a club or associations affiliated with a National Federation have the right to participate in an International competition.
 - 1.3.3 An athlete having satisfied 1.3.2 and having obtained the written consent of the athlete's National Federation is permitted to compete individually in an International competition.
 - 1.3.4 A competitor may take part on behalf of BC provided they are domiciled in the UK, if they obtain the authorisation of their Federation of origin. This authorisation has to be sent before 30th November prior to the year concerned to the ICF Headquarters with a copy to the Chairman of the ICF Canoe Sprint Committee.
 - 1.3.5 If they have lived for 2 (two) years or more in the UK, the approval of their Federation of origin is no longer required.
 - 1.3.6 An athlete cannot compete for more than one (1) National Federation in any calendar year.

2 BRITISH NATIONAL STATUS COMPETITION

- 2.1 All competitions announced as National Status competitions shall be held in accordance with BC Sprint Racing Competition Rules.
- 2.2 Only athletes who are members of clubs affiliated with a National Federation have the right to participate in a National Status Competition.
- 2.3 National Status Competitions are those at which promotions within the National ability classes take place.
- 2.4 National Status Competitions are organised on behalf of BC.
- 2.5 All competitors at National Status Competitions must be fit and healthy enough to compete at this level, and registered with the RC as holding current SCA, CW, CANI or BC, On The Water membership or, if racing in a Junior 'D' class, Intermediate Class or Mini Sprint, be a Club Associate member of an affiliated club.
- 2.6 Organisers of National Status Competitions shall declare the competition is being held under BC sprint racing rules.
- 2.7 National Status Competitions require permission from the SRC. Applications shall be directed to the Secretary of the SRC. Such permission would require:
 - 2.7.1 Observance of BC Sprint Racing Competition Rules. With inclusion of the words "Under BC Sprint Racing Rules" on all printed matter issued in connection with the competition
 - 2.7.2 Within 14 days of the competition, event risk assessments are to be sent to the SRC.
 - 2.7.3 Compliance with Rule 13.2 regarding Regatta Officials.
- 2.8 National Status Competitions will be included in the official BC Calendar of events.
- 2.9 Within 14 days of the close of a competition a completed regatta programme with the official results, shall be sent by the Organisers to the SRC Secretary canoesprint.secretary@vol.britishcanoeing.org.uk.

BRITISH CANOEING SPRINT RACING COMPETITION RULES

3 CLUB AND REGIONAL REGATTAS

During 2023 the rules below will be reviewed and may be changed. Any changes made will be published on the SRC website. This review will be undertaken by the working group which the SRC has set up to look at expanding the number and diversity of local and regional sprint events.

- 3.1 BC members are allowed to participate with non-BC members.
- 3.2 No promotions will be made at Club or Regional Regattas. Performance will not affect National Ranking.
- 3.3 The Rules and Classes may be altered to suit the event requirements.
- 3.4 Organisers of Club & Regional Regattas can include their event in the Handbook Competition Calendar (at no charge) and may place an advert in the Handbook for the event on payment of the appropriate fee.
- 3.5 Club & Regional status competition can be included in the official BC Calendar of events.
- 3.6 Organisers are asked to encourage all who take part to become BC members. Where fees are charged, BC members should be charged a reduced fee.
- 3.7 To ensure uniformity, organisers are asked to forward the event Risk Assessment to the SRC and follow BC Sprint Racing Competition Rules as far as possible. Organisers are asked to make it clear in all literature what the event rules will be. Within 14 days of the close of a competition a completed regatta programme with the official results should be sent to the SRC Secretary canoesprint.secretary@vol.britishcanoeing.org.uk.
- 3.8 British Canoeing's information paper 'Running a local Sprint Regatta' is available from the SRC website on this link: [14.-Running-a-Sprint-Regatta.pdf \(britishcanoeing.org.uk\)](#)

4 COMPETITIONS OUTSIDE OF THE UNITED KINGDOM

- 4.1 No Club or member of a Club or individual member of BC may compete at a Canoe Sprint event outside the United Kingdom without permission from the SRC. See Rule 1.3.3

5 MEMBERSHIP OF MORE THAN ONE CLUB OR CHANGE OF CLUB

- 5.1 When a competitor is a member of two or more clubs, they shall, by **March 1st** have declared the name of the club in whose colours they will race for that year.
- 5.2 A competitor joining a second club after March 1st must continue to race for their first club, unless prior consent of their old club has been obtained. The consent shall not be withheld in the case of a change of residence from one area to another.

6 ATHLETE ELIGIBILITY AND SPONSORSHIPS

- 6.1 The rules of the International Canoe Federation or the National Olympic Committee shall apply to all matters relating to Amateur Status. At present there are no regulations specific to Amateur Status other than as broadly listed in 6.3.
- 6.2 **Foreign Teams** may receive compensation/assistance authorised by BC to cover financial expense to participate in a UK competition. Under no circumstances shall any payment exceed the sum of actual expenditure.

BRITISH CANOEING SPRINT RACING COMPETITION RULES

6.3 **A Competitor May Not:**

6.3.1 In the practice of sport and in the opinion of BC manifestly contravene the spirit of fair play in the exercise of sport, particularly by the use of doping or violence.

6.3.2 Have allowed their person, name, picture or sport performance to be used for advertising, except when BC or its Committees enter into a contract for sponsorship or equipment. All payments must be made to BC and not to the individual.

6.3.3 Participate in any competition on condition of a financial consideration.

6.4 **A Competitor May Accept**, financial support during a period of preparation and/or actual competition which shall be limited by the rules of BC and its Committees.

6.4.1 Assistance administered through the BOA or BC Performance Programmes: living expenses, insurance cover in respect of accidents, illness and disability; personal property, sports equipment and clothing; cost of medical treatment, physiotherapy and authorised coaches.

6.4.2 Compensation authorised by their NOC or BC Performance Programmes, in the case of necessity, to cover financial loss resulting from their absence from work or basic occupation in the Olympic Games and sports competition or other canoeing activities. In no circumstances shall payment made under this provision exceed the sum which the competitor would have earned in the same period. The compensation may be paid with the approval of BC or BOA at their discretion.

6.4.3 Prizes won in competition or other canoeing activities, within the rules established by BC and its Committees and the ICF.

6.5 In all cases which are not covered by the above regulations (6.2 and 6.3), the corresponding rules of the ICF or the BOA shall apply.

6.6 **Procedures to be undertaken by those seeking, obtaining and disbursing sponsorships, sports scholarships and awards.**

6.6.1 Details of all personal sponsorship arrangements, sports sponsorships and other awards, offered to or negotiated by individuals or organisations, must be submitted by beneficiaries to the BC Committee responsible for administering the particular activity, for registration and approval. When doubt exists regarding the appropriate Committee to whom information should be furnished, BC Headquarters will arrange for the necessary action to be undertaken.

6.6.2 A central registry of all personal sponsorship arrangements will be maintained by BC Headquarters and will be available for inspection by authorised officers of BC.

6.6.3 **The term "personal sponsorship arrangements negotiated by beneficiaries" shall include:**

6.6.3.1 Payments made to athletes selected through the UK Sport Performance Matrix and administered by BC Performance Director.

6.6.3.2 Sponsorship provided by individuals (not family), commercial, industrial, and public authorities, National and Regional Sports Aid Foundations, Local Authorities, Trust Funds, Educational Institutions and agencies, Clubs and other miscellaneous supportive groups.

7 **CLASSIFICATION OF PADDLERS**

7.1 **Junior:** A Junior is a competitor under 18 years of age at the beginning of the current calendar year. A Junior will have junior ability racing status unless promoted to senior ability racing status. Each Junior ability status competitor will be nominated to compete in one of the Junior ability classes as laid down from time to time by the SRC. Juniors who have Senior ability status may race in their appropriate Junior age group in age group designated events, for international selections or National Championship.

7.2 **Senior:** A Senior is a competitor who is over 18 years of age at the beginning of the calendar year. Each Senior status competitor will be nominated to compete in one of the Senior ability classes as laid down from time to time by the SRC.

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- 7.3 **Master (Veteran):** The first year a paddler may compete in a Masters event is the year that their thirty-fifth (35th) birthday falls in, provided he or she is not already nominated to compete in Men's A or Women's A who, irrespective of their age cannot compete in Master events. On a regatta-by-regatta basis a Master may elect to race as a Senior.
- 7.4 **Promotions:** Entry into and promotion between classes will be at the discretion of the SRC which will be based on results gained in competition at National regattas and venues nominated by the SRC. An athlete may, on application by his Team Leader with the SRC's agreement, revert to a lower class.
- 7.5 **Mixed Events:** Mixed events where male and female competitors take part in the same boat are permitted.
- 7.6 **Status:** Status in Kayaks has no bearing on status in Canoes and the converse. Similarly, the status in the Paddle-Ability class and/or the Paracanoe classes has no bearing on the status in the ability Kayak and/or Canoe classes, e.g., a Senior A class competitor in Canoe may be in a different Senior class in Kayak.

8 BRITISH NATIONAL CHAMPIONSHIP TITLE AND TROPHIES

- 8.1 In order to be eligible to win a British National Championship title a competitor must:
- 8.1.1 Be a British Citizen and be a current full SCA, CW, CANI or a British Canoeing 'On The Water' member, (Juniors registered as a 'Club Associate Member', do not need full individual British Canoeing membership) and not currently representing or in the selection process to represent another country; or
- 8.1.2 Have been resident in the United Kingdom and a SCA, CW, CANI or a British Canoeing 'On The Water' member, (Juniors registered as a 'Club Associate Member', do not need full individual British Canoeing membership) for at least 2 (two) calendar years. For clarification, the residency shall be calculated as being the 2 years immediately preceding January 1st in the year of the relevant competition; or
- 8.1.3 Be a Refugee athlete who gained UN Refugee status in the UK.
- 8.2 When entering a National Championship, competitors agree to abide by BC Eligibility Policy and comply with the requirements and procedures of the National Championships organisers.
- 8.3 If a competitor is not a British Citizen and has not been Resident in the United Kingdom and a member of British Canoeing, including, SCA, CW & CANI for the necessary 2 (two) years (in accordance with 8 1.1. above) and there are exceptional circumstances then they may apply to the Head of Governance and Compliance requesting discretion to be exercised. Any applications should be submitted at least four weeks prior to any National Championships event in which they wish to compete.
- 8.4 Decisions are final and in the absolute discretion of the British Canoeing Chief Executive who shall consider each case on its own merit. Decisions do not create a precedent for any future cases.

N.B. see also Part V - Special Rules for British National Championship Events

BRITISH CANOEING SPRINT RACING COMPETITION RULES

Part II - CLASSES AND BUILDING REGULATIONS

9 WEIGHT AND DIMENSION LIMITS

Competitors are to ensure their boats conform to the technical requirements stated below. Penalties as described in Part IV, Regulation 31 will be imposed when rules are not complied with.

	Paracanoe		K1	K2	K4	C1	C2	C4
	Kayak	Va'a						
Max length	520	730	520	650	1100	520	650	900
Min weight	12	13**	12	18	30	14	20	30
Min width	50*							
Measurements in cm, weights in kg.								
<p>Note: The length of a kayak or a canoe shall be measured between the extremes of the stem and the stern. Stem-bands or other projections of the stem or stern, if any, are to be included. Any rudder forming a continuation of the length of a kayak is not to be included in the measurement.</p> <p>The weight of a boat shall not include any loose fittings, any fixed absorbent material must be dry.</p> <p>Paracanoe adaptation equipment is not regulated. It is included as part of the weight of the boat if it is securely attached.</p> <p>* Measured 10cm from bottom of hull. ** Including hull, ama & iako (crossbeams).</p>								

10 ATHLETE IDENTIFICATION AND TRADEMARKS

- 10.1 Boats, accessories and clothing may carry trademarks, advertising symbols and written text.
- 10.1.1 Advertising materials should be placed in such a way that they do not interfere with athletes' identification and do not affect the outcome of the race.
- 10.1.2 If an athlete's name is displayed, it shall be placed on each side of the boat under the cockpit.
- 10.1.3 Athletes should wear clothing in compliance with the club uniform colours registered with the SRC, or those of the national federation they represent if competing as an invited international athlete.
- 10.1.4 The advertising of tobacco, smoking and strong spirit drinks is not permitted.
- 10.1.5 Political messages, images, symbols and written text unrelated to sport funding are not permitted.
- 10.1.6 No part of the athlete's body should be attached to the boat in anyway. Such attachments must be removed.
- 10.1.6.1 Any strapping used to connect a paracanoe athlete with the boat must be of a "quick release" type which must be demonstrated by the athlete prior to the competition.

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11 CONSTRUCTION

- 11.1 The boats (kayaks and canoes) must have only one hull (monohull construction) and only a single keel line. Multihull and Catamaran style boats are not allowed.
- 11.2 The boat must be constructed so that it remains buoyant, supports the crew and floats in a horizontal position when filled with water. Boats inherent buoyancy must be supplemented by additional, visible fixed flotation material or by the provision of sealed bulk heads.
- 11.3 All boats must be built symmetrically along their longitudinal axis.
- 11.4 The hull section and longitudinal lines of the hull of the kayak and canoe must not be concave. Section and longitudinal lines of the hull of a Va'a may be concave or convex.
- 11.5 The deck construction may not be higher on any horizontal point than the highest point of the front edge of the first cockpit.
- 11.6 No foreign substance may be added to the surface of the boat which give the athlete an unfair advantage. The use of hull lubricant is not permitted.
- 11.7 No part of the boat (including the seat and the footrest or paracanoe adaptive equipment) may have moving parts which can be used to help propel the boat in a way which would give athletes an unfair advantage.
- 11.8 A boat or athlete may be equipped with a device which provides real time feedback on performance for use by television or sport presentation. Devices may be used by the athlete for analysis following a race but in no circumstances, may the device be used to provide real time feedback to the athlete during a race.

Kayaks

- 11.9 Kayaks shall have one rudder. The rudder must be placed under the hull of the boat.
- 11.9.1 The boat must be designed for athletes to sit-in (Kayak type) except Paracanoe, where sit-on (Surf Ski type) kayaks are permitted.
- 11.9.2 Weed deflectors can be a maximum 20cm long and cannot be deeper than the rudder.

Canoes

- 11.9.1 Steering rudders or any guiding apparatus directing the course of the canoe are prohibited.
- 11.9.2 C1 and C2 boats may be entirely open. The minimum length of the opening shall be 280cm and the top edge of the hull (gunwale) can extend maximum 5cm into the craft along the whole opening. The boat can have a maximum of 3 strengthening bars with a width of maximum 7cm each.
- 11.9.3 C4 canoes may be entirely open. The minimum length of the opening shall be 390cm and the top edge of the hull (gunwale) can extend maximum 6cm into the craft along the opening. The boat can have maximum 4 strengthening bars with a width of maximum 7cm each.

Va'a

- 11.10 The Va'a must be a single hull Va'a, rigged with a single ama (outrigger pontoon) and double iako (crossbeams), separated by at least one seat.
- 11.10.1 Either sit-in or sit-on-top Va'a may be used.
- 11.10.2 Rudders, skegs and projecting keels are not permitted.

11.11 Innovations

- 11.11.1 Significant innovations in equipment including, but not limited to, boats, related equipment and clothing, must comply with items 3.2.7 and 3.2.8 of the ICF Canoe Sprint Racing Rules.

11.12 Paracanoe

- 11.12.1 Modifications are permitted for stability if the boat is made slower. (i.e. stabilizing pontoons).
- 11.12.2 Adaptation equipment is not regulated. It is included as part of the weight of the boat if it is securely attached.

BRITISH CANOEING SPRINT RACING COMPETITION RULES

- 11.12.3 Any strapping used to connect an athlete to their boat and the athlete with their paddle must be of a “quick release” type.
- 11.12.4 Athletes are required to wear a Personal Floatation Device (PFD) that meets minimum requirements of BS EN ISO 12402-5. Athletes may not wear a PFD if they sign a waiver indicating they have excellent swimming ability, and not wearing a PFD presents no risk of personal injury or harm.

12. Boat Control

- 12.1 The length of a kayak or a canoe shall be measured between the extremes of the stem and the stern. Stem-bands or other projections of the stem or stern, if any, are to be included. Any rudder forming a continuation of the length of a kayak is not to be included in the measurement
- Before Weighing the Boat:**
- 12.2 Unless attachments consisting of water absorbent material are absolutely dry, they will be removed, along with all loose items, before the boat is weighed.

Part III - ORGANISATION OF COMPETITIONS

13 Officials

Duties of the Organising Committee

- 13.1 An Organising Committee is responsible for the preparation and running of the competition. The Organising Committee shall, in particular:
- 1) Fix the date and the programme of the regatta in agreement with the SRC.
 - 2) Draw up and distribute the advance programme including the date and time of the team leaders' meeting.
 - 3) Make available a stretch of water and technical equipment conforming to the present Sprint Racing Competition Rules.

13.2 **Competition Committee**

The competition will be managed by a Competition Committee consisting of:

- 1) Chief Official
- 2) Chief Judge
- 3) Deputy Chief Judge

For National status competitions two members of the competition committee must be registered Regatta Officials of the BC Sprint Racing Section.

International regattas must be supervised or managed by at least two accredited officials in possession of valid ICF Canoe Sprint Official cards.

13.3 **Duties of the Competition Committee:**

- a) Direct and supervise the competition.
- b) Postpone the competition and decide, if possible, when the competition can resume in the event of inclement weather or other unforeseen circumstances.
- c) Decide on matters concerning disqualification in cases where the rules have been broken during the competition.
- d) Hear any protests that may be made and settle any disputes that may arise.
- e) Hear the opinion of the Course Umpire who controlled the race in which the infraction was said to have occurred, before any decision is made regarding an alleged infraction of the rules.
- f) Make decisions based on the BC Sprint Racing Competition Rules and the Terms and Conditions of Participation and if necessary, impose penalties as described in Part IV, Regulation 31.
- g) Penalties in accordance with BC Rules or the SRC Disciplinary Regulations may also be imposed i.e., disqualification for a longer period than the duration of the competition in question.
- h) Should a competitor be injured during a heat, the Committee may allow them to participate in another heat.

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13.4 If its nature and extent demand, each competition shall be held under the supervision of the following officials:

Chief Official	Aligner(s)
Chief Judge	Starter(s)
Deputy Chief Judge	Course Umpire(s)
Competition Manager	Turning Point Umpire(s)
Boat Controllers	Finish Line Judge(s)
Announcer	Media Officer
	Event Secretary

If circumstances permit, one person may function in two of the above positions.

13.5 The Chief Official, Chief Judge, Deputy Chief Judge, Competition Manager, Starter, Umpires, should, if possible, be registered BC Regatta Officials.

13.6 Unauthorised persons must not enter any official's area unless invited by the Competition Committee or Jury.

13.7 **The National Championship Competition Jury:**

- a) A protest made during the competition must be submitted in writing (hard copy or electronic) by the Club's Team Leader to the Competition Committee not later than 20 minutes after publication of the results.
- b) An appeal against a decision of the Competition Committee must be addressed to the Chairman of the Jury in writing (hard copy or electronic) not later than 20 minutes after the Team Leader has been informed, in writing (hard copy or electronic) by the Chair of the Competition Committee, of the decision against the competitor or crew.
- c) Final authority for National Championship Competitions shall rest with a Jury composed of a Chairman and four members
- d) The members of the Jury shall be appointed by a quorum of the SRC prior to the commencement of the competition. (In the event of a quorum not being present, the Chairman, Vice Chairman, or another official of the SRC and two Committee members may appoint the Jury).
- e) The Chairman of the Jury will be the Chairman or Vice-Chairman of the SRC or an elected SRC member.
- f) Subordinate to this Jury are the Chief Official and other officials shown in Rule 13.2.
- g) The decision of the Jury is final.

13.8 **Duties of Officials**

13.8.1 **The Chief Official**, who is also the Chair of the Competition Committee, will decide on all matters arising during the competition that are outside of these rules.

With the confirmation of the Competition Committee, may disqualify any competitor who behaves improperly or who, by their conduct or speech, shows contempt towards the competition officials, other competitors, or onlookers (see Rule 31.6).

All officials are responsible to the Chief Official.

13.8.2 **The Chief Judge** will:

- a) Cooperate with the Chief Official and substitute for the Chief Official where necessary.
- b) Collect the forms necessary for the administration of the competition.
- c) Formulate and record the decisions of the Competition Committee relating to any protests.

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13.8.3 The Deputy Chief Judge will:

- a) Cooperate closely with the Chief Official and the Competition Manager and will handle the administrative tasks of the competition.
- b) Check the personal identification documents of the competitors and their age if necessary.
- c) Liaise with computer room operatives and supervise the processing of data and results.
- d) Check the results, race by race during the competition and prepare the list of the boats qualified to the next phase of the competition.

13.8.4 The Competition Manager will

- a) Keep in constant contact with the officials and technical support staff.
- b) Supervise the races and ensures that the competition schedule is followed without unnecessary delay.
- c) Complete the competition administration (competition schedule, draws, results, technical documents, boat control, press, protest etc.).
- d) Ensure that the announcer gives all the necessary information about the races such as the start order, the name of any athletes failing to start and the results.

13.8.5 The Boat Controller(s)

- a) The ID Controller(s) (International competitions only) must only allow athletes to compete in the race whose identification has been checked and whose body number conforms to the rules. They will also check for any performance enhancing foreign substance on the boat and any forbidden devices as mentioned in Part II. The Official in charge must inform the Competition Committee in the case of a missing boat or infringement of the competition rules.
- b) Post-race Boat Controller(s) will check boats after races. One or more competitors may be selected at random to bring their boats to Boat Control after each race, except in the case of a National Championship finals where the first 4 boats to finish will be selected.

13.8.6 The Starter(s) will:

- a) Decide all matters concerning the start of the races,
- b) Be solely responsible for resolving false start issues.
- c) Ensure that the start equipment is in working order.
- d) Communicate with the Competition Committee before each race. After having received a signal from them that all is ready, order the boats to their places.
- e) Utilise English in all communications with the athletes, plus other languages if possible and deemed appropriate in the circumstances (International competitions only)
- f) Carry out the start according to the Racing Rules.
- g) Ensure that the circumstances at the start are free from any hindrance.

All decisions of the Starter are final.

13.8.7 The Aligner the duty of the aligner is to bring the boats to the starting line with the least possible delay. Their duties will be to check the competitors team colours and lane numbers.

If an automatic start system is in use, the Aligners duties may be performed by Course Umpires who will be positioned behind the starting line. They will have an unobstructed view inside the start system's boots.

When all boats are aligned and in the boots the aligner will raise a white flag signifying to the starter that they are in position to start. When the boats are not in the boots, the aligner shall raise a red flag. If there is no automatic starting system, the aligners may be repositioned.

13.8.8 The Course Umpire(s) will:

- a) Ensure that during a race the Racing Rules are complied with, particularly those described at 26 to 29 in Part IV of these regulations.
- b) Show a white flag after the race has completed if there is no infraction of the rules to report.
- c) Show a red flag after the race has completed if there is an infraction of the rules.

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- d) Report verbally (by radio) immediately any infraction to the Competition Committee if the rules are broken.
 - e) When requested, present a written report (hard copy or electronic) to the Competition Committee within 10 minutes in such a case.
 - f) Follow the 1,000m races in a motorboat: Ideally, races should be accompanied by two (2) Course Umpires in two (2) separate catamaran type boats.
 - g) Do not follow the 200m races: Up to two (2) Course Umpires in two (2) separate motorboats may be positioned before the start line. Up to two (2) Course Umpires in two (2) separate motorboats may be positioned behind the finish line.
 - h) In 500m races either system as used for 1,000, or 200m races may be adopted for the Course Umpires to do their task. The Chief Official will decide on the most appropriate system to be used, based on their opinion of the course features.
 - i) If necessary, judge the race from the Finish Tower: as instructed by the Chief Official.
 - j) Be completely unhampered during the race: No one except the Course Umpire and the driver shall be admitted to the boat reserved for them.
 - k) In the case of external hindrance or obstruction, stop the race by passing all boats in the race and waving a red flag and/or using a sound signal until all boats have stopped paddling. Immediately report the occurrence to the Competition Committee. After this all boats shall return to the start.
 - l) In long distance races with many athletes, multiple Course Umpire will be nominated.
- 13.8.9 **The Turning Point Umpires**, when a race is run along a course with one or more turning point, one Umpire, who may be accompanied by a Recorder must be stationed at every turning point, positioned where they gain the best view of the turn.
- a) The Turning Point Umpire shall ensure that the Racing Rules are complied with, particularly those described at 28 in Part IV of these regulations. The Umpire/Recorder shall make a list of all who pass the turning point.
 - b) Immediately after the race, the Turning Point Umpire shall report to the Competition Committee as to who has turned and if any infraction of the rules has taken place.
- 13.8.10 **The Finishing Line Judges** will:
- a) Be placed in a position where all lanes at the finish line can be clearly seen.
 - b) When required, time each race with at least two (2) stopwatches. When stopwatches have not recorded the same time, the slowest time will be taken as correct. The stopwatches are to be started when the electronic or optical signal from the start is received.
 - c) Decide the order in which the boats have crossed the finishing line when there is no Photo Finish system.
 - d) Use a simple majority to decide a dispute in the absence of a Photo Finish system and where the Finish Line Judges differ, regarding determining the places of two (2) or more boats. In the case of equal voting the Chief Finish Line Judge has the casting vote.
 - e) Determine the results and compare them with the photo finish results. When there is a Photo Finish system, the photo finish will be decisive.
 - f) Record the position of the athletes in the boat (with a video camera if one is available) at the time of arriving at the finish line. The Chief Finish Line Judge will decide whether the athlete is in their boat at the finish line and report to the Competition Committee if necessary.
 - g) One (1) of the Finish Line Judges will; be appointed as Chief Finish Line Judge who will:
 - i) Ensure that the timing equipment is working correctly. They may divide the work amongst the Finish Line Judges.
 - ii) Compare the official times/positions with the other Finish Line Judges at the end of each race and immediately inform the Deputy Chief Judge.
- 13.8.11 **The Announcer** shall, on the instructions of the Competition Manager, announce the start of each race, the order of the starting and the position of the competitors during the race. After the race is finished, they will announce the results.

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13.8.12 **The Media Officer** must supply all the necessary information to the representatives of the press, radio and television about the race and its progress. The Media Officer may ask for information from other officials.

13.8.13 **The Event Secretary** will:

- a) Liaise closely with, and provide administrative support to, the Competition Jury, the Competition Committee, and the Competition Manager for the duration of any competition.
- b) Liaise and provide administrative support to Team Leaders regarding late crew change or withdrawal (scratch) requests, comments and other related matters.
- c) As required, facilitate communication between the Competition Jury, the Competition Committee, the Competition Manager and Team Leaders for the duration of any competition.

It is the Officials' obligation to perform their tasks in conformity with the BC Sprint Racing Competition Rules.

Every official has an obligation to check the equipment necessary to perform their tasks is in working order. If a shortcoming is found, it must be reported to the Chief Official or Competition Manager.

Unauthorised persons must not enter any Officials' area unless they are called for by either the Competition Committee or the Jury.

14. **Invitations**

An invitation to an Open Regatta shall contain the following information:

- a) Date and place of the competition.
- b) Situation and plan of the course.
- c) Proposed events.
- d) Competition Programme.
- e) Whether the races are to be held on still or running water, up or down stream and minimum depth of water.
- f) Amount of entry fee.
- g) Address (electronic) to which entries should be sent and the last date for receiving entries. This date shall not be earlier than 14 days prior to the first day of the competition.
- h) Conditions/terms of participation.

15. **Entries**

15.1 Entries for Open National Regattas can only be made in accordance with the regulations given in the invitation. An entry shall, however, always contain the following information:

- a) Name of club or federation to which competitors belong.
- b) Classes and distances in which the competitors propose to compete.
- c) Name, sex, age, citizenship, national federation/BC membership number of competitors.
- d) Similar details of reserves if any (international competitions only).
- e) All entries should be submitted through the Online Entry System by the given deadline (10pm on the due date).
- f) Late entries are not normally accepted. The acceptance of late entries in exceptional circumstances shall be at the discretion of the Competition Committee who will charge double the entry fee.

g) **Racing Colours**

When making the entries, Clubs/squads must have given the colours of the uniform to be worn by the competitors, these colours must not be changed during the competition. ***N.B. Every sprint racing club must register their racing colours with the RC (and any planned changes). Competitors must wear correct club/squad colours visibly at all times while racing.***

15.2 The Regatta Committee will accept entries which conform with these racing rules and conditions/terms of participation up to the entry deadline. The Regatta Committee can reject or delete from the competition, entries of participants if it is found they have failed to observe the racing rules and/or the national regatta conditions/terms of participation.

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16. Regatta Programme

- 16.1 Not later than 48 hours before the first race of the regatta, the programme shall be available, giving the names and citizenship/clubs of the competitors and the results of any draws.

17. Heats and Finals

- 17.1 At least three boats must be entered before a race can be held. If the number of entries in races up to and including 1,000 metres is so great that heats are necessary, the number of kayaks or canoes in each heat and in the final must not exceed nine.
- 17.2 The division of competitors into heats shall be determined by drawing lots or by national rankings.
- 17.3 For National regattas the procedure for selecting competitors to race in finals will be based on one of two criteria: either by time or by positions as obtained in heats. The criterion used for each event will be decided by the RC and published in the programme.
- 17.4 Where the width of the course permits, eight or nine kayaks or canoes shall participate in the final if more than this number has been entered in the entire event, as follows:
- | | |
|------------------|---|
| 3 to 9 entries | Direct final. |
| 10 to 18 entries | Two heats, one Final. |
| 19 to 45 entries | Required number of heats (3-5), two Finals. |
| 46 and more | Required number of heats (6 or more), three Finals. |
- 17.5 When making the draw, the difference between the number of competitors in the heats of the race shall not exceed one. If the number of competitors in the heats varies, the earlier heats shall have the largest numbers.
- 17.6 Any crew which has not taken part in a heat as instructed shall not be allowed to compete in the final. The composition of a crew which has qualified for semi-finals or for the final must not be changed.
- 17.7 Heats and finals shall be run on the same stretch of water.
- 17.8 For races of more than 1,000 metres, heats shall not be held, and all boats taking part shall start simultaneously.
- 17.9 Should the width of water not permit a simultaneous start, starts at regular intervals shall be permitted.

18. Team Leaders' Meeting

At least 1 hour before the first race of the competition, a team leaders' meeting will have been held. This meeting may be held online. The Regatta Committee reserves the right to hold this meeting online in the week preceding the competition. The Chief Official will describe the regatta course and all other arrangements, which should be adhered to for the duration of the competition. The Chief Judge will describe the competition programme and ask for any changes to the entries. At this meeting the names of team leaders should be confirmed.

19. Alterations to Entries and Withdrawals

- 19.1 Notification of any alterations in the crews up to the Team Leaders' meeting must be submitted in written (electronic) form to the Chief Official. After the Team Leaders' meeting, any alterations must be given in written (hardcopy or electronic form) to the Event Secretary at least **one hour before the race**.
- 19.2 The withdrawal from a race is considered final and no renewed entry of the same crew is allowed.
- 19.3 Every competitor whose entry has been confirmed, at the time of the team leaders meeting or subsequently not deleted (at least one hour before the race) via the Event Secretary is obliged to take part in their event.

20. Alterations in the sequence of events

The sequence of races given in the programme and the intervals between races as given in the racing programme are binding on the organisers. Alterations cannot be made unless the respective Team Leaders at the competition give their consent.

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21 **Course, Markings and Layout**

The course consists of up to nine lanes, number one shall be on the left then number two and so on. *When there is television coverage of an event, the lane numbering may be in the opposite direction – from right to left, so that the list of competitors and their lanes shown on the television screen match the appearance of the races to be televised.*

- 21.1 For National Regattas and where possible for other competitions the turning points shall be marked by at least six flags (or buoys) which shall be readily distinguishable and shall, if possible be diagonally divided with one half in red and the other half in yellow.
- 21.2 Both the start and the finishing lines shall be marked with 2 red flags and 2 red buoys, at the points where these lines intersect the outer limits of the course.
- 21.3 Before the start of the races the racing course shall be measured and marked by means of clearly visible flags mounted on buoys no more than 25 meters apart.
- The course at the start shall permit a clear width of at least 9 metres for each lane.
 - For National Regattas the starting and finishing lines shall be at right angles to the course.
 - The finishing line shall be at least 45 metres long and be marked by two red flags and two red buoys. The Finishing Line Judges must be placed as near to the finishing line as possible.
 - For National Regattas races up to 1,000 metres, the course must be straight and in one direction.
- 21.4 For races exceeding 1,000 metres turning points are permitted. For National races exceeding 1,000 metres the following conditions should be fulfilled, if possible:
- The distance between the starting line and the first flag of the first turning point (1st leg) shall be straight and at a maximum of 1,859.25 metres.
 - The distance between the last flag of the first turning point and the first flag of the second turning point (2nd leg) shall be straight and a maximum of 1,759.25 metres.
 - The distance between the last flag of the second turning point and the first flag of the third turning point (3rd leg) shall be a maximum of 500 metres.
 - The specifications of all other stretches shall be in accordance with point "c".
 - The radius of each turn should, if possible be at least 31.5 metres.
 - Both the start and the end of the race shall be in front of the Finishing Tower.
 - The red flags of the finish line shall be placed as much to the outside as possible in order to get the widest feasible finish line.
- 21.5 For competitions, including the National Championships, these conditions should be complied with, unless a special dispensation for the course has been obtained from the SRC through the Secretary.

22. **Boat Numbers**

All kayaks and canoes shall carry a vertical number plate made of non-transparent material marked with black numbers on white background indicating the lane. The numbers on the plate must measure 15 cm in height and 25 mm in thickness. The plates shall be placed on the centre line of the afterdeck or thwart. The size of the number plate shall be 18 x 20 cm.

Any personal numbers provided by the organisers shall be placed on the competitor as required by the organisers.

23. **Instructions for Competitors**

Written instructions shall be available for competitors at least 2 hours before the start of the competition, containing the following information:

- Detailed information on the courses and their markings
- Starting time
- Starting line
- Finishing line
- Competitors racing number (if used)
- Type of boat control
- Position of any award ceremony

BRITISH CANOEING SPRINT RACING COMPETITION RULES

Part IV – COMPETITION REGULATIONS

24. Means of Propulsion

- 24.1 Kayaks shall be propelled solely by means of double-bladed paddles.
- 24.2 Canoes and Va'a shall be propelled solely by means of single-bladed paddles. Paddling in Va'a is only allowed while the paddler is in a sitting position, with their bottom in contact with the seat during the race.
- 24.3 The paddles may not be fixed to the boat in any way.

25. Start

- 25.1 Competitors shall be on the water at the start area, not less than three (3) minutes prior to the specified time of their race. The start area is defined as being the area of water within 100 metres before the starting line.
Two minutes before the defined starting time the competing boats must take the lane allocated.
- 25.2 Competitors shall be at the start area in time to allow satisfactory preparation for the start.
- 25.3 The start must commence without reference to any absentees.
- 25.4 If a competitor fails to start a final having taken part in the heat without a valid reason approved by the Competition Committee, will be penalised. A competitor, who arrives too late at the start, shall be considered to have voluntarily withdrawn and may be penalised under this rule.
- 25.5 When signalled by the Starter, the competitor will take the start position designated so that the bow of the boat is on the start line. When an automatic starting system is employed, the bow of the boat must be completely in the start machine. When all boats are properly aligned, the aligner, if used, will then raise a white flag.
- 25.6 If the Starter is not satisfied with the line-up they will call "STOP", and hand over to the Aligner for repositioning.
- 25.7 The starting command will be "Ready – Set – Go" ("Go" can be a shot or strong signal). At the "Ready" command the competitors begin their preparation to paddle. At the "Set" command the competitors place their paddle in the catch position. The competitor must not paddle forward or this action will be deemed to be a false Start. The boat must not move forward at this point in the starting procedure. The Starter when satisfied with the competitors positioning and attention will say "Go" (or shot or powerful sound). The competitors must only react to the start command/signal "Go" and are not permitted to anticipate it. The competitors can paddle only upon hearing the starting signal/command "Go".
- 25.8 In the event of a false start, the Starter must immediately give a powerful sound signal. On hearing this signal all competitors must stop paddling and follow the Starter's instructions for a new start. Before the new start, the Starter must identify the offending crew/s and give them a warning. In the event of a second false start by the same crew the boat will be disqualified from the race and must leave the starting area and the course immediately.
- 25.9 The Starter may also recall competitors for a new start in the event of any unforeseen circumstance – a malfunction of the starting equipment for example. In such a case the same powerful sound signal must be given. If a malfunction of the starting equipment was caused through a boat making a false start, the crew must be given a warning, even though that boat may not have crossed the start line. If the malfunction was not the cause of any competitor making a false start, no penalty shall be imposed.
- 25.10 The Starter will start the race when they are satisfied that everything meets with their approval. The Starter will report any disqualification to the Chief Official.

26. Paddling on the Course

- 26.1 In races up to 1,000 metres, competitors must keep the whole of their boat within the five (5)-metre wide central area of their lane from the start to the finish of the course. Upon any deviation, the boat must go back immediately to this central area of the lane.
- 26.2 If a boat fails to actively return and/or gains an advantage in the race the boat may be disqualified from the event.
- 26.3 A boat which leaves its allocated lane must be disqualified from the event.

BRITISH CANOEING SPRINT RACING COMPETITION RULES

- 26.4 If a race is declared null and void, no change of the composition of a crew is permitted at the new start.
- 26.5 If there is a capsize the competitor or crew is eliminated (DNF) from the race.
- 26.6 The Course Umpires may use red flags and sound signals to interrupt a correctly started race. Competitors must immediately stop paddling and await further instructions.
- 26.7 If a paddle is broken a competitor cannot be provided with a new one.
- 26.8 Paracanoe races only: Spray decks must not be used unless permitted by the Chief Official due to severe water conditions.
27. **Pacing**
- 27.1 Taking pace or receiving assistance from boats not in the race or by any other means is not permitted.
- 27.2 When a race is in progress, it is strictly forbidden for any crews not taking part in the race to interfere or impede the race by proceeding over a part of the marked course, this includes creating wash even from outside the marking buoys.
- 28 **Competitions for Long Distance**
- 28.1 Races of more than 1,000 metres, competitors may deviate from their lane providing they do not impede other competitors.
- 28.2 When a race is run on a course with turning points these shall be passed to port (i.e. in an anti-clockwise direction) unless instructions for clockwise turns are given prior to the competition.
- 28.3 A competitor will not be disqualified for touching a turning point buoy. In making a turn, the boat shall follow as closely as possible the course as marked by the buoys at the turning points.
- 28.4 If there is a capsize the competitor or crew is eliminated (DNF) from the race if they are not able to reboard their boat.
- 28.5 Any competitor who unnecessarily deviates from their course may be subject to a penalty or disqualified. If the Course Umpire believes the competitor has gained no positional advantage on other competitors, a time penalty of 10 secs will be imposed. If the athlete has gained a major advantage and gained positional places in the race by not following the course, they will be disqualified.
- 28.6 If equipment is broken during the race (eg. paddle, boat, rudder, etc) athletes can receive help safely to fix the equipment or to get a replacement.
- 28.7 **Group Racing and Overtaking**
- a) When a boat is overtaking another boat, it is the duty of the overtaking craft to keep clear of other competitors at all times.
- b) When athletes are racing in a group of boats it is the duty of all the athletes in the group to keep clear of other boats at all times. This rule applies to any manoeuvring within the group.
- 28.8 **Collision or damage**. A collision will be an event where a competitor or any part of their boat or paddle touches another athlete's boat or paddle in a way that disadvantages that athlete. Any competitor who is considered by the course umpire or race official, to have been responsible for a collision, or who damages the boat or paddle of another athlete may be disqualified and can be required to pay damages.
- 28.8.1 Any athlete who is considered by a Course Umpire or Chief Official to have been responsible for a collision, or who damages the boat or paddle of another athlete or unnecessarily deviates from the direct racing line or deliberately blocks or impedes the path of an athlete may be penalised or disqualified.
- 28.8.2 If it is considered that other paddlers have only had some minor disadvantages compared to other athletes as a result of the incident, the responsible athlete will get a time penalty of 10 seconds.
- 28.8.3 If it is considered that the incident has caused other paddlers a major disadvantage the penalty will be disqualification (DSQ) of the offending athlete.
- 28.8.4 Time penalties, as decided by the Chief Official, are not subject to a protest or an appeal.
- 28.9 **Lapped boats** Lapped boats must not interrupt or block boats that overtake them. They are not allowed to wash ride on the boats that overtake them.

