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Date: 24.03.2025

In line with its development strategy approved by the Congress, European Canoe Association in cooperation with POR NF and OC of the 2025 ECA Canoe Marathon European Championships, will organise a development training camp, as follows:

### **ECA MARATHON DEVELOPMENT TRAINING CAMP - Ponte de Lima, Portugal**

- **Dates**

**30.05.2025 till 8.06.2025**

- **Aim**

The goal of the pre-support is to introduce marathon paddling to the paddlers and their coaches before they attend the TIP camp. We will organize online sessions about marathon specific parts like, wash hanging, portages, preparation of the marathon boat etc. We will also provide training schedules and assignments.

- **Participation**

Participant countries: European Nations

Athlete Age criteria: 15 to 23

\*Due to a limited number of places in this development camp, the application process is limited to a certain number of athletes per country.

- **Training camp Management**

Lead: Ruud Heijselaar

Coach: Bert Onnekes (TIP coach ICF)

Local organiser: Sergio Ferreira

- **Training camp costs**

Local transport, meals and accommodation are free of charge for the attendants during the whole duration of the camp, however travel expenses (plane, train, car) are not covered and are the responsibility of the participating country.

- **Application deadline**

Please send your applications to ECA Marathon Technical Chair Ruud Heijselaar to: [ecamarathon@gmail.com](mailto:ecamarathon@gmail.com) until **15.04.2025** at the latest.

- **Training camp program**

	<b>Date</b>
Arrival of the participants:	29.05.2025
Start Training camp:	30.05.2025
Training camp – preparation for competition:	30.05.2025
Participation at (competition):	5.06.2025 – 8.06.2025
Departure of participants:	9.06.2025