BRITISH CANOEING SPRINT RACING COMPETITION RULES

29. **Finish**

- 29.1 The boat has finished the race when its bow crosses the finish line with all crew members in it. The Finish Line Judges will determine the result of the competition based on the order of the boats arriving at the finish line.
- 29.2 If two or more boats reach the finish line at the same time, they are awarded the same classification in the final. In the case of a dead heat finish for any position, which determines the advance to the next level of the competition the following rules will apply:
- Wherever there are sufficient number of lanes available in the next level of the competitions, drawing of lots will determine to which race each boat will advance. If necessary, lane number 10 will be used.
 - Where there are not enough lanes available the Competition Committee may order a re-race between the boats involved after the last race of the day, or half-day programme or draw lots. This decision will be made by the Chief Official.
 - In the case of a dead heat in the re-race, drawing of lots will determine the outcome
- 29.3 National event: One (1) or more competitors may be selected at random to bring their boats to Boat Control after each race, except in the case of a National Championship finals where the first 4 boats to finish will be selected.

30. **Tasks of Competitors after the Race**

- 30.1 The competitor must leave the course after the finish of the race and cannot disturb the next race.
- 30.2 The crews selected by the Competition Committee for boat control must proceed immediately to post race boat control, failure to do so will be penalised.
- 30.3 If selected for doping control, the competitor must comply with the obligations stipulated by the BC Anti-Doping policy.
- 30.4 Before the award ceremony the top three crews of the final must be present at the location and time indicated.
- 30.5 At National Championships, competitors must wear club, team/squad Racing Colours or Tracksuit at the award ceremony.

31. **Penalties.** Any infringement of the Sprint Racing Competition Rules or the Terms/Conditions of Participation will result in the imposition of a penalty. At the discretion of the Competition Committee this penalty may be either Disqualification, or a Warning delivered to a competitor via their Team Leader. At National Sprint Regattas a further option is the award of Penalty Points in accordance with National Sprint Regattas Disciplinary Procedures as described in Section B. In determining the specific form, a penalty will take, the Competition Committee will consider factors including, but not limited to, the nature of the race, the experience level of the competitor(s) involved and any further impact the decision may have.

- 31.1 Any competitor who attempts to win a race by any other than honourable means, who breaks the Racing Rules, or who disregards the honourable nature of the Racing Rules, will be penalised.
- 31.2 Should a competitor have completed a race in a kayak or canoe which is shown upon inspection not to conform with the classifications (see rules 9 to 12) and building regulations, they will be penalised.
- 31.3 A competitor who is deemed to have received external assistance during a race, including but not limited to objects thrown into the course, will be penalised.
- 31.4 A crew that has been accompanied along and adjacent to the racecourse by other boats while the race is in progress will be penalised.
- 31.5 Disqualifications by the Competition Committee may be confirmed in writing (delivered either as a hardcopy or electronically) with the reasons. The Team Leader acknowledges receipt, which is the start of the protest time.
Failure to deliver the copy confirmation of the disqualification to the team leader does not invalidate the disqualification.

BRITISH CANOEING SPRINT RACING COMPETITION RULES

31.6 The Competition Committee may discipline any competitor or Official whose behaviour is detrimental to the good order and conduct of the competition. The Competition Committee may disqualify them for that competition.

32 Protests

32.1 A protest against the right of an athlete/crew to compete in a race must be addressed to the Chief Official and handed to the Competition Committee, not later than one (1) hour before the start of the first race of the competition.

32.2 A protest, made during the competition must be in written form (hard copy or electronic), addressed to the Chief Official and passed to the Competition Committee, not later than 20 minutes after the decision against which the protest relates, has been published (via notice boards or electronically) or Team Leader has been informed of the decision against their athlete or team.

32.3 All protests must be accompanied by a fee of £15.00. The fee will be refunded if the protest is upheld. *If the protest is not upheld the fee may not be refunded, at the discretion of the Competition Committee.*

32.4 When a protest or a report is made against an athlete or a team, the Team Leader of the athlete/team in question shall be presented with the protest or report to read.

33 Appeals

In the case of National Championship Competitions, an appeal can be made to the National Championship Competition Jury in accordance with Rule 13.7. A fee of £70.00 shall accompany the appeal. The fee will be refunded if the appeal is upheld. The Jury decision is final.

Competitors have the right to appeal to the SRC through their club or team management against a decision of the Competition Committee, within 30 days following the end of the competition if after the end of the competition, new facts become known that would substantially affect a decision made at the competition.

Matters of fact during a competition cannot be contested in an appeal.

A fee of £70.00 shall accompany the appeal. The fee will be refunded if the appeal is upheld. The BC SRC decision is final

Part V - SPECIAL RULES FOR BRITISH NATIONAL CHAMPIONSHIP EVENTS

34. National & Open Championship Medals, National Champions and Trophies:

Only members of BC who qualify under Rule 8 can become a National Champion or be awarded a National Championship trophy.

34.1 National & Open Championship medals will be awarded to the first three boats.

34.2 National Championship Trophies winners & the National Champion will be the best placed British paddler including those with UN Refugee status obtained in the UK.

Notes to the British Canoeing Sprint Racing Competition Rules

Races Exceeding 1,000 Metres at the National Water Sports Centre Nottingham, Rules 21.4 and 21.5

Because of limitations at the National Water Sports Centre - mainly the start pontoon being fixed for the Start of 5,000 metre or 2,500 metre events - it is not possible to comply with rule 21.4 and provide the courses as required, therefore rule 21.5 is implemented. The requirements given in the rule are those of the ICF, which the BC must shadow in its own rules.

Long Distance Courses at the National Water Sports Centre, approved by the SRC

BRITISH CANOEING SPRINT RACING COMPETITION RULES

To provide flexibility there are three turning points with the start and finish of the turns as follows:

1. 10 metres beyond the finish line
2. 450 metres from the finish line
3. 1123 metres from the finish line

The standard domestic long-distance race will consist of, 1 long lap to the turn at 1123 metres mark from the finish line, plus 2 short laps turning at the 450 metres turn from the finish line and then finishing on the Finish Line in front of the Control Tower.

The British Canoeing – Sprint Racing Section Disciplinary Regulation & Code of Ethics, are available on the SRC website via this link

<https://www.britishcanoeing.org.uk/about/governance/policies-procedures>



SPRINT RACING COMMITTEE

Tim Scott	Chair – elected term ends 2025 ACM Canoesprint.chair@vol.britishcanoeing.org.uk	SCO1
Louise Clive	Treasurer – elected term ends 2023 ACM Canoesprint.treasurer@vol.britishcanoeing.org.uk	CLI2
Phil Miles	Secretary – elected term ends 2024 ACM canoesprint.secretary@vol.britishcanoeing.org.uk	MIL3
Alice Murphy	– elected term ends 2023 ACM	MUR1
Peter Gorman	– elected term ends 2023 ACM	GOR1
Ivan Lawler	– elected term ends 2023 ACM	LAW1
Hannah Brown	– elected term ends 2024 ACM	BRO1
Paul Dimmock	– elected term ends 2024 ACM	DIM1
Roland Lawler	– elected term ends 2025 ACM	LAW2
Martin Hook	– elected term ends 2025 ACM	HOO1
Margaret Chapman	SCA appointed representative to the SRC	CHA1
Nick Fowler-Rimell	Canoe Wales appointed representative to the SRC	FOW1
Bev Hunter	– co-opted term ends 2023 ACM	HUN1
Adam Miles	– co-opted term ends 2023 ACM	MIL5
Ben Phillips	– co-opted term ends 2023 ACM	PHI1

Sprint Performance Strategy Review

The review was a recommendation from the Sprint Situational Analysis, a co-commissioned piece of work by British Canoeing and UK Sport which started late in 2019 and concluded early 2020. A Sprint Performance group was set up to direct the work to form a new strategy for the sport. Task and Finish groups were formed comprising of a mixture of staff, athletes, coaches, and leaders from the community. Drafts reports were opened to the whole sport for consultation during the summer and autumn 2020. Consultations to further shape the earlier work continues to form a clear vision for the future of the sport into which the whole community have contributed. Actions has been taken and work is underway by British Canoeing and the Sprint community toward implementing the recommended strategies.



NATIONAL SPRINT REGATTAS



Regatta Committee

Philip Caisley	Regatta Chair	CAI1
John Hoile	Regatta Vice Chair	HOI2
Louise Clive	Regatta Treasurer	CLI2
Wendy Dodson	Regatta Secretary	DOD2
Ann Hoile	Mini Sprint Liaison & Volunteer Co-Ordinator	HOI1
Paul Edwardes	Chief Official	EDW1
Martin Hook		HOO1
Colette Johnson		JOH2
Cathy Wynne		WYN1



Who to Contact for information or queries about National Regattas

Philip Caisley	Sprint Team Leaders' Technical and IT Support Regatta.Chair@vol.britishcanoeing.org.uk	CAI1
Louise Clive	Club Colours Regatta.ClubColours@vol.britishcanoeing.org.uk	CLI2
Wendy Dodson	Sprint Enquires Regatta.Secretary@vol.britishcanoeing.org.uk	DOD2
Paul Edwardes	National Regattas Chief Official Regatta.ChiefOfficial@vol.britishcanoeing.org.uk	EDW1
Ann Hoile	Mini Sprint Liaison and Volunteer Coordinator Regatta.VolunteerCoordinator@vol.britishcanoeing.org.uk	HOI1
Kari Martin	Paddler Registrations Regatta.Registrations@vol.britishcanoeing.org.uk	MAR2
Cathy Wynne	Competition queries wynnecm@gmail.com	WYN1

BRITISH CANOEING SPRINT RACING COMMITTEE

TERMS OF REFERENCE

1. Title

The Committee shall be called the British Canoeing Sprint Racing Committee (SRC).

2. Accountability

2.1 The Board will approve the Terms of Reference of the SRC. The SRC will be accountable to the Board of British Canoeing for carrying out the responsibilities which are delegated within these Terms of Reference. This accountability will be managed in the following ways:

The Board will annually:

- 2.1.1 Approve the Terms of Reference for the SRC.
- 2.1.2 Approve the rolling 4 year plan of the SRC.
- 2.1.3 Approve the Annual Plan of the SRC.
- 2.1.4 Approve the Annual Budget for the SRC.
- 2.1.5 Consider grant support to the SRC.
- 2.1.6 Receive and consider the minutes of the SRC meetings and its sub-committees.
- 2.1.7 Receive and publish the Annual Report from the SRC as part of its British Canoeing Annual Report.

3. Purpose

3.1 The Purpose of the SRC is to interest itself in all matters relating to the management and development of sprint racing in the UK with particular focus on:

- 3.1.1 Increasing participation through the provision of competition.
- 3.1.2 Administration of rules and regulations.
- 3.1.3 Development of athletes, clubs, coaches and officials.

3.2 The SRC has UK wide responsibility for those areas outlined within its Purpose and Responsibilities and will work closely with the national associations in Scotland, Wales and Northern Ireland and the regions in England, as agreed between the Parties.

4. Responsibilities

4.1 The following responsibilities are reserved by British Canoeing and may involve the SRC but are not the direct responsibility of the SRC:

- 4.1.1 Administer the World Class Programmes funded by UK Sport.
- 4.1.2 Preparation of selection policies.
- 4.1.3 Manage the selection and participation by elite athletes at international competitions.
- 4.1.4 Establish and be responsible for the maintenance of anti-doping policy and rules.
- 4.1.5 Approval of changes to these Terms of Reference.

4.2 The following are responsibilities which will usually be carried out by the National Associations' Sprint Racing Committees. Each National Association, Sprint Racing Committee is subject to their own, separate, regulations and objectives which may include the following:

- 4.2.1 Manage the rules and regulations for competitions within their National Association.
- 4.2.2 Organise and maintain control of their National Association Championships.
- 4.2.3 Develop and support coaching development within its regions and clubs.
- 4.2.4 Administer the finances of their National Association SRC.
- 4.2.5 Nominate representatives to the SRC.

4.3 The Primary Responsibilities of the SRC shall be to:

- 4.3.1 Organise and manage UK National Championships and other competitions on behalf of British Canoeing.
- 4.3.2 Agree and publish *1competition rules and regulations and make recommendations for the organisation and management of national and all other sprint regattas.
- 4.3.3 Follow the current International Panel [IP] Terms of Reference as laid down by the BC Board of Management.
- 4.3.4 Contribute as a formal consultee to the Sprint Racing selection policies
- 4.3.5 Manage disputes, protests and appeals with regard to the *2sprint racing rules and *1competition regulations.
- 4.3.6 Maintain *3disciplinary rules and other regulations.
- 4.3.7 Support non-Olympic and non-UK sport funded events/athletes.

BRITISH CANOEING SPRINT RACING COMMITTEE

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- 4.3.8 Train and develop competition officials.
- 4.3.9 Nominate competition officials to become involved as international technical officials within ECA and ICF.
- 4.3.10 Nominate representatives to become involved in the committees of the ECA and ICF.
- 4.3.11 Support the Racing Technical Group in the development of programmes which improve coaching standards in Sprint Racing within the English regions and clubs.
- 4.3.12 Encourage the development of suitable new and existing sprint competition sites in conjunction with British Canoeing facilities development.
- 4.3.13 Support the development of competition programmes which increase participation in Sprint Racing at all levels.
- 4.3.14 Work with British Canoeing Safety Advisory Group to ensure the provision of a safety framework for the delivery of events.

5. Appointment of the Committee

- 5.1 The SRC shall comprise of up to 12 elected persons, each being a Full Individual Member (Voting Member) of British Canoeing or a National Association. This total will include the Chair, Secretary and Treasurer and other elected members but does not include the National Association delegates or any co-opted members.
- 5.2 The following offices and other SRC members shall be elected at Annual Consultative Meetings (ACM)
 - Chair
 - Secretary
 - Treasurer
 - 9 other SRC members of the committee
- 5.3 In the event of no nominations being received for an office post the SRC may appoint from within the committee members or co-opt a Full Individual Member (Voting Member) of British Canoeing or a National Association to fulfil the vacant role.
- 5.4 The National Association delegates (1 from each of Scotland, Wales and Northern Ireland) will also be voting members of the SRC.
- 5.5 In addition to the office roles of Chair, Secretary and Treasurer, the Committee shall appoint from within their membership (including any co-opted members):
 - Regatta Committee Chair
 - Safeguarding/Welfare Representative
 - And such other posts the Committee considers necessary for its administration
- 5.6 Members of the Committee are elected for a term of three years and shall be eligible to stand for re-election. One third of the elected members retire at each Annual Consultative Meeting.
- 5.7 The terms of each member shall be coordinated so that usually 4 members of the committee retire each year. Should a member resign before the end of their term, the person elected to replace them will be appointed only for the remainder of that term. SRC may co-opt someone to fill a mid-year vacancy until the next ACM. The Chair, Secretary and Treasurer shall retire in consecutive years.
- 5.8 A further 3 members may be co-opted by the SRC, each being a Full Individual Member (Voting Member) of British Canoeing or a National Association, to serve on the Committee for one year. These members shall be eligible to be co-opted for further terms. Co-opted members shall have the same voting rights as other Committee members.
- 5.9 Persons who are employees of British Canoeing or National Associations may serve as elected or co-opted members of the Committee if appointed by SRC to do so and with the consent of the CEO.
- 5.10 The role descriptors for each member of the committee will be developed and approved by the SRC annually.

6. Managing the meetings of the SRC

- 6.1 The SRC shall meet at least twice in each calendar year.
- 6.2 At least 14 days' notice of the date of meetings shall be given to all members of the Committee. Copies of the agenda and available papers to be sent to members of the committee at least 7 days in advance. Additional papers will be circulated to SRC members as soon as practical.
- 6.3 The Secretary shall keep minutes of the proceedings of the Committee. Draft minutes, which have previously been circulated to the Committee for comment, to be published on the SRC and British Canoeing website within 2 months of the date of the meeting. Final minutes will be posted to replace the draft minutes once these have been approved by the Committee. Copies of the minutes shall also be sent to the Executive Assistant to the CEO of British Canoeing for circulation to the Board.
- 6.4 The quorum at SRC meetings shall be a majority of the number of voting members who are elected or co-

BRITISH CANOEING SPRINT RACING COMMITTEE

TERMS OF REFERENCE

opted to the Committee.

- 6.5 Decisions shall usually be reached through consensus, but when voting takes place, this shall be by show of hands only and each elected or co-opted member and National Association delegate shall have one vote. Only those attending the meetings shall have the right to vote.
- 6.6 For urgent business or on other occasions as required between meetings, the committee may conduct business and take votes electronically by means such as email or conference call.
- 6.7 The SRC may create sub-committees of the SRC, either as a standing committee or for a specific period and with a specific brief.
- 6.8 The SRC shall usually appoint one of its number to chair the sub-committee and all members of the sub-committee shall be Full Individual Members (Voting Members) of British Canoeing or a National Association.
- 6.9 Each sub-committee shall be fully accountable to SRC and shall have in place Terms of Reference which are approved by the SRC.

7. Managing the Finances of the SRC

- 7.1 The finances of the SRC will be managed in accordance with the Guidelines provided by British Canoeing and agreed with the SRC.
- 7.2 The Treasurer shall manage the income and expenditure and accounts of the SRC and work closely with the Finance Manager within British Canoeing to provide financial reports to the Board.
- 7.3 The SRC shall present an Annual Budget for approval by the Board. This will include the budget of the Regatta Committee and any other sub committees of the SRC.
- 7.4 The Year End accounts of the SRC, its sub committees, including the Regatta Committee shall be submitted annually to the Finance Manager within British Canoeing made up to 31st October. The accounts will be audited as part of the British Canoeing audit process.
- 7.5 The SRC may provide funding to support the work of its sub-committees. The SRC will be responsible for the income and expenditure of the sub committees and report this in full to the Board.
- 7.6 The SRC may pay the approved costs of members attending SRC and sub-committee meetings.

8. Annual Consultative Meetings (ACM)

- 8.1 The SRC will be responsible for organising the SRC Annual Consultative Meeting (ACM) with UK sprint clubs, for the purpose of electing members to the SRC, reporting progress and discussing major changes proposed for the future.
- 8.2 The SRC ACM shall usually be held between September and December each year. The date of the ACM will usually be published approximately 3 months in advance.
- 8.3 The business of the ACM Meeting shall be to:
 - Receive the report of the Chair.
 - Receive a summary statement of accounts.
 - Receive the report and accounts of the regatta sub-committee.
 - Elect persons nominated to serve on the SRC.
 - Discuss and consider any major developments being considered by the SRC.
 - Consider any items included in the notice of meeting. Any conclusions reached on such items shall stand as recommendations for further consideration by the SRC.
 - Only at the discretion of the Chair, may additional items, not in the notice of the meeting, be discussed, or referred for further consideration by the SRC.
- 8.4 Nominations of candidates for election to the SRC at the Annual Consultative Meeting must be submitted to the Secretary of the SRC in writing supported by the signatures of two Full Individual Members (Voting Members) of British Canoeing or a National Association and must reach the Secretary at least 42 days prior to the ACM.
- 8.5 Any item for the agenda at the Annual Consultative Meeting must be submitted to the Secretary of the SRC in writing supported by the signatures of two Full Individual Members (Voting Members) of British Canoeing or a National Association and must reach the Secretary at least 42 days prior to the ACM.
- 8.6 Notice of the meeting shall be communicated to each 'Voting Club' at least 21 days prior to the Meeting.
- 8.7 A 'Voting Club' is an affiliated UK club who has registered its interest in sprint racing with the Committee by competing at a British Canoeing or a National Association's national regatta in the period since the last Annual Consultative Meeting.
- 8.8 The notice of the ACM shall include the following: The Agenda of the meeting, details of the date, time and place of Consultative Meeting, details of those standing for election, information about proxy voting, details of any matters raised by members.

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- 8.9 The quorum of the ACM shall be a minimum of 8 Voting Clubs present. No business shall be transacted at the ACM unless this quorum of members is present. If the quorum is not met the ACM may be re arranged.
- 8.10 The Chair of the Committee shall preside at the ACM. If the Chair is known to be unable to attend or remains absent 30 minutes after the scheduled start time of the meeting, the Voting Clubs present may choose another Committee member of the SRC to take the chair.
- 8.11 Each 'Voting Club' is entitled to vote either through a club representative present at the ACM or via a Proxy.
- 8.12 A Voting Club representative must be a Full Individual Member (Voting Member) of British Canoeing or a National Association.
- 8.13 The proxy arrangements will be circulated in advance with the Notice of the Meeting and the details shall be determined by the SRC. Proxy votes can be given to the Chair of the Meeting or to another Voting Club. A maximum of 2-votes may be held by any one club., their own and 1 proxy vote.
- 8.14 All Proxy votes must be registered in advance with the Secretary of the SRC and received at least 72 hours before the time of the ACM.
- 8.15 The Chair shall not be entitled to vote other than when a casting vote is required
- 8.16 Voting shall be by a show of hands and proxy cards, unless two or more Voting Club representatives present at the meeting or the Chair, request a poll.
- 8.17 A Special Consultative Meeting may be called at any time at the discretion of the Committee or by notice in writing to the Secretary by not less than 10 Voting Clubs. Such notice must state in the form of a motion the business to be discussed and be signed on behalf of the Voting Clubs, by the Voting Clubs' representatives who are Full Individual Members (Voting Member) of British Canoeing or a National Association.
- 8.18 The Committee shall convene a Special Consultative Meeting within 60 days of receipt of such notice.
- 8.19 A Special Consultative Meeting will be conducted in line with the proceedings of an ACM as outlined within these Terms of Reference.
- 9. Trophies**
- 9.1 The Committee shall keep records and ensure the security of the trophies which are the property of the SRC and which are awarded each year.
- 9.2 The Committee shall also determine and publish which trophies are to be presented for each competition each year
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Appendix:

***1 National Sprint Regatta, Terms/Conditions of Participation, various other rules and regulations.** (Section B5-14 2023 Canoe Sprint Handbook)

***2 British Canoeing Sprint Racing Competition Rules**
(Section C16-35: 2023 Canoe Sprint Handbook)

***3 British Canoeing Sprint Section Discipline Regulations**
(Section B15: 2023 Canoe Sprint Handbook)

Weils Disease (Leptospirosis)

All water users should be aware of this potentially fatal infection. This is a bacterial infection normally believed to be spread by rat urine, it can also be transmitted by cat, fox and rabbit urine. Transmission is usually through an open wound or abrasion but can also be caused by ingestion of contaminated water.

SYMPTOMS

Lethargy, diarrhoea, headaches, vomiting and muscle pain; sometimes referred to as flu like symptoms. If left untreated this can be fatal.

PREVENTION

Prevention measures against water borne infections are to:

- ◆ Cover all cuts and abrasions with waterproof plasters
- ◆ Always wear footwear to avoid cutting the feet
- ◆ Avoid capsize or rolling practice in suspected waters
- ◆ Where possible, shower soon after the activity
- ◆ As a minimum always wash your hands after paddling and before eating or drinking

If you feel ill after paddling you should tell your Doctor as soon as possible and let them know where and when you have been on the water.

*The NHS publish the following guidance
www.nhs.uk/conditions/Leptospirosis/*

Further information & support is available when required by contacting:

safety@britishcanoeing.org.uk

Ranking list at end of 2022

Surname	First name	Year	Club	Surname	First name	Year	Club
Men A Kayak – MAK				Men A Kayak Cont'd – MAK			
Argentiero	Eros	1991	ROY	Soler Fabre	Ignacio	1994	SOL
Armstrong	Spencer	1999	NOT	Stewart	Rory	2002	ADS
Atkins	Daniel	2001	RDG	Stoychev	Georgi	1993	RUN
Beer	Robert	1989	BOA	Thomson	Trevor	1998	EAL
Beevers	Joe	1993	WEY	Urquhart	Arthur	1999	ROY
Bowley	James	1997	BPR	Watkins	Barry	1989	SLP
Bowley	Matthew	1994	BPR	Wilkes	Peter	1992	CLM
Brennan	Tom	1992	SLP	Men B Kayak – MBK			
Bristow	Stuart	1996	ROY	Argenteiro	Yuri	1997	RIC
Cadell	Finn	1999	NOT	Barkway	Robert	2000	BPS
Carson	Christopher	1998	WEY	Beaumont	Adam	1997	BSF
Chmiel	Zygy	1997	NOT	Benstead	Zak	2001	ELM
Collinge	Matthew	2000	FOY	Bicknell	Alex	2001	WEY
Cresser	Nicky	1981	NOT	Birkett	Andrew	1989	RIC
Dembele	Noah	1998	LEA	Bohle	Oliver	1999	LKR
Devonald	Henry	1995	SWA	Booth	Toby	2003	NOR
Drage	James	2000	FOY	Boreham	Nick	1994	NOT
Duffield	Lewis	1995	CLM	Bray	Ruairí	2004	SLP
Durden	George	1993	ELM	Brockway	Jack	2002	LKR
Fleming	Neil	1984	CEL	Brooks	George	2001	WOR
Fletcher	Lewis	1993	LKR	Brown	Freddie	2000	WYC
Foley	Ronan	2000	SLP	Buggy	David	1990	CEL
Gallacher	Ben	2000	FOR	Bunyon	Alex	1999	CLM
Glover	Sam	1997	FOX	Cabrera	Benjamin	2004	FOY
Harding	Luke	1998	LON	Carpenter	James	1998	FOY
Heath	Liam	1984	WEY	Carter	Jack	2004	ROY
Hinves	Xavier	2003	SOU	Chmiel	Stani	2003	NOT
Holland	Tom	2002	WEY	Clayton Harris	Ben	2003	LEE
How	James	2000	NOR	Clive	Mark	1993	GAI
James	Ieuan	1999	FOR	Daley	Sam	1996	LEE
Johnson	Daniel	1994	CLM	Darnell	Ben	2000	RLS
Johnson	Matthew	1996	CLM	Devine	Nathon	2002	SLP
Kereszturi	Andras	2001	EAL	Donnellan	Paul	2004	SLP
Killey	Kieron	2000	WOR	Doran	James	1999	LIN
Lark	Scoob	1996	ROY	Dowden	Timothy	2001	RLS
Littlewood	Max	1998	NOT	Dowling-Clarke	Rory	2003	FOR
Lusty	Tom	1994	SOL	Eccles	Jordi	1996	ANK
Mcintyre	Alex	2000	CLM	Ferri	Luca	2004	ELM
Miles	Philip	2001	RLS	Fitzpatrick	Joe	1993	CLM
Naftanaila	Stelian	1995	NOT	Flanagan	Liam	2002	SLP
Nightingale	Edward	2002	WYC	Fleming	Darragh	1990	CEL
O Connor	Ryan	1999	SLP	Gannicott-Porter	Tim	2000	CLM
Orme	Ross	1998	ANK	Gilbert	Harry	1996	ROY
Pendle	Tim	1989	NOR	Glaisher	Dougal	1999	NOT
Quittenton	Peter	1998	LIN	Greaves	Alex	2001	RLS
Robinson	Matthew	1993	CDF	Harris	Carl	2004	SLP
Russell	James	1997	NOT	Haynes	Casey	1995	RIC
Shaw	Luke	2000	NOR	Hayward	Kieren	1999	NOR
Smith	Charlie	1999	NOT	Henson	Odhran	2001	SLP

Ranking list at end of 2022

Surname	First name	Year	Club	Surname	First name	Year	Club
Men B Kayak Cont'd – MBK				Men B Kayak Cont'd – MBK			
Hicks	Albert	1994	NOR	Smithson	James	2000	RLS
Hinves	Matthew	2001	SOU	Stanley	Dominic	2004	FOX
Hook	Reef	1999	EAL	Stanway	Thomas	1995	CLM
Howells	Drew	2004	CDF	Stormont	Nicholas	1996	FOX
Huntingford	Francis	1998	NOT	Stroud	William	1999	CLM
Jefferies	Robert	1993	BAN	Szabadvari	Miklos	2003	RDG
Jones	Daniel	2001	DEV	Tarver	Zac	2003	ELM
Kemp	Freddie	2001	RDG	Thorogood	Philip	1989	ELM
Kovacs	Andras	1998	WEY	Tonkin	Alex	2003	RDG
Kowal	Matthew	2002	LKR	Topham	Finlay	2004	RDG
Leiper	Aidan	2004	LKR	Urquhart	George	2001	BAN
Lewis	Perry	2002	WEY	Walkinton	James	1994	CLM
Malinauskas	Domas	1994	BAD	Want	Benjamin	2003	NOR
Mangan Sanchez	Alvaro	1990	GLO	Williams	James	1996	RUN
Martyn	Jordan	2001	WEY	Men C Kayak – MCK			
McCartney	Matthew	2001	CEL	Allen	Charlie	2004	DEV
McCracken	William	2001	BAN	Aries	Robert	2003	SOU
Mcmullen	Ross	1996	ELM	Atkins	Matthew	1999	RDG
McNally	Odhran	1996	SLP	Baker	Adam	2004	LBZ
Mongan	Patrick	2001	LIN	Bannatyne	Cameron	2002	NOT
Motha	Michael	2004	ADS	Banton	Joseph	2002	LIN
O'Brien	Alex	2001	CEL	Barzilai	Joshua	2004	RIC
O'Brien	Finn	2001	CLM	Bowers	Rowan	2003	ELM
O'Keefe	Eavan	2003	CEL	Brett	Tony	1991	BSF
Parkes	Matthew	1996	NOR	Butkevicius	Klaidas	2001	SLP
Partridge	Oscar	2004	TRU	Butkevicius	Lukas	2003	SLP
Perkins	Nicholas	2001	BPS	Chamberlin	Lochlan	1999	CLM
Peters	Connor	1996	FOY	Critchfield	Harry	2003	BAN
Petersen	Joe	1999	RLS	Crossley	Edward	2003	RLS
Phillips	Luke	2002	RIC	Dewson	Alfie	2003	LEE
Pickering	Max	2002	LBZ	Dobson	Edward	1992	DEV
Pipe	Isaac	2004	RUN	Evans	Toby	2002	SOU
Pirmuhamedov	Jonathan	2003	CLM	Fisher	Matt	2003	LKR
Quittenton	Ben	2001	LIN	Flack	Robin	1998	BAN
Railton	Joe	2004	FOY	Fuller	Nathaniel	2004	CLM
Rea	Alex	2004	CNI	Gilbert-Johns	Jack	2002	SOU
Richards	Joe	2001	RDG	Gorst	Daniel	2000	SOU
Rix	Oliver	1993	NOR	Grant	Harvey	2004	RIC
Rushby	James	2004	RIC	Green	Blaize	1996	CLM
Saunders	Harry	2000	RLS	Griffin	Ben	2003	RLS
Scammell	Will	2000	ELM	Griffiths	Oscar	2001	CLM
Sharpe	Tom	1990	RIC	Grimsey	Daniel	2001	SOU
Sielicki	Maksymilian	2002	GLW	Gurney	David	2002	CLM
Skippings	Adam	2000	CLM	Harte	Shaun	1999	FOX
Sklenar	Dan	2004	NOR	Herbert	Owain	2001	CLM
Smith	Ben	2003	SLP	Herwanger	Francis	2003	RIC
Smith	Connor	2002	NOR	Hetherington	Robert	2000	CEL
Smith	Lewis	2003	LIN	Ilett	Robbie	1993	NOT
Smith	Ryan	2000	RNP	Kleta	Devin	2002	RIC

Ranking list at end of 2022

Surname	First name	Year	Club	Surname	First name	Year	Club
Men C Kayak Cont'd – MCK				Men D Kayak Cont'd – MDK			
Lear	Harry	2004	ROY	Cramer	Charlie	2004	SOU
Lee-Gill	Sam	1990	RIC	Dacombe	Micheal	2002	NOT
Lodge	Matthew	1995	NOR	D-allio	Thomas	2003	RIC
Macnab	Conor	1999	RLS	Davis	Aidan	2003	NOR
March	Daniel	2002	CLM	Deville	Andrew	1997	CLM
McDougal	Ewan	2001	WOR	Dewdney	Elliot	2001	WEY
Mulligan	Oisin	2001	SLP	Fillingham	Patrick	2002	RDG
Murad	Josh	2001	NOR	Fisher	Joshua	2000	LKR
O Toole	Eoin	2002	SLP	Fitzgerald	Tommy	2001	PAN
Panev	Deni	2002	FOX	Flory	Tom	2002	FOX
Phillipson	Dave	1989	PAR	Forster	Joshua	1992	NOR
Righelli	Edoardo	1990	FOX	Hall	Billy	2004	NOR
Rogers	Teifion	2004	CHE	Hayman-Joyce	David	2004	WEY
Sebti	Karim	2004	RIC	Henderson	Max	2001	RIC
Smith	Kieran	2004	NOR	Hogan	Finlay	2001	ROY
Spencer	Joe	1997	CLM	Holloway	Thomas	2004	BSF
Sroka	Kacper	2004	LKR	Hopkirk	Daniel	2003	LIN
Stevens	Reeve	2000	DEV	Hynds	Archie	2003	ELM
Stormont	James	1994	FOX	Irven	Samuel	2004	CLM
Stratford	Ben	2004	LBZ	Jault	Oliver	2003	BAN
Taylor	Zach	2002	NOR	Johnson	Luke	2000	BAN
Thomas	Darragh	2003	SLP	Jones	Bailey	2002	FLA
Thomas	Tony	2004	GLW	Kileen	Conor	2003	SLP
Tideswell	Sebastian	2004	CAM	Kitterhing	James	2004	ELM
Tietema	Rory	2002	RDG	Knowlden	Charlie	2003	RLS
Tilbury-Clarke	Simon	1999	PAN	Lavarack	Michael	1992	RIC
Walker	Tom	1999	NOR	Lavelle	Dan	2003	SLP
Weir	Iain	1992	BAN	Legg	Sam	1990	LBZ
Wood	Stuart	1994	BTH	Luc	Tuan	2002	FOX
Woods	Joseph	2003	ROY	MacDonald	Sam	2001	RDG
Wright	Jacob	2004	RDG	Martin	Oscar	2001	SLP
Wroe-Pattullo	Arthur	2004	FOX	McCartney	Daniel	2003	CEL
Men D Kayak – MDK				McGivern	Noah	2003	BCC
Allan	Cameron	2003	WEY	McManus	Sean	2004	SLP
Baban	Lucian	2004	BCC	Meikle-Briggs	Adrian	2001	RIC
Barber	Nathan	2004	ADS	Meliak	Erik	1995	RUN
Barker	Owen	2000	PAN	Moseley	Thomas	2004	SOL
Beard	William	2001	WYC	Moxon	Noah	2004	BAN
Bell	Jasper	2003	BAN	Neale	Gregory	2002	TON
Bicknell	Sam	2004	WEY	Parker	Jacob	2004	SOU
Blackmore	Chris	2003	CLM	Payne	Ben	1991	ACU
Boland	Scott	2004	SLP	Pepper	William	2004	BAN
Boyle	Charlie	2002	RIC	Rees	William	1997	PAR
Caislean	Gael	2003	SLP	Reilly	Fergal	2002	SLP
Carter	Peter	1994	NOR	Skippings	Jack	2003	CLM
Caton	Euan	2001	BSF	Smith	Seamus	2001	POO
Chamberlin	Oliver	2002	CLM	Snapper	Woody	2001	NOT
Clinton	Charlie	2002	ANK	Spink	Matt	1998	NOT
Colby	Daniel	1994	DEV	Stenning	Richard	1997	NOR

Ranking list at end of 2022

Surname	First name	Year	Club	Surname	First name	Year	Club
Men D Kayak Cont'd – MDK				Men Masters B Kayak Cont'd – MVBK			
Thorne	David	2002	NOR	Blackman	Bruce	1967	GAI
Totten	Drew	2003	BCC	Blackman	Neil	1963	RLS
Turner	Luke	2004	GLW	Boland	Andrew	1972	SLP
Villaruel	Leo	2004	EAL	Brookes	Paul	1967	NOT
Wain	Joel	1995	FOY	Butt	Adrian	1964	SOU
Wardell	Harrison	2003	LIN	Cox	Edward	1985	SOU
Weir	Roger	1991	BAN	Drummond	John	1974	RDG
Westwood	Joshua	1998	LBZ	Dzymba	Andrei	1963	RIC
Whittaker	Joe	2001	RIC	Freeland	Jeremy	1970	RDG
Williamson	Alexander	2002	CLM	Giles	Mark	1972	FLA
Woodley	Sean	1993	CLM	Hampton	Keith	1959	LIN
Young	Spencer	2003	SLP	Hinves	James	1973	SOU
Men Masters A Kayak – MVAK				Men Masters B Kayak Cont'd – MVBK			
Baban	Eugen	1977	BCC	Hynds	Scott	1973	ELM
Baker	Stephen	1971	RIC	Kelly	Andrew	1958	RUN
Boehm	Edgar	1977	RDG	Kent	Richard	1962	SOU
Buggy	Graham	1985	CEL	Lawler	Ivan	1966	ELM
Bullock	Richard	1975	EXE	Lovell	Geoff	1969	WOR
Butler	James	1969	NOT	Lowe	Paul	1968	NOT
Caffrey	Colin	1978	SLP	Martin	Eddie	1968	SLP
Christie	Jamie	1972	SOR	Martin	Michael	1965	LBZ
Croucher	Adrian	1961	WEY	Martyn	David	1967	WEY
Egan	Peter	1979	SLP	Millar	David	1966	EXE
Enoch	Matthew	1976	NOT	Missen	Stan	1959	BOA
Fleming	Ciaran	1987	CEL	Morton	Dwayne	1985	ELM
Folland	Jonathan	1973	SOR	Neale	Clive	1969	TON
Fowler	Nicholas	1977	WOR	Nicholson	Andy	1962	WEY
Irvine	Brett	1979	RIC	O Drisceoil	Deaglan	1965	SLP
Jones	Nigel	1978	NOT	O Leary	Patrick	1972	SLP
Lodge	Timothy	1972	WEY	Oliver	Matthew	1974	LIN
Mayers	James	1974	RUN	Pearce	Mark	1971	LON
Moule	Keith	1980	CLM	Pendle	Dyson	1957	NOR
Moule	Steve	1979	CLM	Penson	Tim	1980	EXE
Murray	Kenlea	1973	RIC	Prosser	Jack	1983	RIC
Oakley	Ben	1988	NOT	Riley	Gordon	1971	ANK
Oliver	Robert	1988	SOL	Rinoluceri	Martin	1968	NOT
Pedlar	David	1976	WOR	Roeser	Duncan	1968	WEY
Plant	Laurence	1987	RDG	Senk	Stefan	1980	RDG
Rogers	Richard	1973	CHE	Smith	David P	1978	WOR
Shephard	Owen	1987	CLM	Smith	Kevin	1961	RDG
Sirrell	Brett	1971	RLS	Speirs	Gilbert	1953	LKR
Sweetlove	Ray	1974	BCC	Stenning	Paul	1977	LBZ
Walsh	Shaune	1986	NOT	Topham	Nik	1967	RDG
Young	Jonathon	1984	PAR	Vincent	Richard	1957	SOR
Men Masters B Kayak – MVBK				Men Masters B Kayak Cont'd – MVBK			
Allinson	Patrick	1959	NOT	Westall	Matthew	1984	PAN
Anderson	Grant	1983	NOT	Winstanley	Richard	1984	BSF
Beighton	Nick	1981	PAR	Men Masters C Kayak – MVCK			
Belbin	David	1965	NOT	Alexander	Gary	1969	ADS
				Anderson	Julian	1971	SOU
				Anderson	Mike	1975	NOR

Ranking list at end of 2022

Surname	First name	Year	Club	Surname	First name	Year	Club
Men Masters C Kayak Cont'd – MVCK				Men Masters C Kayak Cont'd – MVCK			
Avery	Robin	1948	BAN	Roberts	Mark	1985	ROY
Battershell	David	1964	WEY	Scrivener	Mark	1968	FOX
Bell	Stuart	1970	DEV	Shephard	Evan	1985	RDG
Blackman	Howard	1965	BPR	Sklenar	Jan	1971	NOR
Bull	Martin	1975	NOT	Thom	Neil	1985	WEY
Burgess	Reuben	1966	WEY	Toovey	Jason	1976	LKR
Bush	Steve	1984	DEV	Villaruel	Matthew	1969	EAL
Camilleri	Henry	1966	WEY	Walker	Thomas	1981	RIC
Carter	Guy	1977	RIC	White	Jonathan	1983	EXE
Channon	Peter	1961	RIC	Williams	Dean	1967	CLM
Clark	Stewart	1965	CLM	Williams	Robin	1958	WEY
Clifford	Alex	1973	WEY	Men Masters D Kayak – MVDK			
Czillaho	Laszlo	1956	RIC	Abson	William	1981	RIC
Dimmock	Paul	1959	WEY	Ager	Richard	1968	CLM
Dodson	Andy	1963	ADS	Ames	Robert	1958	RIC
Driskel	Daniel	1984	EAL	Applewhite	Adrian	1972	CLM
Dunn	Stuart	1974	CLM	Atkins	Lee	1969	RDG
Epps	Terry	1954	NOR	Avery	John	1970	CLM
Fegent	Mike	1956	RIC	Ball	Mark	1970	DEV
Frankland	Nigel	1960	RDG	Barkway	Andrew	1970	BPS
Freeman	Joe	1987	RIC	Beaver	Timothy	1963	SOR
Gadd	Paul	1961	ADS	Beck	Stephen	1971	BAN
Garner	Nick	1968	RIC	Bimbo	Kristian	1981	LBZ
Gorman	Peter	1955	WEY	Blatchly	Mark	1963	NOT
Greyson-Newman	Tony	1968	RIC	Boon	David	1977	ELM
Grimsey	Damon	1971	SOU	Boonham	Chris	1965	RDG
Grimwood	Andrew	1967	LIN	Campkin	Russell	1980	LBZ
Guest	Robert	1960	NOT	Chamberlin	Tim	1972	CLM
Hancy	Martin	1969	NOR	Chernyshenko	Dmitri	1981	RIC
Head	Tom	1980	CLM	Clow	Jason	1972	WEY
Herbert	Doug	1975	CLM	Conway	James	1977	RIC
Herwanger	Jorg	1969	RIC	Curry	Phil	1958	CLM
Holmes	Graham	1957	WEY	Davison	Max	1965	BAN
Hook	Martin	1971	EAL	Deville	Mark	1963	CLM
How	Matt	1965	NOR	Dixon	Nigel	1962	LBZ
Kaloczy	Zoltan	1962	NOT	Doran	Andrew	1969	LIN
Kucska	Imre	1983	NOT	Eskriett	Simon	1964	GAI
Lucas	Roland	1961	RIC	Evans	David	1962	GLO
Marshall	Derek	1956	LKR	Fenwick	Jonthan	1967	LON
Mason	Norman	1952	NOT	Fisher-Jeffes	Donald	1982	ELM
McAra	Neil	1967	BAN	Flockhart	Alex	1981	RIC
McIntyre	Donal	1966	WEY	Gilbert-Johns	Richard	1965	SOU
Murphy	Gerry	1960	BCC	Glasspole	Julian	1964	RDG
Partridge	Gary	1965	TRU	Gould	Tim	1951	RIC
Pemble	Doug	1964	ADS	Grant	Michael	1974	RIC
Peters	Guy	1961	RIC	Gray	Lorne	1982	GAI
Pipe	Alastair	1969	RUN	Green	Robert	1955	NOR
Piper	Jamie	1966	EXE	Griffiths	Daniel	1971	CLM
Rance	Steve	1959	SOU	Gutteridge	Marc	1971	RDG

Ranking list at end of 2022

Surname	First name	Year	Club
Men Masters D Kayak Cont'd – MVDK			
Hackwell	Paul	1969	TRU
Hadley	Dave	1965	NOT
Harte	William	1967	BAN
Hawthorn	Michael	1952	WOR
Hayman-Joyce	Richard	1967	WEY
Heard	Colin	1972	EXE
Hill	Tant	1972	RDG
Hipkins	Kevin	1966	LON
Hunter	Trevor	1966	DEV
Hutchinson	Stuart	1971	RDG
Ilett	Peter	1962	NOT
Iwanow	Lukasz	1985	GLW
Jack	Duncan	1965	NOT
Jones	Christopher	1976	LBZ
Jones	Gavin	1968	WEY
Lack	Kevin	1967	LIN
Latvenas	Arnoldas	1974	RIC
Lawrenson	Bill	1955	BPR
Lee-Smith	Clifford	1949	NOR
Long	Dave	1973	FOX
Lovell	Richard	1963	DEV
Marnell	Stephen	1967	RUN
Mason	Tom	1960	NOT
Mietus	Peter	1955	NOT
Murphy	Paul	1971	LBZ
Nagy	Balint	1970	RDG
Nye	Philip	1956	POO
Oliver	Laurence	1943	LIN
Oliver	Richard	1947	LIN
Parke	Andy	1969	RIC
Phelan	Brian	1960	BAN
Raciborski	Jan	1961	RDG
Russell	Phil	1968	CLM
Ryba	Lukasz	1985	GLW
Sargeant	Tristian	1977	NOR
Schofield	Christopher	1965	NOR
Scott	Tim	1962	NOR
Simmons	Ray	1975	LIN
Smith	Derek	1962	ELM
Smith	Gary	1967	NOR
Smith	Henk	1973	POO
Smith	Steve	1968	WEY
Stanley	Will	1968	FOX
Sumner	Phil	1974	ELM
Sze	Wai-chung	1961	BSF
Tatam	Chris	1950	SWA
Thom	Neil	1985	WEY
Thompson	Paul	1960	WEY
Urquhart	Neil	1964	BAN

Surname	First name	Year	Club
Men Masters D Kayak Cont'd – MVDK			
Want	Adam	1970	NOR
Waszkiewicz	Tony	1955	RIC
Wilkinson	Philip	1963	LIN
Willis	Peter	1956	CLM
Wright	Simon	1972	LIN
Boys A Kayak – BAK			
Ayran	Koen	2006	FOX
Boland	Liam	2006	SLP
Bullock	Toby	2007	EXE
Clarke	Calum	2005	SLP
Cooke-Bayley	Haydyn	2005	NOT
Cribbett	Sam	2005	RLS
Durkan	Sean	2006	SLP
Ehnrooth	Philippe	2007	DEV
Enoch	Joe	2006	NOT
Freeland	Harry	2005	RDG
Higgins	Ben	2005	SLP
Hinves	Andre	2006	SOU
Kabeer	Muhammad Ali	2006	WOK
Kinzler	Nelson	2006	RIC
Lewis	Findlay	2005	LKR
Medepalli	Shirav	2005	RIC
Morley	Arthur	2005	WEY
Nelson	James	2005	RDG
O Connor	Dylan	2005	RIC
Patterson	Sam	2007	LKR
Popham-Coveley	Gabriel	2005	FOX
Rayment	Jack	2006	LBZ
Ross	James	2007	ELM
Schleiter Nielsen	Lukas	2005	FOX
Singleton	Huw	2006	NOT
Strachan	Rory	2007	GLW
Boys B Kayak – BBK			
Andrews	Lewis	2006	LIN
Aveson	Isaac	2008	ROY
Barritt	Ivan	2005	GLO
Bates	Sam	2006	ROY
Beeson	Charlie	2006	RDG
Bhoola	Trishan	2006	RIC
Butler	Edward	2005	NOT
Butterly	Sean	2008	SLP
Clancy	Luca	2006	SLP
Clarke	Dylan	2007	SLP
Coyle	Ryan	2007	GLW
Cramer	Fletcher	2006	SOU
Dixon	Leon	2005	LBZ
Donnellan	Conor	2007	SLP
Galliers	Joseph	2005	LBZ
Hackwell	Sam	2006	TRU

Ranking list at end of 2022

Surname	First name	Year	Club	Surname	First name	Year	Club
Boys B Kayak Cont'd – BBK				Boys C Kayak Cont'd – BCK			
Hills	James	2006	RIC	Murray	Joseph	2005	GLW
Holt	Flynn	2006	ROY	Nagy	Marcell	2009	RDG
Hunt	Ethan	2008	FOY	Niland	Jack	2007	FOX
Hunter-Hopkins	Arthur	2009	DEV	Noud	Sean	2009	SLP
Lamb	Nathaniel	2006	SOU	Payne	Cassian	2007	CLM
Larner	William	2006	BAN	Prior	Nathan	2007	ELM
Levkovskyy	Philip	2005	EAL	Redjeb	Erin	2005	ROY
Lovell	Lochie	2006	FLA	Sales	Theo	2006	CAM
Mavra	Danny	2006	RIC	Scaplehorn	William	2006	DEV
Mazur	Olivier	2008	RDG	Shetty	Felix	2006	WEY
O Halloran	Daniel	2006	CLM	Shipway	Ben	2005	SOU
Osmola	Mikolaj	2006	GLW	Smyth	Sean	2008	SLP
Power	Josh	2005	LBZ	Teeuwen	Aidan	2006	RDG
Saunders	Edward	2006	WEY	Tideswell	Rupert	2007	CAM
Sewell-Catchpole	Harry	2006	NOR	Zasadzinski	Damian	2006	GLW
Short	Will	2007	ELM	Boys D Kayak – BDK			
Skinner	Peter	2005	RDG	Amatller	Marc	2005	LKR
Sparks	Sam	2009	RLS	Barton	Thomas	2005	BSF
Sroka	Szymon	2008	LKR	Barzilai	Louis	2006	RIC
Stevely	Sam	2007	GLW	Beveridge	Cnochur	2005	RDG
Stevely	Will	2007	GLW	Blackledge	Dan	2005	FOX
Tamblin	Mitchell	2005	NOR	Bourne	James	2006	SOU
Taylor	Jago	2005	NOR	Bracey	Xiao Wei	2006	SOU
Tietema	Cormac	2006	RDG	Campbell-Reide	Max	2005	FOX
Tomlinson	Leon	2005	MVR	Chapman	Christopher	2007	ROY
Toop	Regan	2006	WYC	De Bilio	Lorenzo	2010	ROY
Worgan	Alexander	2007	ROY	Ellis	Finlay	2008	CLM
Boys C Kayak – BCK				Eyles	William	2005	WEY
Allan	Patrick	2006	WEY	Flanagan	Conor	2005	SLP
Banfield	James	2005	ELM	Gohar	Fabio	2007	RIC
Bates	Ayden	2005	LBZ	Hackwell	Matthew	2008	TRU
Clifford	Lucas	2009	WEY	Hamilton	Torin	2009	ELM
Collins	Hamish	2005	RIC	Hampton	George	2007	CLM
Dickson	Sam	2008	FOX	Hartney	Conor	2008	RIC
Ellis	Joseph	2005	BAN	Hatton	Tom	2008	ROY
Flint	Ben	2007	WEY	Helder	Dominic	2006	ELM
Gravell	Magnus	2005	LBZ	Herriot	Archie	2005	GLW
Griffin	Kit	2006	RLS	Hughes	Patrick	2005	NOR
Groen	Joshua	2006	SLP	Ives	Edward	2008	TRU
Harrison	Joe	2007	NOT	Karklins	Aksels	2006	RIC
Hayland	Thomas	2008	WEY	Long Ching Tang	Austen	2006	RIC
Heard	Freddie	2009	EXE	Lovegrove	Fred	2006	HER
Hilyer	Herbert	2005	NOR	Luc	Kiet	2006	FOX
Jacq	Louis	2005	CAM	Lynn	James	2006	BAN
Kinder	Tyler	2008	RDG	Macnab	Jenson	2007	RDG
Lovell	Jamie	2006	DEV	Marques	Andre	2005	NOR
Mableson	Tom	2006	NOR	Marsh	Jake	2007	WYC
Martin	Dylan	2008	DEV	Moult	Henry	2007	ELM
Murphy	Aeron	2008	RLS	Munro	Johnnie	2006	GLW

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Surname	First name	Year	Club	Surname	First name	Year	Club
Boys D Kayak Cont'd – BBK				Woman B Kayak Cont'd – WBK			
O Hare	Cameron	2007	DEV	Browne	Gemma	1994	ROY
O Sullivan	Conor	2005	SLP	Burgess	Abi	1999	WEY
Patterson	Tom	2009	LKR	Burgess	Ellie	1999	LIN
Perry	Joshua	2005	BAN	Carmicheal	Georgia	2002	LON
Pitt	Henry	2009	ROY	Carter	Molly	2001	ROY
Poole	Max	2010	DEV	Clark	Bea	2002	ROY
Popham-Coveley	Isaac	2008	FOX	Clark	Zoe	2001	ROY
Power	Ollie	2006	LBZ	Collins	Imogen	1993	RDG
Prins-Mills	Max	2007	RDG	Dale	Ava	1998	FOX
Prior	Nathan	2007	ELM	Freeman	Anoushka	1999	RIC
Ralph	Michael	2008	WEY	Green	Amy	2004	WOR
Reynolds	Daibhi	2007	SLP	Guest	Lucy	2002	NOT
Roeser	William	2008	WEY	Hipkins	Kate	2002	LON
Shipway	Sam	2007	SOU	Johnson	Melissa	1997	CLM
Simmons	Conor	2007	LIN	Kneen	Rachel	2000	FOR
Sinigaglia	Lorenzo	2008	ROY	Lane	Alexandra	1994	RDG
Sirrell	James	2007	RLS	Lewis	Honor	2004	WEY
Smith	Rory	2007	NOR	Martyn	Samantha	2000	WEY
Sutton	Josh	2007	WYC	Montagna	Elise	2003	ROY
Taylor	Ryan	2007	BAN	Myburgh	Renee	1999	ROY
Unwin	Isaak	2007	RIC	O Drisceoil	Eabha	2004	SLP
Walker	Alex	2005	NOR	Pemble	Becky	2003	ADS
Walker	Dominic	2008	NOR	Peters	Freya	2001	NOT
Wells	Sam	2007	ELM	Pocklington	Katie	2003	WYC
Witkowski	Tomasz	2006	GLW	Rowe	Livvy	1998	NOR
Woman A Kayak – WAK				Smith	Aisling	1993	SLP
Ayres	Phoebe	1991	NOR	Solway	Rebekah	1999	ELM
Broughton	Lizzie	1988	RIC	Sudeikyte	Dovile	1992	ROY
Brown	Hannah	1990	NOT	Sugar	Laura	1991	PAR
Dale	Enya	2001	FOX	Thompson	Sophie	2000	WEY
Denman	Olivia	1996	SLP	Urquhart	Jessica	2003	NOT
Duffield	Florence	2000	NOR	Wallace-Loizou	Maia	1999	RIC
Egan	Jenny	1987	SLP	Warburton	Molly	2004	LIN
Hannah	Angela	1986	BAN	Wells	Nicole	1995	LIN
Kerr	Deborah	1997	ANK	Woman C Kayak – WCK			
Lee-Smith	Lucy	1997	NOR	Aspell	Megan	1998	RNP
Lewis	Emily	1993	WOR	Avery	Abigail	2003	ROY
Macleod	Lucy	1995	SLP	Christie	Kerry	2003	BRK
Rees-Clark	Sam	1995	NOT	Clarkson	Hannah	2004	GLW
Russell	Emma	2000	CLM	Cox	Amber	2002	ELM
Schofield	Rachel	1988	WEY	Daysh	Amy	2002	EXE
Simon	Rebeka	1996	ELM	De Ferrer	Madeleine	1997	NOR
Turner	Amy	1993	BAN	Dilai	Maggie	1986	NOT
Walker	Jessica	1990	ROY	Ellis	Charlotte	1994	LBZ
Woman B Kayak – WBK				Falltrick	Leah	1996	CLM
Anderson	Grace	2003	NOR	Fenwick	Georgia	2003	RDG
Armstrong	Alexandra	2003	LKR	Gallagher	Hannah	2004	WEY
Ball	Flossie	2002	DEV	Geddes	Olivia	2004	CDF
Brookes	Katie	2002	WOR	Gordon	Hope	1994	FOR

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Surname	First name	Year	Club
Woman C Kayak Cont'd – WCK			
Groves	Sofia	2003	NOR
Hicks	Harriet	1996	NOR
Hills	Melody	2002	RIC
Holmes	Jessica	2003	RIC
Hurrell	Zoe	2001	ADS
Ip	Yun	2002	RIC
Jepson	Klara	2004	FOX
Jones	Isabella	2004	WEY
Mann	Jasmine	1999	CDF
McMullen	Georgina	1998	RIC
Murphy	Alice	1992	NOT
Oxtoby	Lydia	1992	LBZ
Ozvald	Maja Kira	2001	RUN
Poole	Elizabeth	2004	ELM
Railton	Anna	1989	FOX
Roghi	Alis	2003	NOR
Shaikh Ali	Aida	2003	GLW
Slack	Ellen	2001	ROY
Stephens	Hannah	2001	CDF
Swift	Rebecca	2002	RDG
Terry	Stacey	1994	NOR
Trotter	Katherine	1993	ELM
Troy	Cara	2004	ELM
Walker	Katy	2002	NOR
Williams	Katie	1992	ELM
Wong	Lily	2000	RIC
Woman D Kayak – WDK			
Abu-helil	Bushra	1994	CAM
Alexander	Heather	2003	ADS
Allen	Mae	2002	DEV
Avery	Lauren	1998	CLM
Avery	Lauren	2001	ROY
Barker	Amy	2002	NOR
Barnard	Leanne	1995	LIN
Barrett	Emily	2003	RLS
Benstead	Ruby	2003	ELM
Callaghan	Kate	2001	SOU
Cechowa	Lada	1997	GLW
Chappell	Ellie	2002	LEE
Christie	Emma	2004	BRK
Clegg	Jenny	2002	DEV
Comben	Kathryn	2003	CLM
Comfort	Kiera	2004	WEY
Copeland	Ashla	2002	SLP
Cronin	Ellie	2003	LEE
Cureley	Emma	2004	SLP
Dickson	Charlie	2002	FOX
Dixon	Katy	2003	LBZ
Falco	Elise	2004	WEY

Surname	First name	Year	Club
Woman D Kayak Cont'd – WDK			
Fisher	Abbie	2004	LIN
Gadd	Sophie	2002	ADS
Gilbert-Johns	Sophie	1999	SOU
Godsave	Lauren	1989	WEY
Gorst	Emily	2003	SOU
Harbridge-Hui	Phoebe	2003	RDG
Hill	Imogen	2002	CLM
Holmes	Molly	2003	PEN
Jackson	Hollie	2001	FOX
Jefferies	Robyn	1992	BAN
Jermakova	Jelizaveta	1999	RIC
Keil	Elinor	2004	RLS
Kenny	Megan	1996	EXE
King	Issy	2002	RIC
Kirby	Kitty	2001	WYC
Lawton	Natasha	1997	GLW
Le-May	Charlotte	2003	NOR
Lillis-Brooks	Olivia	2003	RLS
Long	Jessica	1999	FOX
Long	Sophie	2000	FOX
McGonigie Navarro	Caitriona	2003	SLP
Millar	Katharine	1999	EXE
Mobbs	Holly	1998	WEY
Murray	Eabha	2002	SLP
Nelson	Rachel	2003	RDG
O Connell	Elly	1993	RIC
Oastler	Madeleine	2003	CLM
Parker	Sophie	1990	CLM
Randle	Freya	2003	FOR
Sandercock	Molly	2004	BRK
Sealey	Hannah	1994	RDG
Shetty	Sienna	2003	WEY
Stratford	Lilly	2004	CLM
Szabo	Linda	1997	LKR
Thistlewood	Charlotte	2004	NOR
Thomson	Amelia	2004	CLM
Walker	Lucy	2003	NOR
Walkinton	Holly	1993	CLM
Wilcox	Megan	1996	NOR
Wilkinson	Freya	2002	LIN
Williamson	Francesca	2004	CLM
Wright	Ivy	2002	LEE
Wyatt	Zowie Heather	1991	CLM
Yull	Tabitha	2003	NOR
Woman Masters A Kayak – WVAK			
Mason	Hayleigh	1986	NOT
Swarbreck	Jane	1987	RIC

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Surname	First name	Year	Club
Woman Masters B Kayak – WVBK			
de Bruijn	Suzanne	1986	NOR
Henshaw	Charlotte	1987	PAR
Lovell	Rachel	1978	WOR
Neave	Shuna	1986	NOT
Von Maltzahn	Robyn	1981	RIC
Wilson	Katherine	1985	RDG
Woman Masters C Kayak – WVCK			
Banson	Caroline	1965	BPS
Barat-Farkas	Erzsebet	1986	ELM
Barrell	Jodie	1983	LBZ
Davies	Claire	1987	NOT
Drummond	Catherine	1980	RDG
Hills	Ludy	1978	RIC
Holmes	Sarah	1988	NOT
Overton	Anna	1981	DEV
Peck	Hannah	1983	RIC
Scaplehorn	Kate	1979	DEV
Vernau	Sarah	1978	NOT
Whitear	Faye	1986	RIC
Woman Masters D Kayak – WVDK			
Alexander	Jan	1962	NOR
Alexander	Sally	1965	ADS
Avery	Tracy	1966	CLM
Ayling	Catherine	1964	MAI
Ayres	Elizabeth	1980	NOT
Barkway	Kelly	1972	BPS
Bates	Joanne	1981	FOX
Bie	Julie	1962	NOR
Bruton	Anna	1982	BAN
Bunyon	Lynn	1966	CLM
Butler	Michelle	1970	NOT
Chmiel	Alison	1963	NOT
Clark	Amanda	1966	CLM
Colby	Sue	1970	DEV
Cuenca	Pepi	1970	NOR
Davies	Bethan	1983	RDG
Davis	Joanne	1967	NOR
Dodson	Wendy	1952	ADS
Drane	Coral	1963	NOR
Fender	Lynne	1964	NOT
Field	Kirstin	1973	RIC
Fooks	Juliet	1970	DEV
Grady	Fiona	1973	NOR
Green	Helen	1967	CLM
Harper	Helen	1973	BAN
Hartland	Sally	1979	BAN
Hawthorn	Susan	1963	WOR
Herwanger	Tanya	1973	RIC
Hinkova	Andrea	1972	NOR

Surname	First name	Year	Club
Woman Masters D Kayak Cont'd – WVDK			
Honigh	Viktoria	1972	RDG
Howell	Catherine	1974	NOT
Huisman	Martine	1966	SOU
Hunter	Beverly	1959	DEV
Hutchinson	Erika	1977	RDG
Impey	Vanessa	1977	RIC
Jacoby	Nikki	1962	RDG
Jenkins	Justine	1969	NOT
Johnson	Colette	1964	BAN
Jones	Caroline	1966	NOT
Jones	Jenny	1967	DEV
Lamb	Jane	1973	SOU
Martyn	Caroline	1968	WEY
McManus	Kate	1967	NOT
Middlehurst	Sue	1962	ADS
Millar	Jane	1956	NOT
Moore	Jenni	1983	NOR
Morley	Tania	1965	NOR
North	Nanette	1984	CAM
Oughton	Lynda	1959	NOT
Parsons	Tina	1963	NOT
Pemble	Caroline	1975	ADS
Pendle	Ali	1961	NOR
Penney	Charlotte	1986	BAN
Peters	Annette	1966	RIC
Petersen	Chris	1965	BAN
Phillips	Louise	1992	RIC
Pickles	Una	1965	RIC
Robertson	Becky	1981	NOR
Russell	Jackie	1968	CLM
Smith	Jacqui	1970	BAN
Smith	Robyn	1974	LIN
Stratford	Alex	1975	CLM
Taylor	Emma	1964	NOR
Thraves	Eleanor	1985	NOT
Urquhart	Siobhan	1965	BAN
Walker	Sarah	1973	NOR
Watts	Emma	1974	WEY
Wells	Hilary	1968	RIC
Wiggs	Emma	1980	PAR
Girls A Kayak – GAK			
Armstrong	Kristina	2005	LKR
Ball	Mollie	2006	DEV
Bethune	Isla	2005	ELM
Enoch	Matilda	2005	NOT
Hall	Nerys	2005	WEY
Hutchinson	Annabel	2006	RDG
King	Edith	2005	ROY
Patrick	Iona	2006	ESK

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Surname	First name	Year	Club
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Girls A Kayak Cont'd– GAK			
Payne	Sienna	2006	CLM
Roeser	Greta	2005	WEY
Sklenarova	Kamila	2007	NOR
Toovey	Hannah	2008	GLW

Girls B Kayak – GBK			
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Ball	Daisie	2009	DEV
Bates	Annie	2008	ROY
Boonham	Georgia	2005	RDG
Bowles-Trow	Emily	2007	ADS
Cove	Poppy	2008	RIC
De Bilio	Dianora	2009	ROY
Fulford	Charlotte	2008	RDG
Gilbert-Johns	Poppy	2005	SOU
Gwyn	Molly	2005	WYC
Herriot	Zoe	2008	GLW
Hunter	Imogen	2005	CAM
Kubisch-Wiles	Tilla	2005	RDG
O Halloran	Kate	2005	SLP
Pemble	Hannah	2005	ADS
Pepper	Milly	2005	LIN
Perry	Beth	2006	SOU
Pyrz	Alicja	2007	GLW
Ritchie	Chloe	2006	WEY
Scrivener	Frankie	2007	FOX
Spencer	Jasmine	2005	RLS

Girls C Kayak – GCK			
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Beeson	Alice	2009	RDG
Blatchly	Stephanie	2005	NOT
Cabarique	Sheila Monera	2005	SOU
Caffrey	Niamh	2005	SLP
Davison	Phoebe	2007	LIN
Dawson	Madeline	2007	LIN
Dunlop	Sophie	2007	ELM
Fulford	Isabelle	2005	RDG
Fuller	Naomi	2007	CLM
Geddes	Libby	2005	CDF
Gwyn	Florence	2007	WYC
Hamel	Florence	2006	RIC
Hampton	Rachael	2005	CLM
Jones	Jess	2007	RLS
Lillis-Brooks	Sofia	2005	RLS
Long	Catherine	2006	FOX
Nagy	Hanna	2009	RDG
Parkinson	Skye	2006	RIC
Sielicka	Ksymena	2005	GLW
Twort	Emily	2007	LIN
Webb	Delilah	2007	WEY
Widdows	Estelle	2007	NOR

Surname	First name	Year	Club
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Girls D Kayak – GDK			
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Girls D Kayak – GDK			
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Attwood	Holly	2006	WEY
Bajpai	Tia	2007	RDG
Bates	Molly	2010	ROY
Beck	Catherine	2007	BAN
Biagioli	Olivia	2007	ELM
Biles	Scarlett	2005	SOU
Boon	Katharine	2008	ELM
Bowers	Zara	2005	ELM
Brittle	Ava	2007	ELM
Burton	Matilda	2010	ELM
Davis	Megan	2005	NOR
Dixon	Kayleigh	2007	LBZ
Dubock	Jess	2005	FOX
Field	Imogen	2010	ELM
Finn	Naoise	2005	SLP
Fooks	Beatrix	2006	DEV
Giles	Evie	2007	FLA
Gordon	Alice	2005	GLW
Gordon	Giulia	2008	GLW
Gwyn	Harriet	2010	WYC
Hill	Beatrice	2008	NOR
Holt	Kyla	2009	ROY
Jepson	Nora	2005	FOX
Jones	Alexandra	2005	ELM
Karthikeyan	Tara	2007	CLM
Mcaulay	Eva	2008	NOR
Murdock	Josie	2006	SOU
Needham	Honor	2008	WOR
O Halloran	Emma	2008	SLP
Pedlar	Tamsin	2008	WOR
Perrin	May	2008	CLM
Phillips	Lotte	2007	NOR
Rae	Maggie	2006	LBZ
Ritchie	Izzy	2008	WEY
Roberts	Martha	2010	ELM
Sargeant	Jasmine	2008	NOR
Strachan	Abigail	2009	GLW
Sumner	Emma	2010	ELM
Tristram	Lucy	2006	RLS
Whitehead	Rose	2005	GLO
Wynne	Lauren	2005	FOR

Canoe Men A – CMA			
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Jones	Jonathon	1996	FLA
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Canoe Men B – CMB			
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Bogdanovs	Dmitrijs	1985	FOX
Caines	George	1990	NOT
Calvert	Christopher	1991	FLA
Lambert	Thomas	2001	LIN
Leech	Arthur	2000	RIC

Ranking list at end of 2022

Surname	First name	Year	Club
Canoe Men B Cont'd – CMB			
Marasa	Alexander	2001	GLW
Meikle-Briggs	Adrian	2001	RIC
Phillips	Ben	1998	RIC
Simko	Aleksandrs	1986	BSF
Styan	James	1990	FLA
Canoe Men C – CMC			
Bell	George	2003	FLA
Chalakov	Yordan	1990	RUN
Koti	Daniel	1994	NOT
Jamieson	Eric	1960	WEY
Shaw	Seb	1992	FLA
Szalontai	Sandor	1992	RIC
Szeltner	Gabor	1976	RIC
Train	Matthew	1992	FLA
Canoe Men D – CMD			
Betts	Sam	2003	RDG
Fowler	Nicholas	1977	WOR
Gohar	Marcus	1959	RIC
Herwanger	Francis	2003	RIC
Ivancikas	Ricardas	1989	RUN
Kleta	Devin	2002	RIC
Leech	David	1992	RIC
March	Daniel	2002	CLM
Martin	Michael	1965	LBZ
Prosser	Jack	1983	RIC
Taylor	Malcolm	1999	TAM
Thomas	William	2002	NOT
Tomlinson	Luke	2004	NOT
Williams	Robin	1958	WEY
Yurkwich-Ell	Jayden	2004	FLA
Canoe Boys B – CBB			
Chisholm	Owen	2006	RIC
Canoe Boys C – CBC			
Gohar	Fabio	2007	RIC
Lei	Hou	2005	NOT
Mykhailovskyi	Artem	2005	CDF
Sarkisyan	Areg	2006	RIC
Canoe Boys D – CBD			
Elliott	Andrew	2007	RIC
Long Ching Tang	Austen	2006	RIC
Norton	Frank	2006	RIC
Szalontai	Andor	2011	RIC
Canoe Woman A – CWA			
Bracewell	Chloe	1991	LIN
Evans	Isabel	1997	LIN
Fitzhenry	Afton	1995	BCC
Gill	Bethany	1996	CLM
Reid	Katie Jayne	1995	FOR

Surname	First name	Year	Club
Canoe Woman B – CWB			
Aitchison	Alix	2001	NOT
Palmer	Anna	1997	RDG
Sullivan	Samantha	1998	WYC
Canoe Woman C – CWC			
Bennett	Ruth	1999	FLA
Carey	Charlotte	2002	NOT
Dowling-Clarke	Lydia	1999	FOR
Halliday	Callie	1993	FLA
Pryor	Georgina	1998	LEE
White	Amy	1996	FOR
Canoe Woman D – CWD			
Chalmers	Laura	2004	NOT
Edmonds	Abigail	1990	WEY
Holmes	Sarah	1988	NOT
Kendall	Ella	2003	NOT
Jermakova	Jelizaveta	1999	RIC
Page	Hannah	2004	NOT
Phillips	Louise	1992	RIC
Turner	Amy	1993	BAN
Canoe Girls D – CGD			
Hunt	Maisie	2005	NOT
Sellers	Charlotte	2005	NOT
Paracanoe Kayak Man KMKL1			
Edwards	Darren	1990	PAR
Marsden	Ian	1972	PAR
Paracanoe Kayak Man KMKL2			
Beighton	Nick	1981	PAR
Clark	Stewart	1965	CLM
Oliver	Robert	1988	SOL
Phillipson	Dave	1989	PAR
White	Jonathan	1983	EXE
Paracanoe Kayak Man KMKL3			
Eyers	Jack	1989	PAR
Lodge	Timothy	1972	WEY
O Leary	Patrick	1972	SLP
Rees	William	1997	PAR
Tarrant	Jon	1997	RLS
Tweedie	Martin	1989	PAR
Wood	Stuart	1994	BTH
Young	Jonathon	1984	PAR
Paracanoe Kayak Woman KWKL1			
Chippington	Jeanette	1970	LON
Paracanoe Kayak Woman KWKL2			
Field	Ellen	2001	PAR
Henshaw	Charlotte	1987	PAR
Wiggs	Emma	1980	PAR

Ranking list at end of 2022

Surname	First name	Year	Club
Paracanoe Kayak Woman KWKL3			
Dixon	Chelsey	1996	PAR
Fisher	Elizabeth (Beth)	1990	PAR
Gordon	Hope	1994	PAR
Owen	Llinos	1982	RLS
Sugar	Laura	1991	PAR
Thorpe	Lindsay	1993	4AS
Warren	Jen	1980	RLS

Paracanoe Va'a Man VMVL2			
Clark	Stewart	1965	CLM
Clifton	Edward	1985	CLM
Cook	Shaun	1986	NOR
Edwards	Darren	1990	PAR

Paracanoe Va'a Man VMVL3			
Beighton	Nick	1981	PAR
Eyers	Jack	1989	PAR
O Leary	Patrick	1972	SLP
Phillipson	Dave	1989	PAR
Tweedie	Martin	1989	PAR
Wood	Stuart	1994	BTH
Young	Jonathon	1984	PAR

Paracanoe Va'a Woman VWVL2			
Chippington	Jeanette	1970	LON
Field	Ellen	2001	PAR
Wiggs	Emma	1980	PAR

Paracanoe Va'a Woman VWVL3			
Fisher	Elizabeth (Beth)	1990	PAR
Gordon	Hope	1994	PAR
Henshaw	Charlotte	1987	PAR
Thorpe	Lindsay	1993	4AS

Intermediate Boys Kayak – BIK			
Barnett	Dougal	2010	FLA
Bartsch Cotta	Björn	2010	FOX
Bates	Ewan	2009	LBZ
Benton	Jack	2010	LBZ
Birch	Aaron	2009	CLM
Bowles-Trow	William	2010	ADS
Boyce	Ethan	2009	LBZ
Brookes	Finnley	2010	LIN
Bush	Theo	2010	DEV
Chamberlin	Finley	2010	CLM
Cribbett	Will	2009	RLS
Duncan	Ethan	2009	LBZ
Eskriett	Ben	2009	GAI
Gospodinov	Leon	2010	RIC
Grant	Malachi	2009	NOT
Hammett	Mason	2010	LBZ
Johnston	Benji	2010	WOR
Kenny	George	2010	DEV

Surname	First name	Year	Club
Intermediate Boys Kayak Cont'd – BIK			
Kroemer	Daniel	2009	RLS
Lovell	Finn	2009	FLA
McNamara	Oliver	2010	RUN
Pyrz	Mikolaj	2010	GLW
Reed	Ollie	2009	RLS
Sales	Hugo	2009	CAM
Scaplehorn	Alfie	2010	DEV
Schofield	Harrison	2010	NOR
Smith	Louis	2010	WOR
Solecki	Adam	2009	GLW
Walker	Rhys	2009	PAN
Young	Maxwell	2010	BAN

Intermediate Girls Kayak – GIK			
Allan	Joshie	2010	WEY
Cheyne	Isis	2010	CLM
Gaulton	Libby	2010	BSF
Herbert	Amilee	2009	CLM
Keane	Bella	2009	RIC
Lamb	Eloise	2009	SOU
Mavra	Cassia	2011	RIC
Mayers	Lottie	2009	RUN
Perkins	Ruby	2009	LBZ
Perrin	Rebecca	2009	CLM
Rhys	Gabriela	2009	GLW
Shephard	Ruth	2011	RDG
Smyth	Eabha	2010	SLP
Tristram	Hannah	2009	RLS

Mini/Lightning A Kayak – MLA			
Adams	Fahron	2011	DEV
Ayran	Knoah	2011	FOX
Barnett	Fergus	2012	FLA
Byrne	Henry	2011	NOT
Cains	Gus	2011	DEV
Carrington	William	2011	NOR
Davie	Marshall	2011	LKR
Drummond	Joshua	2012	RDG
Fowler-Rimell	George	2011	FLA
Maloney	Jack	2012	NOT
Marriot	Sophie	2011	NOT
Mason	Luke	2011	DEV
Nobbs	Noah	2012	NOR
O Hare	Connie	2011	DEV
Otugo	Gabriel	2012	GLW
Otugo	Michael	2011	GLW
Toovey	Jack	2011	GLW
Wade	Jack	2012	RDG
Westall	Henry	2011	PAN
Whitlock	Isaac	2011	WYC
Wilford	Riley	2011	CDF

Ranking list at end of 2022

Surname	First name	Year	Club
Lightning B Kayak – LTB			
Anderson	Orla	2012	SOU
Bates	Connor	2014	LBZ
Carpenter	Toby	2011	LIN
Cheyne	George	2012	CLM
Duncan	Connor	2011	LBZ
Gora	Adam	2012	GLW
Gora	Jan	2011	GLW
Grant	Elijah	2011	NOT
Hartland	Henry	2011	BAN
Herriot	Vincent	2011	GLW
Ives	Emily	2011	TRU
Jones	Lexi	2012	NOT
Pedlar	Alex	2011	WOR
Pyrz	Julia	2015	GLW
Rys	Adrian	2013	GLW
Scoffins	Warrick	2011	NOR
Shipway	Chloe	2011	SOU
Thomas	Freddie	2012	WOR
Tingay	Ethan	2014	LBZ
Wilson	Barnaby	2012	WOR
Paddle-Ability – PAD			
Chettle	Tara	1999	4AS
Cook	Shaun	1986	NOR
Davies	Lewys	2005	4AS
Dixon	Chelsey	1996	WOK
Edwards	Darren	1990	PAR
Field	Ellen	2001	PAR
Fisher	Joshua	2000	LKR
Fisher	Matt	2003	LKR
Glaves	Cassie	2008	4AS
Gordon	Hope	1994	PAR
Hage	Jacob	2003	4AS
Jackson	Oliver	2003	LIN
Mansfield	Jacob	2002	4AS
Radcliffe	Ian	1969	NOT
Taylor	Kirsty	2000	PAR
Thompson-Martin	Dakota	2007	4AS
Thorpe	Lindsay	1993	4AS
Van der Poll	Xander	1999	PAR
Warwick	Daniel	2000	4AS
White	Jonathan	1983	EXE

BRITISH CANOEING

PARALYMPIC AND CANOE SPRINT PROGRAMMES

A total of 15 athletes have been selected in Canoe Sprint and 12 in Paracanoe for the season which will see the first round of boat quota places for the Paris Olympic and Paralympic Games booked at the 2023 World Championships in Duisburg in August.

Additionally, this year for the first time, a group of talented young athletes will be supported by the new Sprint Academy Programme which was launched in June and is a key action within the Sprint Performance Strategy.

The Academy will support athletes primarily in the U23 age group to realise their potential and continue to progress and transition onto the World Class Programme.

Paracanoe also have identified Academy athletes who are supported through monthly training camps and TASS funding.

Canoe Sprint

Podium

Deborah Kerr (Anker Valley)
Emma Russell (Chelmsford)
Rebeka Simon (Elmbridge)
Emily Lewis (Worcester)

Paris Potential

Charlie Smith (Leighton Buzzard)

Podium Potential

Daniel Johnson (Chelmsford)
Afton Fitzhenry (Belfast)
Bethany Gill (Chelmsford)
Katie Reid (Forth)
Thomas Lusty (Solihull)
Trevor Thomson (Ealing)
Noah Dembele (Leaside)
Lewis Fletcher (Scottish Perf. Squad)
Philip Mile (Royal Leamington Spa)
Izzy Evans (Lincoln)

Canoe Sprint Academy

Florence Duffield (Norwich)
Abigail Burgess (Wey)
Zoe Clark (Royal)
Thomas Lambert (Lincoln)
Lucy Lee-Smith (Norwich)
Edward Nightingale (Wiltshire Youth)
Enya Dale (Falcon)
Benji Cabrera (Fowey)
Finn Cadell (Nottingham)
Alex McIntyre (Chelmsford)
Luke Shaw (Norwich)
Matthew Collinge (Worcester)
Kate Hipkins (Longridge)
Amy Green (Worcester)

Paracanoe

Podium

Emma Wiggs
Charlotte Henshaw
Laura Sugar
Jack Eyers (Poole Harbour)
Hope Gordon (SDS)
Robert Oliver (Solihull)
Jeanette Chippington (Longridge)

Stuart Wood (4AS)

Dave Phillipson

Podium Potential

Jonathan Young (CANI)
Ed Clifton (Chelmsford)
Jon Tarrant (Royal Leamington Spa)

Paracanoe Academy

Stewart Clark (Chelmsford)
Shaun Cook (Norwich)
Ellen Field
Charlie Knowlden (Royal Leamington Spa)
Llinos Owen (Royal Leamington Spa)
Lindsay Thorpe (4AS)
Xander van Der Poll
Jon White (Exeter)

BRITISH CANOEING

PARALYMPIC AND CANOE SPRINT PROGRAMMES

Details of Programme Qualification Policies can be found here:

<https://www.britishcanoeing.org.uk/news/2022/canoe-sprint-and-paracanoe-athletes-selected-onto-programme-for-2023>

Selection Policies 2023

Paracanoe

For 2023 the focus is to qualify Paralympic quota places at the World Championships in Duisburg, while also providing racing opportunities for developing athletes across the classification categories. There are two selection points this year. The April regatta will be used for selection to the first World Cup, and the June regatta for selection to both the World Championships and the European Championships and World Cup 3. This approach enables those athletes focused on qualifying Paralympic quota places to prepare with fewer constraints.

Senior Sprint

The focus of the 2023 senior policy is to qualify places for the Paris Olympic Games as well as to provide development opportunities for those on pathways to that level. The domestic regattas which are at the most appropriate times of the year have been chosen for international regatta selection. A World Cup Pool of athletes will be selected in April, being mindful that World Cup 1 will have a dual role as it is also selection for the European Games. For those focused on peaking at the World Championships and qualifying Olympic quota places, the July regatta becomes a single selection point and also selects the World Cup 3 Team. Athletes will need to have clarity on their objectives particularly around the European Games, as there is only one week separating this event from the July regatta. This year a new 'best of three' type racing format is being introduced at the July regatta for single and double boat Olympic events. This is intended to ensure the consistently best athlete is identified in a format that also reflects an international racing schedule. Please note that we have tightened the policy for exceptional circumstances. Athletes need to make sure that they do everything they can to keep injury and illness free and race at the relevant selection events.

U23 Sprint

For athletes in this development bracket some careful planning and prioritisation is encouraged. As usual there are many options and paths to take. The IP would like to encourage athletes and coaches to identify events to target that support longer term development to ensure that competitions can be properly prepared for, while also using domestic regattas to build racing experience. In addition to the senior competitions (World Cups, European Games and World Championships) for which U23 athletes are eligible there are also the U23 European and World Championships. The single selection point for these events is the June regatta, allowing athletes to gain racing experience early in the season and prepare with a greater focus on the championship events. Please note that we have tightened the policy for Exceptional Circumstances. Athletes need to make sure that they do everything they can to keep injury and illness free and race at the relevant selection events.

BRITISH CANOEING PARALYMPIC AND CANOE SPRINT PROGRAMMES

Junior Sprint

This year the racing calendar and policy allows athletes to focus on the June regatta as a single selection point for the European and World Championships, and July regatta for the Olympic Hopes, reducing the conflict between school exams and international racing. Early season regattas can be used for race practice and gain racing experience in preparation for the selection regattas. There will be an emphasis on crew boat racing this year, and we encourage athletes to use all opportunities to develop crew boat skills. In recent years the Olympic Hopes competition has become a high quality unofficial age group World Championships. In response, we are changing our approach to selecting the team. This year the July regatta will be the sole selection point to select an U16 and U17 team, which will be based upon performances in C2 and K2 only. Please note that we have also Tightened the policy for Exceptional Circumstances. Athletes need to make sure that they do everything they can to keep injury and illness free and race at the relevant selection events. The IP will also be asking athletes to be clear on event priorities when contesting multiple events for selection.

All Selection Policies and registration documents can be found at the following link.

<https://www.britishcanoeing.org.uk/news/2022/2023-canoe-sprint-canoe-slalom-and-paracanoe-selection-policies-published>

SAFEGUARDING AND PROTECTING CHILDREN AND ADULTS AT RISK

British Canoeing is committed to ensuring that everyone can enjoy Paddlesports in a safe environment in which they are protected from any form of poor practice, abuse or neglect. Working with the NSPCC and Child Protection in Sport Unit (CPSU), we are committed to constantly evaluating and developing our Safeguarding policies and processes so that we are exceeding the CPSU best practice guidance as well as ensuring legislative compliance.

Everyone in Paddlesport has a responsibility to help safeguard and protect those involved in the sport. Sometimes this can be a daunting prospect and to support those involved in our sport British Canoeing and the home nations have developed a range of policies, procedures and guidance. These can be found on www.britishcanoeing.org.uk and each home nation website. We ask that club Secretaries/Welfare Officers know where to find the information and make sure it is shared and discussed at club executive and general meetings.

The policies and procedures in this area stem from the following core principles:

- The child's welfare is paramount.
- Anyone under the age of 18 is classed as a child.
- Safeguarding principles also relate to Adults at Risk (for more information see Safeguarding Adults Policy on the British Canoeing website [here](#)).
- All children and adults at risk, regardless of age, any disability they have, gender, racial origin, religious belief and sexual identity have a right to be protected from abuse and harm.
- Coaches, clubs and centres need to be provided with advice to raise awareness of best practice, guidance and support should they become involved in an abuse situation.

Safeguarding Support Officer - While the welfare of young people is the first consideration, British Canoeing recognises that coaches, volunteers and helpers may also require support if an allegation is made against them. In these cases individuals should contact the British Canoeing Safeguarding Support Officer whose role is to listen, support, help and provide advice (contact details below). They will not be involved in the case and will be completely independent of the investigation.

Event Management - Event organisers should take note that there is a requirement to provide a Welfare Officer at all events where children are participating. For further details refer to the guidance sheets on the website – [Paddlesafe Events](#).

Good Practice Guidelines

By following these guidelines you will help to safeguard both children and adults at risk in our sport as well as protecting our coaches/volunteers from wrongful allegations.

- Avoid situations where you are alone with one child/adult at risk. British Canoeing acknowledges that there may be exceptional circumstances where there may be no alternative, for example, where a child/ adult at risk falls ill and has to be taken home. However, one to one contact should never be pre-arranged, alternative solutions should always be sought.
- If any form of physical support is required ask the paddler's permission, explain what you are doing and why to both the child/adult at risk and their parents/carers.
- Where possible ask parents/carers to be responsible for children/adults at risk in changing rooms. Always ensure that whoever supervises young people work in pairs.
- Where there are mixed teams/groups away from home, they should always be accompanied by an adult male and female coach/helper.

SAFEGUARDING AND PROTECTING CHILDREN AND ADULTS AT RISK

- Don't allow physically rough or sexually provocative games, or inappropriate talking or touching.
- It should not be necessary to do things of a personal nature for children/adult at risk. In exceptional or unforeseen circumstances, such as an emergency/injury, make sure you have another adult accompanying you. Get the consent of the parent/carer and if possible the child/adult at risk. Let them know what you are doing and why. Record what you did after the event and report it to your CWO/safeguarding lead.
- Ensure that any claims of abuse by a child/adult at risk are taken seriously and are reported to the Club Welfare Officer/Safeguarding Lead as soon as possible.
- Ensure that the nature and intensity of training does not exceed the capacity of a child's/adult at risk's ability and stage of development.
- Follow the British Canoeing guidelines for photography and video use (see Guidelines for use of [Photographic and Filming Equipment](#))
- If you accidentally hurt a child you should report such an incident immediately to another club coach/official and make a written note of it. You should also inform the child's parents/carers, preferably in person.
- If a coaching technique would benefit from physical contact or support then first ask the paddler's permission (e.g. would you mind if I held your shoulders to show you what I mean?). It is useful to take time to explain why and how this is used to the paddler and their parent or carer. (See British Canoeing or home nation guidelines for physical contact). Touching during a coaching demonstration can be OK and appropriate as long as it is neither intrusive nor disturbing or for the wrong reason

Ensure your club adheres to British Canoeing best practice guidelines and requirements with particular reference to:

- British Canoeing Safeguarding Children Policy and Safeguarding Adult Policy.
- British Canoeing Codes of Conduct.
- Safe recruitment and vetting practices including appropriate Disclosure checks, where eligible, in accordance with home nation and government guidelines.
- Safeguarding training.
- Club Welfare Officers attend specific training to support their role- Safeguarding and Protecting Children and Time to Listen workshops.
- Publicise your Club/Event Welfare Officer contact details.
- Publicise the NSPCC Child Protection Helpline.

IMPORTANT CONTACTS

British Canoeing Safeguarding Team

(For anyone wishing to report a Safeguarding incident or concern, or any other safeguarding query)

0115 8655354* Email: safeguarding@britishcanoeing.org.uk

**(If calling out of office hours, leave a message and your call will be responded to as soon as possible the next working day.)*

British Canoeing Safeguarding Support Officer

(For British Canoeing coaches, volunteers and staff who have received an allegation against them with respect to Safeguarding and require support.)

Keith Hampton: 07740 820113

SAFEGUARDING AND PROTECTING CHILDREN AND ADULTS AT RISK

HOME NATIONS

Scottish Canoe Association Safeguarding Officer

Andy Murray Tel: 01887 292040 Email: andy.murray@canoescotland.org

Canoe Wales Lead Safeguarding Officer

Cath Sykes Phone: 07908 683984 Email: childprotection@canoewales.com

CANI Safeguarding Officer

Stephen Craig or Louise Wallace. Email: safeguarding@cani.org.uk

24hour helplines:

CHILDLINE 0800 1111

NSPCC CHILD PROTECTION 0808 800 5000

(please keep trying if you can't get through straight away)

If you or someone else needs immediate medical attention or you or someone else is at risk of immediate harm or danger, call emergency services for the police or ambulance (999 or 112) immediately.

BRITISH CANOEING EQUALITY STATEMENT

British Canoeing is fully committed to the principle of equality of opportunity and aims to ensure that everyone has a genuine and equal opportunity to participate in paddlesport at all levels and in all roles within the sport. Everyone within paddlesport should be treated equally regardless of; age, disability, gender reassignment, marital or civil partner status, pregnancy or maternity, race, religion or belief, sex or sexual orientation ("Protected Characteristics"). In addition, British Canoeing will endeavour to ensure that everyone is given the same opportunities regardless of their socio-economic background.

Unlawful discrimination is unacceptable and will not be tolerated whether this discrimination is direct or indirect or intentional or unintentional. Participation in domestic competitions by transgender competitors is subject to the criteria detailed within the British Canoeing Transgender and Transsexual Policy. International competition and selection for transgender competitors is subject to eligibility defined by the IOC and is detailed in the British Canoeing policy.

For any enquiries regarding equality at British Canoeing please contact equality@britishcanoeing.org.uk

**Paddle
CLEAN**



ANTI-DOPING QUESTIONS

**Where can I find
more information?**

*What if a substance is
prohibited?*

*What is a supplement and
are there any risks?*

*How can I check
my medication?*

**IF I AM ILL CAN I TAKE
ANY MEDICATION?**

*Who can be drugs
tested?*

**Why is Clean
Sport important?**

**WHOSE RESPONSIBILITY
IS CLEAN SPORT?**

*WHAT IF I DIDN'T
KNOW THERE WAS A
BANNED SUBSTANCE
IN IT?*

Find out more

www.britishcanoeing.org.uk/anti-doping

www.ukad.org.uk

Download the Clean Sport App

PERSONAL PERFORMANCE AWARDS



The Personal Performance Awards are designed for paddlers wanting to gain recognition of their learning and development, in the craft and environment they choose. The process of completing the awards is based on learning and, as such, the ethos of 'supporting the paddler' is the main focus of all the awards, encouraging individuals in their development.

Discipline Specific Pathway Awards

Racing

Racing Explore Award

Racing

Racing Perform Award

Racing

Racing Excel Award

- **All of the awards are direct entry.** Paddlers can choose which award they would like to work towards, developing their skills and decision making.
- There are **no direct links to Coaching and Leadership qualifications** as prerequisites. The awards provide appropriate milestones and acknowledgement of personal skills, setting up the paddler appropriately for British Canoeing Awarding Body Coaching and Leadership qualifications.
- There are **no age restrictions** for any of the awards. Providers should check paddlers' suitability, as well as having appropriate mechanisms for anyone under 18.
- All of the awards have been created and written with the **paddler at the heart** of the content and creates empowerment and ownership.

Becoming a Provider

Every Instructor, Coach and Leader is able to deliver some of the Personal Performance Awards, depending on the existing qualifications and roles held, which provides greater access for the paddling community. All Providers need to complete an online eLearning package which supports Providers with the delivery of the awards. For full details, please see <https://www.britishcanoeingawarding.org.uk/personal-performance-awards/>

If Coaches don't hold British Canoeing Awarding Body qualifications, they can apply for Accreditation of Prior Learning (APL) application in order to deliver the awards. Log into your membership record and submit your short application.

PPA Provider Refresher eLearning

All existing PPA Providers will need to complete the PPA Provider eLearning to ensure continual development, standardisation and delivery of our Educational Philosophy. This eLearning update aims to revisit the awards, explore methods of delivery as well as focus on a specific area to support both providers and paddlers.

The eLearning also explores how the personal performance awards can be delivered, ensuring Providers empower the paddlers to make choices and try out different ways to manoeuvre their craft so they can work out what's best for them and head towards becoming an independent and confident paddler.

<https://www.britishcanoeingawarding.org.uk/resource/personal-performance-awards-provider-refresher/>

PERSONAL PERFORMANCE AWARDS

Paddle Safer

NEW in June 2022, the Paddle Safer course is for anyone new or relatively new to paddling who would like to gain knowledge and raise their awareness of paddling safely in a sheltered or very sheltered water environment. The new award can be taken in any craft.

Every British Canoeing Awarding Body Instructor, Coach, Leader or Guide can deliver this practical 2-hour course if they complete this Paddle Safer Provider eLearning and meet the Update Scheme requirements. <https://www.britishcanoeingawarding.org.uk/resource/paddle-safer-provider-training/>

COACHING AND LEADING THE COMPETITION DISCIPLINES

Coach Self Analysis Tool and Digital Library

The online resources enable individuals to recognise and celebrate their current practice, as well as consider options for further learning and development.

The Coach Self Analysis Tool enables an individual to gauge their current level of understanding, skill and knowledge in their chosen discipline, which includes Sprint and Marathon. This tool provides a personal overview of the coach's current practice, giving a holistic view as well as a specific breakdown in each of the areas. The analysis then offers considerations of how the coach may want to support their continual learning and development, as well as offering the option of Accredited Prior Learning, to support those with previous experience.

These considerations link to a range of resources within the Digital Library, which includes videos, podcasts, eLearning, academic papers and much more! The library will continue to grow and develop as new resources are made available and can also be used as a stand-alone resource to browse topics relevant to you.

These supportive resources are available on the British Canoeing Awarding Body website:

<https://www.britishcanoeingawarding.org.uk/>

NEW Safety and Rescue Resources

There are a range of NEW safety and rescue resources to support paddlers and coaches in their safety practices. The Racing Craft Rescue playlist includes a range of videos to support race craft rescues in a sheltered water environment, including 'emptying a K1 from the side', 'K1 deep water rescue' and 'rescue of an injured paddler with assistance'.

There is also a range of guidance documents aimed at coaches, such as bank based coaching from a bike.

<https://www.britishcanoeingawarding.org.uk/safety-resources/>

Developing your coaching and leadership skills through British Canoeing Awarding Body courses

There are various pathways, enabling both paddlers (boat-based) and non-paddlers (bank-based) to become Competition Coaches and Leaders. There are a range of direct entry awards available, which could be the first or next step for any aspirant Coach or Leader.

Racing Coach Award

Launched in January 2018, the Racing Coach Award is designed for people whose core function is to coach paddlers who want to gain/improve their racing paddlesport skills. This will include coaching beginners new to the sport, or paddlers looking to develop their skills in a racing environment. The Racing Coach Award is open to boat-based and bank-based paddlers.

The Racing Coach Award consists of 2-days of Core Coach Training and 2-days of Racing Coach Training, which is concluded by a 1-day Assessment. There are direct entry options available and a British Canoeing/National Association membership is the only prerequisite of the Core Coach Training. Where relevant, Coaches who have already completed various British Canoeing Awarding Body qualifications can bypass the Core Coach Training and/or Racing Coach Training by applying for Accredited Prior Learning (APL). Coaches who have completed the Sprint Discipline Support Module Part 2 (training and logbook) can choose to bypass the respective Racing Coach Training if they feel confident with the content.

There is a supportive eLearning package available to aid learning.

<https://www.britishcanoeingawarding.org.uk/coach-award/>

COACHING AND LEADING THE COMPETITION DISCIPLINES

Performance Racing Coach

Launched in June 2020, the Performance Racing Coach is an ideal programme for intrinsically driven, experienced coaches, who want to get better at coaching the paddlers they work with, and for those who seek recognition that their delivery meets enhanced levels of sophistication.

The learning journey is fluid and personalised to every coach who undertakes the programme. The key components of the award are the same but, as an experienced Coach, they will steer the direction and focus of learning in areas most relevant to them. The award is concluded by successfully completing a practical assessment which includes organising, planning and delivering a minimum of 3-hours' quality coaching for a least two learners.

<https://www.britishcanoeingawarding.org.uk/performance-coach-award/>

Paddlesport Leader

The Paddlesport Leader is aimed at paddlers taking on formal leadership responsibilities in benign, sheltered water environments and aims to support Leaders to run safe, quality, enjoyable trips based on their group's needs and aspirations. In a racing club, a Paddlesport Leader could provide a safety overview on a training session chaperoning other paddlers, for example.

The Paddlesport Leader is a direct entry award and training is **not** compulsory. Leaders can opt for British Canoeing Awarding Body Paddlesport Leader Training courses, which are available to support candidates in their development of the required skills. These courses typically cover leadership skills, and the associated personal skills, safety and rescue skills. Alternatively, candidates may wish to opt for more bespoke training opportunities. For example, in-house training at their club, working alongside/shadowing other Leaders, or conference/symposium workshops.

There are supportive resources available, including the Leadership eLearning, the Leader Self-Analysis Tool, a Skills Checklist and a Logbook. <https://www.britishcanoeingawarding.org.uk/leadership-raft-guide-resources/>

Accredited Prior Learning (APL): In some instances, aspirant Coaches may have prior experience that may enable them to enter the Coaching scheme and bypass training, going directly to assessment. If you feel you have the necessary experience, please refer to the Accredited Prior Learning (APL) Policy.

CPD (Continuous Personal Development) The supportive points based Continuous Professional Development (CPD) process is aligned with our Educational Philosophy allowing you to select the CPD that's most relevant to you. CPD is individualised, allowing the Coach and Leader to consider what areas they may need to develop. The process is simple, easy to upload and gives you the opportunity to recognise all of your learning and development, regardless of the source

First Aid and Safeguarding Requirements: The requirements relating to First Aid and Safeguarding training and the different coaching levels held can be found on the British Canoeing Awarding Body website.

For further information, please contact coaching@britishcanoeing.org.uk

ELMBRIDGE CANOE CLUB

2023 Racing Programme

Details [Flatwater Racing calendar – Canoe Marathon Racing UK](#)

Sunday 2 April Elmbridge Easter Half Marathon

Junior (U16 only) race of intermediate/elite ability held on the River Wey and Basingstoke Canal between Wey Kayak Club and Elmbridge Canoe Club. A long race, so not for beginners. Vast majority of race is canal, so little flow. Help will be provided at locks for multiple portages. Spray decks not required.

Saturday 13 May Elmbridge Sprint Regatta

Fun regatta and time trial held on the River Thames outside Elmbridge Canoe Club. Desborough Cut will be closed to all other river traffic for this event. Open to all levels of ability. There will be a possibility of flow, however the course is downstream and is short and straight.

Sunday 1 October Elmbridge Hasler Marathon

Divisional marathon race for all abilities. Held outside the club on the River Thames, over Sunbury Lock and as far as Platt's Eyot, Hampton for the upper divisions. A combination of straight and winding river, both narrow and wide. River will be subject to flow at this time of year. Two portages.

Entries: [Race Entries \(gbcanoemarathon.co.uk\)](#)

Details: [Race Entries \(gbcanoemarathon.co.uk\)](#)

All Elmbridge CC race/event entries to be submitted by club Team Leader via the Racman System. The team leader will be responsible for the checking in, payment and alterations at the event.

Any additional questions, please do not hesitate to contact Elmbridge CC

Race Secretary

elmbridgecanoecub@gmail.com

George Durden

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The University of East Anglia (UEA), located on the outskirts of Norwich, United Kingdom is delighted to announce that our sport scholar scheme applications open on the 16th January 2023 for the 2023 intake.

If you are an aspiring student-athlete, we want to support you in your journey to achieve your highest potential both academically and on the sporting field. We support athletes from across 30 different sports.

uea+sport offers a wide range of facilities and support for our top athletes and sporting programmes, ensuring you have the best possible opportunities to maximise your potential whilst studying at UEA. This opportunity is available to both UK and International students. We offer scholarships at three levels: Elite, Excellence and Developing Excellence.

Scholars will benefit from:

- ♦ Financial support - Elite (£1500) and Excellence (£500)
- ♦ Gym, Swim, Track Membership (currently worth £300)
- ♦ Additional free use of training facilities at Sportspark
- ♦ Free uea+sport membership (worth £55)
- ♦ Access to strength and conditioning support
- ♦ Access to physiotherapy/discounted sports massage
- ♦ Support workshops & lifestyle support
- ♦ Branded sports kit

We currently have three kayak/canoe sport scholars on our 2022-23 programme across two levels of scholarship, all of whom train at Norwich Canoe Club. We have also recently been awarded Talented Athlete Scholarship Scheme (TASS) delivery site status, meaning we are a recognised centre for supporting elite athletes. Norwich Canoe Club is a centre of excellence for training and racing in sprint and marathon with elite training groups for men and women (Div 1 / Men's A and Div 3 / Women's A paddlers) with many groups below. It is also a British Canoeing Para Talent Club Partner and a past British Canoeing Club of the Year.

For more information on our sport scholarship scheme, course available at UEA and Norwich Canoe Club please scan the QR codes below or if you have any queries email performance.sport@uea.ac.uk.



UEA Sport Scholarship Scheme

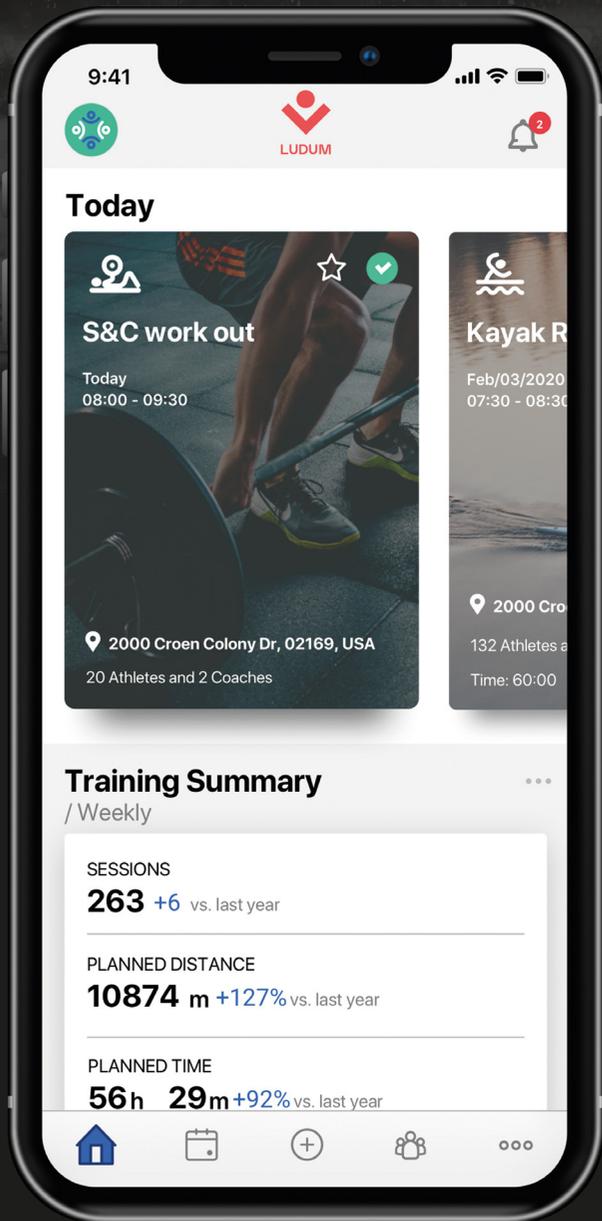


UEA Prospectus



Norwich Canoe Club





Coaches & scientists

Make smarter coaching decisions using performance & health data

Monitor training load to avoid injury and missed sessions

Manage attendance and analyse athlete performance

Share training & communicate with your team in one place

Athletes

Share & discuss performance data with your coach for insights & personalised training

Track progress & health data to reach peak form and minimise setbacks

Receive 24/7 training updates on mobile

Train at your best, peak when it matters

Improve Performance. Plan Ahead. Save Time

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GAILEY CANOE CLUB

Croft Lane, Gailey, ST19 5PY

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**We are a flatwater racing club with a
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**Kayaking can be relaxing or invigorating,
solitary or social, for fitness, wellbeing or
competition.**

For more details:

www.gaileycc.co.uk

FB: Gailey Canoe Club

Tel: 07790 216741

l.clive@gaileycc.co.uk



2023 Hasler Race - 15th October

MARATHON RACING COMMITTEE

The table below outlines the roles of each elected and co-opted member of the MRC. Bold shading indicates that this person is the primary contact for the area in question. Enquiries may be directed to the Secretary (marathon.secretary@vol.britishcanoeing.org.uk) or directly to any Committee member using the contact details below.

GOVERNANCE

Chair	Stan Missen
Vice-Chair	Mick Nadal
Secretary	Siobhan Urquhart
Treasurer	David Enoch
Comms	Holly Mobbs, Siobhan Urquhart
Safeguarding	Kat Wilson, Holly Mobbs
Equality	Holly Mobbs, Siobhan Urquhart, Bryn Price
Coaching	Scott Hynds
Club Support	Nanette North*

DOMESTIC COMPETITION

Rules	Mick Nadal, Bryn Price, Evan Shephard
Major Events	Dan Seaford*
Regional Advisors	Mick Nadal
Race Records	Graham Warland
Race Management	Dan Seaford*, Evan Shephard
Calendar	Graham Warland
Rankings	Roland Lawler, Scott Hynds
Event Safety	Mick Nadal
Trophies	Siobhan Urquhart

INTERNATIONAL COMPETITION

Senior Development	Scott Hynds
Junior Development	Holly Mobbs, Nettie North*
Logistics	Graham Warland, Dave Sackman
Kit	Dyson Pendle
Masters	Bryn Price
Event Hosting	Brian Chapman**

SELECTION COMMITTEE

Chair	Nanette North (IND)
Voting Members:	Tom Sharpe (RIC), Jo Bates (FOX), Kat Wilson (RDG), Roland Lawler (ELM), Paul Dimmock (WEY)
Non-voting, Independent Members:	Fay Lamph (WEY), Gemma Wiggs (British Canoeing)

*Indicates that this person is a co-opted member of the MRC

**Indicates that this person is the Scottish Canoe Association representative

CONTACT DETAILS

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Regional Marathon Advisers

BRITISH CANOEING, NATIONAL WATER SPORTS CENTRE
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WALES	Martin Holland martinholland22@sky.com

Regional Marathon Advisors are usually elected annually by the active racing clubs in their region. Full details of their role and the process of their election are at the end of section F. (Part G)

The Marathon Racing Regulations and Administration document can be downloaded from the Marathon website

<http://canoeracing.org.uk/marathon/index.php/the-marathon-racing-committee/>

or from the Secretary, contact details above.

PART A: RULES FOR COMPETITION

General Rules Applying to All Races

1) DEFINITION

A marathon race can be raced over any distance: usually between 3km and 200km. All competitors must race the correct course as determined by the race organiser, must go round all turn buoys and must exit and enter the water at a portage within the designated areas.

2) BEHAVIOUR

- a) Canoeing is a non contact sport and competitors shall race in a safe and fair manner.
- b) At all events those involved at all levels and in all roles do so within the recommendations of British Canoeing Safeguarding advice (<https://www.britishcanoeing.org.uk/guidance-resources/safeguarding>)
- c) Racing shall be conducted in a manner that considers the safety of officials, spectators, paddlers and members of the public.
- d) When a canoe or kayak is overtaking another canoe or kayak it is the duty of the overtaking craft to keep clear of other competitors at all times.
- e) When a canoe or kayak is racing in a group of competitors it is the duty of all the competitors in the group to keep clear of other competitors at all times. This rule applies to any manoeuvring within the group.
- f) All paddlers will wear appropriate clothing when racing. This is a minimum of singlet and shorts. These should preferably be in club racing colours.
- g) *During the course of a competition any items discarded by a competitor anywhere other than in a proper bin, must be recovered by the athlete, their support crew or coach immediately. It is the athlete's responsibility to ensure that this has happened. An event official witnessing non-compliance with this rule shall report the infringement to the race organiser and the offending competitor will be disqualified. Any repeat infringements by the same competitor shall be subject to disciplinary proceedings by the Marathon Racing Committee.*

3) THE RACING STRUCTURE

- a) The marathon racing system has been designed to encourage all levels of competitor from the raw beginner to top class internationals. Rules 4) to 19) apply to all Group A & Group C races. Rules 20) - 33) apply to the Divisional system specifically. The designation GST relates to the Geoff Sanders Trophy events & races for Under 14 competitors not yet promoted to the Divisional system. They are ranked GS-DivA, GS-DivB & GS-DivC. Rules 49) - 54) apply to them specifically and the scheme is explained at the end of this section after Rule 65) – Under 14 Development Racing: Geoff Sanders Trophy.
- b) **GROUP A (Higher Level)** There are five categories of race: -
 - i) These races will appear in the Racing Handbook calendar and/or the calendar published on the MRC website. For these races the race levy must be paid and competitors must be British Canoeing, WCA, SCA or CANI On the Water or Associate Members. (see Rule 12). Division 7, 8 & 9 paddlers may use an Event Ticket.
 - ii) Divisional races registered by the Marathon Committee. Promotions will be calculated by the race management system (RMS) program for these races, with input from the Rankings Officer.
 - iii) Races and time trials registered by the Marathon Committee but not in the divisional system such as stage marathons, descents, Royal K1, Richmond K2, Thameside etc.
 - iv) The National Championships.
 - v) Promotions between divisions may take place based on the results of all group A races.
- c) **GROUP B (Lower Level)**
 - i) Those races in the regions and at clubs that do not appear in the calendar. These will include handicap and fun marathons. No promotions will take place at these races. Clubs are encouraged

to hold handicap races throughout the year as an introduction to competing in the divisional system. These should be over a 3-10km course with handicaps based on age, experience and type of boat.

d) GROUP C (Lower Level)

- i)** All Under 14 GST races and Junior K2 races forming part of the Geoff Sanders Trophy or held at Regional Hasler events, the National Marathon Championships or the Hasler Final registered by the Marathon Racing Committee – see rules 49-58. For these races:
- (1) All competitors must be British Canoeing, WCA, SCA or CANI On the Water or Associate Members.
 - (2) No race levy will be payable.

4) CLUB MEMBERSHIP

The racing year shall be from 1st September of any year to 31st August of the following year. When a competitor is a member of more than one club, they shall declare before 1st September to the Race Records Officer of the Marathon Committee the name of the club for whom they will race the following racing year. When a competitor changes their club in mid season, they are permitted to compete for their new club, instead of their old one, provided that prior consent of the old club is obtained. This consent shall not be withheld unreasonably, particularly in the case of a change of residence from one area to another. The agreed change must be advised to the Race Records Officer in writing before points can be allocated to the new club in club competitions. Members of the Services are not included, as they may be required to race for their Service at some events, but may be permitted to race for a club at others. The MRC cannot interfere with this requirement.

5) SAFETY

a) At all events those involved at all levels and in all roles do so within the recommendations of British Canoeing Paddlesafer (<https://www.britishcanoeing.org.uk/uploads/documents/Paddlesafer-V4-docx.pdf>)

b) Competitor responsibility

- i)** Competitors shall render their boats sufficiently buoyant to remain afloat and to support the crew in the event of capsizing. Buoyancy must be fixed in the boat reasonably sufficiently to satisfy rule 27 of the ICF Marathon Rules which states that: 'Each boat must carry sufficient buoyancy, either in the construction of the boat or fixed subsequently, to keep the boat floating level when filled with water.' British Canoeing Marathon Committee rules interpretation of this is that inherent buoyancy provided by 'Vac-bag' or 'sandwich' construction is not alone sufficient and must be supplemented by adequate fixed additional flotation material or by the provision of sealed bulkheads.
- ii)** On open water, or in rough conditions, the wearing of adequate spray covers is strongly advised.
- iii)** The wearing of life jackets or buoyancy aids is compulsory for all paddlers ranked in divisions 7, 8, 9 & GST ranked paddlers irrespective of the race they are entered in. This applies to singles and doubles races.
- iv)** Life jackets shall comply with either the European Standard 'EN393 or 395 or the International Standard 'ISO 12402'.
- v)** Competitors are expected to be able to swim adequately in the waters on which the race is being held. It is the responsibility of each competitor (or of a parent in the case of a junior) to inform their team leader of any medical condition that may affect this. If the competitor is entering an event where they have no team leader, it is their responsibility (or of a parent in the case of a junior) to take appropriate precautions and inform the organiser.
- vi)** All paddlers are required to render assistance to other competitors in distress.

c) Team Leader responsibility and in the absence of a team leader, the individual.

- i)** Team Leaders are expected to decide if paddlers in the higher divisions should wear life jackets or buoyancy aids
- ii)** Should a member of your team (or a parent in the case of a junior with no team leader) inform you of any medical condition that may affect their safety, you should ensure that they take appropriate precautions.
- iii)** Team Leaders are expected to ensure their paddler's ability and experience is appropriate for the course and conditions particularly in the case of young or less experienced paddlers.

d) Race Organiser responsibility

- i) Race organisers may require life jackets or buoyancy aids and spray covers to be worn and will have the FINAL say as to who should wear them (except where this is covered by rule 5a(v)) depending on weather and water conditions. Such equipment must be provided by the competitors.
- ii) The penalty for infringing any safety rule, or disregarding instructions from an appointed race official, is disqualification from the race.
- iii) Should a team leader, an individual paddler (or parent in the case of a junior with no team leader), inform you of a pre-existing medical condition prior to a race, Race Organisers are advised to seek assurances that they have taken appropriate measures to take part safely in the event, and to do so under the existing Risk Assessment/Safety plan. Organisers must include risk assessment for GST races, taking into account their age & experience, provide adequate safety cover (e.g. rescue boats and signage) over the whole course where considered necessary.
- iv) Race organisers shall ensure that race briefings state what safety measures have been taken, such as marshals or accompanying boats particularly for GST or Div 9 races.

Canoeing and Kayaking is by its nature an unpredictable sport and therefore inherently involves an element of risk.

6) DISCIPLINE

Marathon racing is subject to British Canoeing Marathon Racing Committee Disciplinary Regulations and to British Canoeing Disciplinary Code. See <http://canoeracing.org.uk/marathon/index.php/disciplinarymatters/>.

These apply to all BC Marathon races.

For the avoidance of doubt, any complaint that an individual member of British Canoeing (competitor or non-competitor) has behaved in a manner described in clause 1.1 of the Disciplinary Regulations shall in the first instance, where possible, be lodged with the Race Protest Committee in the manner described in Marathon Racing Rule 18(g) (i) and (ii). The Protest Committee shall determine what action, if any, shall be taken. If the Protest Committee decides that the complaint should be referred to the Marathon Committee, the race organiser shall report the matter to the Secretary within three working days. The Marathon Committee will consider the matter in accordance with the Disciplinary Regulations.

Race Organisers should note the powers in clause 2.1 of the Procedures to apply immediate discipline where members or competitors have displayed violent or unreasonable behaviour.

7) ANTI-DOPING

Marathon racing is subject to the ICF and UK Anti-Doping Rules

See <https://www.britishcanoeing.org.uk/olympic-paralympic/how-we-work/anti-doping/>

8) BROKEN PADDLES / BOAT

A competitor must not change boats during a race, but may change paddles in the case of breakage.

9) WASH HANGING

- a) Competitors must not hang on the washes of powered craft.
- b) **In an assessment race** wash hanging or interfering with any other boat or competitor who is not in your own class/race is not permitted. Anything that may be construed as interference, such as wash hanging or assisting another competitor/crew will result in disqualification of all involved, if proven. Furthermore, it is expected that when being caught by faster competitors from another class/race, paddlers will show good sporting behaviour by staying at least 3m clear, and giving up the racing line to avoid suggestion that any advantage was gained by either party.

10) ASSISTANCE TO COMPETITORS

A competitor may receive food and drink during a race. Competitors with a disability may receive assistance at portages, but no other assistance unless permitted before the race by the organiser.

11) BOAT DESIGNS

Any type of canoe or kayak can be used.

Kayaks shall be propelled solely by means of double bladed paddles.

Canoes shall be propelled solely by means of single bladed paddles.

The paddles must not be attached to the boat in any way, being supported only by the hands. Disabled Paddlers may use agreed prosthetics designed for their needs.

For GROUP A races boats must comply with the ICF regulations as detailed below with the detailed exception:-

single kayak	max length 520cm (unless it is a recognised surf ski design)
double kayak	max length 650cm (unless it is a recognised surf ski design)
single canoe	max length 520cm (unless it is a sit & switch boat of a recognised design up to 6m)
double canoe	max length 650cm (unless it is a sit & switch boat of a recognised design up to 7m)

Organisers may accept entries from SUPs as a single C1 provided that it is propelled with a single paddle and the organiser is satisfied that it does not compromise the risk assessment for their event.

Kayaks over 460cm in length must not have concave sections unless classified as Wild Water Racing boats and falling within the ICF regulations for such boats. Canoes of recognised design may also have concave sections.

(At such time in the near future that the ICF publish modifications to their rules relating to design, these rules will also be simplified in line with them as required.)

12) BRITISH CANOEING MEMBERSHIP

- a) All competitors in GROUP A and Group C races must be On the Water members of British Canoeing, or Associate Members, WCA, SCA or CANI members. Membership numbers must appear on entries and results. Juniors ranked in divisions 7, 8, 9 and GST competitors who are members of clubs affiliated to BC must have their membership registered by their club.
- b) At all Regional Hasler events:
 - i) All competitors in divisions 1 to 6 must have had their membership verified at time of entry. A competitor who has not raced in the last 5 years may buy an Event Ticket.
 - ii) All competitors in divisions 7, 8, 9 must have had their membership verified or have had their club membership registered with BC as Associate Members at the time of entry. Any competitor unable to do so will be required to buy an Event Ticket.
 - iii) An event ticket only provides temporary insurance cover to take part in a single event and is not a "day membership" or boat license for the use of waterways, as provided for most waters, with On the Water British Canoeing membership.
- c) At National Championships all competitors in divisions 7, 8, 9 must have valid membership when entries are made.. A competitor who has not raced before must have their Affiliate Membership registered by their club or have purchased an Event Ticket before an entry is made.

13) RACE LEVY SCHEME

At all GROUP A races, published in the Racing Handbook and/or the calendar published on the MRC website, there will be a race levy of £3.00 for each senior and veteran paddler by age, as recognized by their British Canoeing, WCA, SCA or CANI membership, and £2.00 for each junior paddler by age, as recognized by their membership. The levy to be charged on all paddlers checked in irrespective of whether they start or finish the race. The race levy for all categories of races is to be remitted by the Race Organiser to the Treasurer **within 7 days of the race**. Cheques should be made payable to "BC Marathon

Racing Committee" and sent to David Enoch, 102 Bingham Road, Radcliffe-on-Trent, Nottingham NG12 2GT.

Those clubs wishing to pay the levy by electronic transfer should remit to

Barclays Bank Sort Code:20-63-33 Account No: 73066665

Account name British Canoeing.

When making electronic transfers please also email David Enoch with the race name and amount of levy to david.enoch2@btinternet.com

14) RACE REGISTRATION

The organiser of a GROUP A race must apply to the Calendar Organiser for that race to be registered. This must be done by the autumn of the year preceding the event. The event must be organised and run under the Marathon Racing Rules. Registered races may advertise through British Canoeing and may appeal through the Marathon Committee in cases of dispute or difficulty. Refer to British Canoeing Disciplinary Code at <http://canoeracing.org.uk/marathon/index.php/disciplinary-matters/>

The registration fee will be the race levy described in rule 13 and the organiser must comply with the requirements of rule 18.

15) BOAT NUMBERING

At all GROUP A races competitors shall number their boat in the following manner. Paddlers racing in divisions 1-8 **must** display vertical number plates secured to the boat number holder with a pin or clip.

ALL numbering of vertical boards will be on both sides of the board and numbered in one of two acceptable formats:

- a) digital style format numbering, created from **black** insulating tape, no less than 12mm wide. The digits should be formed from small strips of tape in 50mm and 100mm lengths to make up the numbers. The number **must** be presented on an **OPAQUE WHITE** number board measuring **150mm** in height and **280mm** in length, with rounded top corners. Hand written crayon and felt tip pen numbering is not acceptable.
- b) **Alternatively** an **OPAQUE WHITE** number board measuring **150mm** in height and **200mm** in length, **PRE-PRINTED** and issued by the event organiser is also acceptable.

Race organisers will be able to refuse entry to a race where these rules are not complied with.

Yellow number boards will **not** be acceptable.

Paddlers ranked in Division 9, club and fun race paddlers may alternatively use 225mm diameter white discs which should be displayed on fore and aft decks or as directed by the organiser.

Any paddler not displaying a number plate at the start of any race, or whose number is not clearly legible, will not score club points. If the number becomes detached from the boat, it is the paddler's responsibility to make sure the marshals and finish judges know their number to ensure inclusion in the results.

16) FINISHES

A competitor is deemed to have finished a race when the bow of the canoe or kayak has crossed the finishing line on the water with the competitor(s) in it.

17) ASSESSMENT RACES

The Marathon Committee will co-ordinate with race organisers to determine assessment race venues and the dates will be shown in the Racing Handbook. At these races, assessment classes may be separated from other race classes and may be run over the same or different courses. Club colours must be worn at assessment races. In the case of foreign nationals racing for selection at assessment races, the rules applying to this are specified in PART F at the end of this section.

18) ORGANISATION OF GROUP A RACES

- a) Clubs hosting races **must** be affiliated to British Canoeing.
- b) The race shall be open to canoeists who are members of an ICF affiliated federation.
- c) The race shall be properly advertised and the organisers shall issue adequate instructions on request, up to one month before the event, to prospective competitors or interested group leaders.
- d) Organisers shall provide Team Leaders with their Risk Assessment should this be requested.
- e) In the event of circumstances which render it impossible or unsafe to run the race as planned, the Race Organiser shall take all reasonable steps to inform the competitors and supporters at the earliest possible moment.
- f) Race Organisers shall charge an entry fee for each competitor to include the levy cost. This fee may be reduced for juniors and augmented for late entries.
- g) Changes of class/division shall be permitted if the organiser so wishes. Information regarding class/division changes should be available to competitors at least 30 minutes before the start time of the class/division concerned.
- h) Where a River Authority or other outside agency imposes a navigation rule, paddlers will be informed in any briefing and the organiser shall provide a marshal(s) to ensure that this is enforced. Organisers should not introduce additional navigation rules they cannot marshal or enforce.
- i) The Race Organiser shall provide a Protest Committee consisting of three officials or members of the organising body to hear and settle all protests by any competitor in that event. The following rules will be observed:-
 - i) The protests must be received within 30 minutes of completion of the relevant race and before the announcement of the final results. Failure to observe this will invalidate the protest.
 - ii) The protest must be in writing to the Race Organiser and must give full details of the alleged infringement of the rules.
 - iii) The Protest Committee must meet immediately to hear all the evidence and to consider the protest's validity in accordance with British Canoeing and Marathon Racing Rules.
 - iv) The organiser shall retain the details and outcome of the protest, together with any appeal and also inform their RMA who will collate the information with other protests in their region.
- j) A protest against an organising body may only be dealt with by the Marathon Committee. Any such protest must be made within 3 working days in writing to the Secretary of the Marathon Committee and give full details of the alleged infringement of the rules. The person making the protest must also inform the secretary of the club or body concerned within 3 working days. Failure to comply with these conditions will invalidate the protest.
- k) Appeals against the decision of the Protest Committee are permitted and these will be heard by the Marathon Committee.
- l) Within 2 working days of the race the results are to be emailed to the Rankings Officer, the Race Records Officer, the Regional Marathon Advisor and to marathonresults@canoeracing.org.uk, so that promotions can be ratified and the results uploaded onto the marathon website. See Useful Addresses at the start of Section F.
- m) **Within 7 days of the race** the Race Organiser must remit the race levy together with the race results in accordance with rule 13.

19) ORGANISATION OF GROUP B RACES

- a) For these races competitors do not have to be British Canoeing, Canoe England, WCA, SCA or CANI members, there is no levy and no requirement to submit results to the race records officer. Race advertising, entry fees and classes are at the discretion of the organiser. The formal requirements to register club membership and for protest procedures are not necessary.
- b) Rules 1, 2, 5, 6, 7, 8, 9, 10, and 11 shall apply to all GROUP B races.

Rules Applying to Regional Divisional Hasler Races

20) Regional divisional Hasler races are GROUP A races and all of rules 1 -18 above shall apply.

21) REGIONS

- a) The regions are determined by the Marathon Racing Committee for England plus Scotland East, Scotland West, and Wales. Each region will run its own league championships throughout the year and will decide how many results are to be counted by clubs. It is hoped that eventually there will be enough races in each region for clubs to count their best 8 or 9 results from the total number of races.
- b) Clubs wishing to be included in the regional league and score Hasler points must be affiliated to British Canoeing, have registered their club colours, have provided a contact email address and been assigned a unique 3 letter club abbreviation. **This process is done via the Regional Marathon Advisor.**

22) THE DIVISIONAL SYSTEM

- a) Entry into the divisional system should be based on the standards detailed in the "Standards for Racing" (page A11-12).
- b) Club coaches are responsible for ensuring the ranking status of their paddlers and where necessary to ensure they are re-ranked appropriately.
- c) The divisional system is arranged into 9 separate singles divisions and eight separate doubles divisions numbered 2, 3, 4, 5, 6, 7, 8 and 9. Race Organisers must offer the following races at all events except where varied as agreed with the Regional Marathon Adviser. Geoff Sanders Trophy Races (GST) are open to paddlers aged Under 14 at 1st January and not ranked in Higher Divisions.
 - i) Division 2 & 3 doubles race over 20 km.
 - ii) Singles races for each of divisions 1 to 9
 - iii) Doubles races for each of divisions 4 to 9
- d) A list of all paddlers ranked in each of Divisions 1-8 is published on the MRC website at canoeracing.org.uk/marathon and updated continuously. Following promotions and demotions
- e) At the end of each racing season, the ranking list is checked and any paddler not having competed for two successive seasons is removed from the list. Each autumn clubs are asked to submit a list of the paddlers who will not be active for the coming season and where appropriate, to amend a draft of the proposed divisional lists.

23) THE HASLER TROPHY

The Hasler Trophy is the National Team League Championships and is competed for throughout the season on a regional basis. The Hasler season is defined by the races designated 'H' in the Racing Calendar of this Handbook. Races relating to the following season are designated 'H2024'.

24) TYPES OF COURSE

Whilst there will be some variations due to local conditions and types of course available, the normal distances will be:-

Div.1, 2 & 3 Singles and 2 & 3 Doubles

Full senior course of about 20km with any degree of severity.

Div.4, 5 & 6 Singles and 4, 5 and 6 Doubles

Course of about 13km which may include portages and/or weir shoots.

Div.7, 8 & 9 Singles and 7, 8 & 9 Doubles

Course of about 6.5km with the minimum practical hazards.

25) COMPETITORS

- a) Each club will be allowed as many competitors as it wishes.
- b) A paddler can only compete in one race in a qualifying event.

26) SEPARATE STARTS

Each quorate race of six or more starters must be started separately. Two or more quorate races of less than six starters (i.e. with 3 or 4 or 5 starters) over the same distance may be started together, but for all other purposes are treated as separate races.

27) SYSTEM FOR AMALGAMATION DUE TO LOW ENTRIES

If there are fewer than three entries in a division then they will be started with a race of the same distance but will not be combined for the purposes of results or club points. *If no race of the same distance is available, they should be started (but not combined) with the nearest possible race below.*

It will still be the case that some divisions will be inquorate particularly in smaller regions. The practice of clubs communicating with each other about entries, in advance of events, to avoid inquorate races, particularly in the higher divisions, is to be commended.

28) COMPETING IN A CREW BOAT

- a) When competing in doubles events the competition ranking shall normally be an average of the individual paddlers' rankings (all halves rounded down). Example: *division 4 paddler and division 5 paddler average 4 (ignoring the half), race in 4.4 K2.*
- b) Paddlers ranked in division 1, 2 or 3 must race over the 20km course.
- c) There is no Division 1_1 K2 at regional races (*which also means there is no K2 race for a Division 2 paddler racing with a Division 1 paddler. A Division 1 paddler may race with a Division 3 paddler in Division 2_2 K2 and so on using the two principles above.*)
- d) All paddlers competing in crew boats must show their singles ranking on the entry form and these rankings must be shown on the results.
- e) Paddlers ranked in GST Divisions may race with higher ranked paddlers and will be counted as Div 9. *Division 4 paddlers may only race 8 mile races with lower ranked paddlers. Division 1-3 paddlers may only race 12 mile races with lower ranked paddlers.*

29) SPECIAL PRIZES

Race organisers are strongly encouraged to give prizes for individual groups of paddlers within Divisions. **The MRC consider the inclusion particularly important where there are gender differences, Juniors, Canoes or specialist groups of paddlers included in the race. e.g. first under 16, first C1. In particular they are strongly recommended to give a prize for at least the first woman in each division and for the highest placed Canoe.** This kind of encouragement is particularly important in the divisional system, but will differ from venue to venue according to what variations there may be.

30) POINTS

- a) In regional races only those clubs within the region will score points. Paddlers from other regions will not be taken into account when calculating points except that their time will be used for the 110% calculations if they are the fastest boats not promoted.
- b) To be included for points, clubs must be registered within their region as described at Rule 21b).
- e) All competitors in both singles and doubles **must** show their singles ranking at race entry.
- d) **Only competitors racing in their club colours will score points.** In a crew boat, if one paddler wears club colours and one does not, only the paddler wearing the colours will receive points.
- e) The points system will be as follows.
 - i) Divisions 1-9 in singles and 2 - 9 doubles will count for points.
 - ii) Points will be awarded to each paddler in both singles and doubles - 50 for 1st, 49 for 2nd, 48 for 3rd and so on down to 2 points to all paddlers who finish within 110% of the time of the fastest boat not promoted in a singles race and within 110% of the winners' time in a doubles race.

One point only will be awarded for paddlers who finish outside the 110% limit irrespective of their position. In a K2, each paddler will receive the points allocation, so 1st boat 100 points, 2nd boat 98 points, 3rd boat 96 points and so on.) This to apply to all races except divisions 9 singles and 9 doubles which will receive 50 for 1st, 49 for 2nd, 48 for 3rd and so on down to 2 points for all paddlers who finish.

- iii) Paddlers starting with a different division under the provisions of rule 27 will count for Hasler points but their times will not be used for the 110% calculations.
- iv) Paddlers in a separate assessment race at a Regional Hasler event will not score Hasler points.
- v) Each club will count its twelve best scoring paddlers from any divisions in any combination of K1/C1/K2 or C2. Doubles boats can be counted even if some of these boats contain just one paddler who is eligible for Hasler points for a particular club.
- vi) At each event the club with the highest score will get 10 regional points in the regional competition, 9 for 2nd and so on.

31) RACE RESULTS

Race Organisers must report their results using the RMS computer program. Race Organisers must use the RMS program at the race to complete entries and calculate results at the meeting. If this is not practicable, results must be recorded later onto the RMS for reporting to the MRC in compliance with rules 18 j) and k).

32) PROMOTIONS

a) Promotions between the divisions throughout the season will be based on the table "Standards for Racing" ("the Table") [See page A11-12 of 2023 Racing Handbook]. Column HC of the Table assumes a World Champion takes 60 seconds to paddle a given course and ranks paddlers in singles divisions from 1 to 9 based on the number of additional seconds it would take for competitors to cover that same course. P/D Factor expresses these same times as factors. For example, a top ranking paddler in division 7 would be expected to take 90 seconds giving a P/D Factor of 1.5.

b) Promotions will be calculated on the following principles on the basis of singles results subject to the other provisions of this rule 32;

Divs.1, 2, 3 & 4

There are no automatic promotions to divisions 1, 2 & 3. Promotion times will be shown in the race file but promotions will not be indicated on any results printed on the day. The Rankings Officer in consultation with the Regional Marathon Adviser must ratify these for publishing with the official results on the Marathon Website.

Divs 4 and 5

Promotions to divisions 4 and 5 will be calculated by taking the times at each race of the mid-placed paddler in divisions 4, 5 and 6 divided by the Mean Factor for each of these three divisions. The average of these calculations will be multiplied by the Promotion Factor for divisions 3, 4, and 5 to give the times for promotion to divisions 5 and above.

Divs 6, 7 and 8

Promotions to divisions 6, 7, and 8 will be calculated by taking the times of the mid-placed paddler in divisions 7 and 8 divided by the Mean Factor for each of these two divisions. The average of these calculations will be multiplied by the Promotion Factor for divisions 6, 7 and 8 to give the times for promotion to divisions 8 and above.

Div 9

For paddlers racing in GST Divisions, Promotions to Division 9 will be based on the separate rules for GST events. Promotion will be limited to 1 division.

Promotions will be monitored by the **RMA** in discussion with the **Club Team Leader or Coach** particularly where a paddler is aged Under 10.

[The above is an outline description of the promotion process. The detailed bases for calculations are available by post or email from the Secretary, Marathon Racing Committee]

- c) Promotions may take place on either singles or doubles performances. Performances in doubles divisions will be monitored by the Ranking Officer and promotions made under Rule 32(j) where considered appropriate. Promotions within mixed division crew boats will normally be given to the lower (slower) ranked paddler. If a team leader believes the promotion should be taken by the higher (faster) ranked paddler they should contact their RMA. Such an adjustment will normally be accepted but the ranking officer reserves the right to uphold the original decision if believed to be more appropriate.
- d) Status in canoe will not affect status in kayak and vice versa.
- e) No automatic promotions will be made under Rule 32 (b) where there are fewer than 5 starters in any race. However, the Ranking Officer in consultation with the Regional Marathon Adviser may amend or dispense with this limit if persistently low numbers in a division are clearly preventing the promotion system from operating as intended.
- f) Promotions are not limited to one division. For example, a division 9 paddler with a time faster than that required for promotion to division 7, would be promoted straight to division 7. However, it is the responsibility of the Team Leader, coach and/or the individual to try as accurately as possible to enter a new paddler into the correct division for his/her ability. Accordingly, those paddlers promoted more than one division above the race they entered will forfeit Hasler points from that race.
- g) Where the RMS computer results system is used at a race, automatic promotions will be shown on the race results and take immediate effect. The only exceptions are those for division 1, 2 & 3 which must first be ratified by the Rankings Officer. All promotions (automatic and others) will be confirmed on the race results posted on the marathon website. It is the responsibility of paddlers and coaches to check these and ensure they are implemented with immediate effect.
- h) Once promoted, paddlers **must** race in their correct division, or higher division, except under the provisions of rules 27 and 28. Any competitor found racing in a lower division, singles or doubles, except under the provisions of rules 27 and 28, may be disqualified from the event and be banned from the next three Hasler races in the competitor's region. The exception is for promotions awarded at races held at the beginning of a new racing season and before the Hasler Final held in that year. These promotions will not apply at the Hasler Final of the current season but will apply to all other races. (E.g. A div. 6 paddler promoted to div. 5 in September 2023 at a race designated as H2024 can still race in div. 6 at the 2023 Hasler Final but must race in div. 5 at all other races.)
- i) All paddlers, both from within the region and from other regions are eligible for promotions.
- j) The Marathon Committee has discretion to promote or to withhold promotion at any time it is found to be necessary. This discretion is delegated to the Ranking Officer.

33) DEMOTIONS

- a) Divs. 1, 2 and 3 Demotions from Divisions 1, 2 and 3 will be made by the Rankings Officer in consultation with the Regional Marathon Adviser.
- b) Divs. 4 to 9 Application for demotion from Divisions 4 to 8 may be made to the **Regional Marathon Adviser by the club coach or team leader**. The Regional Marathon Adviser shall confirm his decision in writing/email/message to the **club coach/team leader and to the Race Records Officer** after agreeing this with the Rankings Officer.
- c) Demotions will be limited to one division.
- d) Demotions may be based on singles or doubles performances. Performances in doubles divisions will be monitored by the Ranking Officer and demotions made under Rule 33h) where considered appropriate.
- e) Status in canoe will not affect status in kayak and vice versa.
- f) Once demoted paddlers may nonetheless choose to race in any higher division. Paddlers competing in the Hasler Final shall race in the division according to their ranking status at the close of the prior season (normally 31 August). Thus demotions awarded in the new racing season immediately prior to the Hasler Final will not apply at that Hasler Final.
- g) All paddlers, both from within the region and from other regions are eligible for demotions.
- h) The Marathon Committee has discretion to demote or to withhold demotion at any time it is found to be necessary. This discretion is delegated to the Ranking Officer.

Rules Applying to the Hasler Final

34) The Hasler Final is a GROUP A Divisional race and all of rules 1-16 and rules 18, 24, 26, 31, 32 and 33 above shall apply.

35) CLUB ELIGIBILITY

The top scoring clubs from each region as determined by the regional Hasler competitions, plus a team from the Combined Services, may compete in the Hasler Final at the end of the season. The number of clubs from each region will, be based on the number of affiliated clubs who have actively participated in the previous season, as indicated by Hasler Race results recorded on the MRC Website. Each region will automatically have 2 qualifying places, irrespective of the number of active clubs. Each region will receive an extra qualifying place for each 3 clubs in excess of 4.

Active Clubs	Qualifying places						
1-6	2	7-9	3	10-12	4	13-15	5
16-18	6	19-21	7	22-24	8	25-27	9

- a) Additionally a team from the host club (or from each host club if there are two organising clubs) may compete if they have **not** qualified from the regional competition.
- b) Each eligible club will be allowed as many competitors in the final as it wishes.

36) PADDLER ELIGIBILITY

- a) A paddler must complete 3 qualifying events during the season to be eligible for the final. There are exceptions for Div.1 senior men's kayak, Div.2 and above junior men's kayak, Div.3 and above women kayak, Div.4 and above junior women kayak and Div.3 and above canoe, and for paddlers in the Combined Services, who must complete 2 qualifying events.
- b) Qualifying events are regional Hasler races and all assessment races for that season. This does not include races designated for the following Hasler season. Also a paddler may count completing a National Championships race on one or both days as **one** qualifying race. A paddler may count either the Long Course or the Short Course Nationals **but not both** as a qualifying event. The previous Hasler Final does **not** count as a qualifying race.
- c) The qualification must be in the same type of boat (i.e. canoe or kayak).
- d) Paddlers are only eligible to paddle in a singles race at the Hasler Final if they have completed 3 qualifying events in singles. The exceptions in rule 36(a) apply equally in this rule.
- e) A paddler can only compete in one race at the final.
- f) The Regional Marathon Adviser will check the eligibility of paddlers from his region for the final. This will include holding current British Canoeing, or equivalent, membership. The Race Records Officer will be able to produce listings on request to help clubs and Marathon Advisers carry out this task.

37) CLASSES

There will be races for each singles division 1 to 9 and each doubles division 1 to 9.

38) COMPETING IN CREW BOATS

At the Hasler Final where crew members in doubles races are ranked in separate divisions they must race in the classification of the higher ranked paddler.

39) POINTS

- a) All competitors in singles and doubles **must** show their singles ranking at time of entry. Competitors not doing so will not score points.
- b) Only competitors racing in their club colours will score points.
- c) Point scoring at the final will be as described in rule 30e (i), (ii), (iii).
- d) Each club will count its six best scoring singles boats and its three best scoring doubles boats, provided that both of the crew are members of the same club.

40) TROPHIES

- a) **The Hasler Trophy** will be awarded to the club scoring the most points at the final
- b) **The Adam Thomasson Trophy** will be awarded to the winner of the Div.2 race at the final.
- c) **The Ross Warland Memorial Trophy** will be awarded to the highest placed junior in the Division 4 race at the final.
- d) **The Committee Cup** will be awarded to the highest placed junior woman K1 in the highest division at the final.
- e) **The Ken Pereira Cup** will be awarded to the highest placed junior C1 in the highest division at the final.
- f) **The Rhodes White Trophy** will be awarded to the senior man K1 with the fastest time over the 12 mile course.
- g) **The David Shankland Trophy** will be awarded to the senior or junior woman K1 with the fastest time over the 12 mile course.
- h) **The Barber Trophy** will be awarded to the junior K1 with the fastest time over the 12 mile course.
- i) **The Bill Sparks Trophy** will be awarded to the highest placed veteran K2 in the highest division at the final.

Rules Applying to the National Championships

41) The National Championships is a GROUP A race and all of rules 1-18 above shall apply.

42) DEFINITION

- a) The National Championships shall be called **The British National Open Marathon Racing Individual and Team Championships** and will identify the various National Champions.
- b) All classes will take place where there are entries for them.
- c) Team points and prizes will be awarded in all classes that take place.
- d) If there are low entries in a class it will be started with other appropriate classes of the same distance where possible.
- e) If there are high entries in a class the start will be seeded.
- f) All decisions about combined starts and seeding will be made by the MRC Major Events Sub-committee in partnership with the organising committee and be appropriate to venue/conditions. Further details will be included in the Event Pack.

43) PADDLER ELIGIBILITY

- a) Paddlers may compete in races specified for those of a higher ranking but will not be allowed to compete in races specified for those of a lower ranking. (E.g. an U18 may race as an U23 or Senior but not as an U16 or O34.)
- b) Senior and Veteran Women paddlers may compete in a doubles crew in Senior and Veteran Men's kayak races of the same or higher ranking.
- c) All ages are calculated at 1st January of the year of the Championships.
- d) In the case of foreign nationals racing for at National Championships, the rules applying to this are specified in PART F at the end of this section.

44) NATIONAL CHAMPIONSHIP CATEGORIES

- a) There will be separate races for men's kayak, women's kayak and senior canoe.
- b) **Senior paddlers** in kayaks will race over a course of approximately 26km, in singles and doubles. The winners of these races shall be deemed the:
 - i) Senior Men's National Kayak Marathon Champion of Great Britain
 - ii) Senior Women's National Kayak Marathon Champion of Great Britain.
 - iii) **Senior paddlers** in canoes will race over a course of approximately 13km. The winners shall be deemed the:
 - iv) Senior Men's National Canoe Marathon Champion of Great Britain. (for singles)
 - v) Senior Women's National Canoe Marathon Champion of Great Britain. (for singles)
 - vi) Senior National Canoe Marathon Champion of Great Britain. (Doubles open to men and women)
- c) **Paddlers aged under 23** in kayaks will race over a course of approximately 26km, in singles. The winners of these races shall be deemed the:
 - i) Under 23 Men's National Kayak Marathon Champion of Great Britain.
 - ii) Under 23 Women's National Kayak Marathon Champion of Great Britain.
- d) **Paddlers aged under 18** in kayaks will race over a course of approximately 20km, in singles and doubles. The winners of these races shall be deemed the:
 - i) Under 18 Men's National Kayak Marathon Champion of Great Britain.
 - ii) Under 18 Women's National Kayak Marathon Champion of Great Britain

Paddlers aged under 18 in canoes will race over a course of approximately 6.5km in singles. The winner shall be deemed the:

 - iii) Under 18 National Canoe Marathon Champion of Great Britain.
- e) **Paddlers aged under 16** in kayaks will race over a course of approximately 13km, in singles and doubles. The winners of these races shall be deemed the:
 - i) Under 16 Men's National Kayak Marathon Champion of Great Britain.
 - ii) Under 16 Women's National Kayak Marathon Champion of Great Britain
- f) **Paddlers aged under 14** in kayaks will race over a course of approximately 6.5km, in singles and doubles. The winners of these races shall be deemed the:
 - i) Under 14 Men's National Kayak Marathon Champion of Great Britain.
 - ii) Under 14 Women's National Kayak Marathon Champion of Great Britain
- g) **Paddlers aged under 12** in kayaks will race over a course of approximately 6.5 km, in singles and doubles. The winners of these races shall be deemed the:
 - i) Under 12 Men's National Kayak Marathon Champion of Great Britain
 - ii) Under 12 Women's National Kayak Marathon Champion of Great Britain.
- h) **Paddlers aged under 10** in kayaks will race over a course of approximately 3.5 km, in singles and doubles. The winners of these races shall be deemed the:
 - i) Under 10 Men's National Kayak Marathon Champion of Great Britain
 - ii) Under 10 Women's National Kayak Marathon Champion of Great Britain
- i) **Paddlers aged 34 or over:** Kayak men will race over a course of approximately 20km and kayak women over a course of approximately 13 km in singles and doubles. The winners of these races shall be deemed the:
 - i) Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Veteran Women's National Kayak Marathon Champion of Great Britain.
- j) **Paddlers aged 39 or over:** Kayak men will race over a course of approximately 20km and kayak women over a course of approximately 13 km in singles. The winners of these races shall be deemed the:
 - i) Over 39 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 39 Veteran Women's National Kayak Marathon Champion of Great Britain.
- k) **Paddlers aged 44 or over** in kayaks will race over a course of approximately 13km, in singles and doubles. The winners of these races shall be deemed the:
 - i) Over 44 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 44 Veteran Women's National Kayak Marathon Champion of Great Britain.
- l) **Paddlers aged 49 or over** in kayaks will race over a course of approximately 13km, in singles. The winners of these races shall be deemed the:
 - i) Over 49 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 49 Veteran Women's National Kayak Marathon Champion of Great Britain.

- m) **Paddlers aged 54 or over** in kayaks will race over a course of approximately 6.5km, in singles and doubles. The winners of these races shall be deemed the:
 - i) Over 54 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 54 Veteran Women's National Kayak Marathon Champion of Great Britain.
- n) **Paddlers aged 59 or over** in kayaks will race over a course of approximately 6.5km, in singles. The winners of these races shall be deemed the:
 - i) Over 59 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 59 Veteran Women's National Kayak Marathon Champion of Great Britain.
- o) **Paddlers aged 64 or over** in kayaks will race over a course of approximately 6.5km, in singles and doubles. The winners of these races shall be deemed the:
 - i) Over 64 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 64 Veteran Women's National Kayak Marathon Champion of Great Britain.
- p) **Paddlers aged 69 or over** in kayaks will race over a course of approximately 6.5km, in singles and doubles. The winners of these races shall be deemed the:
 - i) Over 69 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 69 Veteran Women's National Kayak Marathon Champion of Great Britain.
- q) **Mixed Crews** There will be a Mixed K2 race for paddlers ranked in divisions 1 – 9 over a course of approximately 13km. This is open to all seniors, veterans and juniors. Crews must consist of one female and one male paddler. The winners of this race shall be deemed the Mixed National Marathon Champions of Great Britain.
- r) Where crew members in doubles races are in different categories they must race in a category for which they are both eligible.

45) UNDER 12 INTRODUCTORY CATEGORIES

- a) Organisers may offer an introductory race for Under 12 paddlers in both Mini K1 and Mini K2.
- b) These Races should be held over a course of approximately 3.5km.
- c) These races are intended for those Under 12 who are not ready to race over the longer course. As such Under 10 paddlers are expected to enter the National Championship races which will be of the same length.
- d) Paddlers may not enter both the introductory Races and the National Championship races classes.
- e) Paddlers in the introductory races will not score points.

46) TEAM COMPETITION

- a) Points will be awarded per paddler both in singles and doubles races for National Championship categories - 50 points for the winner then 49, 48, 47 etc. down to one point for each finisher.
- b) All competitors in singles and doubles **must** show their singles ranking to be eligible for team points.
- c) Only competitors racing in their club colours will score points.
- d) A trophy, **The Spanish House**, will be awarded to the club scoring the most points at the National Championships counting all categories in Rule 44.
- e) A trophy, **The Spanish Galleon**, will be awarded to the club scoring the most points in the Junior age categories (Rule 44(d-h)).

47) PROMOTIONS & DEMOTIONS

Although no automatic promotions will take place at the championships, the Marathon Committee may exercise their right under rules 32 and 33 to promote or demote on the basis of the results.

48) HASLER QUALIFICATION

The event will not count as a Regional Hasler event nor be used to allocate points for Regional Hasler competitions. However, it may be counted by a paddler as a qualifying race for the Hasler Final.

Rules applying to the Geoff Sanders Memorial Trophy (these rules replace Lightning rules)

49) THE SERIES

- a) Race organisers of regional Hasler races are expected to include GST Series races in their programme. These races will qualify for the Geoff Sanders Series in which teams compete for the Geoff Sanders Memorial Trophy. Races can also be run at other times as part of an inter-club event.
- b) The Series will run from 1st September to 31st August the following year.
- c) Races in the Series will not be awarded Hasler points.
- d) GST races only will be included in the programme of the Hasler Final, but will not be used in scoring for the Hasler Trophy.
- e) For further information or details contact Evan Shephard at evan.shephard@gmail.com

50) QUALIFICATION, COURSE, CLASSES, POINTS, PRIZES **All rules applying to the series are in the section titled Under 14 Development Racing after rule 65) (below)**

51) RESULTS

- a) Results of all races in the Series should be forwarded to Julia Lawley, the Geoff Sanders Coordinator. Email: juliakayak3@gmail.com

52) SAFETY

- a) The wearing of life jackets or buoyancy aids is compulsory for all paddlers.
- b) The requirements of Rule 5 must be observed in all respects.
- c) Race organisers must conduct a specific risk assessment for GST races and, taking into account their age and experience, provide adequate safety cover (e.g. rescue boats and signage) over the whole course where considered necessary.

53) RACING IN THE HASLER COMPETITION

- a) The Geoff Sanders Trophy (GST) Series aims to introduce young paddlers into marathon racing but it is important that they do not remain too long in the class. The Series is designed to make the transition to Hasler Divisions when paddlers are sufficiently experienced and able.

54) RACE LEVY / EVENT TICKET

- a) GST races are classed as Group C races: no race levy will be charged.
- b) Paddlers who are not British Canoeing members or not members of a British Canoeing affiliated club shall be issued with an Event Ticket to provide insurance cover. British Canoeing has agreed not to make a charge for the Event Ticket for GST paddlers.
- c) To promote racing at this introductory level, the MRC recommends a standard entry fee of £2.50.

Rules applying to Short-Course races

55) THE FORMAT

The Short-Course has been introduced to international competition by the ICF as a way of showcasing marathon skills in a faster and shorter race format. The format involves a course of 3.6km, raced in single kayaks and canoes over three laps, with a portage at the end of the first and second laps.

56) RACES

The Committee aims to organise a National Championships, and to encourage each region to organise local races in the same format.

57) RULES

- a) Short-course racing will be governed by the rules of British Canoeing Marathon Committee as set out in the Canoe Racing Handbook.
- b) These races fall under rule 3)b)ii) 'Races and time trials approved by the Marathon Committee but not in the divisional system'.

- c) Any time penalties imposed in a race shall be added to the elapsed time of the competitor and not served as a penalty stop during the race.

58) RACE LEVY/BC MEMBERSHIP

- a) The race levy must be paid. The levy will apply to the event, not the number of races a paddler competes in on that day.
- b) Entrants must be on-the-water or Club Associate members of British Canoeing.
- c) Membership must be confirmed with entry or at time of booking in.

59) THE COURSE

- a) The course will be as close as possible to 3.6 kilometres, with a lap length of approximately 1.2km. A GPS should be used to measure the length of the course, to enable time comparisons to be made throughout the country.
- b) There will be two turning points. There should be three buoys marking the turn in an even arc. Races may involve using both turning points on all three laps, or a shorter final lap where the paddlers finish in the opposite direction to how they started and miss out the second turn.
- c) There will be one portage, to be completed at the end of the first and second laps. This should allow as much space as possible for groups of paddlers to enter and leave, and wide enough for paddlers to pass one another on the run.
- d) The course can be on any kind of water, but bear in mind the basic objective of teaching paddlers to race in large groups. Therefore, wherever possible, there should be as large an expanse of water as possible.

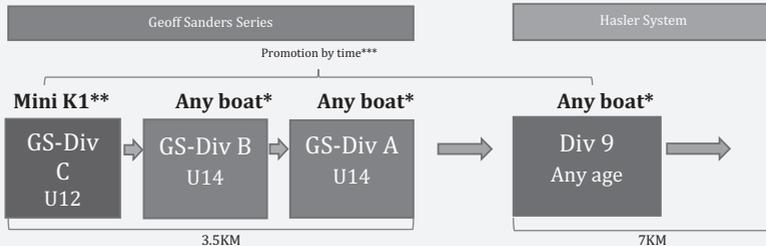
60) CATEGORIES

- a) The following classes will be run with separate Female and Male championship events at the National Championships:-
 - i) Open Senior C1
 - ii) Open Senior K1
 - iii) Open Para (any recognised para class single craft)
 - iv) U18 K1
 - v) U16 K1
 - vi) Over 35 (Veteran) K1
 - vii) Over 50 (Masters) K1
- b) Race organisers may offer additional classes where entry numbers permit
- c) Races will normally be contested as heats and finals, with progression to finals dependent on finishing position in the heats.
- d) Optimal numbers for a race start will depend on the dimensions of the course, however these should be at least six paddlers to ensure a good level of competition. The Race Organiser has discretion either to split starts into smaller groups or to combine starts where it is considered the numbers of competitors or the nature of the course make this appropriate.
- e) Race organisers will not merge male and female classes in short-course racing.

61) RANKINGS

The Short-Course series is an age and gender based racing format and does not use divisional rankings to decide classes. The exception to this rule would be where race entries are too large to run a single class for any individual age/gender combination, in which case the Race Organiser may split this class into separate starts based on marathon divisional ranking.

U14 Development Racing: Geoff Sanders Trophy Series



*Any boat that is normally permitted to race in Hasler races

** Restricted to any "Mini" K1.

***Promotions are on time, but will also be on advice from the paddler's club race captain

01. Rules & Points:

- a. Racing in this series will be open to U14 paddlers (see b.) not previously promoted to Div 9 or higher
 - i. These races are intended as introductory races and team leaders are required to enter athletes in the division they believe to be most appropriate. There is no expectation to start at the bottom. Paddlers MUST enter the division that is most appropriate for their ability
- b. GS-DivC will be for U12 paddlers only, GS-DivA and GS-DivB are open to U14 paddlers.
 - i. GS-DivA and GS-Div B are open to all paddlers U14, including faster U12 and U10 paddlers.
 - ii. Promotion through the divisions is based on speed not age
- c. Boat Type
 - i. Paddlers in GS-DivA or B races may use any craft that is eligible in a Hasler singles class (including lightnings and other mini K1s)
 - ii. Paddlers in GS-DivC races must use a Mini K1
- d. Starts will be in class and prizes to be given for the fastest three paddlers in each class.
 - i. Other discretionary prizes are actively encouraged. Some suggestions below; this list is not exhaustive and will be at the race organisers' discretion.
 1. First Female
 2. Fastest U10 Boy / Girl
 3. Fastest U12 Boy / Girl
- e. Starts can be combined, as appropriate.
 - i. This is actively encouraged where races are not quorate.
 - ii. It is acknowledged that larger races produce a better learning experience, and organisers may choose to combine starts that are quorate to increase the field size
 - iii. Where races are combined results will still be calculated separately

02. Promotions / Demotions

- a. Promotions are based on time. Promotions should be accepted unless in exceptional circumstances. If you feel a promotion is incorrect the Team Leader only should contact their RMA
- b. Promotion from GS-DivA will be restricted to Div 9 and no higher
- c. There will be no demotion back into GS-DivA from Div 9
- d. Demotion within these 3 divisions should be rare, no D notices will be issued. If a Team leader feels there is cause for an exception, the Team leader only should contact their RMA.
- e. It is expected that Team Leaders will place their paddlers in the correct division in their first race. This is especially important for U14 paddlers as this is only for beginners and those not capable of racing Div 9. Any paddler placed in too low a division will be promoted following that race and contact will be made with the RMA. This is a system of trust and should not be abused.

03. K2 in Hasler Divisions:

- a. Any U14 paddlers (not yet in Div 9 or above) will be treated as Div 9 in K2 for divisional calculation purposes.
 - i. Two GS paddlers may race together in Div 9 or with other paddlers as per normal Hasler Rules.
 - ii. Unless promoted, Paddlers retain their GS ranking for K1 racing.
 - iii. Two GS-DivA paddlers racing in Div 9 K2 is actively encouraged to enable them to gain experience over 4 miles.
 - iv. Promotions for Paddlers racing in Hasler K2s either with other GS paddlers or higher ranked paddlers will be as per normal Hasler race rules
 - v. Paddlers, Parents and Team Leaders are reminded that mixed division K2s often produce promotions. The likelihood of a promotion and the ability of the paddler to cope with one should be considered prior to entry.

04. Geoff Sanders K2 Class:

- a. Race organisers are encouraged but not required to offer GSK2 races
- b. Where possible it is preferred that these races are at a separate start time to allow GS paddlers to race both GSK1 and GSK2 at the same event. (NB a paddler may not race in both GS and Hasler races at the same event).
- c. GSK2 will be split into classes
 - i. GSK2 (Open) - open for all U14 paddlers with a maximum crew ranking of GS-DivA and GS-DivB (two GS- DivA paddlers should race Div9K2). Both Mini K2s and standard K2s are allowed.
 - ii. GSMiniK2 - open to paddlers with crew rankings of GS-DivB with a GS-DivC or 2 GS-Div C paddlers. Only Mini K2s may be used
 - iii. It is recognised that entries for these races will often be low and starts should be combined wherever possible.
- d. Where a GSK2 race is starting at the same time as GSK1s the organiser may combine starts as they deem best. For example, combining with GSK1 DivA with GSK2 Open
- e. There will be no promotions from GSK2 races

05. Geoff Sanders Memorial Trophy

- a. Points will be scored towards the Geoff Sanders Trophy, with a paddler's 3 best scores in the season to be carried forwards to their club's total.
- b. In addition, a 10 point bonus will be awarded for any paddler promoted into the Hasler system
 - i. The RMA in conjunction with the ranking officer may withhold these bonus points if it is felt a paddler was entered into too low a class.

- c. Once in the Hasler Divisions, paddlers will not score points for the Geoff Sanders trophy but will in the Hasler system as per all Hasler paddlers

Transition from old system

Authors note - Trying to re-rank existing paddlers into the new classes would have been difficult but probably possible. However, with the Covid19 interruptions to racing it is felt a mass reranking would produce inconsistent results, as paddlers will have progressed at different rates. The below guidance should encourage a consistent approach for coaches and team leaders to rank their paddlers in the new divisions. If a paddler sits between classes please do what you think will produce the best learning experience for your athlete.

- These guidelines are based upon a study of average race time since 2010.
- The average race distance in this time period is unknown but times suggest it is towards the shorter end of the recommended 2 - 4km, significantly shorter than the 3.5km recommended in the Nationals rules
- The intention is for Promotion from GS-DivA to allow a paddler to be immediately comfortable in Div 9 (top third of the division).
- The promotion times identified have been selected to create an even split of the available athletes across the three divisions.
 - It is unknown what percentage of paddlers will choose to paddle K1 over mini K1 initially but it is expected that Lightings will be raced in all 3 divisions. With speed-based divisions they should have a good racing experience regardless of boat choice.

Provisional recommended standards:

Time to complete 3.5km	Recommended Division	
Faster than 24:30	Hasler Series (Division 9 or above)	Faster than 07:00 per km
24:30 - 26:15 mins	GSK1 Div A	07:00 - 07:30 per km
26:15 – 28:45 mins	GSK1 Div B	07:30 - 08:15 per km
Slower than 28:45 mins	GSK1 Div C	Slower than 08:15 per km

These times will be under constant review and updated as required. Times are thought to be conservative and it is anticipated they will be revised faster as more data is generated.

For further information or details contact Evan Shephard at evan.shephard@gmail.com

**PART B: THE STARTING OF ASSESSMENT RACES,
NATIONAL CHAMPIONSHIPS RACES AND HASLER FINALS RACES**

There is a necessity to maintain the standard of starting at assessment races and major championships. The following will apply to all assessment races, to all races at the National Championships and to all races at the Hasler Finals.

1) REQUIREMENTS

- a) The start line should be clearly defined on both banks.
- b) A clearly defined marshalling line must be established behind the start line.
- c) The race must be started by a person drawn from the approved starters list, who will have an experienced assistant.
- d) The marshalling line should be controlled by at least two experienced officials.
- e) The above should all be equipped with PA equipment or loud hailers that it is the responsibility of the race organiser to provide.

2) STARTING PROCEDURE

- a) The starter shall ensure all craft are lined up on the starting line as stationary as possible for the water conditions. When the starter is satisfied the line(s) is correctly positioned he/she shall give the signal to start by a shot, starting horn or the word 'go'.
- b) If a competitor commences paddling or attempts to start before any instruction to do so, he/she has made a false start.
- c) A competitor who crosses the line before the starter's start signal shall also be deemed to have made a false start.
- d) Refusing to obey the starter's instructions will also constitute an unfair start.
- e) A competitor who attempts a false or unfair start will be warned a maximum of two times. A third offence will result in the imposition of a two-minute penalty. A further offence by the same competitor will result in disqualification from the event. The disqualified paddler must leave the water immediately.

3) APPROVED STARTERS

Starters for National Championships, Assessment Races, or Hasler Finals must be approved in advance by the MRC.

4) STARTERS' ADVISORY NOTES

In starting ANY race the following advisory notes should be applied by the race organiser and starter to achieve consistency.

The start of any race is critical and **fairness and consistency** are our aim. It is therefore highly important that you carry out procedures and endeavour to ensure everybody has a fair start.

It is vital that all participants have a fair chance to understand the starter's instructions. With this in mind an appropriate PA System or loud hailer should be available for starters to use at all but the smallest of venues. Organisers should consider there may be those with limited hearing at their events and amplification may be required even at small venues. It should be considered best practice to plan events with this adaptation in place.

The rules that will apply for major competition are laid out below. They can and should equally apply to ANY race. Once competitors who push the line or jump the start realise that that will get a 2-minute penalty, or be disqualified and asked to leave the start line, they will start to comply with your instructions.

Our aim is to make these rules the standard to which **every race** organiser works.

Some important points come from these rules, which should be noted and applied, on **all** starts:

If you control the boats at no more than 'walking pace' as they come up to the line, then it is more likely you will control them on the line.

Make sure that your 'marshalling line' is not too close to the actual start line.

Do not 'hold' paddlers on the start line for too long - this will merely result in them 'pushing' it. Bring them very slowly up to the line and start the race quickly when there.

If the majority of boats advance over the line - the only way to bring them back is to get them ALL to paddle round and start again.

Do not penalise those who comply with your instructions and are on the line by starting the race when others are clearly in front of the line. Bring the non-compliant paddlers back round. Be prepared to warn twice and then penalise with a 2-minute penalty or disqualify.

Refer to boats by their numbers or by the club colours not by the paddlers name and be prepared to record – or have an assistant record – any penalties given by boat number.

If you issue a penalty it must apply – it cannot then be ignored or withdrawn. If you disqualify a paddler do not start the race until he/she has removed himself from the line and from the water. It is not permitted for the disqualified paddler to paddle round with the other racers.

Do not tell paddlers that there is '1 minute to go' and then start them before a full minute has elapsed. Be consistent, if you say you will not start them for 2 minutes make sure it is a full two minutes before you do start them.

Have a whistle ready to blow if there is a false start and you are recalling the whole race. Make sure that the paddlers know that is what a whistle means: STOP, there has been a total false start, come back to the line.

If you have paddlers 'hanging back' well behind the actual start line give them the opportunity **once** to come up to the line. If they are unwilling to do so after being asked, then concentrate on the front line to retain control and accept that those behind the line are more comfortable in the 'second line' position.

You are within your rights as the starter of an event to 'warn' coaches and spectators who are blatantly trying to encourage their paddlers to ignore your instructions and 'push' the start. Do not be afraid to do so.

BY BEING CONSISTENT AT ALL RACES AND ACROSS ALL STARTS PADDLERS WILL LEARN WHAT IS EXPECTED OF THEM.

PART C: RECOMMENDATIONS

These recommendations are to help clubs run well-organised races. You should not attempt to run a race without having attended others first.

1) INITIAL CHECK LIST

- a) Ensure club BC Affiliation is up to date
- b) Appoint Safety Officer & Welfare Officer for the event
- c) Produce Risk Assessment and Safety Plan
- d) Produce **Advance Information** to competitors and invitation to enter
- e) Produce Marshalling Instructions
- f) Refer to the full checklist "Advice on Running a Hasler Race" to be found on the MRC Website at <http://canoeracing.org.uk/marathon/index.php/race-organisers-checklist-2018/>

2) ADVANCE INFORMATION

Advance information should at least contain the following details.

- a) Name, date and status of the race.
- b) Name of the organising body.
- c) Closing date for entries and whether or not late entries will be accepted.
- d) Person to whom entries and enquiries should be sent, with address, phone number and email.
- e) Entry fees and to whom these should be payable.
- f) An entry form asking for full details of competitors, though entries using the RMS system should be encouraged.
- g) Welfare Statement
- h) Locations of start and finish, and directions for getting to these places.
- i) Check-in, briefing and start times as applicable.
- j) Brief description of the course indicating any specific safety issues with a map if necessary
- k) Indication of communication method in event of cancellation, or postponing.
- l) Any special regulations that competitors should be aware of before they arrive.
- m) Any major changes since last year.

NOTE – several of the above points could be covered by providing a link to club website or appropriate Facebook group, but consideration should be given to paddlers who may not have access to these.

3) SAFETY

Safety measures are largely at the discretion of the organiser, since courses and conditions vary considerably. All paddlers ranked in Divisions 7, 8, & 9 or competing in GST and fun races must wear a buoyancy aid [Rules 5 (a)(v) and 56 (a)]. Make sure you have adequate safety cover for all GST and Div 9 races. On the open sea it is wise to insist on buoyancy aids for all. On open water, rescue boats are very important. Ensure that no one is stranded or lost halfway round the course; it is important to account for all competitors. On calm water it is usually sufficient to have a back marker paddling the course. Marshals at turns and portages should carry safety equipment including an absolute minimum of space blanket or similar, throw line and mobile phone. Where possible a checklist of boat numbers will help marshals tick off those who have passed them.

All Race organisers shall appoint a Safety Officer, prepare a Risk Assessment and Safety Plan well ahead of their event and put in hand appropriate safety measures. Risk Assessments must be forwarded to the Regional Marathon Advisor before the event.

4) BRIEFING AND CONTROL

- a) Deliver a briefing shortly before the race. Explain the starting procedure; starting order; describe any special features and hazards of the race course and emphasise any special regulations. Remind team leaders/coaches that they should ensure their paddlers are sufficiently competent for the course/conditions/arrangements.
- b) Check that all boats are numbered clearly. It does make the finishers' job easier if number plates are legible.
- c) Use the starting order listed in Section 4.
- d) Make sure the course is clearly marked at all points where there could be doubt. Position marshals at turning points to check against a start list. Have clearly identifiable marshals at portages and shoots. The marshals should keep the passage clear for competitors, keep spectators and competitors off forbidden land and report any misdemeanours to race control. A marshal's directions should override any prior instructions.
- e) It is expected that queries and concerns from team leaders or parents at the briefing or during the event will be addressed diplomatically and effectively especially where young paddlers are concerned.

5) STARTING ORDER

- a) The start order of the various classes or divisions can have a significant effect on the race results. The general principle is to start the fastest classes first and the slowest classes last. This minimises the chance of fast boats paddling through slower classes, picking up stragglers on the wash and dragging them back to the class leaders.
- b) The following is the recommended start order. Not all these classes will necessarily run at any one race.

Division 2 K2	Division 5 K2	Division 8 K2
Division 1 K1	Division 4 K1	Division 7 K1
Division 3 K2	Division 6 K2	Division 9 K2
Division 2 K1	Division 5 K1	Division 8 K1
Division 4 K2	Division 7 K2	Division 9 K1
Division 3 K1	Division 6 K1	

6) STARTING

It is vital that all participants have a fair chance to understand the starters instructions. With this in mind an appropriate PA System or loud hailer should be available for starters to use at all but the smallest of venues. Organisers should consider there may be those with limited hearing at their events and amplification may be required even at small venues. It should be considered best practice to plan events with this adaptation in place.

Please also refer to 4) Starters Advisory Notes from **PART B: THE STARTING OF ASSESSMENT RACES, NATIONAL CHAMPIONSHIPS RACES AND HASLER FINALS RACES** (above) as some of the best practice detailed should be incorporated into all Hasler Races.

- a) Ensure that all paddlers can hear your instructions clearly.
- b) Ensure your start position is such that you can see the boat numbers and if necessary have a helper as a spotter.
- c) You or your helper should have a pen/paper to write down any number warnings and penalties.
- d) If the paddlers do not obey instructions then the rule **must** be followed with appropriate penalties.
- e) In the event of a false start use a whistle to recall the paddlers. The use of the whistle should be included in pre-race briefing.
- f) Try to ensure the paddlers approach the line **very slowly**.
- g) An upstream start is preferable if possible.
- h) If you make a requirement or statement as to what you are going to do, do not back down or change it under paddler or time pressure.
- i) Record accurate start times for all races – these will be needed for the RMS program.

7) TURNS

- a) Clearly mark all turns. Use a buoy or buoys at each turn. Make sure these are clearly distinguishable. A clear description and location of the turn buoys must be given at the briefing.
- b) All turns should be properly marshalled. Each turn marshal should have a list of the race numbers that started and be responsible for checking that each boat properly completes the turn. A list of boats that did not complete the turn and a written report of the incidents at the turn must be provided promptly to the race control.

8) FINISHING & RESULTS

- a) Have a clearly marked finishing line. Signify a crossing of the line audibly by bell, whistle or hooter.
 - b) Have a reliable, readable clock and a back-up in case of malfunction.
 - c) Have a shelter in case it rains.
 - d) **Recording the finishing times and positions is the most important job you will do.**
 - e) **Prepare in advance with numbered sheets. Have spare pens/pencils.**
 - f) Record the number and order of every boat as it passes the finishing line. Two tried and tested methods are:
 - (i) Have lined sheets, marked into two columns with one person writing the boat numbers and another the finish time. If possible have a third person calling out the finishing times. Number all finish pages to avoid confusion, OR
 - (ii) Have a team of three. Two work together, one calling boat numbers whilst the other records the number and time. The third person works independently recording the numbers in finishing order.
- We do not recommend having the times written on one set of sheets and the numbers separately written on another set and then trying to match these together.**
- g) A further fail-safe is to have a tape recorder at the finish line. Give the recorder to one of the finish team and tell them to 'talk' every boat over the line, giving number and time.
 - h) At all Hasler events you must use the Hasler Race Management computer program (RMS) to produce your results. If possible use the RMS at the race. This will automatically calculate the elapsed time and finishing order of all boats, all singles promotions and the Hasler points. The results will be produced in the format required by the Race Records Officer. The RMS is designed for Hasler races and can be downloaded from the Marathon Canoeing website. If you want any help with the RMS please contact your Regional Adviser.
 - i) Whether using the RMS or a manual system, have someone indoors to produce the results. Arrange a system for displaying the results as soon as you know them. Errors can be queried before prize giving. Hold the prize giving as soon as possible.

9) AFTER THE EVENT

- a) After the event is over the final result sheet needs to be produced. Keep all manual start and finish sheets as back-up.
- b) If you have run a Hasler event you must return your results using the RMS. This automatically produces the results in the correct format.
- c) Send results by email to the Rankings Officer, the Regional Marathon Advisor, the Race Records Officer and to marathonresults@canoeracing.org.uk within 2 working days so that promotions can be ratified and the results can be uploaded onto the marathon website. For all addresses, see page F3.
- d) The race levy should be sent to the Marathon Racing Committee treasurer. See rule 13. Levy to be remitted within 7 days.
- e) Send Event Ticket money to British Canoeing HQ, Nottingham together with the name, post code etc. of those who have paid for an event ticket, on the form provided by British Canoeing.

PART D: VENUE AND ORGANISATIONAL CRITERIA FOR THE NATIONAL CHAMPIONSHIPS AND THE HASLER FINALS

The Marathon Committee will look to the following ideal criteria when considering applications for the hosting of the National Championships and the Hasler Finals. Any club wishing to host the National Championships or the Hasler Finals will be expected to make a short presentation to the Annual Consultative Meeting or to the Marathon Committee outlining their proposals for the course and organisation to meet these criteria.

1) THE COURSE

- a) The course should be wide enough at the start to provide a fair start for all paddlers. It should also be wide enough throughout its length for competitors to overtake and pass each other in opposite directions.
- b) The course should be capable of being paddled in an understern rudder boat.
- c) Portages should allow a minimum of 12 metres at the 'get out' and 'get in' points. Portages should not be of excessive number or length.

- d) Access to portage areas for spectators should be good with adequate parking, or pool transport should be provided.
- e) The course should be reasonably accessible for spectator viewing.
- f) There should not be too many other conflicting water users.

2) ORGANISATION

- a) The organising club(s) should have a proven track record in organising normal Divisional marathons.
- b) The venue should have good access by road and not be too far for the majority of paddlers to travel.
- c) There should be adequate camping facilities nearby, particularly for the two day National Championships.
- d) There should be adequate parking at the start and finish.
- e) There should be adequate covered checking-in and refreshment areas at the start and finish and a results display area.
- f) There should be adequate toilet facilities at the start and finish areas.
- g) There should be an adequate PA system at the start, briefing and prize giving areas.
- h) There should be adequate First Aid cover in appropriate areas.
- i) The starting of all races is to be as the procedure set out in PART C.
- j) There should be a computerised results facility capable of showing class results and team scores immediately after the races.
- k) Prizes at the National Championships will be the official BC National Marathon Championship medals and Divisional medals.
- l) Prizes at the Hasler Finals will be the official BC Hasler Finals medals.

PART E: BRITISH CANOEING MEMBERSHIP AND EVENT TICKETS

All seniors and veterans must be full On the Water members of British Canoeing if they wish to race in a Marathon event that has been advertised in the Calendar. Juniors who are ranked in division 6 or above must also hold individual or family On the Water British Canoeing membership.

It is the responsibility of an **Affiliated Club** to register all its **Associate Members** using the Club Online Portal (<https://www.britishcanoeing.org.uk/guidance-resources/clubs/clubtogether-portal>)

A club member need not be a full On the Water member of British Canoeing in order to race in the lower divisions (7,8 & 9) of the Marathon racing system or in the other 2 categories of marathon races. He / she must, however, be a member of a BC Affiliated club that has registered their Associate Membership and have a BC number used for his or her identification. Note that Event Tickets are also required for all paddlers who are neither British Canoeing members nor a member of an Affiliated club who has registered their Associate Membership.

Any junior promoted into a higher division (6 & upwards) must then become a full On the Water member of British Canoeing.

Clubs must ensure that competitor's Associate membership is registered **before** making a race entry. On The Water Members must ensure their membership is up to date **before** they or their club make a race entry. Event Tickets when needed, must be purchased **before** making an entry.

The system is as follows:

1. The tickets are for use by non-members not registered as Associate Members by an Affiliated Club at the entry level only of National Competitions requiring membership e.g. Divisional Racing.
2. Event organisers charge the current rate set by British Canoeing, which will be sent to British Canoeing HQ, Nottingham within 7 working days of the event.
3. Event Ticket fees are not refundable.
4. The overall consideration is to encourage, in the best possible way, membership of the Country's Governing Body for Canoe sport.

PART F: Statement on Foreign Nationals participating in competition.**A. Eligibility for National Team Selection**

1. Must be a Member of British Canoeing. (including, SCA, CW & CANI)
2. For International Competitions the ICF competition rules will apply*. These are as follows:
 - a. An athlete who has competed internationally at any level in the last 3 years requires authorisation from the ICF and the national federation of the original country in order to change sporting nationality.
 - b. For an athlete to be eligible for a change of sporting nationality they must have lived in that country for the last two years.
 - c. The request of the change of nationality must be made in writing to the ICF no later than 30 November the year before the competitor wants to compete (e.g 30 November 2017 to be eligible to for British Canoeing from 1 January 2018).
 - d. For the Olympic Games the Olympic Charter rules will be applied for nationality issues. For athletes to be eligible for the Olympic and Paralympic Games they must hold citizenship/nationality of the country that they participate for at the time of the qualification event.
 - e. A competitor may not compete for more than one Federation in any calendar year (1 January to 31 December) in canoeing.
3. The same procedure and rules apply, should the Competitor decide he/she wants to change back to compete for his/her Federation of origin:
 - a. The Competitor will not be able to do so if they have already competed internationally at any level in that calendar year and will have to wait until the following year.
 - b. The Competitor will need to obtain a release/approval in writing from the Federation they have been competing for.
 - c. The release/approval will be submitted by British Canoeing to the ICF for its approval (submitted by 30 November) for the Competitor to compete for a new country in the following year.
4. In order to be eligible to be on a UK Sport funded programme an athlete must possess a valid British Passport or be in the process of applying for British Citizenship. (If an Athlete is not a British Passport holder and their long term ambition is to compete in the Olympic or Paralympic Games for GB they need to be aware that they will only be eligible for funding and able to compete if they hold a current British passport. Therefore they should be actively pursuing and, likely to achieve a successful, application for a British passport).

B. Eligibility for National Championships Titles.

1. In order to be eligible to win a title in National Championships a Competitor must:
 - a. Be a British Citizen and be a current member of British Canoeing (including, SCA, CW & CANI - Juniors registered with On the Water family membership, do not need full Canoeing membership) and not currently representing or in the selection process to represent another country;
or
 - b. Have been resident in the United Kingdom and a member of British Canoeing, (including, SCA, CW & CANI - Juniors registered with family membership, do not need full British Canoeing membership) for at least 2 (two) years. For clarification, it is the 2 years immediately preceding the relevant event and as soon as the individual it is at the point of renewing for a third year they shall have satisfied this condition.
2. In entering a National Championship competitors agree to abide by this Eligibility Policy. Any competitor winning a title may, at the absolute discretion of the organisers, be requested to supply proof that they satisfy B1 a) or B 1 b). Any competitor not complying with this requirement within a

reasonable time will be liable to disqualification from receiving a National Championship title and will only be eligible to receive a race placing. Any disqualifications under this clause B2 will be subject to specific race rules and if applicable the British Canoeing dispute resolution policy.

3. If a Competitor is not a British Citizen and has not been Resident in the United Kingdom and a member of British Canoeing, (including, SCA, CW & CANI) for the necessary 2 (two) years (in accordance with 1.b. above) and there are exceptional circumstances then they may apply to the Head of Governance and Compliance requesting discretion to be exercised. Any applications should be submitted at least four weeks prior to any National Championships which they wish to compete in.
4. Decisions are final and in the absolute discretion of the British Canoeing Chief Executive who shall consider each case on its own merits and decisions not create a precedent for any future cases.

PART G: Regional Marathon Advisors

Election of Regional Marathon Advisor

1. Under the current Marathon Racing Rules, the Regional Marathon Advisor is an elected post.
2. The election will take place each year between the Hasler Final and the end of November so that details can be included in the Racing Handbook. The election will be called by the RMA. If for any reason it is not appropriate to hold an election at this time, the MRC must be kept informed of the circumstances via the RMA Liaison.
3. All clubs in the region registered as participating in marathon racing, must be invited to be involved in the process of election, with each club nominating one voting representative.
4. The process will vary between regions according to local circumstances and may take place by email or at a meeting.
5. The process must involve the proposal of candidates and voting. Independent tellers may be used if necessary. The RMA may offer themselves for re-election. All candidates must have seen the document – Regional Marathon Advisors Role. In some regions it may be appropriate to split the role and elect joint RMAs or for the elected RMA to nominate an assistant.
6. The RMA must inform the MRC of the outcome, with any changes to contact details, once the election has taken place.

MARATHON RACING – NATIONAL MARATHON TROPHIES

The Spanish House: National Championships Team Trophy			
1990	Nottingham Kayak Club	2006	Reading Canoe Club
1991	Nottingham Kayak Club	2007	Leighton Buzzard Canoe Club
1992	Army Canoe Union	2008	Wey Kayak Club
1993	Nottingham Kayak Club	2009	Wey Kayak Club
1994	Nottingham Kayak Club	2010	Nottingham Kayak Club
1995	Nottingham Kayak Club	2011	Norwich Canoe Club
1996	Nottingham Kayak Club	2012	Norwich Canoe Club
1997	Kimbolton School	2013	Norwich Canoe Club
1998	Nottingham Kayak Club	2014	Norwich Canoe Club
1999	Nottingham Kayak Club	2015	Norwich Canoe Club
2000	Elmbridge Canoe Club	2016	Norwich Canoe Club
2001	Elmbridge Canoe Club	2017	Norwich Canoe Club
2002	Leighton Buzzard Canoe Club	2018	Nottingham Kayak Club
2003	Leighton Buzzard Canoe Club	2019	Norwich Canoe Club
2004	Leighton Buzzard Canoe Club	2020	No event
2005	Leighton Buzzard Canoe Club	2021	Reading Canoe Club
		2022	Wey Kayak Club

The Spanish Galleon: Inter-Club K4 Racing to 2003			
1991	Hereford	1995	Nottingham
1992	Elmbridge	1996	Nottingham
1993	Hereford	1997	Nottingham
1994	Elmbridge	1998/2003	No race

The Spanish Galleon: U10 and U12 Team Trophy			
2004	Banbury Canoe Club	2014	Norwich Canoe Club
2005	Banbury Canoe Club	2015	Norwich Canoe Club
2006	Southampton Canoe Club	2016	Norwich Canoe Club
2007	Leighton Buzzard C.C.	2017	Norwich Canoe Club
2008	Leighton Buzzard C.C.	2018	Ealing Canoe Club
2009	Lincoln Canoe Club	2019	Norwich Canoe Club
2010	Ealing Canoe Club	2020	No event
2011	Banbury Canoe Club	2021	Reading Canoe Club
2012	Norwich Canoe Club	2022	Wey Kayak Club
2013	Banbury Canoe Club		

The National Short Course Team Trophy	
2022	Norwich Canoe Club

MARATHON RACING – NATIONAL MARATHON TROPHIES

Nottinghamshire County Council Cup: Presented to the Senior Ladies K1 National Champion

1995	S.Bennett	Fladbury	2009	Claire Gunney	Wey
1996	Anna Hemmings	Elmbridge	2010	Claire Gunney	Wey
1997	Tricia Davey	Richmond	2011	Jenny Illidge	Runcorn
1998	Lucy Hardy	Fladbury	2012	Lizzie Broughton	Richmond
1999	Tina Parsons	Nottingham	2013	Lizzie Broughton	Richmond
2000	Andrea Dallaway	Elmbridge	2014	Lizzie Broughton	Richmond
2001	Anna Hemmings	Elmbridge	2015	Lizzie Broughton	Richmond
2002	Yael Ford	Tonbridge	2016	Lizzie Broughton	Richmond
2003	Joanne Bates	Elmbridge	2017	Lani Belcher	Nottingham
2004	Joanne Bates	Elmbridge	2018	Lizzie Broughton	Richmond
2005	Tricia Davey	Richmond	2019	Lizzie Broughton	Richmond
2006	Anna Hemmings	Elmbridge	2020	No event	
2007	Anna Hemmings	Elmbridge	2021	Lizzie Broughton	Richmond
2008	Louisa Sawers	Elmbridge	2022	Samantha Rees-Clark	Nottingham

The Smythe Sword: Presented to the Senior Ladies K1 National Champion

2021	Lizzie Broughton	Richmond
2022	Samantha Rees-Clark	Nottingham

Ladies Plate: Presented to the Senior Ladies K2 National Champions

1995	Tamsin Phipps	W.Lester	Reading
1996	Helen Gilby	Alison Thorogood	Elmbridge/Newham
1997	Sonia Bapty	Tricia Davey	Reading/Richmond
1998	Andrea Dallaway	Helen Gilby	Elmbridge Canoe Club
1999	Sonia Bapty	Alison Thorogood	Reading/Leaside
2000	Andrea Dallaway	Helen Gilby	Elmbridge Canoe Club
2001	Andrea Dallaway	Abigail Cattle	Elmbridge/Reading
2002	Joanne Bates	Rosalind Bates	Elmbridge Canoe Club
2003	No Race		
2004	Joanne Bates	Claire Hynds	Elmbridge Canoe Club
2005	Joanne Bates	Nicola Taylor	Elmbridge Canoe Club
2006	Anna Hemmings	Nicola Taylor	Elmbridge Canoe Club
2007	Anna Hemmings	Louisa Sawers	Elmbridge Canoe Club
2008	Louisa Sawers	Hayleigh Mason	Elmbridge/Nottingham
2009	Louisa Sawers	Lani Belcher	Elmbridge Canoe Club
2010	Jenny Swallow	Lizzie Broughton	Chester/Richmond
2011	Fay Lamph	Lizzie Broughton	Wey/Richmond
2012	Fay Lamph	Lizzie Broughton	Wey/Richmond
2013	Fay Lamph	Lizzie Broughton	Wey/Richmond
2014	Fay Lamph	Lizzie Broughton	Wey/Richmond
2015	Fay Lamph	Lizzie Broughton	Wey/Richmond
2016	Fay Lamph	Lizzie Broughton	Wey/Richmond
2017	Lani Belcher	Hayleigh Mason	Nottingham
2018	Fay Lamph	Lizzie Broughton	Wey/Richmond
2019	Jane Swarbreck	Lizzie Broughton	Richmond
2020	No event		
2021	Jane Swarbreck	Anoushka Freeman	Richmond
2022	Lizzie Broughton	Fay Lamph	Richmond/Wey

The Nottingham Kayak Club Trophy: Presented to the U23 Ladies K1 Champion

2017	Alex Lane	Longridge	2020	No event	
2018	Jenny Withers	Elmbridge	2021	Anoushka Freeman	Richmond
2019	Melissa Johnson	Chelmsford	2022	Anoushka Freeman	Richmond

MARATHON RACING – NATIONAL MARATHON TROPHIES

The Millett Plate: Presented to the Senior Ladies C1 National Champion

2018	Anna Palmer	Longridge	2021	Beth Gill	Chelmsford
2019	Sarah Millett	Nottingham	2022	Beth Gill	Chelmsford
2020	No event				

The National Marathon Ladies K1 Team Trophy

2017	Nottingham Kayak Club	2019	Richmond Canoe Club	2021	Richmond Canoe Club
2018	Richmond Canoe Club	2020	No event	2022	Nottingham Kayak Club

The Pontevedra Cup: Presented to the U18 Ladies K1 National Champion

2008	Victoria Croucher	Wey	2016	Samantha Martyn	Wey
2009	Jenny Illidge	Runcorn	2017	Emma Russell	Chelmsford
2010	Jenny Illidge	Runcorn	2018	Freya Peters	Richmond
2011	Victoria Croucher	Wey	2019	Freya Peters	Richmond
2012	Amy Ward	Elmbridge	2020	No event	
2013	Samantha Rees-Clark	Basingstoke	2021	Isla Bethune	Elmbridge
2014	Elise Piercy	Elmbridge	2022	Isla Bethune	Elmbridge
2015	Melissa Johnson	Chelmsford			

Wilkinson Sword: Presented to the Senior Men K1 National Champion

1979	Brian Greenham	Reading & LP	2001	Conor Holmes	Elmbridge
1980	K.Smith	Warren	2002	Ivan Lawler	Elmbridge
1981	K.Smith	Warren	2003	Paul Slater	Gailey
1982	Alan Williams	Royal	2004	Paul Slater	Gailey
1983	Alan Williams	Royal	2005	Ivan Lawler	Elmbridge
1984	Alan Williams	Royal	2006	Ben Brown	Elmbridge
1985	Alan Williams	Royal	2007	Andrew Daniels	Reading
1986	Ivan Lawler	Elmbridge	2008	Ben Farrell	Elmbridge
1987	Ivan Lawler	Elmbridge	2009	Ben Brown	Elmbridge
1988	Ivan Lawler	Elmbridge	2010	Ben Brown	Elmbridge
1989	Duncan Blythe	Royal	2011	Tim Pendle	Norwich
1990	Duncan Blythe	Royal	2012	Tim Pendle	Norwich
1991	I.Timbrell	Fowey River	2013	Tim Pendle	Norwich
1992	Ivan Lawler	Elmbridge	2014	Andrew Daniels	Longridge
1993	James Butler	Nottingham	2015	Keith Moule	Chelmsford
1994	Gary Mawer	Richmond	2016	Tim Pendle	Norwich
1995	Simon Dark	Bradford/Avon	2017	Tim Pendle	Norwich
1996	Ivan Lawler	Elmbridge	2018	Tim Pendle	Norwich
1997	James Butler	Nottingham	2019	Tim Pendle	Norwich
1998	Greg Slater	Lichfield	2020	No event	
1999	Ivan Lawler	Elmbridge	2021	Daniel Johnson	Chelmsford
2000	Conor Holmes	Elmbridge	2022	James Russell	Chelmsford

The Nottingham Kayak Club Trophy: Presented to the U23 Men K1 Champion

2017	Lewis Duffield	Chelmsford	2020	No event	
2018	Magnus Gregory	Longridge	2021	Charlie Smith	L.Buzzard
2019	Charlie Smith	Leighton Buzzard	2022	Charlie Smith	L.Buzzard

MARATHON RACING – NATIONAL MARATHON TROPHIES

The Laws Trophy: Presented to the Senior K2 National Champions

1957	J.Nicholls	E.Carmichael	W.London	1989	C.Ballard	R.Kinch	Lichfield/Oxford
1958	J.Shelston	R.Lowery	Richmond	1990	P.Wells	G.Dresser	Richmond/Royal
1959	J.Shelston	R.O'Keefe	Richmond	1991	C.Ballard	G.Slater	Lichfield
1960	R.Payne	Y.Allen	22nd SAS	1992	I.Lawler	G.Bourne	Elmbridge
1961	B.R.Smith	J.L.P.Dalton	C.T.C.	1993	J.Butler	S.Bagshaw	Nottingham
1962	A.Aked	D.C.Arnold	Marines	1994	I.Lawler	S.Harris	Elmbridge
1963	L.Oliver	M.Parker	Lincoln	1995	S.West	J.Butler	RLS/Nottingham
1964	S.Hollier	R.Wade	Hatfield	1996	I.Lawler	S.Harris	Elmbridge
1965	L.Oliver	M.Parker	Lincoln	1997	J.Block	J.Butler	Nottingham
1966	T.Kirkby	M.Bosher	Royal	1998	S.Baker	S.Harris	Elmbridge
1967	A.Miller	T.Sowman	Harlow	1999	I.Lawler	C.Holmes	Elmbridge
1968	A.Edwards	L.Oliver	Lincoln	2000	S.Dark	D.Coulson	BOA/Reading
1969	M.Mean	L.Bolam		2001	C.Holmes	J.Block	Elmbridge/ Nott
1970	C.Evans	Alun-Williams	R.M.C.C.	2002	P.Slater	P.Prestwood	Gailey
1971	M.Bosher	B.Greenaway	Richmond	2003	P.Slater	P.Prestwood	Gailey
1972	N.Mason	T.Speaight	Nottingham	2004	P.Slater	P.Prestwood	Gailey
1973	N.Jackson	D.Smith	Grap/Worc	2005	I.Lawler	B.Brown	Elmbridge
1974	J.Fowler	A.Williams	Royal	2006	B.Brown	J.Sawers	Elmbridge
1975	J.Fowler	A.Williams	Royal	2007	A.Daniels	E.Cox	Reading/Wey
1976	J.Fowler	A.Williams	Royal	2008	I.Lawler	B.Farrell	Elmbridge
1977	S.Brown	B.Haynes	Nott/Royal	2009	B.Brown	J.Boyton	Elmbridge/Royal
1978	J.Fowler	A.Williams	Royal	2010	I.Lawler	J.Simmons	Elmbridge/Wey
1979	J.Fowler	A.Williams	Royal	2011	M.Childerstone	J.Simmons	Wey
1980	J.Fowler	A.Williams	Royal	2012	J.Tye	S.West	Worcester
1981	J.Fowler	A.Williams	Royal	2013	K.Moule	T.Sharpe	Chelmsford/Rich.
1982	A.Williams	C.Canham	Royal	2014	T.Pendle	A.Daniels	Norwich/Longridge
1983	A.Williams	S.Jackson	Royal/Army	2015	T.Pendle	A.Daniels	Norwich/Longridge
1984	A.Williams	S.Jackson	Royal/Army	2016	T.Pendle	E.Rutherford	Norwich/Elmbridge
1985	P.Wells	A.Croucher	Ric/Wey	2017	M.Gregory	Z.Chmiel	Longridge/Nott.
1986	I.Lawler	A.Williams	Elm/Royal	2018	M.Gregory	TPendle	Longridge/Norwich
1987	I.Lawler	G.Burns	Elmbridge	2019	C.Smith	T. Pendle	L. Buzzard/Norwich
1988	P.Wells	M.Wells	Richmond	2020	No event		
				2021	J.Russell	C.Smith	Chelmsford/L.Buzzard
				2022	Tom Lusty	Keith Moule	Solihull/ Chelmsford

The Sella Cup: Presented to the U18 Men K1 National Champion

1990	A.Richardson	Royal	2007	Edward Rutherford	Elmbridge
1991	S.Jenson	Richmond	2008	Edward Rutherford	Elmbridge
1992	Paul Slater	Lichfield	2009	Mark Childerstone	Wey
1993	M.Bull	Nottingham	2010	Jonathan Tye	Worcester
1994	Richard Golder	Banbury	2011	Jonathan Tye	Worcester
1995	Lee Pilgrim	Barking & Dag.	2012	Albert Hicks	Norwich
1996	Damien Chapman	Nottingham	2013	Edmund Haws	Wey
1997	Damien Chapman	Nottingham	2014	Edmund Haws	Wey
1998	Craig Watt	Elmbridge	2015	Magnus Gregory	Longridge
1999	Scott Kemper	Gailey	2016	Joe Petersen	Banbury
2000	Andrew Kelly	Elmbridge	2017	William Scammell	Longridge
2001	Andrew Kelly	Royal	2018	William Scammell	Longridge
2002	Paul Wycherley	Wey	2019	Timothy Dowden	Norwich
2003	Paul Wycherley	Wey	2020	No event	
2004	Allen Spencer	Hereford	2021	Zac Tarver	Elmbridge
2005	Andrew Daniels	Reading	2022	Harry Freeland	Reading
2006	Andrew Daniels	Reading			

MARATHON RACING – NATIONAL MARATHON TROPHIES

The Long Distance Racing Challenge Trophy: Presented to the Senior K1 Men National Champion.

Prior to 2001 to the winner of Division 1 K1 at the National Championships.

1956	C.Cautier	Weston Bay	1990	Duncan Blythe	Royal Canoe Club
1957	A.Waterhouse	Royal Canoe Club	1991	I.Timbrell	Fowey
1958	R.O'Keefe	Richmond	1992	Ivan Lawler	Elmbridge
1959	B.Smith	C.T.C.	1993	James Butler	Nottingham
1960	D.Shankland	Llandaff	1994	Gary Mawer	Richmond
1961	J.Richards	Worcester	1995	Simon Dark	Bradford on Avon
1962	Alan Edwards	Worcester	1996	Ivan Lawler	Elmbridge
1963	S.Smith	Worcester	1997	James Butler	Nottingham
1964	S.Smith	Worcester	1998	Greg Slater	Lichfield
1965	P.Gardner	Riverside	1999	Ivan Lawler	Elmbridge
1966	C.Evans	Royal Canoe Club	2000	Conor Holmes	Elmbridge
1967	C.Evans	Royal Canoe Club	2001	Conor Holmes	Elmbridge
1968	P.Lawler	Royal Canoe Club	2002	Ivan Lawler	Elmbridge
1969	N.Jackson	Grappenhall	2003	Paul Slater	Gailey
1970	N.Jackson	Grappenhall	2004	Paul Slater	Gailey
1971	N.Jackson	Grappenhall	2005	Ivan Lawler	Elmbridge
1972	Norman Mason	Nottingham	2006	Ben Brown	Elmbridge
1973	D.Lawrence	Royal Canoe Club	2007	Andrew Daniels	Reading
1974	Norman Mason	Nottingham	2008	Ben Farrell	Elmbridge
1975	Norman Mason	Nottingham	2009	Ben Brown	Elmbridge
1976	Norman Mason	Nottingham	2010	Ben Brown	Elmbridge
1977	Brian Greenham	Reading & L.P.	2011	Tim Pendle	Norwich
1978	Brian Greenham	Reading & L.P.	2012	Tim Pendle	Norwich
1979	Brian Greenham	Reading & L.P.	2013	Tim Pendle	Norwich
1980	K.Smith	Warren C.C.	2014	Andrew Daniels	Longridge
1981	K.Smith	Warren C.C.	2015	Keith Moule	Chelmsford
1982	Alan Williams	Royal Canoe Club	2016	Tim Pendle	Norwich
1983	Alan Williams	Royal Canoe Club	2017	Tim Pendle	Norwich
1984	Alan Williams	Royal Canoe Club	2018	Tim Pendle	Norwich
1985	Alan Williams	Royal Canoe Club	2019	Tim Pendle	Norwich
1986	Ivan Lawler	Elmbridge	2020	No event	
1987	Ivan Lawler	Elmbridge	2021	Daniel Johnson	Chelmsford
1988	Ivan Lawler	Elmbridge	2022	James Russell	Chelmsford
1989	Duncan Blythe	Royal Canoe Club			

Ken Pereira Memorial Trophy: Presented to the Senior C1 National Champion

1989	Ken Young	Nottingham	2008	Yan Vorberger	Leamington
1990	No race		09-10	No race	
1991	Andrew Martin	Fladbury	2011	Miguel Hernandez	Cambridge
1992	Andrew Martin	Fladbury	2012	Adam Stannard	Leamington
1993	No race		2013	Iain Weir	Banbury
1994	Derek Hall	Reading	2014	Nerijus Budrikis	Worcester
1995	Malcolm Lane	Leamington	2015	M. Ponomarenkow	Richmond
1996	James Lee	Basingstoke Canal	2016	Seb Shaw	Faldbury
1997	James Lee	Basingstoke Canal	2017	Arthur Leech	Richmond
1998	Steve Train	Fladbury	2018	Arthur Leech	Richmond
99-03	No race		2019	Arthur Leech	Nottingham
2004	Richard Crooks	Leighton Buzzard	2020	No event	
2005/6	No race		2021	Arthur Leech	Nottingham
2007	John Badelek	Wey	2022	Beth Gill	Chelmsford

MARATHON RACING – NATIONAL MARATHON TROPHIES

Open Canoe Association Shield: Presented to the Open TC2 National Champions (from 1996 C2)

1990	Karl Yurkwich	Attila Herbent	Royal Leamington Spa
1994	J.Bromley	Tibor Herbent	Royal Leamington Spa
1996	John.Badelek	Derek Hall	Wey/Reading
1997	James Lee	M.Parsons	Basingstoke/Wey
2000	Matt. Lawrence	Toby Shipway	Leighton Buzzard
2001	Matt. Lawrence	James Train	Leighton Buzzard/Fladbury
2002-2012	No Race		
2013	Roger Weir	George Caines	Banbury/Nottingham
2014	No race		
2015	Marcin Ponomarenkow	Attila Szilagyi	Richmond/Independent
2016	Ireneusz Marcinkowski	Chris Blacker	Chester/Southampton
2017	Arthur Leech	Chris Blacker	Richmond/Southampton
2018	James Prowse	Paul Stenning	Hemel Hempstead/Leighton Buzzard
2019	Chris Blacker	Arthur Leech	Southampton/Nottingham
2020	No event		
2021	Joe Mitchell	Mike Phillip	Royal Canoe Club
2022	Owen Chism	Areg Sarkisyan	Richmond Canoe Club

The Richmond Trophy: Presented to the Mixed K2 National Champions

2014	Lizzie Broughton	Keith Moule	Richmond/Chelmsford
2015	Lizzie Broughton	Keith Moule	Richmond/Chelmsford
2016	Lizzie Broughton	Keith Moule	Richmond/Chelmsford
2017	Hayleigh Mason	Ziggy Chmiel	Nottingham
2018	Alex Lane	Magnus Gregory	Longridge
2019	Kate Hipkins	Magnus Gregory	Longridge
2020	No event		
2021	Sam Rees-Clark	Charlie Smith	Basingstoke/Leighton Buzzard
2022	Emma Russell	James Russell	Chelmsford

The Brian Gandy Trophy: Presented to the U18 Ladies K2 National Champions

2011	Victoria Croucher	Alice Haws	Wey Kayak Club
2012	Amy Ward	Rebeka Simon	Elmbridge
2013	Samantha Rees-Clark	Nicole Williams	Basingstoke/Royal
2014	Livvy Rowe	Lucy Lee-Smith	Norwich
2015	Elise Piercy	Melissa Johnson	Elmbridge/Chelmsford
2016	Freya Peters	Emma Russell	Richmond/Chelmsford
2017	Freya Peters	Emma Russell	Richmond/Chelmsford
2018	Bronte Holden	Samantha Martyn	Foy/Wey
2019	Amber Cox	Freya Peters	Elmbridge/Richmond
2020	No event		
2021	Emma Christie	Kerry Christie	Break Out
2022	Matilda Enoch	Isla Bethune	Nottingham/Elmbridge

The Junior Ladies Plate: Presented to the U16 Ladies K2 National Champions

2012	Emma Ricketts	Amy Wignall	Anker Valley/Runcorn
2013	Jenny Withers	Elise Piercy	Elmbridge
2014	Rose Blackman	Hafsa Kabeer	Gailey/Reading
2015	Lily Wong	Elizabeth Grey	Richmond/Lincoln
2016	Florence Duffield	Bronte Holden	Norwich/Fowey
2017	Stephanie Hutchinson	Kate Hipkins	Longridge
2018	Georgia Carmichael	Kate Hipkins	Longridge
2019	Klara Jepson	Jessie Urquhart	Falcon/Banbury
2020	No event		
2021	Greta Roeser	Nerys Hall	Wey
2022	Annabel Hutchinson	Mollie Ball	Reading/Devizes

MARATHON RACING – NATIONAL MARATHON TROPHIES

The Espada Cup: Presented to the Under 14 Ladies K2 National Champions			
1977	D.Sellwood	C.Darling	B.O.A.C.C./ Chichester
1978	Perrett	D.Sellwood	
1979	Holness	Lewis	
1980	Holness	Lewis	
1981	Holness	Lewis	
1982	Nicola Burns	A.Dawson	Elmbridge/Preston Bridge
1983	H.Rainsford	C.Kemp	Leighton B./ Fladbury
1984	Andrea Dallaway	C.Kemp	Lichfield/Fladbury
1985	A.Jennings	C.Kemp	Leighton B./ Fladbury
1986	J.Fisher	R.Leverett	Lincoln C.C.
1987	Tricia Davey	J.Miller	Richmond/Shoreham
1988	R.Giles	B.Cambell	Fladbury C.C.
1989	K.Russell	Anna Hemmings	Elmbridge C.C.
1990	Anna Hemmings	Jenny Dyball	Elmbridge C.C.
1991	Rachel Train	Lucy Hardy	Fladbury C.C.
1992	S.Griffith	Carly Andrews	Fladbury/Solihull
1993	Carly Andrews	Elaine Appleby	Solihull/Leighton Buzzard
1994	Cathy Jones	Elaine Appleby	Leighton Buzzard C.C.
1995	Cathy Jones	Abigail Cattle	Leighton B/Reading
1996	Sharon Hayday	Nicola Taylor	Barking & Dagenham C.C.
1997	Jenny Spencer	Rebecca Hunter	Hereford/Royal
1998	Zoe Burgess	Joanne Etheridge	Solihull/Wey
1999	Joanne Etheridge	L.Smith	Wey/Barking & Dagenham
2000	Hayleigh Mason	Harriet Farish	Nottingham K.C.
2001	Louisa Sawers	Rohan Battison	Elmbridge/Reading
2002	Alison Galloway	Rohan Battison	Reading
2003	Katie Whitehead	Jessica Walker	Chelmsford/Royal
2004	Emma Dougall	Jessica Walker	Leighton Buzzard/Royal
2005	Jenny Swallow	Caroline Rowlands	Chester
2006	Laura Ferguson	Stephanie Holmes	Banbury/Worcester
2007	Hazel Childerstone	Victoria Croucher	Wey K.C.
2008	Isobel Smith	Naomi Smith	Basingstoke Canal CC
2009	Rebecca Killip	Alison Martin	Richmond
2010	Rebecca Killip	Alison Martin	Richmond
2011	Rebecca Killip	Alison Martin	Richmond
2012	Sarah Ellis	Elizabeth Gray	Fladbury/Lincoln
2013	Elizabeth Gray	Renee Myburgh	Lincoln/Independent
2014	Sophie Thompson	Samantha Martyn	Wey
2015	Freya Peters	Zoe Clark	Richmond/Royal
2016	Flossie Ball	Georgia Carmichael	Wiltshire Youth/Longridge
2017	Abigail Burham	Hannah Suttie	Wey
2018	Zara Bowers	Lizzie Poole	Elmbridge
2019	Mollie Ball	Matilda Enoch	Devizes/Nottingham
2020	No event		
2021	Zoe Herriot	Hannah Toovey	Glasgow
2022	Zoe Herriot	Hannah Toovey	Glasgow

The Carrion Cup: Presented to the U16 Ladies K1 National Champion					
2012	Emma Ricketts	Anker Valley	2017	Stephanie Hutchinson	Longridge
2013	Elise Piercy	Elmbridge	2018	Georgia Carmichael	Longridge
2014	Elizabeth Gray	Lincoln	2019	Becky Pemble	Addlestone
2015	Emma Russell	Chelmsford	2020	No event	
2016	Freya Peters	Richmond	2021	Mollie Ball	Devizes
			2022	Mollie Ball	Devizes

MARATHON RACING – NATIONAL MARATHON TROPHIES

Crestuma '97 Trophy: Presented to the U14 Ladies K1 National Champion					
2021	Kamila Sklenarova	Norwich			
2022	Hannah Toovey	Glasgow			
Crestuma '92 Trophy: Presented to the U12 Ladies K1 National Champion					
2021	Daisie Ball	Devizes	2022	Ruth Shephard	Reading

ICF World Cup Women's Kayak 1998 Trophy: Presented to the U10 Ladies K1 National Champion					
2021	Ruth Shephard	Reading	2022	Adriana De Bilio	Royal

Junior K2 Shield: Presented to the U18 Men K2 National Champions			
1995	A.Morgan	Nick Fowler	Banbury/Reading
1996	Daniel Golder	Damien Chapman	Banbury/Nottingham
1997	Damien Chapman	Peter Burbridge	Nottingham/Reading
1998	Paul Prestwood	Daniel Matthews	Gailey
1999	Adam Kennedy	Tim Sowry	Fladbury/Elmbridge
2000	Ed McKeever	Alistair Rosier	Bradford on Avon
2001	Andrew Kelly	Simon Fennemore	Royal/Wey
2002	Ben Brown	Paul Wycherly	Elmbridge/Wey
2003	John Sawers	Michael Goodall	Elmbridge Canoe Club
2004	James Dougall	Matthew Guy	Leighton Buzzard Canoe Club
2005	Andrew Daniels	Allen Spencer	Reading/Hereford
2006	Tom Hide	Ben Parfitt	Addlestone/Elmbridge
2007	Dean Terry	Mark Childerstone	Wey Kayak Club
2008	Tom Hide	Edward Rutherford	Addlestone/Elmbridge
2009	Matthew Welch	Tom Simmons	Wey/Bradford on Avon
2010	Mark Clive	Nico Kirschstein	Gailey/Reading
2011	Jonathan Tye	James Webster	Worcester/Bradford on Avon
2012	Albert Hicks	Daniel Johnson	Norwich/Chelmsford
2013	Jack Childerstone	Edmund Haws	Wey
2014	Jack Childerstone	Edmund Haws	Wey
2015	Magnus Gregory	Luke Harding	Longridge
2016	Joe Petersen	Joe Hansell	Banbury/Basingstoke
2017	Kieran Hayward	Matthew Callow	Norwich
2018	James Bell	William Scammell	Longridge
2019	Alexander Bicknell	Jordan Martyn	Wey
2020	No event		
2021	Zac Tarver	Xavier Hives	Elmbridge/Southampton
2022	Sam Cribbett	Isaac Pipe	Royal Leamington Spa/Runcorn

The Sanabria Cup: Presented to the U16 Men K2 National Champions			
2012	Tim Escott	James Mlssen	Bradford on Avon
2013	Magnus Gregory	Luke Harding	Longridge
2014	Stefano Di Gregorio	Kayne Wilkinson	Elmbridge
2015	Charlie Smith	Joe Webb	Leighton Buzzard/Richmond
2016	Sam Drane	Luke Shaw	Norwich
2017	Philip Miles	Timothy Dowden	Royal Leamington Spa/Norwich
2018	Rory Stewart	Zac Tarver	Addlestone/Elmbridge
2019	Xavier Hives	Zac Tarver	Southampton/Elmbridge
2020	No event		
2021	Gabriel Popham	Harry Freeland	Falcon/Reading
2022	Toby Bullock	James Ross	Exeter/Elmbridge

MARATHON RACING – NATIONAL MARATHON TROPHIES

The Nalon Cup: Presented to the U16 Men K1 National Champion

2012	Edmund Haws	Wey	2017	Timothy Dowden	Norwich
2013	Magnus Gregory	Longridge	2018	Rory Stewart	Addlestone
2014	Max Littlewood	Nottingham	2019	Xavier Hives	Southampton
2015	Charlie Smith	Leighton Buzzard	2020	No event	
2016	Luke Shaw	Norwich	2021	Gabriel Popham	Falcon
			2022	Andre Hives	Southampton

Crestuma '98 Trophy: Presented to the U14 Men K1 National Champion

2021	James Ross	Elmbridge			
2022	Oliver Mazur	Reading			

The Silver Birdbath: Presented to the Under 14 Men K2 National Champions

1981	M.Adams	S.Rust	Royal/Leicester
1982	M.Adams	S.Rust	Royal/Leicester
1983	G.Lovell	G.Adams	Royal
1984	S.Day	A.Barkway	Sta./N.S.S.
1985	J.Wilson	C.Murray	Anker Valley
1986	A.M.Richardson	J.Farnham	Royal/Elmbridge
1987	A.M.Richardson	J.Farnham	Royal/Elmbridge
1988	S.Jenson	P.Slater	Richmond/Gailey
1989	Brian Hemmings	David Smith	Elmbridge
1990	David Smith	Ian Sargeant	Elmbridge
1991	Nick Fowler	B.Reece	Fladbury
1992	Daniel Golder	J.Perrier	Banbury/Bishop Stortford
1993	Damien Chapman	Joel Wilson	Nottingham/Chester
1994	Joel Wilson	Adam Kennedy	Chester/Fladbury
1995	Dean O'Conner	Adam Kennedy	Barking/Fladbury
1996	Richard Darby Dowman	Ben Farrell	Elmbridge C.C.
1997	Greg Edwards	Tom Bainbridge	Worcester/Harlow
1998	A.Barry	James Garlick	Chelmsford/Leighton Buzzard.
1999	James Garlick	Ed Cox	Leighton Buzzard/Wey
2000	Tom Daniels	Richard Etheridge	Reading/Wey
2001	Gavin Hickman	Allen Spencer	Chelmsford/Hereford
2002	Christian Pegley	Andrew Daniels	Elmbridge/Wokingham
2003	Ben Holmes	Pip Ede	Worcester/Reading
2004	Edward Rutherford	Daniel Barber	Elmbridge Canoe Club
2005	Dean Terry	Mark Childerstone	Maidstone/Wey
2006	Peter Wilkes	Mark Wilkes	Chelmsford Canoe Club
2007	Jonathan Tye	Tom Deacon	Worcester/Addlestone
2008	Jake Thomas	Alex Loveday	Elmbridge Canoe Club
2009	Jack Childerstone	Edmund Haws	Wey Kayak Club
2010	Jack Childerstone	Sam Kirschstein	Wey/Reading
2011	Kayne Wilkinson	Alex Khlaf	Elmbridge/Richmond
2012	Luke Harding	Magnus Gregory	Longridge
2013	Joe Hansall	Oliver Khlaf	Basingstoke/Richmond
2014	Joe Webb	Harry Wells	Richmond
2015	William McCracken	Fred Kemp	Banbury/Reading
2016	Ed Nightingale	Jacob Millard	Bradford-on-Avon/Falcon
2017	Benjamin Carbera	Xavier Hives	Fowey/Southampton
2018	Benjamin Carbera	Luca Ferri	Fowey/Elmbridge
2019	Sam Cribbett	Dylan O'Connor	Royal Leamington Spa/Richmond
2020	No event		
2021	James Ross	William Short	Elmbridge
2022	Oliver Mazur	Ethan Hunt	Reading/Fowey

MARATHON RACING – NATIONAL MARATHON TROPHIES

Under 12 Trophy: Presented to the U12 Men K1 National Champion					
2018	Gruff Thomas	Ealing	2021	Lucas Clifford	Wey
2019	Josh Griffin	RLS	2022	Lorenzo De Bilio	Royal
2020	No event				

ICF World Cup Men's Kayak 1998 Trophy: Presented to the U10 Men K1 National Champion					
2021	Knoah Ayran	Falcon	2022	Fergus Barnett	Fladbury

MARATHON RACING – THE HASLER TROPHY

The story behind the Hasler Trophy

One of the most daring raids of World War Two took place on the night of 11th December 1942 in the enemy-occupied port of Bordeaux in France. Operation Frankton involved 12 men in six canoes being taken by submarine to a position 10 miles south of the Gironde estuary on 7th December. One of the canoes was ripped passing through the hatch of the submarine, but the other five then had an 85 mile paddle ahead of them. Two boats were lost in the tidal race and the remaining three carried on for three days, paddling in darkness and lying up during the day. One more boat hit a submerged rock and sank and the final two boats went on to Bordeaux harbour, where they attached their limpet mines and, assisted by the ebb tide, paddled silently back down the river. The mines detonated and severely damaged four vessels and sunk one. The four remaining men beached before reaching the sea, scuttled their canoes and travelled overland to try to reach safety. Two were captured, but Major 'Blondie' Hasler and Marine Bill Sparks made their way to Spain – the only two of the original ten who survived. Hasler was awarded the DSO and Sparks the DSM.



After the war, Hasler went on to found the Single Handed Transatlantic Yacht race after a bet with his friend Francis Chichester. The Hasler Trophy was presented by Lloyds Underwriters to commemorate the raid of the so-called 'Cockleshell Heroes' and has been competed for since 1957. Major Hasler died in 1987 and Bill Sparks died on 30th November 2002, only ten days short of the sixtieth anniversary of the raid. In 2003 the Marathon Committee decided to inaugurate a new trophy named in honour of Bill Sparks, which goes to the highest placed veteran K2 in the highest division at the Hasler Final.

Hasler Trophy: For Marathon Racing between clubs in annual competition under the auspices of British Canoeing							
1957	Canoe Touring	1974	Nottingham	1991	Worcester	2008	Elmbridge
1958	Richmond	1975	Nottingham	1992	Worcester	2009	Norwich
1959	Leamington Spa	1976	Reading & LP	1993	Wey	2010	Norwich
1960	Leamington Spa	1977	Fladbury	1994	Not awarded	2011	Elmbridge
1961	Worcester	1978	Nottingham	1995	Kirkcaldy	2012	Norwich
1962	Worcester	1979	Nottingham	1996	Elmbridge	2013	Norwich
1963	Royal	1980	Reading & LP	1997	Elmbridge	2014	Richmond
1964	Lincoln	1981	Fladbury	1998	Elmbridge	2015	Chelmsford
1965	Lincoln	1982	Wey	1999	Kirkcaldy	2016	Chelmsford
1966	Lincoln	1983	Richmond	2000	Elmbridge	2017	Chelmsford
1967	Lincoln	1984	Wey	2001	Elmbridge	2018	Chelmsford
1968	Harlow	1985	Elmbridge	2002	Elmbridge	2019	Wey
1969	Richmond	1986	Richmond	2003	Elmbridge	2020/1	No event
1970	Richmond	1987	Worcester	2004	Elmbridge	2022	Elmbridge
1971	Richmond	1988	Harlow OP	2005	Elmbridge		
1972	Wey	1989	Richmond	2006	Reading		
1973	Nottingham	1990	Wey	2007	Elm/Wey		

The Regional Trophy: Awarded to the Region with the highest aggregate score from their three highest scoring clubs at the Hasler Final			
No longer awarded			
1990	London & S. East	2000	Eastern Region
1991	London & S. East	2001	London & S. East
1992	Southern Region	2002	Southern Region
1993	Midlands Region	2003	Southern Region
1994	Southern Region	2004	Southern Region
1995	Scotland East	2005	Southern Region
1996	Eastern Region	2006	London & S. East
1997	London & S. East	2007	London & S. East
1998	London & S. East	2008	Southern Region
1999	Midlands	2009	London & S. East
		2010	London & S. East
		2011	London & S. East
		2012	London & S. East
		2013	London & S. East
		2014	Eastern Region
		2015	London & S. East
		2016	Eastern Region
		2017	London & South East
		2018	London & South East
		2019	London & South East

MARATHON RACING – THE HASLER TROPHY

Geoff Sanders Trophy: Presented to the club with the best Lightning results across the season, including the Hasler Final

2005	Banbury Canoe Club	2014	Banbury Canoe Club
2006	Southampton Canoe Club	2015	Falcon Canoe Club
2007	Leighton Buzzard Canoe Club	2016	Banbury Canoe Club
2008	Leighton Buzzard Canoe Club	2017	Glasgow Kayak Club
2009	Ealing Canoe Club	2018	Leighton Buzzard Canoe Club
2010	Ealing Canoe Club	2019	Leighton Buzzard Canoe Club
2011	Banbury Canoe Club	2020/1	No event
2012	Banbury Canoe Club	2022	Devizes Canoe Club
2013	Banbury Canoe Club		

Rhodes-White Trophy: Presented to the fastest SMK1 over 12-mile course at Hasler Final.
Prior to 2009 to Senior Regional Champion with the most points in Division 1 at Hasler Final.

1962	S.Smith	Worcester CC	1992	Greg Slater	Lichfield CC
1963	R.Wade	C.T.C.	1993	Greg Slater	Lichfield CC
1964	P.Hastings	C.U.CC	1994	Greg Slater	Lichfield CC
1965	W.Machin	Gailey CC	1995	Peter Maycock	Exeter CC
1966	S.Kitson	Dewsbury	1996	Dyson Pendle	Norwich CC
1967	D.Clarke	C.U.CC	1997	Conor Holmes	Elmbridge
1968	B.Greenaway	Richmond CC	1998	Dan Golder	Falcon CC
1969	B.Gilliver	Soar Valley CC	1999	Greg Slater	Lichfield CC
1970	R.Davis	Itchin Valley CC	2000	Ian Tordoff	Chester
1971	D.Smith	Worcester CC	2001	Ian Tordoff	Chester
1972	T.Fieldus	Wey KC	2002	Stephen Baker	Elmbridge
1973	K.Topham	Viking KC	2003	Stephen Baker	Elmbridge
1974	G.A.Truelove	Lichfield CC	2004	Stephen Baker	Elmbridge
1975	R.G.Haynes	Riverside CC	2005	Stephen Baker	Elmbridge
1976	Keith Owen	Bradford on Avon	2006	Ben Brown	Elmbridge
1977	P.C.Watson	Bradford on Avon	2007	Andy Daniels	Reading
1978	Stan Missen	Bradford on Avon	2008	Not awarded	
1979	J.Rosling	Bradford on Avon	2009	Robert Beer	Elmbridge
1980	Tim Cornish	Richmond CC	2010	Ivan Lawler	Elmbridge
1981	Robin Belcher	Mercia CC	2011	Tim Pendle	Norwich
1982	Robin Belcher	Mercia C.C	2012	Tim Pendle	Norwich
1983	Paul Wells	Richmond CC	2013	Andy Daniels	Longridge
1984	Paul Wells	Richmond CC	2014	Andy Daniels	Longridge
1985	Robin Belcher	Adlington CC	2015	Andy Daniels	Longridge
1986	Ivan Lawler	Elmbridge	2016	Edward Rutherford	Elmbridge
1987	Guy Dresser	Royal	2017	Tim Pendle	Norwich
1988	Greg Slater	Lichfield	2018	Tim Pendle	Norwich
1989	Nigel Brevitt	Lichfield CC	2019	James Russell	Chelmsford
1990	Ian Timbrell	Fowey River	2020/1	No event	
1991	Greg Slater	Lichfield CC	2022	Joe Petersen	Banbury

MARATHON RACING – THE HASLER TROPHY

Adam Thomasson Trophy					
Presented to the Winner of Division 2 K1 at the Hasler Final					
1986	P.Evans	Lincoln	2004	Ben Brown	Elmbridge
1987	Simon Horsley	Deeside	2005	Andrew Daniels	Reading
1988	Gary Quittenton	Lincoln	2006	Robin Williams	Wey K.C.
1989	Norman Mason	Nottingham	2007	Edward Rutherford	Elmbridge
1990	John Elliot	RDG & LP	2008	Mark Childerstone	Wey K.C.
1991	Ian Tordoff	Chester	2009	Aaron Jordan	Maidstone
1992	David Smith	Elmbridge	2010	Paul Yates	Wey K.C.
1993	Steve Tingay	LBZ	2011	Dwayne Morton	Elmbridge
1994	Tim Brabants	Elmbridge	2012	Daniel Johnson	Chelmsford
1995	Andy Grimwood	Lincoln	2013	Luke Harding	Longridge
1996	Paul Darby Dowman	Elmbridge	2014	Zyggy Chmiel	Nottingham
1997	Damien Chapman	Nottingham	2015	Charlie Smith	Leighton Buzzard
1998	Nigel Jones	Nottingham	2016	Andras Kovacs	Wey K.C.
1999	Nathan Johnson	Elmbridge	2017	Francis Huntingford	Exeter
2000	Andrew Kelly	Elmbridge	2018	Arthur Urquhart	Royal
2001	Simon Fennemore	Wey K.C.	2019	Edgar Boehm	Reading
2002	Tom Daniels	Reading	2020/1	No event	
2003	Ben Brown	Elmbridge	2022	Dominic Stanley	Falcon

Barber Trophy: Presented to the fastest Junior K1 over the 12 mile course at Hasler Final.					
Prior to 2009 to Junior Regional Champion with the most points in Division 2 at Hasler Final.					
1973	G Holmes	Hove	1998	Tim Ralph	Reading
1974	K Whitehurst	LPCC	1999	Nathan Johnson	Elmbridge
1975	Stan Missen	BOA	2000	Andrew Kelly	Elmbridge
1976	S Swaffield	AYL	2001	John Sawers	Elmbridge
1977	K Salisbury	RLP	2002	Tom Daniels	Reading
1978	K Salisbury	RLP	2003	Tom Daniels	Reading
1979	K Salisbury	RLP	2004	Tom Daniels	Reading
1980	Nicholas Gregory	WAR	2005	Andrew Daniels	Reading
1981	Nicholas Gregory	WAR	2006	Philip Thorogood	Elmbridge
1982	David Battershell	Wey K.C.	2007	Not awarded	
1983	Not awarded		2008	Mark Childerstone	Wey K.C.
1984	Not awarded		2009	Not awarded	
1985	Fergus Murray	Richmond	2010	Albert Hicks	Norwich
1986	John Elliott	RLP	2011	Matthew Bowley	Burton
1987	Oliver Morgan	Royal	2012	Albert Hicks	Norwich
1988	Stuart West	Royal	2013	Luke Harding	Longridge
1989	Simon Ricketts	Anker Valley	2014	Zyggy Chmiel	Nottingham
1990	Tony Richardson	Royal	2015	Magnus Gregory	Longridge
1991	Tony Richardson	Royal	2016	Joe Petersen	Banbury
1992	Not awarded		2017	Joe Petersen	Banbury
1993	David Smith	Elmbridge	2018	Luke Shaw	Norwich
1994	Richard Golder	Banbury	2019	Timothy Dowden	Norwich
1995	Not awarded		2020/1	No event	Falcon
1996	Peter Burbidge	Reading	2022	Dominic Stanley	
1997	Not awarded				

MARATHON RACING – THE HASLER TROPHY

David Shankland Trophy: Presented to the fastest WK1 (junior or senior) over 12 mile course at the Hasler Final.

Prior to 2009 to Ladies Regional Champion with the most points in Division 3 at Hasler Final.

1966	M Tucker		1994	Margaret Chapman	Kirkcaldy
1967	A Huskisson		1995	Not awarded	
1968	P Squires		1996	Sonja Bapty	Reading
1969	P Squires		1997	Helen Gilby	Elmbridge
1970	E Staden		1998	Not awarded	
1971	H Woodhouse		1999	Abigail Cattle	Reading
1972	S Burnett		2000	Andrea Dallaway	Elmbridge
1973	S Wright		2001	Abigail Cattle	Reading
1974	S Burnett		2002	Not awarded	
1975	Kath Nadal		2003	Not awarded	
1976	Lucy Perrett		2004	Hayleigh Mason	Nottingham
1977	Lucy Perrett		2005	Anna Hemmings	Elmbridge
1978	Wendy Clapham		2006	Louisa Sawers	Elmbridge
1979	Gaye Clough		2007/8	Not awarded	
1980	Lucy Perrett	RLP	2009	Jenny Illidge	Runcorn
1981	Lucy Perrett	RLP	2010	Jenny Illidge	Runcorn
1982	Anne Plant	Lichfield	2011	Victoria Croucher	Wey
1983	Lucy Perrett	RLP	2012	Amy Ward	Elmbridge
1984	Heather Brough	Worcester	2013	Elise Piercy	Elmbridge
1985	Anne Plant	Lichfield	2014	Lizzie Broughton	Richmond
1986	Janine Lawler	Elmbridge	2015	Lizzie Broughton	Richmond
1987	Susie Perrett	RLP	2016	Jenny Withers	Elmbridge
1988	Sandra Troop	Nottingham	2017	Hafsa Kabeer	Longridge
1989	Anna Ballard	Lichfield	2018	Lizzie Broughton	Richmond
1990	Anna Ballard	Lichfield	2019	Lizzie Broughton	Richmond
1991	Bernadette Pagon	Bristol	2020/1	No event	
1992	Bernadette Pagon	BOA	2022	Lizzie Broughton	Richmond
1993	Anna Ballard	Lichfield			

Ross Warland Memorial Trophy: Presented to the highest placed Junior in the Division 4 race at the Hasler Final

2000	John Sawers	Elmbridge	2011	Freddie Purcell	Richmond
2001	Ben Brown	Elmbridge	2012	James Russell	Chelmsford
2002	Andrew Daniels	Wokingham	2013	William Alden	Falcon
2003	Matthew Guy	Leighton B.	2014	Oscar McKittrick	Elmbridge
2004	Neil Williams	Royal	2015	Thomas Pickering	LBZ
2005	Tim Pendle	Norwich	2016	William Stroud	Chelmsford
2006	Tom Sharpe	Exeter	2017	Lewis Smith	Lincoln
2007	Jonathan Tye	Worcester	2018	Dominic Stanley	Falcon
2008	Jake Thomas	Elmbridge	2019	Joshua Barzilai	Richmond
2009	Nico Kirchstein	Reading	2020/1	No event	
2010	Edmund Haws	Wey	2022	Honor Lewis	Wey

The Committee Cup: Presented to the highest placed junior woman K1 in the highest division at the Hasler Final

2003	Louisa Sawers	Elmbridge	2013	Elise Piercy	Elmbridge
2004	Hayleigh Mason	Nottingham	2014	Elise Piercy	Elmbridge
2005	Louisa Sawers	Elmbridge	2015	Hafsa Kabeer	Longridge
2006	Louisa Sawers	Elmbridge	2016	Hafsa Kabeer	Longridge
2007	Stephanie Holmes	Worcester	2017	Hafsa Kabeer	Longridge
2008	Victoria Croucher	Wey	2018	Molly Carter	Royal
2009	Jenny Illidge	Runcorn	2019	Amber Cox	Elmbridge
2010	Jenny Illidge	Runcorn	2020/1	No event	
2011	Victoria Croucher	Wey	2022	Isla Bethune	Elmbridge
2012	Amy Ward	Elmbridge			

MARATHON RACING – THE HASLER TROPHY

Ken Pereira Cup: Presented to the highest placed junior C1 in the highest division at the Hasler Final					
2003	Richard Crooks	Leighton B.	2012/13	Not awarded	
2004	James Train	Fladbury	2014	Ben Phillips	Richmond
2005	Roger Weir	Banbury	2015	Oliver Cook	Solihull
2006	Gareth Hunt	Fladbury	2016	Oliver Cook	Solihull
2007	Anthony Cayford	Bishops Stort.	2017	Devin Kleta	Richmond
2008	Matthew Duck	Richmond	2018/19	Not awarded	
2009	Iain Weir	Banbury	2020/1	No event	
2010	Marko Csokasi	Richmond	2022	Owen Chisolm	Richmond
2011	Ben Phillips	Richmond			

Bill Sparks Trophy: Presented to the highest placed veteran K2 in the highest division at the Hasler Final			
2003	Leon Nicholson	James Hives	Woodmill Canoe Club
2004	Mike Hawthorn	Simon Davies	Worcester Canoe Club
2005	James Treadgold	Nick Daniels	Reading Canoe Club
2006	Phil Jenkins	Tim Scott	Norwich Canoe Club
2007	Adrian Croucher	Adrian Henson	Wey Kayak Club
2008	Roy Fieldus	Adrian Henson	Wey Kayak Club
2009	Jamie Mayers	Steve Marnell	Runcorn
2010	James Hives	Richard Kent	Southampton
2011	James Hives	Richard Kent	Southampton
2012	Adrian Henson	Pete Gorman	Wey Kayak Club
2013	James Hives	Richard Kent	Southampton
2014	Richard Lewis	Stan Missen	Bradford on Avon
2015	Dave Duff	Jason Smith	United Kingdom Forces
2016	Danny Beazley	James Smythe	Bishop's Stortford
2017	Daniel Seaford	James Treadgold	Reading
2018	Nicky Cresser	Matt Enoch	Nottingham
2019	Daniel Seaford	Stefan Senk	Reading
2020/1	No event		
2022	Colin Heard	David Parker	Exeter

INTERNATIONAL MARATHON MEDALS

Prior to 1982 major international competition comprised the Grand Prix series of two or three races per year. In 1982 World Cups were introduced every year as the premier international event in addition to one or two Grand Prix. From 1988 World Championships were introduced in alternate (even) years with World Cups remaining in alternate (odd) years. One or two Grand Prix races continued every year. From 1995 European Championships were introduced in alternate (odd) years. From 1998 World Championships were held every year, the old World Cups (in alternate odd years) ceased and the Grand Prix races were renamed as World Cups. In 2001 Junior World Championships were introduced every year. From 2014 European Championships were held every year. Due to COVID restrictions, no major championships were held in 2020, and Great Britain was unable to attend the European Championships 2021.

MARATHON WORLD CUPS (TO 1997) AND WORLD CHAMPIONSHIPS			
1982	1st World Cups Remich- Grevenmacher, Luxembourg	Men's K1 1st Robin Belcher 2nd Paul Wells Women's K1 2nd Kath Nadal 3rd Heather Brough C1 3rd Ken Periera	Men's K2 1st Paul Dimmock / Robin Ayres 3rd Rod Kinch / John Day Women's K2 1st Jane Jacobs / Lynne Davies
1983	2nd World Cups Copenhagen, Denmark	Men's K1 1st Robin Belcher	Men's K2 2nd Rod Linch / Paul Lanighan Women's K2 1st Ann Plant / Wendy Clapham
1984	3rd World Cups Shannon, Ireland	Men's K1 1st Rod Kinch 2nd Alan Williams Women's K1 1st Ann Plant C1 2nd Steve Smith	Men's K2 1st Paul Wells / Duncan Blyth 2nd Adrian Croucher / Chris Ballard Women's K2 2nd Gaye Clough / Wendy Clapham 3rd Tracey Phillips / Heather Brough C2 3rd Steve Train / Andy Train
1985	4th World Cups Remich- Grevenmacher, Luxembourg	Men's K1 3rd Robin Belcher Women's K1 1st Ann Plant C1 3rd Steve Smith	Men's K2 3rd Chris Ballard / Greg Slater Women's K2 2nd Christine Belcher / Gaye Clough C2 3rd Marcus Gohar / Robin Williams
1986	5th World Cups Hardenburg, Netherlands	Men's K1 2nd Paul Wells Women's K1 1st Ann Plant C1 2nd Marcus Gohar 3rd Robin Williams	Men's K2 2nd Robin Belcher / Guy Dresser Women's K2 1st Suzy Perett / Janine Lawler
1987	6th World Cups Shannon, Ireland	Women's K1 1st Ann Plant 2nd Jackie Eastwood C1 2nd Marcus Gohar 3rd Robin Williams	Men's K2 2nd Ivan Lawler / Graham Burns

INTERNATIONAL MARATHON MEDALS

1988	1st World Championships Nottingham, England		Men's K2 2nd Ivan Lawler / Graham Burns C2 1st Steve Train / Andy Train
1989	7th World Cups Crestuma, Portugal	Men's K1 2nd Duncan Blythe Women's K1 2nd Anne Ballard	Men's K2 1st Ivan Lawler / Graham Burns Women's K2 2nd Janine Lawler / Jackie Eastwood C2 1st Steve Train / Andy Train
1990	2nd World Championships Copenhagen, Denmark		Men's K2 2nd Ivan Lawler / Graham Burns
1991	8th World Cups Berlin, Germany	Junior Men's K1 1st Tony Richardson 2nd Scott Hynds	Men's K2 1st Ivan Lawler / Graham Burns Women's K2 3rd Sandra Troop/ Maria Blumenthal C2 1st Steve Train / Andy Train
1992	3rd World Championships Brisbane, Australia	Men's K1 1st Ivan Lawler	Women's K2 2nd Sandra Troop/Maria Blumenthal
1993	9th World Cups Maribo, Denmark	Men's K1 1st Ivan Lawler Women's K1 3rd Andrea Dallaway Junior Women's K1 1st Anna Hemmings Junior C1 3rd Malcolm Lane	Junior Men's K2 1st David Smith / Brian Hemmings
1994	4th World Championships & Junior World Cups Amsterdam Netherlands		Men's K2 1st Ivan Lawler / Steve Harris C2 2nd Steve Train / Andy Train Junior Men's K2 1st David Smith / Tim Brabants
1995	10th World Cups Unquera, Spain	Women's K1 2nd Anna Hemmings 3rd Sonja Bapty	Men's K2 1st Ivan Lawler / Steve Harris C2 1st Steve Train / Andy Train
1996	5th World Championships & Junior World Cups Vaxholm, Sweden	Women's K1 2nd Anna Hemmings	Men's K2 1st Ivan Lawler / Steve Harris C2 1st Steve Train / Andy Train Junior Men's K2 2nd Dan Golder / Damien Chapman

INTERNATIONAL MARATHON MEDALS

1997	World Cups Final Bagsvaerd, Denmark	Men's K1 3rd Tim Brabants Women's K1 1st Anna Hemmings Junior Men's K1 3rd Damien Chapman	Men's K2 2nd Ivan Lawler / Steve Harris Women's K2 1st Sonja Bapty / Tricia Davey C2 1st Steve Train / Andy Train
1998	6th World Championships & Junior World Cups Cape Town, South Africa	Men's K1 1st Ivan Lawler Women's K1 2nd Anna Hemmings Junior Men's K1 3rd Joel Wilson	Men's K2 2nd Tim Brabants / Conor Holmes Women's K2 3rd Andrea Dallaway / Helen Gilby C2 1st Steve Train / Andy Train Junior Men's K2 1st Paul Prestwood / Danny Matthews
1999	7th World Championships & Junior World Cups Gyor, Hungary	Men's K1 1st Ivan Lawler Women's K1 1st Anna Hemmings Junior Women's K1 2nd Abigail Cattle	
2000	8th World Championships & Junior World Cups Dartmouth, Canada	Junior Men's K1 3 rd Tim Sowry Junior Women's K1 1st Jenny Spencer	Junior Men's K2 1st Andrew Kelly / Tim Sowry
2001	9th World Championships & 1st Junior World Championships Stockton-on-Tees, England	Women's K1 1st Anna Hemmings	Women's K2 1st Anna Hemmings / Helen Gilby
2002	10th World Championships & 2nd Junior World Championships Zamora, Spain		
2003	11th World Championships & 3rd Junior World Championships Valladolid, Spain	Women's K1 3rd Jenny Spencer Junior Men's K1 1st Ben Brown Junior Women's K1 3rd Hayleigh Mason	
2004	12th World Championships & 4th Junior World Championships Bergen, Norway	Junior Men's K1 1st Paul Wycherley	
2005	13th World Championships & 5th Junior World Championships Perth, Australia	Women's K1 1st Anna Hemmings	Junior Men's K2 2nd Andrew Daniels / Allen Spencer

INTERNATIONAL MARATHON MEDALS

2006	14th World Championships & 6th Junior World Championships Tremolat, France	Women's K1 1st Anna Hemmings Junior Women's K1 1st Louisa Sawers	Junior Men's K2 2nd Andrew Daniels / Stuart Hastings Junior Women's K2 1st Louisa Sawers / Jessica Walker
2007	15th World Championships & 7th Junior World Championships Gyor, Hungary	Women's K1 1st Anna Hemmings Junior Women's K1 3rd Jessica Walker	Junior Women's K2 3rd Jessica Walker / Amoret King
2008	16th World Championships & 8th Junior World Championships Tyn, Czech Republic	Junior Men's K1 1st Edward Rutherford	Junior Men's K2 1st Tom Hide / Edward Rutherford
2009	17th World Championships & 9th Junior World Championships Crestuma Portugal	Men's K1 2nd Ben Brown Women's K1 3rd Lani Belcher U23 Men's K1 3rd Tom Daniels U23 Women's K1 2nd Louisa Sawers Junior Men's K1 3rd Dean Terry	
2010	18th World Championships & 10th Junior World Championships Banyoles Spain	Men's K1 1st Ben Brown	
2011	19th World Championships & 11th Junior World Championships Singapore	U23 Men's K1 3rd Tim Pendle Junior Men's K1 2nd Jonathan Tye	Junior Men's K2 2nd Jonathan Tye/James Webster
2012	20th World Championships & 12th Junior World Championships Rome, Italy		Junior Women's K2 3rd Amy Ward/Rebeka Simon
2013	21st World Championships & 13th Junior World Championships Copenhagen, Denmark		Junior Women's K2 2nd Samantha Rees-Clark/Amy Ward

INTERNATIONAL MARATHON MEDALS

2014	22nd World Championships & 14th Junior World Championships Oklahoma, USA	Women's K1 2nd Lizzie Broughton U23 Women's K1 2nd Samantha Rees-Clark	Women's K2 3rd Samantha Rees-Clark/Amy Ward
2015	23rd World Championships & 15th Junior World Championships Gyor, Hungary	Junior Men's K1 2nd Zygy Chmiel	Junior Men's K2 3rd Luke Harding / Magnus Gregory
2016	24th World Championships & 16th Junior World Championships Brandenburg, Germany		Junior Men's K2 2nd Luke Harding / Magnus Gregory
2017	25th World Championships & 17th Junior World Championships Pietermaritzburg, South Africa	Women's K1 1st Lani Belcher U23 Women's K1 3rd Alex Lane Junior Men's K1 2nd Charlie Smith	Women's K2 3rd Lani Belcher / Hayleigh Mason Junior Women's K2 3rd Freya Peters / Emma Russell
2018	26th World Championships & 18th Junior World Championships. Vila Verde, Portugal	U23 Woman's K1 3rd Samantha Rees-Clark Junior Woman's K1 3rd Emma Russell	Junior Women's K2 3rd Freya Peters / Emma Russell
2019	27th World Championships & 19th Junior World Championships Shaoxing, China	Women's K1 3rd Lizzie Broughton	
2020	NO CHAMPIONSHIPS HELD		
2021	28th World Championships and 20th Junior World Championships, Bascov, Romania	Women's K1 3rd Lizzie Broughton Women's K1 Short Course 2nd Lizzie Broughton	
2022	29th World Championships and 21st Junior World Championships Ponte de Lima, Portugal	Women's C1 Short Course 1 st Beth Gill Women's K1 Short Course 3 rd Sam Rees-Clark Women's C1 3 rd Beth Gill Women's K1 3 rd Sam Rees-Clark	

INTERNATIONAL MARATHON MEDALS

MARATHON EUROPEAN CHAMPIONSHIPS			
1995	1st European Championships Murcia, Spain	<i>GREAT BRITAIN DID NOT COMPETE</i>	
1997	2nd European Championships Pavia, Italy	Men's K1 2nd Tim Brabants Women's K1 1st Anna Hemmings	Men's K2 3rd Ivan Lawler / Steve Harris Women's K2 1st Sonja Bapty / Tricia Davey
1999	3rd European Championships Gorzow, Poland	Men's K1 2nd Conor Holmes Women's K1 1st Anna Hemmings Junior Men's K1 3rd Nathan Johnson Junior Women's K1 1st Abigail Cattle	Junior Men's K2 2nd Adam Kennedy / Tim Sowry Junior Women's K2 3rd Jenny Spencer / Liz Holmes
2001	4th European Championships Gyor, Hungary	Junior Women's K1 1st Jenny Spencer	
2003	5th European Championships Gdansk, Poland	Junior Women's K1 3rd Hayleigh Mason	
2005	6th European Championships Tyn, Czech Republic	Women's K1 1st Anna Hemmings	
2007	7th European Championships Trencin, Slovakia	Junior Men's K1 1st Tim Pendle	Junior Men's K2 3rd Dean Terry / Mark Childerstone
2009	8th European Championships Ostroda, Poland		Junior Men's K2 3rd Jonathan Tye/James Webster
2011	9th European Championships St.Jean de Losne, France	U23 Men's K1 3rd Mark Childerstone Junior Woman's K1 2nd Alice Haws	
2013	10th European Championships Vilaverde Portugal	Junior Women's K1 1st Amy Ward	Women's K2 1st Fay Lamph / Lizzie Broughton Junior Women's K2 1st Samantha Rees-Clark / Amy Ward
2014	11th European Championships Piestany Slovakia	Women's K1 2nd Lizzie Broughton Junior Men's K1 2nd Magnus Gregory	Men's K2 3rd Tim Pendle / Andy Daniels Women's K2 3rd Fay Lamph / Lizzie Broughton

INTERNATIONAL MARATHON MEDALS

2015	12th European Championships Bohinj Slovenia	Women's K1 2nd Lizzie Broughton Junior Men's K1 1st Magnus Gregory 2nd Zygyy Chmiel	
2016	13th European Championships Pontevedra Spain.		Women's K2 3rd Fay Lamph / Lizzie Broughton
2017	14th European Championships Portugal	Women's K1 2nd Lani Belcher U23 Women's K1 3rd Alex Lane U23 Men's K1 3rd Zygyy Chmiel Junior Men's K1 2nd Charlie Smith	Junior Women's K2 3rd Freya Peters / Emma Russell
2018	15th European Championships Metkovic, Croatia	Women's K1 3rd Lizzie Broughton U23 Women's K1 3rd Samantha Rees-Clark Junior Women's K1 1st Emma Russell	Junior Men's K2 3rd James Bell / Will Scammell
2019	16th European Championships Decize, France	Women's K1 (short race) 3rd Lizzie Broughton Junior Men's K1 3rd Tim Dowden	
2020	NO CHAMPIONSHIPS HELD		
2021	17th European Championships, Moscow, Russia	<i>GREAT BRITAIN DID NOT COMPETE</i>	
2022	18th European Championships Silkeborg, Denmark	Junior Women's K1 3rd Greta Roeser Women's C1 Short Course 2nd Beth Gill Women's K1 Short Course 3rd Sam Rees-Clark Men's U23 K1 2nd Charlie Smith Women's C1 2nd Beth Gill Women's K1 2nd Sam Rees-Clark	Junior Women's K2 3rd Greta Roeser/Nerys Hall

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DUR1	Durden	George	ELM	georgedurden@hotmail.com	07432 781718	R
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HOI1	Hoile	Ann	LBZ	Regatta.Volunteercoordinator@vol.britishcanoeing.org.uk	01525 379921	O
HOI2	Hoile	John	LBZ	Regatta.ViceChair@vol.britishcanoeing.org.uk	01525 379921	O
HOO1	Hook	Martin	EAL	Martin_hook@hotmail.com		S
HUN1	Hunter	Bev	ROY	bhhunter59@gmail.com		S
HYN1	Hynds	Scott	ELM	scott.hynds@btinternet.com		M
ILE1	Ilett	Peter	NOT	nottinghamkayakclub@yahoo.co.uk		R
IVE1	Ives	Debi	SCA	debiives@gmail.com		R
JOH2	Johnson	Colette	BAN	colette@ccjohn.co.uk	07711088426	OT
KAB1	Kabeer	Muhammad	WOK	Kabeerm6@yahoo.co.uk	07867229428	T
KER1	Kershaw	Ian	GLO	i.kershaw101@btinternet.com	07831106069	R
LAW1	Lawler	Ivan	ELM	ivanlawler@icloud.com		S
LAW2	Lawler	Roland	ELM	diandroland2016@gmail.com	0208 979 4993	MS
LAW4	Lawrenson	Bill	BPR	wjlawro@aol.com	07447489454	RT
LEG1	Leggatt	Andrew	SHP	andrewleggatt@btinternet.com	01691661244	R
LOD1	Lodge	Matthew	NOR	mjlodge@live.co.uk	07516041743	R
MAH1	Mahony	Nick	RNK	nick_mahony@hotmail.co.uk	07917662802	T
MAR3	Marnell	Stephen	RUN	s.marnell@btinternet.com	07787111142	R
MAR1	Marshall	Derek	LKR	derekjmarshall22@gmail.com		OT
MAR2	Martin	Kari	LBZ	Regatta.Registrations@vol.britishcanoeing.org.uk	07763318181	OT
MAS1	Mason	Norman	NOT	norman@namronnosam.plus.com	01664 822536	R
MCC1	McCartney	Austin	CEL	austin.mccartney@gmail.com	035386386754	T
MCK1	McKever	Derek	BOA	derekmckever@live.co.uk		T
MCK2	Mckinlay	Eleanor	ROY	secretary@royalcanoecub.com	07956919733	R
MED1	Medina	Claire	KIN	kkcmarathon@gmail.com	07508575251	R
MET1	Metcalfe	Vicky	PAN	homefarm6@hotmail.co.uk	07752888309	R
MIL5	Miles	Adam		adfmiles@gmail.com		S

ADDRESSES

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PER1	Perry	Tony	VIK	bedfordmarathon@vikingkayak.co.uk	07855375454	R
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ROB1	Robinson	Steph	CDF	Steph.robinson17@gmail.com		T
ROE1	Roebuck	Paul	MAL	paul.roebuck@molsoncoors.com	07808096206	R
ROG1	Rogers	Richard	CHE	richrogers1973@gmail.com	07740167235	R
SAC1	Sackman	Dave	RDG	david.sackman@googlemail.com		M
SAN1	Sanderson	Catherine	LBZ	raceorganiser@lbcc.org.uk		R
SCA1	Scaplehorn	Jon	DEV	jon@devizescanoecub.co.uk		R
SCO1	Scott	Tim	NOR	canoesprint.chair@vol.britishcanoeing.org.uk		S
SCR1	Scragg	Gareth		dwschool-liaison@hotmail.co.uk	07778766713	R
SEA1	Seaford	Dan	RDG	dan@baconfat.co.uk	07825 505609	M
SHE2	Shephard	Evan	RDG	evan.shephard@gmail.com		M
SHE1	Shephard	Owen	CLM	info@chelmsfordcanoecub.co.uk		R
SHE3	Sherwen	John	DUD	johnsherwen@hotmail.com	01229 462905	R
SIM1	Simmons	Ray	LIN	rajeffsimski@hotmail.com	07875964699	R
SIM2	Simpkin	Graham	GLS	disciplines@gscs-online.com	01724721921	RT
SLA1	Slator	Ann	DEV	info@devizescanoecub.co.uk		T
SMI1	Smith	David	WOR	dpsmith79@yahoo.com		R
SPE1	Spencer	Tony	HER	spencertony1951@gmail.com		T
SUR1	Surmon	Michael	NAI	michaelsurmon13@gmail.com		R
TAR1	Tarback	Laura	WOL	w_toncanoecub@yahoo.com	07305944701	R
TAT1	Tatam	Chris	SWA	swanseakayakclub@gmail.com	07810115916	T
TAY2	Taylor-Ross	Jim	EXE	jim@taylor-ross.co.uk	07813 845890	R
TRA1	Train	Steve	FLA	steve.train@britishcanoeing.org.uk	07919370217	T
URQ1	Urquhart	Siobhan	BAN	siobhan.urquhart@gmail.com		M
VAZ1	Vazquez	Anton	SDS	anton.vazquez@canoescotland.org	07798 741259	T
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VON1	Von Maltzahn	Robyn	RIC	marathon@richmondcanoe.club	07504743275	R
WAL2	Walker	Keith	HEN	keithwalker@henleycanoecub.co.uk	07879 600063	R
WAL1	Walker	Richard	TAM	tvnsecretary@hotmail.com		R
WAN1	Want	Adam	NOR	Adam.want@talktalk.net	07778419173	T
WAR1	Warland	Graham	BAN	graham.warland@gmail.com	07983113597	MR
WAT1	Waterside Series	C.Williams	NBY	info@watersideseries.org.uk		R
WES1	Westall	Sarah	PAN	sarah.e.j.westall@gmail.com	07468428767	T
WIB1	Wibmer	Andrew	HER	andrewwibmer@hotmail.com	07914410161	R
WIL1	Wilson	Kat	RDG	Katburbeck@yahoo.co.uk	07738 249437	M
WIN1	Wingfield	Penny	DCP	penny@dmxl.co.uk	07845 128109	R
WYN1	Wynne	Cathy	TON	wynnecm@gmail.com	07728848177	O

M - Marathon Committee, O - Regatta Official, R - Race Organiser, S - Sprint Racing Committee, T - Team Leader

2023 FLATWATER RACING CALENDAR

Details of Marathon races may be found on the MRC website calendar http://canoeracing.org.uk/marathon/index.php/racing-calendar/					
Date	Race name	Region	Notes	Organising Club	Code
08/01/2023	Frank Luzmore www.richmondcanoecub.com/	London & South East	1	Richmond	VON1
12/02/2023	Cambridge Hasler www.cambridgecanoecub.org.uk/	Eastern	Marathon H2023	Cambridge	FIS1
12/02/2023	Waterside A www.watersideseries.org.uk/	Southern	2	Newbury	WAT1
19/02/2023	Thameside 1 www.reading-canoe.org.uk/	Southern	3	Reading	GRE2
26/02/2023	Waterside B www.watersideseries.org.uk/	Southern	4	Newbury	WAT1
05/03/2023	Thameside 2 http://reading-canoe.org.uk/	Southern	5	Reading	GRE2
12/03/2023	Waterside C www.watersideseries.org.uk/	Southern	6	Newbury	WAT1
18/03/2023	Weaver Descent https://www.facebook.com/RuncornCanoeClub/	North West	7	Runcorn	MAR3
25/03/2023	Wey Sprints www.weykayak.co.uk/	London & South East	Sprint	Wey	CHI1
26/03/2023	Royal Leamington Spa Hasler www.rlsc.com	Midlands	Marathon H2023	Leamington	MIL2
26/03/2023	Brigg Hasler http://www.gsc-online.com/	Yorkshire	Marathon H2023	Glanford & Scunthorpe	SIM2
26/03/2023	Waterside D www.watersideseries.org.uk/	Southern	8	Newbury	WAT1
02/04/2023	Elmbridge Easter Half Marathon www.elmbridgecanoecub.com/	London & South East	Marathon*	Elmbridge	DUR1
07/04/2023	Devizes to Westminster Canoe Race www.dwrace.co.uk/	National	9	DW Committee	DWO1
15/04/2023	British Sprint Racing National Regatta Upcoming Events - Canoe Sprint Racing UK	National	Sprint	SRC	CAI1
16/04/2023	Including selections for Paracanoe and Seniors Upcoming Events - Canoe Sprint Racing UK	National	Sprint	SRC	CAI1
16/04/2023	South Lakes 2 Hasler www.duddoncanoecub.org.uk/	North West	Marathon H2023	Duddon	SHE3
22/04/2023	K1 Long Course Assessment - World Cup1 and German Nationals www.canoeracing.org.uk/marathon/	MRC	Marathon	MRC	
23/04/2023	Lincoln Hasler www.lincolncanoecub.com/	Midlands	Marathon H2023	Lincoln	SIM1
23/04/2023	Fal Hasler trurocanoecub@outlook.com	South West	Marathon H2023	Truro	GRE3
23/04/2023	Wey Hasler Marathon www.weykayak.co.uk/	London & South East	Marathon H2023	Wey	HAW2
30/04/2023	69th Bedford Hasler Marathon 2023 www.vikingkayak.co.uk/	Eastern	Marathon H2023	Viking Bedford	PER1
30/04/2023	Nottingham Kayak Club Hasler Marathon (Division 1 K2 race) www.nottinghamkayakclub.com	Midlands	Marathon H2023	Nottingham	MAS1
30/04/2023	Forth and Clyde (Auchinstarry) Hasler Marathon www.camnoescotland.org	Scotland	Marathon H2023	Kirkcaldy	CHA1
07/05/2023	National Marathon Short Course Champs + World Cup assessment www.canoeracing.org.uk/marathon/	MRC	Marathon*	MRC	SHE2
07/05/2023	Spey Marathon (Aberlour) www.camnoescotland.org	Scotland	10	Nairn	SUR1
11/05/2023	ICF Senior Sprint World Cup 1 - 4 Days, Szeged	International	Sprint	ICF	
11/05/2023	ICF Para Sprint World Cup 1-4 Days, Szeged	International	Sprint	ICF	
13/05/2023	Elmbridge Sprint Regatta	London & South East	Sprint	Elmbridge	DUR1
13/05/2023	Epic Bay GB Assessment, Exmouth, 2 Days		Ocean Racing		TAY2
14/05/2023	Basingstoke Canal Hasler www.b3c.org.uk/	Southern	Marathon H2023	Basingstoke	HAN1
14/05/2023	Worcester Hasler Race (Division 1 K2 race) www.worcestercanoecub.org/	Midlands	Marathon H2023	Worcester	NEV1
14/05/2023	Maidstone Hasler www.maidstonecanoecub.net/	London & South East	Marathon H2023	Maidstone	PRI1
14/05/2023	Glasgow Canal Hasler Marathon www.canoescotland.org	Scotland	Marathon H2023	Glasgow Kayak Club	
19/05/2023	German National Marathon Championships, Rheine 3 day event.	International	Marathon*	Kassel	
21/05/2023	Chippenham Hasler www.devizescanoecub.co.uk	South West	Marathon H2023	Devizes	CHI2
21/05/2023	Malton Hasler www.maltonandnortoncanoecub.com	Yorkshire	Marathon H2023	Malton & Norton	ROE1
21/05/2023	Norwich Hasler www.norwichcanoecub.co.uk/	Eastern	Marathon H2023	Norwich	LOD1
21/05/2023	Hastings 1066 Hasler https://www.hastingscanoecub.org.uk/	London & South East	Marathon H2023	Hastings	GE01

2023 FLATWATER RACING CALENDAR

26/05/2023	ICF Canoe Sprint World Cup 2 - Poznan, 3 Days	International	Sprint	ICF	
28/05/2023	Chester Hasler https://chestersailingandcanoecub.com/	North West	Marathon H2023	Chester	ROG1
28/05/2023	Exeter Hasler www.exetercanoecub.org.uk/	South West	Marathon H2023	Exeter	MIL2
28/05/2023	Reading Circuit Hasler Race (Division 1 K2 race) www.reading-canoe.org.uk/	Southern	Marathon H2023	Reading	GRE2
02/06/2023	Marathon World Cup 1. Ruse, Bulgaria 3 days	International	Marathon		
03/06/2023	Open & British Paracanoe, Under 23 and Junior National Championships Regatta, plus the British SUP Sprint Championships Upcoming Events - Canoe Sprint Racing UK	National	Sprint	SRC	CAI1
04/06/2023	Including selections for Paracanoe, Under 23s and Juniors Upcoming Events - Canoe Sprint Racing UK	National	Sprint	SRC	CAI1
04/06/2023	Grand-Dunk Marathon (Grandtully to Dunkeld) www.canoescotland.org	Scotland	11	Linlithgow	
10/06/2023	Burton Phoenix Hasler	Midlands	Marathon H2023	Burton Phoenix	LAW4
10/06/2023	Sussex Classic GB Assessment 2 days www.sussexclassic.com		Ocean Racing		
10/06/2023	Marathon Assessment Weekend K1 & K2. 2 days www.canoeracing.org.uk/marathon/	MRC	Marathon	MRC	
11/06/2023	Royal Hasler Marathon www.royalcanoecub.com/	London & South East	Marathon H2023	Royal	MCK2
17/06/2023	Bath to Bradford Classic www.boarc.org.uk/canoeing/	South West	12	Bradford upon Avon	ESC1
18/06/2023	The Bradford Circuit Hasler www.boarc.org.uk/canoeing/	South West	Marathon H2023	Bradford upon Avon	ESC1
18/06/2023	Derwent Mike Jones Memorial Hasler www.kkc.org.uk	Yorkshire	Marathon H2023	Kingston (Hull)	MED1
18/06/2023	Hereford Wye Hasler Marathon https://www.herefordkayakclub.org	Midlands	Marathon H2023	Hereford	WIB1
18/06/2023	Leighton Buzzard Hasler www.lbcc.org.uk	Eastern	Marathon H2023	Leighton Buzzard	DIX1
18/06/2023	Richmond Hasler Marathon www.richmondcanoecub.com/	London & South East	Marathon H2023	Richmond	VON1
18/06/2023	Southampton Hasler https://www.southamptoncc.co.uk/	Southern	Marathon H2023	Southampton	GIL1
21/06/2023	Senior Canoe Sprint ECA Championships 4 days. Krakow	International	Sprint	ECA	
24/06/2023	Conwy Ascent www.dcpaddlers.co.uk/	North West	13	Dyffryn Conwy Paddlers	WIN1
25/06/2023	Oxford Midsummer Hasler kayaking@falconboatclub.org.uk	Southern	Marathon H2023	Falcon (Oxford)	RAI1
25/06/2023	Macclesfield Adelphi Hasler www.madcc.btck.co.uk	North West	Marathon H2023	Macclesfield	FIS2
25/06/2023	Tamar Circuit Hasler	South West	Marathon H2023	Tamar Valley Nomads	WAL1
01/07/2023	Celtic Cup GB Assessment 2 days www.oceansportscentre.co.uk		Ocean Racing		
01/07/2023	Open & British Masters and Senior National Upcoming Events - Canoe Sprint Racing UK	National	Sprint	SRC	CAI1
02/07/2023	Championships Regatta Upcoming Events - Canoe Sprint Racing UK	National	Sprint	SRC	CAI1
03/07/2023	Including selection for Senior and Olympic Hope Juniors Upcoming Events - Canoe Sprint Racing UK	National	Sprint	SRC	CAI1
06/07/2023	ICF Canoe Sprint Junior/U23 World Championships Auronzo-4 Days	International	Sprint	ICF	
08/07/2023	Fishguard Bay Ocean Race 2023 - 2 days https://fishguardoceanrace.uk/		Ocean Racing		
09/07/2023	Bishops Stortford Hasler www.stortfordcanoe.weebly.com/	Eastern	Marathon H2023	Bishops Stortford	ALD1
09/07/2023	Camel Hasler www.foweyrivercanoecub.co.uk	South West	Marathon H2023	Fowey River	RIL1
09/07/2023	Pete White Memorial Hasler Race (Ironbridge) www.wolverhamptoncanoecub.co.uk/	Midlands	Marathon H2023	Wolverhampton	TAR1
10/07/2023	European Canoe Marathon Masters. 2 day event. Sileborg Denmark	International	Marathon*	ECA	
13/07/2023	European Canoe Marathon Championships. 4 day event Brod, Croatia	International	Marathon*	ECA	
15/07/2023	Royal Regatta www.royalcanoecub.com/	London & South East	Sprint	Royal	MCK2
16/07/2023	Manvers Hasler https://www.mwbc.org.uk/	Yorkshire	Marathon H2023	Manvers	BUR1
16/07/2023	Shropshire Paddlesport Marathon Queens Head Hasler www.shropshirepaddlesport.org	Midlands	Marathon H2023	Shropshire Paddlesport	LEG1
22/07/2023	National Marathon Championships + Worlds assessment	Eastern	Marathon	Norwich	LOD1
23/07/2023	National Marathon Championships + Worlds assessment www.norwichcanoecub.co.uk/	Eastern	Marathon	Norwich	LOD1
27/07/2023	European Junior & U23 Canoe Sprint Championships - Belgrade- 4 Days	International	Sprint	ICF	
27/07/2023	European Para Canoe European Championships	International	Sprint	ICF	

2023 FLATWATER RACING CALENDAR

30/07/2023	Tewkesbury Hasler www.gloucestercanoecub.co.uk/	South West	Marathon H2023	Gloucester	KER1
05/08/2023	Sella Descent, Spain www.descensodelsella.com/	International	Marathon*	Spanish Canoe Fed.	
06/08/2023	Medway Marathon www.tonbridgecanoecub.org.uk/	London & South East	14	Tonbridge	NEA1
06/08/2023	River Dart Hasler www.exetercanoecub.org.uk/	South West	Marathon H2023	Exeter	MIL2
19/08/2023	Colin Chapman Memorial Wye Descent	Midlands	15	Army	HER1
23/08/2023	ICF Canoe Sprint + Paracanoe World Championships Duisburg-5 Days	International	Sprint	ICF	
27/08/2023	Tonbridge Hasler Marathon www.tonbridgecanoecub.org.uk/	London & South East	Marathon H2023	Tonbridge	NEA1
27/08/2023	Masters Marathon World Championships. 3 days Vejen Kolding, Denmark	International	Marathon*	ICF	
30/08/2023	ICF Canoe Sprint + Paracanoe World Cup 3 days, Paris	International	Sprint	ICF	
31/08/2023	Marathon World Championships. 4 days. Vejen Kolding, Denmark	International	Marathon*	ICF	
02/09/2023	The National Inter-Club MacGregor Paddle Challenge Regatta Upcoming Events - Canoe Sprint Racing UK	National	Sprint	SRC	CAI1
03/09/2023	Inter-Services Championship and Andrew Bonham Memorial C4 Race Upcoming Events - Canoe Sprint Racing UK	National	Sprint	SRC	CAI1
10/09/2023	Pangbourne Hasler www.pangbournecanoecub.co.uk/	Southern	Marathon H2024	Pangbourne	MET1
10/09/2023	Soar Valley Hasler	Midlands	Marathon H2024	Soar Valley	VIN1
10/09/2023	South Lakes 1 Hasler www.duddoncanoecub.org.uk/	North West	Marathon H2024	Duddon	SHE3
16/09/2023	Forth and Clyde (Bonnybridge) Hasler Marathon www.canoescotland.org	Scotland	Marathon H2024	Kirkcaldy	IVE1
17/09/2023	Gloucester Hasler www.gloucestercanoecub.co.uk/	South West	Marathon H2024	Gloucester	KER1
23/09/2023	French National Marathon Championships. 2 days. Decize.	International	Marathon*		
24/09/2023	Scottish K2 Championships (provisionally Inverness) www.canoescotland.org	Scotland	Marathon*	SCA	CHA1
01/10/2023	Wolfeaton Hasler Marathon www.kkc.org.uk	Yorkshire	Marathon H2024	Kingston (Hull)	MED1
01/10/2023	Elmbridge Hasler www.elmbridgecanoecub.com/	London & South East	Marathon H2024	Elmbridge	DUR1
01/10/2023	Saltford Hasler https://canoeavon.co.uk/	South West	Marathon H2024	Canoe Avon	ASK1
08/10/2023	Fowey Hasler www.Foweyrivercanoecub.co.uk	South West	Marathon H2024	Fowey River	RIL1
14/10/2023	Royal Paddling Challenge www.royalcanoecub.com/	London & South East	Marathon*	Royal	MCK2
14/10/2023	Glasgow to Edinburgh Challenge 2 day event www.canoescotland.org	Scotland	16		CHA1
15/10/2023	Gailey CC Hasler www.gailevcc.co.uk/	Midlands	Marathon H2024	Gailey	CLI2
15/10/2023	Chelmer Hasler Marathon http://www.chelmsfordcanoecub.co.uk/	Eastern	Marathon H2024	Chelmsford	SHE1
15/10/2023	Tony and Shirley Pell Memorial Hasler http://www.gsc-online.com/	Yorkshire	Marathon H2024	Glanford & Scunthorpe	SIM2
29/10/2023	Malton to Howsham Descent www.maltonandnortoncanoecub.com	Yorkshire	17	Malton & Norton	ROE1
29/10/2023	Banbury Hasler www.banburycanoe.com	Southern	Marathon H2024	Banbury	WAR1
29/10/2023	Linlithgow Hasler Marathon www.canoescotland.org	Scotland	Marathon H2024	Linlithgow	
12/11/2023	Leighton Buzzard Canoe Club Remembrance Day Marathon www.lbcc.org.uk	Eastern	18	Leighton Buzzard	DIX1
26/11/2023	Ross Warland Memorial Canal Challenge www.banburycanoe.com	Southern	19	Banbury	WAR1
26/11/2023	Royal Thames K2 series 10@10 www.royalcanoecub.com/	London & South East	Marathon*	Royal	MCK2

Please note – whilst every care has been taken in compiling the MRC calendar above, it should be noted that some events and competitions listed, are not run under the auspices, or rules, of the MRC but are nevertheless listed for completeness.

MRC listed events are subject to the MRC levy and must comply with our rules and their listing is a confirmation that a risk assessment has been carried out by the event organiser. Other, non-MRC events listed, are not required to be run in line with the MRC racing rules, nor have been required by the MRC to carry out any risk assessment. You should therefore check the status of their inclusion before taking part in the event or relying upon the details provided.

RACING CALENDAR 2023

NOTES

Legend	Notes																														
*	Indicates that this is not a standard divisional race. Usually classes are a combination of senior/junior, mens/ladies/mixed and singles/doubles.																														
K1 or K2	Race organisers to run K1 divisions 1 to 9 inclusive with K2 divisions 2 to 9. Including GS-Div C-U12, GS-Div B-U14 and GS-Div A-U14 . Paddlers in GS-Divs A-C should refer to U14 Rules for details of entering K2 races. Note that there is no division 1 K2 race. <table border="1" style="width: 100%; border-collapse: collapse; text-align: center;"> <tr> <td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td></td> </tr> <tr> <td>K1</td><td>K1</td><td>K1</td><td>K1</td><td>K1</td><td>K1</td><td>K1</td><td>K1</td><td>K1</td><td></td> </tr> <tr> <td></td><td>K2</td><td>K2</td><td>K2</td><td>K2</td><td>K2</td><td>K2</td><td>K2</td><td>K2</td><td></td> </tr> </table>	1	2	3	4	5	6	7	8	9		K1			K2																
1	2	3	4	5	6	7	8	9																							
K1	K1	K1	K1	K1	K1	K1	K1	K1																							
	K2	K2	K2	K2	K2	K2	K2	K2																							
H2023	Indicates a Hasler qualifying race for 2022 / 2023 for the region shown.																														
H2024	Indicates a Hasler qualifying race for 2023 / 2024 for the region shown.																														
1	13 Miles and 3 portages. Shepperton to Richmond K2s only																														
2	13.5 miles and 21 portages time trial. Great Bedwyn to Newbury.																														
3	14 miles and 14 portages time trial. Aldermaston to Reading.																														
4	18.5 miles and 23 portages time trial. Newbury circuit.																														
5	18 miles and 8 portages. Reading to Longridge																														
6	22.5 miles and 30 portages time trial. Pewsey to Newbury.																														
7	17.1 mile A to B race on slow moving river / navigation canal.																														
8	34.5 miles and 30 portages time trial. Devizes to Newbury.																														
9	The Devizes to Westminster International Canoe Race. 125 miles, 77 portages																														
10	Spey Marathon (Aberlour) See www.canoescotland.org																														
11	Grand Tully to Dunkeld. See www.canoescotland.org																														
12	Classic marathon 12miles several portages																														
13	A 15km upstream race on the Conwy Estuary, using the incoming tide. The first part is through the estuary with strong flows. Separate starts for K1s, K2s and TC2s.																														
14	18 miles 9 portages Maidstone to Tonbridge.																														
15	Descent River Wye. Starting at Kerne Bridge finishing at Monmouth Rowing Club.																														
16	2 day event. 54.5 miles. Glasgow to Edinburgh.																														
17	4 & 8 miles. Malton to Howsham Descent.																														
18	A 15 mile paddle starting at Great Linford Wharf in Milton Keynes.																														
19	20 mile time trial from Banbury Canoe Club to Aynho Wharf and back. May be raced as a relay team as well.																														

Please note – whilst every care has been taken in compiling the MRC calendar above, it should be noted that some events and competitions listed, are not run under the auspices, or rules, of the MRC but are nevertheless listed for completeness.

MRC listed events are subject to the MRC levy and must comply with our rules and their listing is a confirmation that a risk assessment has been carried out by the event organiser. Other, non-MRC events listed, are not required to be run in line with the MRC racing rules, nor have been required by the MRC to carry out any risk assessment. You should therefore check the status of their inclusion before taking part in the event or relying upon the details provided.

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